

edge learning and wellness collegiate community

Edge Learning and Wellness: A Collegiate Community Forging a Brighter Future

Are you tired of the traditional college experience feeling...well, traditional? Do you crave a learning environment that fuels not just your academic ambitions, but your overall well-being? Then you're in the right place. This post dives deep into the exciting concept of an "Edge Learning and Wellness Collegiate Community," exploring what it is, its benefits, and why it's poised to revolutionize higher education. We'll examine the core tenets, explore the practical applications, and discuss how this innovative approach fosters a truly thriving student experience. Get ready to discover a new paradigm in collegiate life.

What is an Edge Learning and Wellness Collegiate Community?

An Edge Learning and Wellness Collegiate Community represents a fundamental shift in how we approach higher education. It goes beyond the traditional lecture-hall model, prioritizing a holistic approach that integrates academic excellence with robust wellness programs. Imagine a campus culture that actively cultivates:

Personalized Learning: Forget one-size-fits-all lectures. An Edge community emphasizes individualized learning plans, tailored mentorship, and flexible learning pathways to cater to diverse learning styles and paces.

Holistic Wellness: This isn't just about a gym; it's about a comprehensive well-being program encompassing physical, mental, and emotional health. This might include mindfulness training, access to therapists, nutrition workshops, stress management techniques, and dedicated wellness spaces.

Strong Community Bonds: Edge communities foster a sense of belonging and support. Smaller class sizes, collaborative learning environments, and numerous social opportunities create a close-knit community where students feel connected and empowered.

Experiential Learning: Real-world application is paramount. An Edge community would incorporate internships, research opportunities, community engagement projects, and other hands-on experiences that translate classroom knowledge into practical skills.

Sustainable Practices: An increasing focus on environmental responsibility is crucial. An Edge community integrates sustainability into its curriculum, operations, and campus design, fostering environmental awareness and stewardship.

The Benefits of an Edge Learning and Wellness Collegiate Community

The advantages of this model are multifaceted and extend far beyond a simple academic degree.

Graduates from an Edge community are likely to:

Possess Enhanced Well-being: The emphasis on holistic wellness equips students with the tools and resources to navigate the stresses of college life and beyond, promoting better mental and physical health.

Achieve Higher Academic Success: Personalized learning and strong support systems lead to increased engagement, improved academic performance, and higher graduation rates.

Develop Stronger Interpersonal Skills: The close-knit community fosters collaboration, communication, and empathy, preparing students for successful professional and personal relationships.

Gain Valuable Real-World Experience: Experiential learning opportunities translate classroom knowledge into practical skills, making graduates more competitive in the job market.

Become More Responsible Global Citizens: An emphasis on sustainability and community engagement cultivates a sense of responsibility towards the environment and society.

Creating a Thriving Edge Learning and Wellness Community: Practical Applications

Building such a community requires a multi-pronged approach:

Curriculum Redesign: Incorporating experiential learning, personalized learning pathways, and interdisciplinary projects is crucial.

Investing in Wellness Infrastructure: This includes dedicated wellness centers, access to mental health professionals, and resources for physical fitness and healthy eating.

Cultivating a Supportive Community Culture: This involves creating smaller learning groups, fostering a sense of belonging, and providing numerous opportunities for social interaction.

Embracing Technology: Utilizing technology for personalized learning, online resources, and communication enhances the learning experience.

Partnering with Local Organizations: Collaborating with local businesses and community groups provides valuable real-world learning opportunities and strengthens community ties.

The Future of Higher Education: Embracing the Edge

The Edge Learning and Wellness Collegiate Community model is not just a trend; it's a necessary evolution of higher education. It addresses the evolving needs of students who seek a holistic and fulfilling educational experience. By prioritizing both academic achievement and overall well-being, this model produces graduates who are not only intellectually capable but also emotionally resilient, socially responsible, and well-prepared for the challenges and opportunities of the 21st century. The future of higher education lies in embracing the edge – creating communities that nurture the whole student, fostering growth, and empowering individuals to reach their full potential.

Conclusion

The Edge Learning and Wellness Collegiate Community represents a paradigm shift in higher education, prioritizing holistic development alongside academic excellence. By fostering personalized learning, robust wellness programs, and strong community bonds, this model prepares graduates for success in all aspects of their lives. It's a vision of the future of higher education – one that's more enriching, more supportive, and ultimately, more effective in shaping future leaders.

FAQs

1. How does an Edge community differ from traditional colleges? An Edge community prioritizes personalized learning, holistic wellness, and strong community bonds, unlike the often impersonal and academically focused traditional model.
1. What types of wellness programs are typically included? Programs might include mindfulness training, access to therapists, nutrition workshops, stress management techniques, fitness facilities, and dedicated wellness spaces.
1. How does experiential learning work within an Edge community? Experiential learning integrates internships, research opportunities, community engagement projects, and other hands-on experiences to translate classroom knowledge into practical skills.
1. Is an Edge community more expensive than traditional colleges? The cost could vary, but the long-term value of enhanced well-being, higher academic success, and improved job prospects could outweigh any potential increased tuition.
1. What are the long-term benefits for graduates of an Edge community? Graduates are likely to possess enhanced well-being, higher academic success, stronger interpersonal skills, valuable real-world experience, and a greater sense of social responsibility.

edge learning and wellness collegiate community: Narratives and Strategies of Effective Leadership in Community Colleges Nacco, Stephen Damian, 2024-04-29 In American higher education, community colleges present new opportunities for many, embodying the democratic essence since their early roots. Originally conceived as junior colleges preparing students for university transfers, these institutions have undergone a transformative journey, evolving into the comprehensive, open-access pillars of education that define our present landscape. Despite a shared mission, a disparity exists among community colleges, with some rising to prominence as leaders in the community-college movement. Amidst the challenges posed by the two World Wars, economic fluctuations, and societal shifts, community colleges have adapted to serve diverse needs, encompassing workforce development, community education, and developmental studies. Narratives and Strategies of Effective Leadership in Community Colleges takes on the challenge faced by these institutions—maintaining excellence amid the evolving demands of a dynamic society. Narratives and Strategies of Effective Leadership in Community Colleges is a pivotal resource for

higher-education practitioners navigating the complex realm of leadership challenges in community colleges. It portrays community colleges as national treasures in higher education. Beyond mere success stories, each chapter details the intricacies of effective leadership. Targeting governing boards, faculty, leaders, and administrators, the book provides invaluable insights into strategic planning, student support, campus revitalization, and financial management. It serves as a crucial guide for those aspiring to elevate their institutions.

edge learning and wellness collegiate community: Resources in Education , 1998

edge learning and wellness collegiate community: Democracy, Civic Engagement, and Citizenship in Higher Education William V. Flores, Katrina S. Rogers, 2019-05-24 In the most recent Democracy Index, the Economic Intelligence Unit downgraded the United States from a “full democracy” to a “flawed democracy.” *Democracy, Civic Engagement, and Citizenship in Higher Education* takes a hard look at the state of American democracy today through the lens of one of the nation’s most important actors: colleges and universities. Democracy is more than voting; it includes a wide range of democratic practices and depends on a culture of civic participation. Critical for strengthening democracy is the role that higher education leaders play in educating their constituencies about their responsibilities of citizenship. During a period of time when higher education is under pressure to meet 21st century workforce needs, the authors here exhort to remember the public mission of education to serve the needs of the democracy, a government by the people means that the people must be ready to govern. It is in this spirit that these stories are offered to show how institutions across the country are reclaiming and reinvigorating one of the essential pillars upon which American democracy is based.

edge learning and wellness collegiate community: Handbook of Quality of Life and Social Change Cornelia C. Walther,

edge learning and wellness collegiate community: *Mental Health, Substance Use, and Wellbeing in Higher Education* National Academies of Sciences, Engineering, and Medicine, Health and Medicine Division, Policy and Global Affairs, Board on Health Sciences Policy, Board on Higher Education and Workforce, Committee on Mental Health, Substance Use, and Wellbeing in STEMM Undergraduate and Graduate Education, 2021-03-05 Student wellbeing is foundational to academic success. One recent survey of postsecondary educators found that nearly 80 percent believed emotional wellbeing is a very or extremely important factor in student success. Studies have found the dropout rates for students with a diagnosed mental health problem range from 43 percent to as high as 86 percent. While dealing with stress is a normal part of life, for some students, stress can adversely affect their physical, emotional, and psychological health, particularly given that adolescence and early adulthood are when most mental illnesses are first manifested. In addition to students who may develop mental health challenges during their time in postsecondary education, many students arrive on campus with a mental health problem or having experienced significant trauma in their lives, which can also negatively affect physical, emotional, and psychological wellbeing. The nation's institutions of higher education are seeing increasing levels of mental illness, substance use and other forms of emotional distress among their students. Some of the problematic trends have been ongoing for decades. Some have been exacerbated by the COVID-19 pandemic and resulting economic consequences. Some are the result of long-festering systemic racism in almost every sphere of American life that are becoming more widely acknowledged throughout society and must, at last, be addressed. *Mental Health, Substance Use, and Wellbeing in Higher Education* lays out a variety of possible strategies and approaches to meet increasing demand for mental health and substance use services, based on the available evidence on the nature of the issues and what works in various situations. The recommendations of this report will support the delivery of mental health and wellness services by the nation's institutions of higher education.

edge learning and wellness collegiate community: *Equity by Design* Mirko Chardin, Katie Novak, 2020-07-20 Our calling is to drop our egos, commit to removing barriers, and treat our learners with the unequivocal respect and dignity they deserve. --Mirko Chardin and Katie Novak When it comes to the hard work of reconstructing our schools into places where every student has

the opportunity to succeed, Mirko Chardin and Katie Novak are absolutely convinced that teachers should serve as our primary architects. And by teachers they mean legions of teachers working in close collaboration. After all, it's teachers who design students' learning experiences, who build student relationships . . . who ultimately have the power to change the trajectory of our students' lives. *Equity by Design* is intended to serve as a blueprint for teachers to alter the all-too-predictable outcomes for our historically under-served students. A first of its kind resource, the book makes the critical link between social justice and Universal Design for Learning (UDL) so that we can equip students (and teachers, too) with the will, skill, and collective capacity to enact positive change. Inside you'll find: Concrete strategies for designing and delivering a culturally responsive, sustainable, and equitable framework for all students Rich examples, case studies, and implementation spotlights of educators, students (including Parkland survivors), and programs that have embraced a social justice imperative Evidence-based application of best practices for UDL to create more inclusive and equitable classrooms A flexible format to facilitate use with individual teachers, teacher teams, and as the basis for whole-school implementation Every student, Mirko and Katie insist, deserves the opportunity to be successful regardless of their zip code, the color of their skin, the language they speak, their sexual and/or gender identity, and whether or not they have a disability. Consider *Equity by Design* a critical first step forward in providing that all-important opportunity. Also From Corwin: *Hammond/Culturally Responsive Teaching & the Brain*: 9781483308012 *Moore/The Guide for White Women Who Teach Black Boys*: 9781506351681 *France/Reclaiming Professional Learning*: 9781544360669

edge learning and wellness collegiate community: Cases on Establishing Effective Collaborations in Academic Libraries Piorun, Mary E., Raboin, Regina Fisher, 2022-10-07 The forming and nurturing of new partnerships and collaborations is a critical component of librarianship. Academic libraries have a long history of collaboration within the library, across their institutions, and in their local communities. However, forming new partnerships can be time-consuming, and at times frustrating, leaving important opportunities, connections, and projects unrealized. *Cases on Establishing Effective Collaborations in Academic Libraries* presents case studies on effective collaborations in a variety of settings with different objectives, staffing levels, and budgets that have proven to be successful in creating and maintaining strong and productive partnerships. It identifies and shares the role of the academic library in developing effective partnerships and collaborations within academia and the broader community. Covering topics such as controlled digital lending, research computing, and college readiness enhancement, this premier reference source is a vital resource for librarians and libraries, consortiums, university administrators, students and educators of higher education, community leaders, researchers, and academicians.

edge learning and wellness collegiate community: **Building Resiliency in Higher Education: Globalization, Digital Skills, and Student Wellness** Kayyali, Mustafa, 2024-04-22 In the dynamic landscape of higher education, institutions face a myriad of challenges that threaten to inhibit their ability to nurture the leaders of tomorrow effectively. Academia is navigating new challenges, including the pressures of globalization, the complexities of digital transformation and the imperative of fostering diversity and inclusion. The need for innovative solutions and strategic approaches to these challenges has never been more pressing. *Building Resiliency in Higher Education: Globalization, Digital Skills, and Student Wellness* offers a comprehensive exploration of these critical issues, providing educators, administrators, policymakers, and researchers with a roadmap for navigating the complexities of the modern educational landscape. The book equips readers with the knowledge and insights needed to address these challenges head-on by delving into topics such as internationalization, innovation, and sustainability. This valuable resource aids understanding and responsiveness to the trends shaping higher education today through in-depth analysis and an interdisciplinary approach.

edge learning and wellness collegiate community: *The Stewardship of Higher Education* David M. Callejo Perez, Joshua Ode, 2013-10-30 Understanding the entrepreneurial nature of

universities—in particular, the relationship between education and health in relation to development and wellness of communities—this volume provides a description/narration of the efforts in how universities can address their shifting contexts while engaging their communities in social change. In the development of this book, we have explored how reforms in American higher education are impacting the role of universities and their faculty. Contributors were asked to imagine possibilities for research and outreach by providing salient examples of how higher education can lead and change how we view the role of health and education within institutions and society. Each author writes across common themes that address the problems and possibilities of higher education curriculum and projects aligned with the mission of stewardship. The authors highlight interdisciplinary approaches and projects for faculty work, modification of the Teaching-Research-Service expectations, and community initiatives that can emerge from real-life problems (to impact wellbeing) and create rich and deep research possibilities for practitioners to impact both higher education and society. The process and research approaches used by the authors include imagining the community as part of a process of the change and part of what changes, exploring how community change can build on the strengths of local people, and why community organization and advocacy should revolve around social learning and community capacity theories. Given the diversity of topics and approaches, as editors we have tried to honour both the authors' words and style in expressing their opinions to provide a forum for the readers to envision stewardship.

edge learning and wellness collegiate community: Wellness Centers Joan Whaley Gallup, 1999-04-26 Bringing together the best aspects of ambulatory care, complementary medicine, and fitness clubs under one roof, wellness centers are poised to become an essential vehicle of healthcare delivery for the 21st century. Although wellness-based programs have been instituted by nearly every hospital system in North America, very little has been published on this rapidly emerging building type. Wellness Centers enables design professionals and others to understand the fitness and healthcare requirements of these facilities, and to address them effectively in their work. Providing essential insights into balancing the healthcare and retail demands of wellness centers, Joan Whaley Gallup reviews every step of the planning and development process, addressing project assessment, financing, programming, and marketing. She draws on her extensive expertise in creating wellness centers to cover a full range of development and design considerations, including design guidelines for lobby/waiting areas, clinical space, administrative areas, pools, saunas, and indoor gardens. Finally, an inspiring project portfolio profiles an impressive roster of successful wellness centers from around the world. With useful information on code compliance, plus floor plans, schematic designs, and more, this book is a vital professional resource for anyone involved in wellness center design, planning, or management. The wellness center is the most positive, nurturing, life-affirming building type ever to evolve in the history of healthcare facilities design. . . . By turning inside out the trends of past centuries, we can now focus on wellness. We can create buildings that will nurture and sustain us, healing environments that will serve to support happy, life-enhancing activities. Centers for wellness are centers for life.-from the Preface The first book of its kind, Wellness Centers offers design professionals and others complete cutting-edge coverage of these complex new facilities, from planning and development issues to design guidelines and case examples of successful wellness centers from around the world. Written by an architect with extensive experience in the field, this book provides a firm foundation in wellness center design, planning, and management-essential reading for anyone involved in this rapidly growing area of healthcare design.

edge learning and wellness collegiate community: Undecided, 2nd Edition Genevieve Morgan, 2020-10-06 Cut through the chaos and find the path that's right for you! Deciding what to do after high school is one of the biggest decisions you'll ever make. And that's a lot of pressure to deal with (especially when everyone else is telling you what they think you should be doing)! Undecided will help you come to grips with this often-overwhelming time of transition by putting the decision-making power back where it belongs: with you. Undecided begins by helping students think

seriously about who they are and what they want and then moves on to dissect the various options that are available after high school, such as enrolling in a training program, attending a community college, taking a gap year, enlisting in the military, pursuing a traditional four-year degree, and more. It also takes an in-depth look at how to manage student debt, what you can expect to earn, the kind of lifestyle you may lead, and the possible pitfalls of all of these scenarios. Full of checklists, anecdotes, brainstorming activities, and journal exercises, this book will help you stop procrastinating, put your stress aside, and get busy living.

edge learning and wellness collegiate community: *School, Family, and Community Partnerships* Joyce L. Epstein, Mavis G. Sanders, Steven B. Sheldon, Beth S. Simon, Karen Clark Salinas, Natalie Rodriguez Jansorn, Frances L. Van Voorhis, Cecelia S. Martin, Brenda G. Thomas, Marsha D. Greenfeld, Darcy J. Hutchins, Kenyatta J. Williams, 2018-07-19 Strengthen programs of family and community engagement to promote equity and increase student success! When schools, families, and communities collaborate and share responsibility for students' education, more students succeed in school. Based on 30 years of research and fieldwork, the fourth edition of the bestseller *School, Family, and Community Partnerships: Your Handbook for Action*, presents tools and guidelines to help develop more effective and more equitable programs of family and community engagement. Written by a team of well-known experts, it provides a theory and framework of six types of involvement for action; up-to-date research on school, family, and community collaboration; and new materials for professional development and on-going technical assistance. Readers also will find: Examples of best practices on the six types of involvement from preschools, and elementary, middle, and high schools Checklists, templates, and evaluations to plan goal-linked partnership programs and assess progress CD-ROM with slides and notes for two presentations: A new awareness session to orient colleagues on the major components of a research-based partnership program, and a full One-Day Team Training Workshop to prepare school teams to develop their partnership programs. As a foundational text, this handbook demonstrates a proven approach to implement and sustain inclusive, goal-linked programs of partnership. It shows how a good partnership program is an essential component of good school organization and school improvement for student success. This book will help every district and all schools strengthen and continually improve their programs of family and community engagement.

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diagnosis. It presents tried-and-true strategies that address difficulties with social skills and Executive Function, cognitive rigidity, self-esteem issues, and more. It includes: - Focused chapters on skills for life, school, work, and independent living - Photocopiable teaching materials and tips for classroom management - Sections on peer-mentoring, mediation, and inclusion - Assessment strategies, including student self-assessment materials and feedback forms - Contributions from experts in the field, including Dr. Stephen Shore, Liane Holliday Willey, Dr. Brenda Smith Myles, Barbara Bissonnette and Jennifer Cook O'Toole. Drawing on over 30 years' teaching experience at the College Internship Program (CIP), Dr. Michael P. McManmon's toolkit is a complete curriculum for educators, clinicians, and professionals who teach or advise young adults on the ASD or LD Spectrum. It can also be used effectively by parents and individuals for self-study.

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edge learning and wellness collegiate community: *Native Education Directory* Patricia Cahape Hammer, Heather Beasley, 1996 This directory provides information on organizations, government agencies, institutions of higher education, periodicals, publishers, and other resources useful to persons involved in the education of American Indian and Alaska Native students. Section 1 describes approximately 80 international, national, and multistate nongovernmental organizations, listed alphabetically in four categories: advocacy, networking, and reform; research, development, technical assistance, and training; funding and sponsorship; and youth leadership, mentoring, and service. Each entry includes contact information and a brief description. Section 2 lists and describes federal programs and agencies, including the 26 Education Line Offices of the Bureau of Indian Affairs (BIA), programs of the BIA Office of Indian Education Programs, selected offices of the U.S. Department of Education, regional educational laboratories, comprehensive regional assistance centers, Native American programs in the U.S. Department of Health and Human Services and the U.S. Department of Labor, and committees of interest in Congress. Section 3 provides contact information and brief descriptions for 32 publishers and periodicals and lists 8 other useful directories and guides related to American Indian and Alaska Native education. Section 4 lists state government and nongovernment organizations by state. Section 5 lists and describes programs at colleges and universities offering Native studies, Native language instruction, supportive services, or scholarships for Native students. Index covers primarily programs and agencies but also includes over 50 Native American languages being taught across North America. (SV)

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appeal to other teachers and students interested in developing their own service-learning courses and connecting those courses to broader issues of citizenship and democracy.

edge learning and wellness collegiate community: Public Health Nursing Marcia Stanhope, PhD, RN, FAAN, Jeanette Lancaster, PhD, RN, FAAN, 2015-10-07 Prepare for a successful career as a community/public health nurse! Public Health Nursing: Population-Centered Health Care in the Community, 9th Edition provides up-to-date information on issues that impact public health nursing, such as infectious diseases, natural and man-made disasters, and health care policies affecting individuals, families, and communities. Real-life scenarios show examples of health promotion and public health interventions. New to this edition is an emphasis on QSEN skills and an explanation of the influence of the Affordable Care Act on public health. Written by well-known nursing educators Marcia Stanhope and Jeanette Lancaster, this comprehensive, bestselling text is ideal for students in both BSN and Advanced Practice Nursing programs. Evidence-Based Practice and Cutting Edge boxes illustrate the use and application of the latest research findings in public/community health nursing. Healthy People 2020 boxes highlight goals and objectives for promoting the nation's health and wellness over the next decade. Levels of Prevention boxes identify specific nursing interventions at the primary, secondary, and tertiary levels. Practice Application scenarios help you apply chapter content to the practice setting by analyzing case situations and answering critical thinking questions. Linking Content to Practice boxes provide examples of the nurse's role in caring for individuals, families, and populations in community health settings. Unique! Separate chapters on healthy cities, the Minnesota Intervention Wheel, and nursing centers describe different approaches to community health initiatives. Community/Public Health Nursing Online consists of 14 modules that bring community health situations to life, each including a reading assignment, case scenarios with learning activities, an assessment quiz, and critical thinking questions. Sold separately. NEW! Coverage of health care reform discusses the impact of The Patient Protection and Affordable Care Act of 2010 (ACA) on public health nursing. NEW! Focus on Quality and Safety Education for Nurses boxes give examples of how quality and safety goals, knowledge, competencies and skills, and attitudes can be applied to nursing practice in the community.

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public health interventions. New to this edition is an emphasis on QSEN skills and an explanation of the influence of the Affordable Care Act on public health. Written by well-known nursing educators Marcia Stanhope and Jeanette Lancaster, this comprehensive, bestselling text is ideal for students in both BSN and Advanced Practice Nursing programs. Evidence-Based Practice and Cutting Edge boxes illustrate the use and application of the latest research findings in public/community health nursing. Healthy People 2020 boxes highlight goals and objectives for promoting the nation's health and wellness over the next decade. Levels of Prevention boxes identify specific nursing interventions at the primary, secondary, and tertiary levels. Practice Application scenarios help you apply chapter content to the practice setting by analyzing case situations and answering critical thinking questions. Linking Content to Practice boxes provide examples of the nurse's role in caring for individuals, families, and populations in community health settings. Unique! Separate chapters on healthy cities, the Minnesota Intervention Wheel, and nursing centers describe different approaches to community health initiatives. Community/Public Health Nursing Online consists of 14 modules that bring community health situations to life, each including a reading assignment, case scenarios with learning activities, an assessment quiz, and critical thinking questions. Sold separately. NEW! Coverage of health care reform discusses the impact of The Patient Protection and Affordable Care Act of 2010 (ACA) on public health nursing. NEW! Focus on Quality and Safety Education for Nurses boxes give examples of how quality and safety goals, knowledge, competencies and skills, and attitudes can be applied to nursing practice in the community.

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show how the archaeological field school can be retailored to address politics, ethics, and critical practice alongside traditional teaching and research methods..

edge learning and wellness collegiate community: What We Talk About When We Talk About Books Leah Price, 2019-08-20 Reports of the death of reading are greatly exaggerated Do you worry that you've lost patience for anything longer than a tweet? If so, you're not alone. Digital-age pundits warn that as our appetite for books dwindles, so too do the virtues in which printed, bound objects once trained us: the willpower to focus on a sustained argument, the curiosity to look beyond the day's news, the willingness to be alone. The shelves of the world's great libraries, though, tell a more complicated story. Examining the wear and tear on the books that they contain, English professor Leah Price finds scant evidence that a golden age of reading ever existed. From the dawn of mass literacy to the invention of the paperback, most readers already skimmed and multitasked. Print-era doctors even forbade the very same silent absorption now recommended as a cure for electronic addictions. The evidence that books are dying proves even scarcer. In encounters with librarians, booksellers and activists who are reinventing old ways of reading, Price offers fresh hope to bibliophiles and literature lovers alike. Winner of the Phi Beta Kappa Christian Gauss Award, 2020

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