

epiphany wellness drug alcohol rehab new jersey

Epiphany Wellness Drug & Alcohol Rehab New Jersey: Finding Your Path to Recovery

Are you, or someone you love, struggling with addiction in New Jersey? The journey to recovery can feel overwhelming, but finding the right support system is crucial. This comprehensive guide focuses on Epiphany Wellness, a drug and alcohol rehab center in New Jersey, exploring its programs, facilities, and what sets it apart. We'll delve into the crucial aspects of choosing a rehab facility, highlighting what to look for to ensure you or your loved one receives the best possible care. If you're searching for "Epiphany Wellness drug & alcohol rehab New Jersey," this post is your starting point for understanding their offerings and navigating the complexities of addiction treatment.

Understanding the Challenges of Addiction in New Jersey

Addiction is a serious public health crisis affecting communities across New Jersey. The state faces unique challenges, including high rates of opioid abuse and readily available substances. The stigma surrounding addiction often prevents individuals from seeking help, delaying crucial treatment and impacting recovery outcomes. This is why choosing a compassionate and effective rehab center like Epiphany Wellness is paramount. The right environment can foster healing, provide hope, and ultimately lead to lasting sobriety.

Epiphany Wellness: A Closer Look at the New Jersey Rehab Center

Epiphany Wellness, located in [Insert Location in NJ - City & County if possible], stands out as a comprehensive addiction treatment center. While specific details of their programs might vary and are best confirmed directly with the facility, we can explore the common features that typically define high-quality rehabs and what you might expect from Epiphany Wellness.

Program Types Offered (General Overview - Verify with Epiphany Wellness Directly):

Inpatient Treatment: This typically involves 24/7 residential care, allowing for intensive therapy and monitoring during the initial stages of recovery. Expect a structured daily schedule encompassing individual and group therapy, medication management (if needed), and support groups.

Outpatient Treatment: This provides a flexible option for those who can manage their daily lives while attending regular therapy sessions and support meetings. Outpatient programs typically involve a less intense level of supervision than inpatient programs.

Dual Diagnosis Treatment: Many individuals struggling with addiction also experience co-occurring mental health disorders. Epiphany Wellness likely offers dual diagnosis treatment, addressing both the addiction and the mental health condition simultaneously. This integrated approach is crucial for comprehensive and long-lasting recovery.

Aftercare Planning: Successful long-term recovery requires ongoing support. A reputable rehab center, like Epiphany Wellness, should provide aftercare planning, including connections to support groups, sober living environments, and ongoing therapy options. This helps prevent relapse and ensures continued progress after completing the primary treatment program.

Therapy Modalities and Approaches (General Overview - Verify with Epiphany Wellness Directly):

High-quality rehab facilities utilize a variety of therapeutic approaches tailored to individual needs. You might expect Epiphany Wellness to offer some combination of the following:

Cognitive Behavioral Therapy (CBT): This helps individuals identify and change negative thought patterns and behaviors that contribute to addiction.

Dialectical Behavior Therapy (DBT): Especially helpful for individuals struggling with emotional regulation and self-harm, DBT teaches coping mechanisms and mindfulness techniques.

Motivational Interviewing: This client-centered approach helps individuals explore their reasons for wanting change and build their intrinsic motivation for recovery.

12-Step Facilitation: This incorporates the principles of 12-step programs like Alcoholics Anonymous and Narcotics Anonymous, offering a strong support network.

Family Therapy: Involving family members in the treatment process can improve communication and provide a supportive environment for the recovering individual.

Facility Amenities and Environment:

The environment of a rehab center significantly impacts the healing process. Look for a facility that provides a comfortable, supportive, and safe setting. While specific details about Epiphany Wellness' facilities are best obtained through direct contact, you might expect features conducive to healing and relaxation, potentially including comfortable living spaces, recreational areas, and a peaceful atmosphere.

Choosing the Right Drug and Alcohol Rehab in New Jersey

Finding the right rehab is a critical step in the recovery journey. Beyond looking at program types and amenities, consider the following:

Accreditation and Licensing: Ensure the facility is properly licensed and accredited by reputable organizations. This indicates adherence to professional standards and quality of care.

Staff Qualifications: The team should include licensed therapists, counselors, and medical professionals with experience in addiction treatment.

Client Testimonials and Reviews: Reading reviews and testimonials can provide valuable insights into the experiences of past clients.

Insurance Coverage: Check with your insurance provider to determine what services are covered and if Epiphany Wellness is in their network.

Location and Accessibility: Consider the location of the facility and its accessibility for yourself or your loved one.

Conclusion: Your Path to Recovery Starts Now

Choosing a drug and alcohol rehab is a significant decision. Epiphany Wellness offers a potential pathway towards recovery, but thorough research and direct communication with the facility are essential before committing to their services. Remember, seeking help is a sign of strength, and a supportive rehab environment can provide the tools and resources necessary to build a healthier, happier life free from addiction.

FAQs:

1. What types of insurance does Epiphany Wellness accept? You should contact Epiphany Wellness directly to inquire about accepted insurance plans.
1. What is the average length of stay at Epiphany Wellness? The length of stay varies depending on individual needs and the chosen program. Contact Epiphany Wellness for specific information.
1. Does Epiphany Wellness offer specialized programs for specific addictions? It's recommended to contact Epiphany Wellness to understand their specialization and whether they offer specific programs tailored to various addictions.

1. What are the visiting hours at Epiphany Wellness? Visiting hours are subject to change and should be confirmed directly with the facility.

1. How can I get more information about Epiphany Wellness and their programs? The best way to obtain comprehensive information is to visit their website or contact them directly via phone or email.

Disclaimer: This blog post is for informational purposes only and does not constitute medical advice. Always consult with a healthcare professional before making any decisions related to your health or treatment. The information provided about Epiphany Wellness is based on general knowledge of addiction treatment centers and should be verified directly with the facility.

epiphany wellness drug alcohol rehab new jersey: Pelvic Pain Explained Stephanie A. Prendergast, Elizabeth H. Akincilar, 2017-11-28 Pelvic pain is more ubiquitous than most people think and yet many suffer in silence because they don't know there is help or they are too embarrassed to seek it. This book looks at the variety of problems that can lead to pelvic pain, and how to address the issues when they arise.

epiphany wellness drug alcohol rehab new jersey: The Cambridge Handbook of Applied Psychological Ethics Mark M. Leach, Elizabeth Reynolds Welfel, 2018-03-15 The Cambridge Handbook of Applied Psychological Ethics is a valuable resource for psychologists and graduate students hoping to further develop their ethical decision making beyond more introductory ethics texts. The book offers real-world ethical vignettes and considerations. Chapters cover a wide range of practice settings, populations, and topics, and are written by scholars in these settings. Chapters focus on the application of ethics to the ethical dilemmas in which mental health and other psychology professionals sometimes find themselves. Each chapter introduces a setting and gives readers a brief understanding of some of the potential ethical issues at hand, before delving deeper into the multiple ethical issues that must be addressed and the ethical principles and standards involved. No other book on the market captures the breadth of ethical issues found in daily practice and focuses entirely on applied ethics in psychology.

epiphany wellness drug alcohol rehab new jersey: Families in Court Meredith Hofford, 1989

epiphany wellness drug alcohol rehab new jersey: Roll Models Richard Holicky, 2004 I thought life was pretty much over. Paul Herman I was afraid people wouldn't see me for who I still was. Cathy Green I didn't need this to be a better person. Susan Douglas I wasn't sure I wanted to live "this way." Kevin Wolitzky The above four people and 49 more just like them went on to find high levels of success and lead satisfying lives. Together they tell 53 stories of moving forward to meet all the challenges, fears, obstacles, and problems common to the life-altering circumstances after spinal cord injury, and doing it without benefit of wealth, large settlements or solid health coverage. Ranging in age from 21 to 67, disabled from three to 48 years they share 931 years of disability experience. Roll Models is a valuable new resource for recently injured people and their families, and for nurses, therapists, psychologists and all other professionals who treat, work with and care for people with spinal cord injury. Straight from the horse's mouth, survivors explore their

experiences with disability and answer many questions those in rehab are asking: Early Thoughts What were your thoughts immediately following injury? What were your initial thoughts and reactions regarding SCI and the future? The First Years What were your biggest fears during that first year or so? How did you get past those early fears? Changes, Obstacles and Solutions How much different are you now, compared to how you were before injury? What's been the biggest obstacle? How did you address these obstacles? Finding What Works What have been the most difficult things for you to deal with since injury? What's the worst thing about having an SCI and using a chair? What's been your biggest loss due to injury? Is SCI the worst thing that ever happened to you? Tell me something about your problem solving skills. How do you deal with stress? What do you do to relieve stress? Salvations, Turning Points and More Was there any one thing that was your salvation or key to your success? Was there a turning point for you when you began to feel things were going to get better? What personal factors, habits and beliefs have helped you the most? SCI and Meaning Do you find any meaning, purpose or lessons in your disability? Did any positive opportunities come your way because of your injury? What's your greatest accomplishment? What are you most proud of? A wonderful roadmap with many alternate routes to living and thriving with SCI. Minna Hong, SCI survivor and Peer Support Coordinator/Vocational Liaison, Shepherd Center Avoids the trap of providing a "one size fits all mentality" and provides solutions as varied as the individuals used as examples. Accentuates the positives while not sugar coating the difficulties. Essential reading. Jeff Cressy SCI survivor and Director of Consumer and Community Affairs, SCI Project, Rancho Los Amigos A great resource for people as they venture out into the world, or search for meaning and a deeper, richer life. Filled with examples of real people and their real experiences. Terry Chase, ND, RN; SCI survivor; Patient & Family Education Program Coordinator, Craig Hospital A wonderful tool for the newly spinal cord injured individual, as well as the therapists and counselors working with them. This certainly hits the mark in capturing important survival strategies. Jack Dahlberg, SCI survivor, Past President of the National Spinal Cord Injury Association Artfully crafted and organized, Roll Models sensitively portrays life following spinal cord injury. Informative, creative, sensitive, as well as infused with humor and a kind heart. Recommended with my highest accolades. Lester Butt, Ph.D., ABPP, Director of the Department of Psychology, Craig Hospital

epiphany wellness drug alcohol rehab new jersey: Soldiers' and Sailors' Civil Relief Act United States, United States. Congress. House. Committee on Veterans' Affairs, 1972

epiphany wellness drug alcohol rehab new jersey: Unclaimed Children Jane Knitzer, Lynn Olson, 1982

epiphany wellness drug alcohol rehab new jersey: *Organic Chemistry I For Dummies* Arthur Winter, 2016-05-13 *Organic Chemistry I For Dummies*, 2nd Edition (9781119293378) was previously published as *Organic Chemistry I For Dummies*, 2nd Edition (9781118828076). While this version features a new Dummies cover and design, the content is the same as the prior release and should not be considered a new or updated product. The easy way to take the confusion out of organic chemistry *Organic chemistry* has a long-standing reputation as a difficult course. *Organic Chemistry I For Dummies* takes a simple approach to the topic, allowing you to grasp concepts at your own pace. This fun, easy-to-understand guide explains the basic principles of organic chemistry in simple terms, providing insight into the language of organic chemists, the major classes of compounds, and top trouble spots. You'll also get the nuts and bolts of tackling organic chemistry problems, from knowing where to start to spotting sneaky tricks that professors like to incorporate. Refreshed example equations New explanations and practical examples that reflect today's teaching methods Fully worked-out organic chemistry problems Baffled by benzines? Confused by carboxylic acids? Here's the help you need—in plain English!

epiphany wellness drug alcohol rehab new jersey: Girl Walks Out of a Bar Lisa F. Smith, 2016-06-07 Lisa Smith was a bright, young lawyer at a prestigious firm in NYC in the early nineties when alcoholism started to take over her life. What was once a way of escaping her insecurity and negativity became a means of coping with the anxiety and stress of an impossible workload. Girl

Walks Out of a Bar is Smith's darkly comic and wrenchingly honest story of her formative years, the decade of alcohol and drug abuse, divorce, and her road to recovery. Smith describes how her spiraling circumstances conspired with her predisposition to depression and self-medication, nurturing an environment ripe for addiction to flourish. *Girl Walks Out of a Bar* is a candid portrait of alcoholism through the lens of gritty New York realism. Beneath the façade of success lies the reality of addiction.

epiphany wellness drug alcohol rehab new jersey: Methland Nick Reding, 2009-07-01 A New York Times Bestseller Winner of the Chicago Tribune Heartland Prize Winner of the Hillman Prize for Book Journalism Named a best book of the year by: the Los Angeles Times the San Francisco Chronicle the Saint Louis Post-Dispatch the Chicago Tribune the Seattle Times A stunning look at a problem that has dire consequences for our country."-New York Post The dramatic story of Methamphetamine as it comes to the American Heartland-a timely, moving, account of one community's attempt to confront the epidemic and see their way to a brighter future. Crystal methamphetamine is widely considered to be the most dangerous drug in the world, and nowhere is that more true than in the small towns of the American heartland. *Methland* is the story of the drug as it infiltrates the community of Oelwein, Iowa (pop. 6,159), a once-thriving farming and railroad community. Tracing the connections between the lives touched by meth and the global forces that have set the stage for the epidemic, *Methland* offers a vital and unique perspective on a pressing contemporary tragedy. Oelwein, Iowa is like thousand of other small towns across the county. It has been left in the dust by the consolidation of the agricultural industry, a depressed local economy and an out-migration of people. If this wasn't enough to deal with, an incredibly cheap, long-lasting, and highly addictive drug has come to town, touching virtually everyone's lives. Journalist Nick Reding reported this story over a period of four years, and he brings us into the heart of the town through an ensemble cast of intimately drawn characters, including: Clay Hallburg, the town doctor, who fights meth even as he struggles with his own alcoholism; Nathan Lein, the town prosecutor, whose case load is filled almost exclusively with meth-related crime, and Jeff Rohrick, who is still trying to kick a meth habit after four years. *Methland* is a portrait of a community under siege, of the lives the drug has devastated, and of the heroes who continue to fight the war. It will appeal to readers of David Sheff's bestselling *Beautiful Boy*, and serve as inspiration for those who believe in the power of everyday people to change their world for the better.

epiphany wellness drug alcohol rehab new jersey: *Homesick* Jenny Lauren, 2004-04-06 This startlingly plainspoken and unflinching first-person account by the niece of fashion icon Ralph Lauren details a wrenching struggle with anorexia and bulimia -- and speaks powerfully to a widespread failure by the medical community to understand eating disorders. With captivating blue eyes and dark hair, Jenny Lauren looked as though she'd stepped out of one of the glossy ads for which her uncle is famous. It was not long, however, before Jenny found herself in a world where it was easy to see herself as less than perfect. As a young dancer, she felt insecure that her muscular frame did not seem to measure up to the slim figures of the other girls. She was ten years old when she first starved herself. Although there were brief periods of recovery, Jenny spent much of her teens and early twenties bingeing, purging, and compulsively exercising. In 1997, her body finally broke down after years of relentless ravaging; her small intestine herniated. She could barely walk. But physician after physician told Jenny her ailments were largely in her head. Eventually Jenny's condition was connected to her eating disorder and the resulting strain on her digestive system, but it was too late -- irreparable damage appeared to have been done. Although *Homesick* centers around Jenny's struggle with an eating disorder, as well as the dramatic surgery she was forced to undergo as a consequence, it is a much larger story that focuses on universal issues: the intricacies of family ties, the pressures of society, the search for selfhood, and ultimately, the power of finding hope. From the New York fashion shows to the art galleries of Santa Fe, from the Mayo Pain Management Clinic in Minnesota to the healing sanctuaries in Brazil, Jenny takes the reader on a cinematic odyssey to self-discovery. With flashes of wit and a knowing beyond its young writer's years, *Homesick* is a riveting and emotionally complex story of pain and tentative, hard-won

recovery.

epiphany wellness drug alcohol rehab new jersey: The Academic Medicine Handbook

Laura Weiss Roberts, 2013-04-04 Attaining professional success and finding personal happiness in academic medicine is not an easy path, yet both are critical if the future is to be brighter through better science, better clinical care, better training, better responsiveness to communities, and better stewardship and leadership in the health professions. This concise, easy to read title consists of "mini" chapters intended as a resource to assist early- and middle-career physicians, clinicians, and scientists in understanding the unique mission of academic medicine and building creative, effective, and inspiring careers in academic health organizations. Organized in eight sections, the Guide covers such areas as finding your path in academic medicine, getting established at an institution, approaching work with colleagues, writing and reviewing manuscripts, conducting empirical research, developing administrative skills, advancing your academic career, and balancing your professional and personal life. Each chapter includes pointers and valuable career and "best practices" strategies in relation to the topic area. An exciting addition to the professional development literature, *Achievement and Fulfillment in Academic Medicine: A Comprehensive Guide* is an indispensable resource for anyone seeking to achieve a fulfilling career in academic medicine.

epiphany wellness drug alcohol rehab new jersey: Comprehensive Handbook of Social Work and Social Welfare, Human Behavior in the Social Environment, 2008-05-16 Comprehensive Handbook of Social Work and Social Welfare, Volume 2: The Profession of Social Work features contributions from leading international researchers and practitioners and presents the most comprehensive, in-depth source of information on the field of social work and social welfare.

epiphany wellness drug alcohol rehab new jersey: American Therapy Jonathan Engel, 2008 A comprehensive history of psychotherapy in the United States outlines the ways in which Freud's theories are profoundly influencing mental health in America, in a chronicle that also covers such topics as psychosurgery, Gestalt therapy, and psychopharmacology. 15,000 first printing.

epiphany wellness drug alcohol rehab new jersey: Hospital-Based Emergency Care

Institute of Medicine, Board on Health Care Services, Committee on the Future of Emergency Care in the United States Health System, 2007-05-03 Today our emergency care system faces an epidemic of crowded emergency departments, patients boarding in hallways waiting to be admitted, and daily ambulance diversions. Hospital-Based Emergency Care addresses the difficulty of balancing the roles of hospital-based emergency and trauma care, not simply urgent and lifesaving care, but also safety net care for uninsured patients, public health surveillance, disaster preparation, and adjunct care in the face of increasing patient volume and limited resources. This new book considers the multiple aspects to the emergency care system in the United States by exploring its strengths, limitations, and future challenges. The wide range of issues covered includes: • The role and impact of the emergency department within the larger hospital and health care system. • Patient flow and information technology. • Workforce issues across multiple disciplines. • Patient safety and the quality and efficiency of emergency care services. • Basic, clinical, and health services research relevant to emergency care. • Special challenges of emergency care in rural settings. Hospital-Based Emergency Care is one of three books in the Future of Emergency Care series. This book will be of particular interest to emergency care providers, professional organizations, and policy makers looking to address the deficiencies in emergency care systems.

epiphany wellness drug alcohol rehab new jersey: Full Preparation, 2001

epiphany wellness drug alcohol rehab new jersey: The Lonely Entrepreneur Michael Dermer, 2016-05-27 ENTREPRENEUR IS NOT A JOB, IT IS AN IDENTITY MICHAEL DERMER Do you feel.....that you have a great business but are struggling to thrive'...that the world is on your shoulders'...that you are energized and overwhelmed at the same time'...that no one understands or cares as much as you do? In *The Lonely Entrepreneur*, author and entrepreneur Michael Dermer shows you how to thrive in the entrepreneurial struggle by changing your perspective. What took a decade to build was destroyed in ten days! Michael faced the perfect storm of struggles when the business he spent ten years building was almost wiped out in ten days by the financial crisis of

2008. Bankrupt customers. Enraged investors. Angry creditors. It would take years of working 24 hours a day to save his company. How did he do it? THE DIFFERENCE BETWEEN SUCCESS AND FAILURE IS YOUR PERSPECTIVE Michael changed his perspective. He realized that with the right perspective, solutions were everywhere. With the wrong perspective, the simplest of tasks seemed impossible. Not only did Michael successfully sell his company and become an industry pioneer, he discovered a methodology that helps all entrepreneurs with the issue we face--the struggle. In *The Lonely Entrepreneur* you will learn how to:

- * Identify the flawed perspectives you develop under the influence of the four Ps--pressure, passion, pleasure, and pain.
- * Change your perspectives from those that stifle progress to those that empower you to thrive.

epiphany wellness drug alcohol rehab new jersey: Counseling Military Families Lynn K. Hall, 2016-04-28 How does the military really work? What issues are constants for military families, and what special stresses do they face? *Counseling Military Families* provides the best available overview of military life, including demographic information and examples of military family issues. Chapters focus on vital issues such as the unique circumstances of reservists, career service personnel, spouses, and children, and present treatment models and targeted interventions tailored for use with military families. *Counseling Military Families* provides clinicians with the tools they need to make a difference in the lives of families in transition, including those who may have an ingrained resistance to asking for help and who may be available for counseling for a relatively short period of time.

epiphany wellness drug alcohol rehab new jersey: Community/public Health Nursing Mary Albrecht Nies, Melanie McEwen, 2007 *Community/Public Health Nursing: Promoting the Health of Populations*, 4th Edition focuses on the issues and responsibilities of contemporary community/public health nursing. Its emphasis on working with populations combined with the unique upstream preventive approach prepares the reader to assume an active role in caring for the health of clients in community and public settings. Plus, the new full-color design highlights special features and enhances content. Features photo-novellas to engage students and demonstrate applications of important community health nursing concepts. Provides detailed case studies that emphasize community aspects of all steps of the nursing process to promote the community perspective in all health situations. Examines issues of social justice and discusses how to target inequalities in arenas such as education, jobs, and housing to prepare students to function in a community-focused health care system. Demonstrates the use of theoretical frameworks common to community and public health nursing showing how familiar and new theory bases can be used to solve problems and challenges in the community. Illustrates real-life situations with highlighted Clinical Examples depicting today's community/public health care. Discussion of Levels of Prevention presented within the Case Studies address specific applications for each level. Provides Learning Activities at the end of each chapter to challenge students to apply chapter material outside the classroom. Includes a disaster management and preparedness chapter to examine this important new area of concern and responsibility in community health. Offers content on forensic nursing to explore this new subspecialty in community health. Summarizes research study findings pertinent to chapter topics in Research Highlights boxes. Highlights specific ethical issues in Ethical Insights boxes. Presents Healthy People 2010 objectives in feature boxes in appropriate chapters. Provides a Media Resources section at the front of each chapter that details the numerous Evolve components available to students. Chapter outline added to the front of chapters makes locating information in the chapter easier.

epiphany wellness drug alcohol rehab new jersey: National Directory of Nonprofit Organizations, 2000

epiphany wellness drug alcohol rehab new jersey: Food As Medicine Guru Dharma Singh Khalsa, 2010-05-11 A holistic approach to healing through making smart food choices by health guru Dr. Dharma Singh Khalsa that combines spiritual advice and integrative medicine to provide healthful recipes and nutrition plans targeting common and chronic illnesses for a longer, healthier, natural life. Did you know that blueberries can increase brain longevity? That kiwi fruit can be an

excellent weapon for battling cancer and heart disease? That pears can help prevent fibroid tumors? From the bestselling author of *Meditation as Medicine*, comes a remarkable book that helps you achieve maximum health by eating well. Grounded in science, *Food as Medicine* is a pragmatic and accessible reference that sets readers on the right nutritional path. Dr. Khalsa then explains how to use natural organic juices and foods as medicine, and how food can help reverse the progress or diminish the symptoms of certain diseases, such as Alzheimer's and Hepatitis C. Drawing on patient case histories, *Food as Medicine* outlines the seven principles of The Khalsa Plan for healthy eating, details ailment-specific nutritional plans, and lays out dozens of delicious recipes that promote overall well-being. After all, food is not only the original medicine -- it's the best medicine.

epiphany wellness drug alcohol rehab new jersey: Free Trade Under Fire Douglas A. Irwin, 2020-04-14 An updated look at global trade and why it remains as controversial as ever Free trade is always under attack, more than ever in recent years. The imposition of numerous U.S. tariffs in 2018, and the retaliation those tariffs have drawn, has thrust trade issues to the top of the policy agenda. Critics contend that free trade brings economic pain, including plant closings and worker layoffs, and that trade agreements serve corporate interests, undercut domestic environmental regulations, and erode national sovereignty. Why are global trade and agreements such as the Trans-Pacific Partnership so controversial? Does free trade deserve its bad reputation? In *Free Trade under Fire*, Douglas Irwin sweeps aside the misconceptions that run rampant in the debate over trade and gives readers a clear understanding of the issues involved. In its fifth edition, the book has been updated to address the sweeping new policy developments under the Trump administration and the latest research on the impact of trade.

epiphany wellness drug alcohol rehab new jersey: Allen Carr's Easy Way to Stop Smoking Allen Carr, 2009 The revolutionary international bestseller that will stop you smoking - for good. 'If you follow my instructions you will be a happy non-smoker for the rest of your life.' That's a strong claim from Allen Carr, but as the world's leading and most successful quit smoking expert, Allen was right to boast! Reading this book is all you need to give up smoking. You can even smoke while you read. There are no scare tactics, you will not gain weight and stopping will not feel like deprivation. If you want to kick the habit then go for it. Allen Carr has helped millions of people become happy non-smokers. His unique method removes your psychological dependence on cigarettes and literally sets you free. Accept no substitute. Five million people can't be wrong.

epiphany wellness drug alcohol rehab new jersey: Dermatologic Surgery Allison T Vidimos, Christie T. Ammirati, Christine Poblete-Lopez, 2008-11-03 This title in the *Requisites in Dermatology* series is the perfect resource for quick reference and rapid review in dermatologic surgery. It succinctly presents all of the most essential clinical and foundational knowledge you need for certification, recertification, or practice. An extremely user-friendly full-color format, replete with full-color clinical photographs and other pertinent illustrations, makes it easy to locate and read up on any topic. Plus, full-text online access lets you consult the book from any computer, download all of the images, watch online lectures, and more. Expert discussions guide you through the diagnosis and indications for operative treatment, then give clear guidance on performing the most important and commonly used techniques. Full-color photographs depict significant details of clinical presentation, operative technique, and postoperative outcome. A highly user-friendly full-color format and a consistent chapter template guide you effortlessly through all the information you need to know about any topic. Key Points call attention to the most important takeaways" in each chapter. Abundant algorithms streamline diagnostic and therapeutic decision making. The book's compact size makes it equally convenient for reference in the office, clinic, laboratory, or break room. Full-text online access lets you consult the book from any computer, perform quick searches, download all of the illustrations, and clip content for download onto your handheld device. You'll also find online lectures from the chapter authors, self tests, additional downloadable figures, and other exciting materials. Your purchase entitles you to access the web site until the next edition is published, or until the current edition is no longer offered for sale by Elsevier, whichever occurs first. If the next edition is published less than one year after your purchase, you will be entitled to

online access for one year from your date of purchase. Elsevier reserves the right to offer a suitable replacement product (such as a downloadable or CD-ROM-based electronic version) should online access to the web site be discontinued.

epiphany wellness drug alcohol rehab new jersey: Mind Myths Sergio Della Sala, 1999-06-02 Mind Myths shows that science can be entertaining and creative. Addressing various topics, this book counterbalances information derived from the media with a 'scientific view'. It contains contributions from experts around the world.

epiphany wellness drug alcohol rehab new jersey: Becoming a Neuropsychologist John A. Bellone, Ryan Van Patten, 2021-03-08 Becoming a Neuropsychologist is the first comprehensive resource for students interested in pursuing a career in neuropsychology. Whether you are a student in high school, college, or graduate school, or a professional interested in a career change, this book will serve as your North Star to help you navigate on your journey. To this end, Part I answers the questions, What is Neuropsychology?, Why Neuropsychology?, and Where Do Neuropsychologists Work?, and ends with a discussion of the Challenges of Working in Neuropsychology. In Part II, you will find a step-by-step guide on how to move from where you are to the endpoint of working as a full-fledged neuropsychologist. Specifically, the authors provide concrete advice such as how to obtain adequate research and clinical training, how to apply to graduate school or doctoral internship programs, what criteria postdoctoral fellows need to meet to remain eligible for board certification, what questions to ask on interviews or when looking for your first job, and much more. The book is packed with action steps and advice for maximizing your training and avoiding common pitfalls along the way. As our field looks to expand diversity and representation in our ranks, my hat is off to John Bellone and Ryan Van Patten for not only extending an invitation to the party but also for providing a map for how to get here. —Kathleen Fuchs, PhD, ABPP “Drs. Bellone and Van Patten have distilled the complexities of neuropsychology career development into an eminently readable and understandable roadmap. —Glenn Smith, PhD, ABPP “An easy, accessible introduction into the field of neuropsychology...The authors’ open and personal accounts of their own journeys toward becoming clinical neuropsychologists read like a fireside chat with a beloved mentor.” —Jenn Davis, PhD, ABPP “Informative, witty, and inspiring. After reading this, I feel re-inspired and excited to be pursuing a career in this field. —Ilex Beltran-Najera, MA

epiphany wellness drug alcohol rehab new jersey: Leading Against the Grain Sonia Nieto, Melanie C. Brooks, John M. Heffron, Haiyan Qian, Allan Walker, Peter McLaren, Petar Jandric, Lisa Catherine Ehrich, Fenwick W. English, Atiya S. Strothers, Catherine A. Lugg, Susan C. Faircloth, Michelle D. Young, Bryan A. VanGronigen, Polly Hyslop, Brian Jarrett, Izhar Oplatka, Gaetane Jean-Marie, Catherine M. Marshall, Becca Merrill, Jackie M. Blount, Whitney McIntyre Miller, Margaret Grogan, Gloria Ladson-Billings, 2018 What new ideas and ways of thinking can educational leaders learn from great world leaders who have moved their societies to greater equity and expanded educational opportunity? In this lively, accessible volume, the editors have brought together an impressive group of senior and early-career educational scholars to study the lives and contributions of a wide range of outstanding historical and contemporary leaders from the United States and across the globe. This rich collection of brief biographical commentaries profiles leaders like Wangari Mathaai, John Tippeconic III, Fannie Lou Hamer, Saul Alinsky, Antonia Pantoja, Jimmy Carter, Golda Meir, Sun Yat Sen, José Rizal, and Jesus Christ. Each profile focuses on a single individual and includes (1) an introduction and biographical sketch, (2) a discussion of their context and activities as a leader, (3) a list of the key lessons we can learn from their leadership, and (4) an explanation of how these lessons are relevant for today. This unique collection bridges cultures, professions, and callings to help American education leaders create more just and equitable schools. Book Features: Profiles of a wide range of world leaders. Insights from leading educational scholars and practitioners. A diversity of international location, gender, race, and conceptual focus. An engaging style that bridges theory and practice—perfect for courses and training programs. Lessons school leaders can use to improve their practice.

epiphany wellness drug alcohol rehab new jersey: Outside Mental Health Will Hall,

1966-02-03 Outside Mental Health: Voices and Visions of Madness reveals the human side of mental illness. In this remarkable collection of interviews and essays, therapist, Madness Radio host, and schizophrenia survivor Will Hall asks, What does it mean to be called crazy in a crazy world? More than 60 voices of psychiatric patients, scientists, journalists, doctors, activists, and artists create a vital new conversation about empowering the human spirit by transforming society. Bold, fearless, and compellingly readable... a refuge and an oasis from the overblown claims of American psychiatry - Christopher Lane, author of Shyness: How Normal Behavior Became an Illness A terrific conversation partner. - Joshua Wolf Shenk, author of Lincoln's Melancholy: How Depression Challenged a President and Fueled His Greatness Brilliant...wonderfully grand and big-hearted. - Robert Whitaker, author of Anatomy of an Epidemic: Magic Bullets, Psychiatric Drugs, and the Astonishing Rise of Mental Illness in America Must-read for anyone interested in creating a more just and compassionate world. - Alison Hillman, Open Society Foundation Human Rights Initiative An intelligent, thought-provoking, and rare concept. These are voices worth listening to. - Mary O'Hara, The Guardian A new, helpful, liberating-and dare I say, sane-way of re-envisioning our ideas of mental illness. Paul Levy, Director of the Padmasambhava Buddhist Center, Portland, Oregon A fantastic resource for those who are seeking change. Dr. Pat Bracken MD, psychiatrist and Clinical Director of Mental Health Service, West Cork, Ireland

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