

dog and cat wellness

Dog and Cat Wellness: Your Ultimate Guide to Happy, Healthy Pets

Are you a devoted pet parent eager to give your furry friends the best possible life? Then you've come to the right place! This comprehensive guide dives deep into the world of dog and cat wellness, offering practical advice and insightful tips to keep your beloved companions thriving. We'll cover everything from nutrition and exercise to preventative care and recognizing potential health problems. Get ready to unlock the secrets to a longer, happier life for your canine and feline companions!

Understanding the Fundamentals of Dog and Cat Wellness

The foundation of dog and cat wellness rests on a simple principle: proactive care. It's not just about reacting to illnesses; it's about preventing them in the first place. This involves a holistic approach encompassing several key areas:

1. Nutrition: Fueling a Healthy Life

Proper nutrition is the cornerstone of a healthy pet. Avoid generic pet food and opt for high-quality options with clearly defined ingredients. Look for food that's species-appropriate – meaning it caters to the unique dietary needs of cats and dogs. Cats, for example, require taurine, an amino acid not synthesized by their bodies, while dogs benefit from different levels of protein and fat depending on their breed and activity level. Consult your veterinarian to determine the best diet for your individual pet, considering their age, breed, and any pre-existing conditions. Don't forget the importance of fresh water! Always ensure your pet has access to clean, fresh water throughout the day.

1. Exercise: Keeping Them Active and Engaged

Just like humans, dogs and cats need regular exercise to stay physically and mentally healthy. The amount of exercise will vary depending on the breed and age of your pet. A playful puppy needs more activity than a senior dog. For dogs, this might involve daily walks, runs, or playtime in a securely fenced area. For cats, interactive playtime with toys like feather wands or laser pointers is crucial to keep them stimulated and prevent boredom. Regular exercise helps maintain a healthy weight, strengthens muscles and bones, and reduces stress and anxiety.

1. Preventative Care: The Shield Against Illness

Regular visits to the veterinarian are essential for preventative care. These visits allow your vet to monitor your pet's overall health, administer vaccinations, and identify potential problems early on. Preventative care also includes parasite prevention, such as flea, tick, and heartworm medication. Your vet can advise on the best options for your pet based on your geographic location and lifestyle. Don't neglect dental care either; regular teeth brushing and professional cleanings can prevent serious dental issues.

1. Mental Wellness: Addressing Emotional Needs

It's easy to overlook the importance of mental wellness in pets, but it's just as crucial as physical health. A bored or lonely pet can develop behavioral problems such as excessive barking, destructive chewing, or inappropriate elimination. Ensure your pet has plenty of mental stimulation through playtime, training, and interaction. Consider puzzle toys for cats and dogs to challenge them mentally and prevent boredom. A happy, mentally stimulated pet is a healthier pet.

1. Recognizing the Signs of Illness:

Early detection of illness is key to successful treatment. Familiarize yourself with the common signs of illness in dogs and cats. These can include changes in appetite, lethargy, vomiting, diarrhea, coughing, sneezing, difficulty breathing, changes in urination or defecation, and unusual behavior. If you notice any of these signs, contact your veterinarian immediately.

Specific Considerations for Dogs and Cats

While the principles of wellness apply to both dogs and cats, there are some species-specific considerations:

Dog-Specific Wellness:

Breed-Specific Needs: Different dog breeds have different predispositions to certain health problems. Understanding your dog's breed can help you anticipate potential health concerns and take proactive steps to mitigate them.

Socialization: Proper socialization is crucial for dogs, especially during puppyhood. Exposure to various sights, sounds, and other dogs helps them develop into well-adjusted adults.

Cat-Specific Wellness:

Enrichment: Cats need a stimulating environment to prevent boredom and stress. This

includes providing scratching posts, climbing structures, and opportunities for play. Grooming: Regular grooming is essential for cats, especially long-haired breeds, to prevent matting and skin problems.

Creating a Wellness Plan for Your Pet

Developing a personalized wellness plan for your pet is the best way to ensure their long-term health and happiness. This plan should include:

Regular veterinary checkups: Schedule annual or semi-annual visits.

A balanced diet: Choose a high-quality food appropriate for their age and breed.

Regular exercise: Incorporate daily activity into their routine.

Mental stimulation: Provide opportunities for play and interaction.

Preventative care: Administer vaccinations and parasite prevention medication as recommended by your veterinarian.

Conclusion

Investing in your dog and cat's wellness is an investment in your relationship with them. By implementing the strategies outlined in this guide, you can significantly improve their quality of life and enjoy many happy, healthy years together. Remember, consistent effort and proactive care are the keys to unlocking a long and fulfilling life for your beloved companions. Consult your veterinarian regularly for personalized advice and guidance.

FAQs

1. How often should I brush my dog's teeth? Aim for daily brushing, but even a few times a week is better than nothing.
1. What are the signs of feline anxiety? Changes in litter box habits, hiding, excessive grooming, and aggression can be signs of anxiety.
1. How much exercise does my cat need? Interactive play sessions for 15-20 minutes, a couple of times a day, are usually sufficient.
1. What are the common vaccinations for dogs? Common canine vaccinations include rabies, distemper, adenovirus, parvovirus, and parainfluenza. Your vet will advise on the specific vaccines your dog needs.

1. How can I tell if my dog is overweight? You should be able to feel your dog's ribs easily without pressing hard. If you can't, they may be overweight. Your vet can help determine an ideal weight range for your dog.

dog and cat wellness: *Diseases of Dogs & Cats* Veterinary Surgeon, 1893

dog and cat wellness: *Yin & Yang Nutrition for Dogs* Judy Morgan DVM, Hue Grant, 2017-11-10 Cooking for dogs according to traditional Chinese medicine food therapy including recipes.

dog and cat wellness: *Dr. Carol's Naturally Healthy Dogs* Carol Osborne, 2006-05 Our dogs are cherished family members and best friends and with proper care lifelong companions. Although illnesses can affect your dogs health and appearance, many conditions can be effectively treated at home. This 112 page, four color, user friendly book takes a comprehensive look at how you can help your dog and when to consult a vet. Gives clear, expert advice on conventional therapies as well as alternative therapies and herbal and homeopathic remedies that you or a practitioner can administer. Shows you how to recognize symptoms of illness and gives advice on everything from digestive disturbances, allergies and itching to behavioral modification, healthy aging tips and explains first aid techniques in the event of an emergency.

dog and cat wellness: *Veterinary Allergy* Chiara Noli, Aiden P. Foster, Wayne Rosenkrantz, 2013-10-23 The current state of knowledge on this increasingly important subject is beautifully described in this, the first truly comprehensive text of allergic diseases affecting the major veterinary species. It will be an invaluable guide to students, clinicians and researchers alike. From the Foreword by Professor Richard Halliwell, MS, PhD, VetMB, MRCVS, Dip ACVD Veterinary Allergy is the first comprehensive, high quality reference dealing with all aspects of veterinary allergy in all species and all body systems involved with allergy. Providing solid breadth and excellent depth of coverage, it deals with the immunopathology of the various allergic conditions as well as with clinical presentation, diagnosis and treatment of veterinary allergic diseases. Key features: Broad species coverage, organised by sections on dogs, cats, horses, and other domestic species including large animals, birds and small mammals Provides details on diseases affecting the skin, respiratory tract and gut Contains practical information for clinicians on management of allergic diseases Includes fully-referenced high level detail suitable for specialists and researchers Focused on evidence-based medicine and science The editors have extensive experience and are respected as world-wide experts in the field Every chapter is written by an expert in that particular topic Anyone seeking information and references on any aspect of allergic conditions in any species should find this book helpful. The book will be of interest to clinicians in first opinion practice, specialists in veterinary dermatology, gastroenterology, internal medicine, and immunology as well as specialists-in-training in those fields and veterinary students. The focus on underlying principles and practical clinical aspects is admirable. Immediately useful for practical utilization by practicing clinicians. Dr. Andrew Mackin BSc BVMS MVS DVSc FACVSc DSAM, Diplomate, American College of Veterinary Internal Medicine, Professor and Service Chief, Small Animal Internal Medicine, Dr. Hugh G. Ward Endowed Chair of Small Animal Veterinary Medicine, College of Veterinary Medicine, Mississippi State University, USA

dog and cat wellness: *Unexpected Miracles* Shawn Messonnier, 2011-06-28 A veterinarian and an authority on holistic pet care uses case studies to demonstrate the integrative methods he has created to treat diseases that commonly afflict our pets, and highlights the courageous owners who never gave up.

dog and cat wellness: *Veterinary Secrets* Andrew T. Jones, Andrew T Jones DVM, 2014-05-23

This manual draws from Dr Jones' 17 years' experience in veterinary medicine to provide a comprehensive, step-by-step guide to home pet care and disease remedies. Dr. Jones opens by explaining how he came to question conventional veterinary treatments then began to share his concerns publicly and openly educate pet owners, empowering them to provide their pets with quality, holistic care at home. Eventually, his efforts led to his expulsion from the British Columbia Veterinary College, resulting in a ban from practicing animal medicine.

dog and cat wellness: Canine and Feline Nutrition Linda P. Case, Leighann Daristotle, Michael G. Hayek, Melody Foess Raasch, 2010-05-19 How well can you answer pet owners' questions about proper diet and feeding? *Canine and Feline Nutrition*, 3rd Edition describes the role of nutrition and its effects upon health and wellness and the dietary management of various disorders of dogs and cats. By using the book's cutting-edge research and clinical nutrition information, you'll be able to make recommendations of appropriate pet food and proper feeding guidelines. Pet nutrition experts Linda P. Case, MS, Leighann Daristotle, DVM, PhD, Michael G. Hayek, PhD, and Melody Foess Raasch, DVM, provide complete, head-to-tail coverage and a broad scope of knowledge, so you can help dog and cat owners make sound nutrition and feeding choices to promote their pets' health to prolong their lives. - Tables and boxes provide quick reference to the most important clinical information. - Key points summarize essential information at a glance. - A useful Nutritional Myths and Feeding Practices chapter dispels and corrects common food myths. - New clinical information covers a wide range of emerging nutrition topics including the role of the omega-3 and omega-6 fatty acid families in pet health and disease management. - Coverage of pet food safety and pet food ingredients includes both commercially and home-prepared foods and provides answers to pet owners' questions on these topics. - Completely updated content reflects the latest findings in clinical nutrition research. - Information regarding functional ingredients and dietary supplementation provides a scientifically based rationale for recommending or advising against dietary supplements. - Guidelines for understanding pet food formulations and health claims differentiate between market-speak and actual clinical benefits for patients, with practice advice for evaluating and selecting appropriate foods.

dog and cat wellness: Health and Nutrition for Dogs and Cats David G. Wellock, 2013-04-11 While the internet provides pet parents with a great deal of information, finding and understanding that information can be like wading through a bog at midnight without a flashlight. In spite of the internet, pet parents remain desperate for valid resources. *Health and Nutrition for Dogs and Cats* is timely, informative, and delivers sensible information on topics of importance to all pet owners. From reading pet food labels to storing food, from understanding appropriate calorie intake to food allergies, David Wellock helps readers better understand the dietary needs of their dogs and cats. In recent years, Americans have come to pay more attention to the foods they eat. This trend toward a healthier lifestyle quickly found its way into the world of pet foods, allowing better diets to find success in the marketplace. However, the change has been somewhat perplexing for pet parents as they struggle to sort out the various, and sometimes misleading, messages surrounding the new foods available to their pets. Here, a seasoned expert in the care and feeding of dogs and cats, provides fact-filled, no nonsense, understandable information on the topics pet parents need to know in order to purchase and prepare food and develop an appropriate diet for their furry charges.

dog and cat wellness: The Ultimate Pet Health Guide Gary Richter, MS, DVM, 2017-08-15 As a holistic veterinarian and scientist, Dr. Gary Richter helps dog and cat owners to navigate the thicket of treatment options and separate the fact from the fiction. He wants us to use what actually works, not just what Western science or alternative medicine say should work. This multifaceted approach to health is known as integrative medicine. Dr. Richter examines traditional medicine from many cultures alongside modern medical techniques, describing the best of complementary care and the best of conventional veterinary medicine. Every treatment he recommends has the backing of scientific research or years of successful outcomes in his clinical practice. After explaining the treatment, he offers specific recommendations for an integrative approach to common diseases, including allergies, skin conditions, diabetes, heart disease, and cancer. A holistic approach to

health includes nutrition, as it sets up the foundation for your pet's health. Dr. Richter cuts through the hype in the pet-food world and explains how to choose the best commercial foods and supplements, and even includes both raw and cooked dog- and cat-food recipes for general diet as well as to treat specific needs. He also explains how we can use the right foods and supplements to hack the body's processes, including the immune system.

dog and cat wellness: The New Holistic Way for Dogs and Cats Paul McCutcheon, Susan Weinstein, 2009-11-17 Stress. It's the single, universal cause of both wellness and illness. While this theory is widely supported in the human medical community, it's still controversial among veterinarians. Dr. Paul McCutcheon examines the all-important health-stress connection while drawing upon the latest scientific thinking and combining it with a comprehensive, preventive, and holistic philosophy of pet care. So if you're among the millions of caring, responsible pet owners who visits the vet more often than your own doctor but still wonders what more you can do for your dog or cat, *The New Holistic Way for Dogs & Cats* is the next best thing to a consultation with Dr. McCutcheon. If only he saw human patients in his practice, too!

dog and cat wellness: The Doctors Book of Home Remedies for Dogs and Cats Prevention Magazine Editors, 1997-08-04 In this practical and entertaining guide, the top veterinarians and animal experts in the country offer more than 1,000 effective tips for treating common pet problems, such as: allergies, bad breath, ear mites, fleas, itchy skin, paw problems, teething pain, weepy eyes, and wounds. But, much more than a guide to the physical and emotional problems of pets, *The Doctors Book of Home Remedies for Dogs and Cats* also provides solutions to some of the toughest behavior problems, letting pet owners know when it is necessary to visit the vet--and what they can do until they get there. Since the health needs of dogs and cats are often entirely different, there are also specific tips for both cats and dogs, along with more than 75 easy-to-follow illustrations. Having this ultimate do-it-yourself pet-care book is like having a veterinarian on call 24 hours a day.

dog and cat wellness: The Merck Veterinary Manual Merck and Co., Inc. Staff, 2003-11 For more than forty years, animal health professionals have turned to the Merck Veterinary Manual for integrated, concise and reliable veterinary information. Now this manual covering the diagnosis, treatment, and prevention of diseases of companion, food and zoo animals is available on an easy-to-use, fully searchable CD-ROM. The CD includes the full text of *The Merck Veterinary Manual* 8/e and has been enhanced with picture links featuring original anatomical artwork and numerous clinical and diagnostic illustrations, table links and quick search links that provide quick access to cross referenced text.

dog and cat wellness: Acu-Dog Amy Snow, Nancy A. Zidonis, 2011 Helps you understand traditional Chinese medicine and apply it to your dog.

dog and cat wellness: Standing Surgery Jeremiah T. Easley, 2014 This issue explores the latest techniques and advances in standing surgery. Articles will cover topics such as anesthesia and analgesia, laparoscopic techniques and instrumentation, ophthalmic surgery, dental surgery, sinus surgery, upper airway surgery, urogenital surgery, orthopedic surgery, and more!

dog and cat wellness: Canine Reproduction and Neonatology Marthina L. Greer, 2014-12-18 Winner of Dog Writers Association of America's Dogwise Best Book Award *Canine Reproduction* is a practical guide for veterinarians and an information source for breeders, kennel operators and others with a financial or humane interest in the breeding and maintenance of dogs. The book focuses on the veterinarian's responsibilities for managing the prob

dog and cat wellness: Educating Your Clients from A to Z Nan Boss, 2011

dog and cat wellness: Dinner PAWsible Cathy Alinovi, Susan Thixton, 2015-05-19 There's a reason why pets beg at your table—they want real food! Not the kibble manufactured by pet food companies, drained of nutrients. If we are dedicated to preparing healthy meals for ourselves in the comfort and safety of our own kitchens, shouldn't we be doing the same for our pets? *Dinner PAWsible* is a collection of more than fifty cat and dog food recipes that will teach you how to whip up a fresh, balanced meal for your hungry critters. Written by a veterinarian certified in food therapy and an advocate for pet food safety, these recipes are also based on the National Research

Council requirements for dogs and cats. Recipes for Dogs include: Turkey & Oats Lasagna Beef, Egg & Rice Chicken, Shrimp, and Veggies Salmon & Cabbage And more! Recipes for cats include: Turkey Meatloaf Turkey & Salmon Hash Steak & Eggs Fish Salad Gumbo And more! Debunk the myth that pet food companies are the only entities qualified to feed your pets. Instead, beat pet obesity, disease, and sickness by reaching into your pantry or refrigerator, turning on the stove, and starting to cook yourself! Making food at home will also decrease those exorbitant pet food bills. It's time to go back to the table. Know exactly what your pet is eating and serve it a variety of real food that it deserves. Be a responsible pet parent by balancing your pet's diet and pleasing its palate. Cooking for your pet is paws-ible!

dog and cat wellness: *Treating Separation Anxiety In Dogs* Malena DeMartini-Price, CTC, 2014-04-21 **Committed trainers and owners can solve this problem!**
Treating separation anxiety in dogs is not quick or easy—but it can be done. The successful ingredients are cooperation, commitment and time on the part of the dog trainer and the owners. In this important new book, author Malena DeMartini-Price shares her 5 Phase Treatment Protocol and related strategies to help dogs overcome the fear of being left alone and addresses the trauma it can inflict on both the dog and their owners. Trainer handouts, detailed step-by-step training tips and a sample initial interview questionnaire are included.
Learn about:
• The critical role that “suspending absences” plays in the early part of the treatment plan and how owners and trainers can make this more manageable.
• How dog trainers can make the treatment of separation anxiety in dogs a specialized business.
• The role that management techniques and medications can play to help support the recommended behavior modification strategies.
• How technology, including remote feeding devices and web cams, can be used to monitor a dog's progress in overcoming his fear of being left alone.

dog and cat wellness: *Small Animal Dental Procedures for Veterinary Technicians and Nurses* Jeanne R. Perrone, 2020-08-07 Small Animal Dental Procedures for Veterinary Technicians and Nurses, 2nd Edition brings together all aspects of canine, feline, and exotic animal dentistry for veterinary technicians and nurses. Offering complete coverage of all aspects of dental treatment for dogs, cats, and exotic pets, the book describes techniques for veterinary technicians providing dental care. The new edition includes brand new information on digital radiology, plus updates to current protocols and improved images throughout the book. The chapters contained within include in-depth coverage of all stages of small animal dental care, including: • Anesthesia • Radiology • Dental cleaning • Common diseases and treatment • Equipment needs and maintenance • Exotic dentistry Small Animal Dental Procedures for Veterinary Technicians and Nurses includes access to a companion website that provides video clips, review questions, training exercises, forms, and editable glossaries. This book is an essential and invaluable resource for any veterinary technology student, veterinary technician or nurse regularly or occasionally engaged in small animal dental care.

dog and cat wellness: *Cat Daddy* Jackson Galaxy, 2013-05-02 Cat behaviorist and star of Animal Planet's hit television show My Cat from Hell, Galaxy, a.k.a. Cat Daddy, isn't what readers might expect for a cat expert. Yet his ability to connect with even the most troubled felines--not to mention their owners--is awe-inspiring.

dog and cat wellness: *Training the Best Dog Ever* Larry Kay, Dawn Sylvia-Stasiewicz, 2012-09-25 Training the Best Dog Ever, originally published in hardcover as The Love That Dog Training Program, is a book based on love and kindness. It features a program of positive reinforcement and no-fail techniques that author Dawn Sylvia-Stasiewicz used to train the White House dog, Bo Obama, and each of Senator Ted Kennedy's dogs, among countless others. Training the Best Dog Ever relies on trust and treats, not choke collars; on bonding, not leash-yanking or reprimanding. The five-week training program takes only 10 to 20 minutes of practice a day and works both for puppies and for adult dogs that need to be trained out of bad habits. Illustrated with step-by-step photographs, the book covers hand-feeding; crate and potty training; and basic cues—sit, stay, come here—as well as more complex goals, such as bite inhibition and water safety.

It shows how to avoid or correct typical behavior problems, including jumping, barking, and leash-pulling. Plus: how to make your dog comfortable in the world—a dog that knows how to behave in a vet's office, is at ease around strangers, and more. In other words, the best dog ever.

dog and cat wellness: *Body Language of Fear in Dogs* Sophia Yin, 2011-05-15 Every year over 4.5 million people are bitten by dogs. One of the most common causes of biting and aggression in dogs is fear. This color poster developed by Dr. Sophia Yin and illustrated by Lili Chin, shows both the common and more subtle signs of fear and anxiety in dogs. With 100 handouts/tear sheets per packet you'll have plenty of color handouts for your clients, students, and friends.

dog and cat wellness: *From Fearful to Fear Free* Marty Becker, Mikkal Becker, Lisa Radosta, 2018-04-17 Since pets communicate nonverbally, this book will help you recognize if your pet is suffering from [fear, anxiety, and stress]. By knowing your dog's body language, vocalizations, and changes in normal habits, you can make an accurate diagnosis and take action to prevent triggers or treat the fallout if they do happen—Amazon.com.

dog and cat wellness: *Never Turn Your Back on an Angus Cow* Dr. Jan Pol, David Fisher, 2014-08-14 The star of *The Incredible Dr. Pol* shares his amusing, and often poignant, tales from his four decades as a vet in rural Michigan. Dr. Jan Pol is not your typical veterinarian. Born and raised in the Netherlands on a dairy farm, he is the star of Nat Geo Wild's hit show *The Incredible Dr. Pol* and has been treating animals in rural Michigan since the 1970s. Dr. Pol's more than 20,000 patients have ranged from white mice to 2600-pound horses and everything in between. From the time he was twelve years old and helped deliver a litter of piglets on his family's farm to the incredible moments captured on his hit TV show, Dr. Pol has amassed a wealth of stories of what it's like caring for this menagerie of animals. He shares his own story of growing up surrounded by animals, training to be a vet in the Netherlands, and moving to Michigan to open his first practice in a pre-fab house. He has established himself as an empathetic yet no-nonsense vet who isn't afraid to make the difficult decisions in order to do what's best for his patients—and their hard-working owners. A sick pet can bring heartache, but a sick cow or horse could threaten the very livelihood of a farmer whose modest profits are dependent on healthy livestock. Reminiscent of the classic books of James Herriot, *Never Turn Your Back on an Angus Cow* is a charming, fascinating, and funny memoir that will delight animal lovers everywhere.

dog and cat wellness: *The Goldsteins' Wellness & Longevity Program* Robert S. Goldstein, Susan Goldstein, 2005 From cancer to arthritis, obesity to heart disease, this is the best guide available for your animal companion. —Gary Null, Ph.D., bestselling author, national syndicated radio and TV host Available

dog and cat wellness: *Naturally Healthy Cats* Carol Osborne, 2003-02-01 Enhanced with striking color photographs, this is an insightful approach to feline care and behavior sure to appeal to cat fanciers of all ages.

dog and cat wellness: *Energy Wellness for Your Pet* Cyndi Dale, 2019-03-08 Discover the Amazing Ways Subtle Energy Enhances Your Pet's Wellness and the Bond You Share Together Improve your pet's emotional, physical, and spiritual well-being—and strengthen the bond between the two of you in the process—using vibrational medicine and energy techniques. Bestselling author Cyndi Dale's remarkable guide covers the chakras and subtle energy system for a variety of animals, from mammals to invertebrates. You'll explore the foundational energetics of common problems and learn how to assist your pet, no matter what the issue. Using intuitive communication and energetic assessments, you can fully support your pet's development in every stage of life. Explore the use of essential oils, stones, and homeopathy to promote healing. Discover your pet's energetic signature to better understand his or her personality and needs. This indispensable book helps you create a happier, more loving relationship with your beloved animal and discover more of your true self along the way. Includes 12 pages of full-color illustrations. Praise: Cyndi has a real gift and has put her heart and soul into *Energy Wellness for Your Pet*—a book the world needs now more than ever. Her goal is the same as mine, to prevent suffering and do no harm.—Dr. Stephen R. Blake, DVM, CVA, CVH, Usui Reiki Master Shaman [Cyndi's] guidance will bring about enhanced health, happiness and

bonding for you and your animal companions—furred, feathered and invertebrates. Bravo Cyndi!—Joan Ranquet, animal communicator, healer, author and founder of Communication with All Life University A well-written, inspiring look into the subtle energies of our pets and how we can work with this energy to understand our animal friends...Cyndi speaks from the heart and shares personal stories that teach through example and will deeply affect you. I honestly couldn't put this book down...A must read for anyone who has a pet.—Melissa Alvarez, author of Animal Frequency and Llewellyn's Little Book of Spirit Animals Cyndi Dale's brilliant book expertly teaches readers how to apply energetic concepts and techniques to improve a pet's emotional, physical, and spiritual well-being...Highly recommended for all animal lovers!—Madisyn Taylor, cofounder of DailyOM

dog and cat wellness: The Truth About Dog and Cat Treatments and Anomalies Robert L. Ridgway, 2013-10-31 You don't have to be a veterinarian to prevent and treat many of the problems that might afflict your four-legged friend. Robert L. Ridgway, a doctor of veterinary medicine, helps you identify conditions and use home remedies and treatments to treat dogs and cats. Written in everyday language, this guide can help you spot and treat skin infections in minimally invasive ways; help your pet battle and beat heartworms and other parasites; encourage good nutrition and address eating problems; and help your pet overcome stomach problems, gas, and other ailments. While the guide focuses on tackling health problems, it can also help you improve your pet's behavior, avoid common household substances that can harm your pet, and weigh complicated issues involved with end-of-life care and decision making. This handbook covers more than 150 different subjects and includes dosage instructions based on a pet's weight so you can act with confidence. While veterinarians serve an important role, you can fix many problems on your own when you know *The Truth about Dog and Cat Treatments and Anomalies*.

dog and cat wellness: Proceedings, 2009

dog and cat wellness: DAWGS Diane Trull, Meredith Wargo, 2020-03-31 Award Winner in the Animals/Pets: Narrative Nonfiction category of the 2021 Best Book Awards sponsored by American Book Fest We can all make a difference. Elementary-school teacher Diane Trull's life-defining moment happened when her fourth-grade reading class saw a photo of a cardboard box overflowing with homeless puppies. Her young students were determined to save these lost pups and others like them. In that moment, the Dalhart Animal Wellness Group and Sanctuary—known as DAWGS—was born. How Trull and her fourth graders started their own animal shelter is a story of dedication, commitment, and perseverance. Trull shares inspiring stories about animals and animal lovers of all ages in this moving story of hope and compassion. DAWGS is a testament to how love and a strong measure of determination can offer second chances—one animal, one child, and one day at a time. "Get ready to feel a lot. This book is inspiring all along the way." —Bernadette Peters, award-winning actress "I'm blown away. I hope this story reaches thousands of readers." —Susan Wilson, New York Times bestselling author of *One Good Dog* "I loved DAWGS! It will inspire you and warm your heart." —Kristin von Kreisler, bestselling author of *An Unexpected Grace*

dog and cat wellness: Puppy Socialization Marge Rogers, Eileen Anderson, 2021-06-23 *Puppy Socialization: What It Is and How to Do It* defines and demystifies the most important thing you can do for your puppy: socialization. The authors don't just tell you what you need to know about socialization. They show you with dozens of photographs and exclusive linked videos (a live internet connection is needed to view the videos). You'll see other owners socialize their puppies under the guidance of a nationally certified dog trainer and behavior consultant. These real-life examples of socialization show you what to do when things go well and when they don't go so well. You'll learn about: • The magical time. Did you know that there is a special time in a puppy's life when he is primed to accept new things? The authors tell you when that time is, when that socialization window starts closing, and how a little effort by an owner during that time can save heartache later. • Canine body language. Puppies and dogs are talking all the time—with their body language. Learn to tell when a puppy or dog is relaxed and happy, a bit nervous about something, or outright fearful. • Myth-busting. There's a lot of advice out there about socialization and not all of it is good. Some common myths can actually cause a puppy harm. The authors give you the most up-to-date

information on puppy socialization and put some harmful myths to rest. • Socializing a puppy during COVID-19. Puppies have so much to get used to: people, environments, noises, and more. The authors provide strategies for keeping humans and puppies safe while socializing puppies, even during the COVID-19 pandemic. • What supplies are needed during socialization. The authors provide checklists of things owners need when socializing a puppy at home and away from home.

dog and cat wellness: Home-Prepared Dog and Cat Diets Donald R. Strombeck, 1999-03-22 With an eye to the long-term health of pets, Dr Donald Strombeck outlines diets that the care giver can prepare at home or in the clinic. He offers nutritional and dietary guidance for animals with particular problems, from obesity, allergies, and gastrointestinal complaints to diseases of the kidney, pancreas, heart and joints. Each recipe includes nutrient content for proteins, fats and calories and all rely on unprocessed foods that are widely available and marketed for human consumption. Full of useful information about nutritional and dietary needs of cats and dogs, this book will be an indispensable guide for all those who are particular about what they feed their pets or their feline and canine patients.

dog and cat wellness: *Healing Pets with Nature's Miracle Cures* Henry Pasternak, 2001

dog and cat wellness: *Understanding Blood Tests* , 2018-11-21

dog and cat wellness: Acupuncture for Dogs and Cats Christina Matern, 2011-12-14 Skillfully integrating traditional concepts of Chinese medicine with clinical experience and modern scientific research, *Acupuncture for Dogs and Cats* brings together all current information in one convenient book. Its atlas-style format, highlighted by hundreds of full-color photographs and supporting text, makes it ideal as a quick, user-friendly reference in the clinic or training program. Special Features: An easy-to-use, double-page spread designed for fast retrieval of information--on the left, concise text describes the effects, indications, localization, technique, and depth of insertion for each acupuncture point; on the right, high-quality photographs demonstrate all concepts. Bones and muscles have been precisely drawn into each photograph, a valuable tool for localization of points. A comprehensive discussion of all acupuncture points in all channels ensures that you have full mastery of the field. A complete introduction to the principles of traditional Chinese medicine (TCM), channel systems, TCM diagnostics, point selection, and point categories (such as Ting or Luo points) provide a strong foundation in the concepts of veterinary TCM. The only book to focus solely on acupuncture for small animals, this handy, pocket-size atlas is unique in the field. It offers a wealth of practical knowledge and a pictorial reference for veterinarians, animal acupuncturists, students, and trainees whose goal is to provide the highest level of treatment to the animals in their care.

dog and cat wellness: *Your Pandemic Puppy* Marty Greer, 2020-11-20 At a time when we're rethinking almost everything in our lives, *Your Pandemic Puppy* will recalibrate your concept of puppy rearing and dog ownership. Up to date, contemporaneous and thoughtful, *Your Pandemic Puppy* was written by a veterinarian with four decades of medical experience. In these pages, you'll find information on all aspects of your new puppy's physical and mental well-being, from the challenges of finding a new companion during the current COVID-19 crisis, through training and medical care. But more than just how-to advice, this book also explores what owning a puppy means to a family, and what to anticipate in the future, when you return to your former work and school schedule. This book is intended to help you have a great experience all along the way, from selecting your new puppy through adolescence. Having a new puppy or dog should be lots of fun: Here's to making that your new normal.

dog and cat wellness: Canine and Feline Behavior for Veterinary Technicians and Nurses Debbie Martin, Julie K. Shaw, 2023-05-18 *Canine and Feline Behavior for Veterinary Technicians and Nurses* A complete and modern guide to the veterinary technician's role in behavioral preventive services. This fully revised second edition of *Canine and Feline Behavior for Veterinary Technicians and Nurses* presents a comprehensive, up-to-date guide for veterinary technicians and nurses seeking to understand their patients on a deeper level, implement preventive behavior medicine, and assist veterinarians with behavioral interventions. The book provides a

grounding in the behavioral, mental, and emotional needs of dogs and cats, and offers an invaluable daily reference for daily interactions with patients and clients. Along with brand-new coverage of Fear Free® veterinary visits, the authors have included discussions of animal behavior and development, communication, behavior modification, problem prevention, and behavior solutions. A companion website offers more than 50 video tutorials, multiple choice questions, PowerPoint slides, and appendices. This Second Edition also provides: A thorough introduction to the role of veterinary technicians in animal behavior Comprehensive explorations of canine and feline behavior and development Discussion of the complexities and richness of the human-animal bond Details on implementing emotionally protective practices into the veterinary and husbandry care Practical strategies for learning and behavior modification, problem prevention, behavior solutions, and communication and connection amongst the animal behavior team Canine and Feline Behavior for Veterinary Technicians and Nurses is an essential reference for veterinary technicians and nurses, and will also benefit veterinary technology and nursing students seeking comprehensive information about an increasingly relevant topic.

dog and cat wellness: Head to Tail Wellness Stacy Fuchino, 2010-03-04 Extend and enhance the quality of your pet's life Be proactive about your pet's wellness and let Dr. Stacy show you how a reasonable combination of proven Western veterinary know-how and time-tested Eastern therapies can promote health and vitality for your furry companion. Whether it's a matter of harnessing the healing properties of food, eliminating harmful elements from a pet's surroundings, restoring an animal's flow of energy, or treating bothersome symptoms, Dr. Stacy provides a revolutionary East-West approach, blending the best of both worlds to bring your pet's internal and external environments into perfect harmony. Written by a leading veterinarian schooled in both Western veterinary medicine and traditional Eastern medicine Packed with charts, quizzes, inspirational quotes, and more An appendix lists alternative veterinary practitioners around the U.S. Head to Tail Wellness will show you how to make positive changes in your pet's life that will reduce the need for drugs and invasive therapies and, most importantly, yield a happy, healthy pet.

dog and cat wellness: *U.S. Pet Ownership & Demographics Sourcebook* American Veterinary Medical Association, 2007 This book provides data and analyses of pet ownership statistics in the United States.

dog and cat wellness: **50 Ways to Wake Your Human** Scott Metzger, 2020-11-02 50 Ways to Wake Your Human is the second collection of cat cartoons by Scott Metzger. Cat lovers will appreciate the comics, which highlight the ridiculous behavior of felines (and humans) through topics such as music, social media, parenthood, relationships, and living in quarantine. This book will make you laugh, smile, and further appreciate our weird, furry friends who wake us up in the wee hours of the morning.

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