

henze chiropractic and wellness

Henze Chiropractic and Wellness: Your Path to Holistic Health

Are you tired of living with nagging aches, persistent pain, or that overall feeling of being "off"? Do you crave a healthier, more energetic life, but aren't sure where to start? Then you've come to the right place. This comprehensive guide delves into the world of Henze Chiropractic and Wellness, exploring how their holistic approach can help you achieve optimal well-being. We'll cover their services, philosophy, and the benefits of chiropractic care, all while providing you with the information you need to make informed decisions about your health journey.

Understanding Henze Chiropractic and Wellness: A Holistic Approach

Henze Chiropractic and Wellness isn't just about cracking backs; it's about addressing the root cause of your discomfort and promoting overall wellness. Their philosophy centers on the interconnectedness of the body's systems. They believe that when one area is out of alignment, it can affect other parts, leading to a cascade of problems. This holistic approach considers your lifestyle, diet, physical activity, and mental well-being, offering a personalized plan to restore balance and improve your quality of life. Forget the quick fixes; Henze Chiropractic and Wellness is committed to long-term health solutions.

Services Offered at Henze Chiropractic and Wellness

Henze Chiropractic and Wellness likely offers a range of services designed to address various health concerns. While specific services vary by practice, common offerings often include:

Chiropractic Adjustments: These gentle manipulations restore proper spinal alignment, relieving pressure on nerves and improving overall body function. Expect detailed assessments and customized treatment plans tailored to your individual needs.

Massage Therapy: Combining chiropractic care with massage therapy enhances muscle relaxation, reduces pain, and improves flexibility. This synergistic approach accelerates healing and promotes a deeper sense of well-being.

Physical Rehabilitation: Tailored exercises and stretches designed to improve strength, flexibility, and range of motion. This helps to prevent future injuries and enhance recovery.

Nutritional Counseling: Understanding the vital role nutrition plays in overall health. Personalized dietary recommendations can help optimize your body's function and support healing.

Acupuncture (potentially): Some chiropractic clinics offer acupuncture, a traditional Chinese medicine technique that involves inserting thin needles into specific points on the body to stimulate healing and reduce pain.

Other Complementary Therapies: Depending on the specific practice, you might find additional services like ergonomic assessments, lifestyle coaching, or other complementary therapies designed to support your holistic well-being.

The Benefits of Chiropractic Care: Beyond Back Pain Relief

While many associate chiropractic care with back pain, its benefits extend far beyond alleviating spinal discomfort. Regular chiropractic adjustments can significantly improve:

Posture: Improved posture reduces strain on your muscles and joints, preventing future pain and discomfort.

Flexibility and Range of Motion: Chiropractic adjustments can significantly improve your flexibility and range of motion, allowing you to move more freely and comfortably.

Headaches and Migraines: Many individuals experience relief from headaches and migraines through chiropractic care, which addresses underlying spinal misalignments that may contribute to these conditions.

Athletic Performance: Chiropractic care can enhance athletic performance by improving flexibility, range of motion, and reducing the risk of injury.

Reduced Stress and Anxiety: The holistic approach at Henze Chiropractic and Wellness likely incorporates techniques that reduce stress and anxiety, improving overall mental well-being.

Improved Sleep: By addressing underlying musculoskeletal issues, chiropractic care can promote better sleep quality.

Finding the Right Chiropractor for You

Choosing the right chiropractor is crucial. When considering Henze Chiropractic and Wellness or any other practice, consider:

Experience and Qualifications: Look for a chiropractor with extensive experience and appropriate qualifications. Check their credentials and reviews.

Treatment Philosophy: Ensure their approach aligns with your health goals and preferences. Do they embrace a holistic approach?

Patient Testimonials: Reading patient testimonials can offer valuable insights into the quality of care and patient experience.

Office Atmosphere: Visit the clinic to assess the environment and see if you feel comfortable.

Insurance Coverage: Check with your insurance provider to determine coverage for chiropractic services.

Conclusion: Embark on Your Journey to Wellness

Henze Chiropractic and Wellness offers a path towards achieving optimal health and well-being through a personalized and holistic approach. By addressing the root causes of your health concerns, rather than just treating symptoms, they empower you to take control of your health and live a more fulfilling life. Don't hesitate to contact Henze Chiropractic and Wellness to schedule a consultation and begin your journey towards a healthier, happier you.

Frequently Asked Questions (FAQs)

1. What should I expect during my first appointment at Henze Chiropractic and Wellness? Your first appointment will likely involve a thorough consultation to discuss your health history, current symptoms, and lifestyle. A physical examination will follow, which may include a neurological and orthopedic assessment to identify the root cause of your problems.
1. Is chiropractic care safe? When performed by a qualified and experienced chiropractor, chiropractic care is generally safe. However, like any healthcare intervention, there are potential risks, although they are minimal. Discuss any concerns with your chiropractor.
1. How often will I need chiropractic adjustments? The frequency of adjustments depends on your individual needs and the severity of your condition. Your chiropractor will create a personalized treatment plan outlining the recommended frequency of visits.

1. Does insurance cover chiropractic care? Many insurance plans cover at least some chiropractic services. Check with your provider to determine your coverage.

1. What if I'm not experiencing pain, but want to improve my overall well-being? Even if you're not experiencing pain, proactive chiropractic care can improve posture, flexibility, and overall well-being. Preventative care is a valuable investment in your long-term health.

henze chiropractic and wellness: Higher Education Opportunity Act United States, 2008

henze chiropractic and wellness: Beyond Natural Cures Aurore Henze, 2009-09-10 A health book that presents a non-supplement approach to naturally healing the body and mind. One of the first books to effectively address naturopathic psychotherapy. Dr. James DeMeo, author and natural scientist, describes it as a Unique approach that supports the larger concept of natural healing by bringing in the emotions and life energy. In a refreshingly personal yet highly researched and concise way, Dr. Aurore takes on mammoth and thought-provoking subject matter. A brave book that is easy to read, triumphant and thought-provoking.

henze chiropractic and wellness: *Integrative Pediatric Oncology* Alfred Längler, Patrick J. Mansky, Georg Seifert, 2012-12-13 This book covers a broad spectrum of complementary and alternative medicine (CAM) practices employed in pediatric oncology worldwide, with a special focus on the methods widely used in Western countries. It is a scientifically based, practice-oriented handbook that will meet the needs of pediatric oncologists working in medical practices and hospitals. An introductory section includes a comparative overview of current CAM use in pediatric oncology in different countries. Commonly used CAM methods are then discussed in a series of chapters that provide a theoretical description of the method in question, followed by more practically oriented information, including scientific data if applicable. Special attention is paid to the issue of how to integrate each method into conventional pediatric oncology. The closing parts of the book consider aspects of CAM requiring further development, such as institutional research, and provide a road map on establishing integrative pediatric oncology worldwide.

henze chiropractic and wellness: *CBP(R) Technique* Donald D. Harrison, Sanghak O. Harrison, 2002-01-01

henze chiropractic and wellness: Big Doctoring in America fitzhugh Mullan, 2002-10-01 The general practitioner was once America's doctor. The GP delivered babies, removed gallbladders, and sat by the bedsides of the dying. But as the twentieth century progressed, the pattern of medical care in the United States changed dramatically. By the 1960s, the GP was almost extinct. The later part of the twentieth century, however, saw a rebirth of the idea of the GP in the form of primary care practitioners. In this engrossing collection of oral histories and provocative essays about the past and future of generalism in health care, Fitzhugh Mullan—a pediatrician, writer, and historian—argues that primary care is a fascinating, important, and still endangered calling. In conveying the personal voices of primary care practitioners, Mullan sheds light on the political and economic contradictions that confront American medicine. Mullan interviewed dozens of primary care practitioners—family physicians, internists, pediatricians, nurse practitioners, and physician assistants—asking them about their lives and their work. He explains how, during the last forty

years, the primary care movement has emerged built on the principles of big doctoring--coordinated, comprehensive care over time. This book is essential reading for understanding core issues of the current health care dilemma. As our country struggles with managed care, market reforms, and cost containment strategies in medicine, Big Doctoring in America provides an engrossing and illuminating look at those in the trenches of the profession.

henze chiropractic and wellness: The Healing Environment Deborah Kirklin, Ruth Richardson, 2003 This book provides a framework for understanding the healing environment - not only that in which health care takes place but also the real contribution that the arts can make to those on a path of physical or mental healing.

henze chiropractic and wellness: Management of Dyslipidemia Wilbert S. Aronow, 2021-07-21 Dyslipidemia is a major risk factor for cardiovascular events, cardiovascular mortality, and all-cause mortality. The earlier in life dyslipidemia is treated, the better the prognosis. The current book is an excellent one on dyslipidemia written by experts on this topic. This book includes 12 chapters including 5 on lipids, 4 on hypercholesterolemia in children, and 3 on the treatment of dyslipidemia. This book should be read by all health care professionals taking care of patients, including pediatricians since atherosclerotic cardiovascular disease begins in childhood.

henze chiropractic and wellness: Handbook of Long Term Care of The Childhood Cancer Survivor Grace A. Mucci, Lilibeth R. Torno, 2015 This authoritative reference examines in depth the myriad challenges facing pediatric cancer survivors and proposes a robust framework for structured follow-up of these patients through adulthood. Approaches to long-term follow-up include both established models of care and targeted models of lifelong surveillance of late effects by bodily systems and neurological outcomes. Sections devoted to quality of life and re-entry after treatment focus on key concerns such as health risk behaviors, school and career issues, psychological challenges, and care disparities. And a robust resources section adds extra usefulness to the expert coverage. Among the Handbook's topics: • Developmental considerations in the transition from child and adolescent to adult survivorship. • Long-term follow-up roadmaps by disease and treatment. • Neuropsychological effects of pediatric brain tumors and associated treatment. • Building resiliency in childhood cancer survivors: a clinician's perspective. • School issues and educational strategies for survivors of childhood cancer. • Educating and preparing the childhood cancer survivor for long-term care: a curriculum model for cancer centers. A work of rare scope, scholarship, and clinical acumen, the Handbook of Long-Term Care of the Childhood Cancer Survivor is a rewarding, practice-building resource essential to a wide range of healing professionals, including primary care physicians, pediatricians, oncologists, nurses, psychologists, neuropsychologists, child psychologists, and licensed therapists. .

henze chiropractic and wellness: The 11 Laws of Likability Michelle Tillis Lederman, 2012 We all know that networking is important, and that forming relationships with others is a vital part of success. But sometimes it seems like networking removes all emotions from the equation and focuses only on immediate goals whereas the kind of relationships that have true staying power, give us joy, and support us in the long run are founded on simply liking each other. This book, featuring activities, self-assessment quizzes, and real-life anecdotes from professional and social settings, shows readers how to identify what's likable in themselves and create honest, authentic interactions.

henze chiropractic and wellness: Hospital Cost Containment United States. Congress. House. Committee on Ways and Means. Subcommittee on Health, 1977

henze chiropractic and wellness: The Toughest Show on Earth Joseph Volpe, Charles Michener, 2009-02-19 The Toughest Show on Earth is the ultimate behind-the-scenes chronicle of the divas and the dramas of New York's Metropolitan Opera House, by the remarkable man who rose from apprentice carpenter to general manager. Joseph Volpe gives us an anecdote-filled tour of more than four decades at the Met, an institution full of vast egos and complicated politics. With stunning candor, he writes about the general managers he worked under, his embattled rise to the top, the maneuverings of the blue-chip board, and his masterful approach to making a family of such artist-stars as Luciano Pavarotti, Plácido Domingo, Teresa Stratas, and Renee Fleming, and such

visionary directors as Franco Zeffirelli, Robert Wilson, and Julie Taymor. Intimate and frank, *The Toughest Show on Earth* is not only essential for music lovers, but for anyone who wants to understand the inner workings of the culture business.

henze chiropractic and wellness: Cactus and Pine Sharlot Mabridth Hall, 1911

henze chiropractic and wellness: Finding Your Seat at the Table Susan M. Harnett, Laureen P. Cantwell-Jurkovic, 2022-02-19 Service on Institutional Review Boards (IRB) and Institutional Animal Care and Use Committees (IACUC) is an uncommon activity for librarians. Even librarians who participate in institutional research activities in a supportive capacity or conduct their own original research as scholars themselves and are familiar with the IRB/IACUC research approval process, they may hesitate to participate more fully with these boards. There may be a perception that the work of the IRB and IACUC is too scientifically complex for librarians without an appropriate background. Library administrators may not advocate for librarian inclusion on the board for fear of additional burdens on the librarian's time; and university administrators might need some convincing of the librarian's suitability to perform this work. This book provides librarians with foundational knowledge of the IRB and IACUC, describes the work of these important committees, and expands librarians' conceptualization and knowledge of opportunities to create services and partnerships through participation. The book provides a progressively more comprehensive understanding of the work of these committees. Parts I and II discuss IRB and IACUC, respectively; their history, functions and membership. Part III highlights expanding roles for librarians on IRB and IACUC; and in institutional research activities. A special feature of this section describes the experiences of librarians, in their own words, who work with IRB or IACUC; what they have learned, how they have used their experiences to create partnerships and market library services; and what role they see for libraries and librarians in institutional research.

henze chiropractic and wellness: *Transforming Medical Library Staff for the Twenty-First Century* Melanie J. Norton, Nathan Rupp, 2017-12-20 The services provided by the twenty-first century medical library are evolving, from circulating print materials, interlibrary loan, and traditional reference desk services to services like in depth literature searches, systematic reviews, and research impact studies. To support these changing services, the medical library must re-evaluate, reassess and redeploy its staff, providing them with new opportunities to grow and develop in new areas to support the evolving needs of the library. However, staff cannot be expected to embrace new roles without buy in, training and without developing a plan for assessing whether or not they are successful in their new roles. *Transforming Medical Library Staff for the Twenty-First Century* focuses on how the medical library can redeploy its staff to support these new services through actively engaging and empowering them in the process. This book shares best practices in developing and motivating staff to accept and welcome the changing priorities of medical libraries.

henze chiropractic and wellness: The National Directory of Managed Care Organizations, 2001

henze chiropractic and wellness: Clarence Darrow Andrew E. Kersten, 2011-04-26 Clarence Darrow is best remembered for his individual cases, whether defending the thrill killers Leopold and Loeb or John Scopes's right to teach evolution in the classroom. In the first full-length biography of Darrow in decades, the historian Andrew E. Kersten narrates the complete life of America's most legendary lawyer and the struggle that defined it, the fight for the American traditions of individualism, freedom, and liberty in the face of the country's inexorable march toward modernity. Prior biographers have all sought to shoehorn Darrow, born in 1857, into a single political party or cause. But his politics do not define his career or enduring importance. Going well beyond the familiar story of the socially conscious lawyer and drawing upon new archival records, Kersten shows Darrow as early modernity's greatest iconoclast. What defined Darrow was his response to the rising interference by corporations and government in ordinary working Americans' lives: he zealously dedicated himself to smashing the structures and systems of social control everywhere he went. During a period of enormous transformations encompassing the Gilded Age and the

Progressive Era, Darrow fought fiercely to preserve individual choice as an ever more corporate America sought to restrict it.

henze chiropractic and wellness: *Veterans Equitable Resource Allocation System* , 2003

henze chiropractic and wellness: **High Level Wellness** Donald B. Ardell, 1979

henze chiropractic and wellness: Cross-border Health Insurance , 2004

henze chiropractic and wellness: **Elwha River Ecosystem and Fisheries Restoration Act** United States. Congress. Senate. Committee on Energy and Natural Resources, 1992

henze chiropractic and wellness: **Musician's Resource** Gwendolyn Freed, 1997 This guide to programmes for musicians and singers lists for each entry the name, address, phone, fax, e-mail address, and Web site of the programme, as well as application requirements, financial aid opportunities, and other details.

henze chiropractic and wellness: **The Poetry of Immanence** Robert Whalen, 2002-01-01 In this extensive study of two of the most celebrated seventeenth-century religious poets, Robert Whalen examines the role of sacrament in the formation of early modern religious subjectivity. For John Donne and George Herbert, sacramental topoi became powerful conceptual tools with which to explore both the intersection of spiritual and material aspects of human experience and their competing claims to Christianity. Whalen's argument builds upon his central idea of 'sacramental Puritanism, ' or the effort to cultivate a Calvinist sense of interiority through a fully ceremonial apparatus, and thereby to reconcile the potentially disparate imperatives of sacrament and devotion. Unique in its combination of current historiography and informed analysis, its attention to the sacramental features of Donne's 'secular' lyrics, and its advancement of sacramental thought as an important element of Renaissance English culture, *The Poetry of Immanence* illuminates a crucial dimension of the work of two major Stuart writers. In his comprehensive critical readings, Whalen offers a substantial contribution to the increasing study of religious themes and devotion in the literature of the early modern period.

henze chiropractic and wellness: **The Purposeful Graduate** Timothy Thomas Clydesdale, 2015-05-06 American higher education is more expensive than ever and the rewards seem to be diminishing daily. Sociologist Tim Clydesdale's new book, however, offers some rare good news: when colleges and universities meaningfully engage their organizational histories to launch sustained conversations with students about questions of purpose, the result is a rise in overall campus engagement and recalibration of post-college trajectories that set graduates on journeys of significance and impact. The book is based on a study of programs launched at 88 colleges and universities that invited students, faculty, staff, and administrators to incorporate questions of meaning and purpose into the undergraduate experience. The results were so positive that Clydesdale came away from the study arguing that every campus (religious or not) should engage students in a broad conversation about what it means to live an examined life. This conversation needs to be creative, intentional, systematic, and wide-ranging, he says, because for too long this core liberal educational task has been relegated to the margins, and its attendant religious or spiritual discourse banished from classrooms and quads, to the detriment of higher education's virtually universal mission: graduates marked by thoughtfulness, productivity, and engaged citizenship.

henze chiropractic and wellness: *Pediatric Anesthesia* Bruno Bissonnette, 2014-05-14 No longer merely a subspecialty, pediatric anesthesia is now a professional entity in its own right, as is amply demonstrated in this comprehensive addition to the medical and surgical literature. *Pediatric Anesthesia: Basic Principles-State of the Art-Future* comprises the contributions of 150 experts in the field from all over the world, providing this book with a truly global perspective. This textbook will help anesthesiologists already interested in pediatric anesthesia to the knowledge and skills inherent to the safe practice of anesthesia for infants and children.

henze chiropractic and wellness: **Waterlogged** Timothy Noakes, 2012-05-01 "Drink as much as you can, even before you feel thirsty. That's been the mantra to athletes and coaches for the past three decades, and bottled water and sports drinks have flourished into billion-dollar industries in

the same short time. The problem is that an overhydrated athlete is at a performance disadvantage and at risk of exercise-associated hyponatremia (EAH)—a potentially fatal condition. Dr. Tim Noakes takes you inside the science of athlete hydration for a fascinating look at the human body's need for water and how it uses the liquids it ingests. He also chronicles the shaky research that reported findings contrary to results in nearly all of Noakes' extensive and since-confirmed studies. In *Waterlogged*, Noakes sets the record straight, exposing the myths surrounding dehydration and presenting up-to-date hydration guidelines for endurance sport and prolonged training activities. Enough with oversold sports drinks and obsessing over water consumption before, during, and after every workout, he says. Time for the facts—and the prevention of any more needless fatalities.

henze chiropractic and wellness: *Man in Profile* Thomas Kunkel, 2015-04-28 WINNER OF THE SPERBER PRIZE • NAMED ONE OF THE BEST BOOKS OF THE YEAR BY SAN FRANCISCO CHRONICLE AND PUBLISHERS WEEKLY • This fascinating biography reveals the untold story of the legendary New Yorker profile writer—author of Joe Gould's Secret and Up in the Old Hotel—and unravels the mystery behind one of literary history's greatest disappearing acts. Born and raised in North Carolina, Joseph Mitchell was Southern to the core. But from the 1930s to the 1960s, he was the voice of New York City. Readers of The New Yorker cherished his intimate sketches of the people who made the city tick—from Mohawk steelworkers to Staten Island oystermen, from homeless intellectual Joe Gould to Old John McSorley, founder of the city's most famous saloon. Mitchell's literary sensibility combined with a journalistic eye for detail produced a writing style that would inspire New Journalism luminaries such as Gay Talese, Tom Wolfe, and Joan Didion. Then, all of a sudden, his stories stopped appearing. For thirty years, Mitchell showed up for work at The New Yorker, but he produced . . . nothing. Did he have something new and exciting in store? Was he working on a major project? Or was he bedeviled by an epic case of writer's block? The first full-length biography of Joseph Mitchell, based on the thousands of archival pages he left behind and dozens of interviews, *Man in Profile* pieces together the life of this beloved and enigmatic literary legend and answers the question that has plagued readers and critics for decades: What was Joe Mitchell doing all those years? By the time of his death in 1996, Mitchell was less well known for his elegant writing than for his J. D. Salinger-like retreat from the public eye. For thirty years, Mitchell had wandered the streets of New York, chronicling the lives of everyday people and publishing them in the most prestigious publication in town. But by the 1970s, crime, homelessness, and a crumbling infrastructure had transformed the city Mitchell understood so well and spoke for so articulately. He could barely recognize it. As he said to a friend late in life, "I'm living in a state of confusion." Fifty years after his last story appeared, and almost two decades after his death, Joseph Mitchell still has legions of fans, and his story—especially the mystery of his "disappearance"—continues to fascinate. With a colorful cast of characters that includes Harold Ross, A. J. Liebling, Tina Brown, James Thurber, and William Shawn, *Man in Profile* goes a long way to solving that mystery—and bringing this lion of American journalism out of the shadows that once threatened to swallow him. Praise for *Man in Profile* "[An] authoritative new biography [about] our greatest literary journalist . . . Kunkel is the ideal biographer of Joseph Mitchell: As . . . a writer and craftsman worthy of his subject."—Blake Bailey, The New York Times Book Review (Editor's Choice) "A richly persuasive portrait of a man who cared about everybody and everything."—London Review of Books "Mitchell's life and achievements are brought vividly alive in [this] splendid book."—Chicago Tribune "A thoughtful and sympathetic new biography."—Ruth Franklin, The Atlantic "Excellent . . . A first-rate Mitchell biography was very much in order."—The Wall Street Journal

henze chiropractic and wellness: *The First Year Out* Tim Clydesdale, 2008-09-15 Wild parties, late nights, and lots of sex, drugs, and alcohol. Many assume these are the things that define an American teenager's first year after high school. But the reality is really quite different. As Tim Clydesdale reports in *The First Year Out*, teenagers generally manage the increased responsibilities of everyday life immediately after graduation effectively. But, like many good things, this comes at a cost. Tracking the daily lives of fifty young people making the transition to life after high school, Clydesdale reveals how teens settle into manageable patterns of substance use and sexual activity;

how they meet the requirements of postsecondary education; and how they cope with new financial expectations. Most of them, we learn, handle the changes well because they make a priority of everyday life. But Clydesdale finds that teens also stow away their identities—religious, racial, political, or otherwise—during this period in exchange for acceptance into mainstream culture. This results in the absence of a long-range purpose for their lives and imposes limits on their desire to understand national politics and global issues, sometimes even affecting the ability to reconstruct their lives when tragedies occur. The First Year Out is an invaluable resource for anyone caught up in the storm and stress of working with these young adults.

henze chiropractic and wellness: *The Science of Chiropractic; Volume 1* Daniel David Palmer, 2018-10-11 This work has been selected by scholars as being culturally important and is part of the knowledge base of civilization as we know it. This work is in the public domain in the United States of America, and possibly other nations. Within the United States, you may freely copy and distribute this work, as no entity (individual or corporate) has a copyright on the body of the work. Scholars believe, and we concur, that this work is important enough to be preserved, reproduced, and made generally available to the public. To ensure a quality reading experience, this work has been proofread and republished using a format that seamlessly blends the original graphical elements with text in an easy-to-read typeface. We appreciate your support of the preservation process, and thank you for being an important part of keeping this knowledge alive and relevant.

henze chiropractic and wellness: *The Old Stone Fort* Archie P. McDonald, 1981 The Old Stone Fort played a part in the history of Fort Anahuac in a round-about way. In late July of 1832, Colonel Piedras had marched from Nacogdoches to the relief of Colonel Bradburn, who was under attack from the Anglo rebels in Anahuac. By the time he arrived, the garrison was ready to surrender. Returning home, Piedras feared another Anglo insurrection and ordered the civilians to turn in their firearms. This led to a confrontation and a running skirmish on the Angelina River. The Old Stone Fort was captured by the rabble and Piedras was forced to surrender several days later. The Battle of Nacogdoches was just one of the many early clashes against the Centralists.

henze chiropractic and wellness: *Once Upon a Town* Bob Greene, 2009-03-17 In search of the best America there ever was, bestselling author and award-winning journalist Bob Greene finds it in a small Nebraska town few people pass through today—a town where Greene discovers the echoes of the most touching love story imaginable: a love story between a country and its sons. During World War II, American soldiers from every city and walk of life rolled through North Platte, Nebraska, on troop trains en route to their ultimate destinations in Europe and the Pacific. The tiny town, wanting to offer the servicemen warmth and support, transformed its modest railroad depot into the North Platte Canteen. Every day of the year, every day of the war, the Canteen—staffed and funded entirely by local volunteers—was open from five a.m. until the last troop train of the day pulled away after midnight. Astonishingly, this remote plains community of only 12,000 people provided welcoming words, friendship, and baskets of food and treats to more than six million GIs by the time the war ended. In this poignant and heartwarming eyewitness history, based on interviews with North Platte residents and the soldiers who once passed through, Bob Greene tells a classic, lost-in-the-mists-of-time American story of a grateful country honoring its brave and dedicated sons.

henze chiropractic and wellness: *Teaching Clinical Reasoning* Robert L. Trowbridge, Joseph J. Rencic, Steven J. Durning, 2015 Chapter topics include: Clinical Reasoning and Diagnostic Error Theoretical Concepts to Consider in Providing Clinical Reasoning Instruction Developing a Curriculum in Clinical Reasoning Educational Approaches to Common Cognitive Errors General Teaching Techniques Assessment of Clinical Reasoning Faculty Development and Dissemination Lifelong Learning in Clinical Reasoning Remediation of Clinical Reasoning Novel Approaches and Future Directions Teaching Clinical Reasoning: Where do we go from here?

henze chiropractic and wellness: *From Controversy to Cutting Edge* Mark Lax, 2021-12 The F-111 is unique among the aircraft that the Royal Australian Air Force has operated throughout its history. Never before has one type had such a profound impact not only on the RAAF, but upon Australia's strategic policy outlook. From the moment it was ordered, however, the F-111 would be

shrouded in controversy. Cost blow-outs, delivery delays, technical problems and an undeserved poor reputation meant that the aircraft's place in the frontline of Australia's defence would be continually challenged. Despite the barbs, the aircraft survived to fly in Australia for nearly 40 years--a clear testimony to the skill and dedication of the men and women who flew, maintained and supplied it. As this amazing aircraft has now departed from service, its story can finally be told with full access to the range of official records regarding its acquisition and operation. The politics spanning fifty years of air force history, the controversies, and that media drama, have all been faithfully and unflinchingly described. Loved by the public, decried by armchair strategists, the F-111 has at last found its place in Australia's rich military history.

henze chiropractic and wellness: *Engaging Students Through Campus Libraries* Gayle Schaub, Hazel McClure, 2020-10-06 This collection of collaborative, high-impact learning experiences in information literacy teaches librarians how to engage students in hands-on, experiential learning. The Association of American Colleges and Universities (AAC&U) has identified 11 practices that are highly impactful to student learning to designate as high-impact educational practices (HIP). These practices engage students deeply in a meaningful, connected way to their work. Librarians teach and support student learning in many ways that assist these AAC&U practices, such as information literacy instruction for capstone, writing, and first-year seminars and research support for collaborative assignments and projects. *Engaging Students through Campus Libraries* calls attention to work in information literacy that goes beyond a traditional librarian role; it features librarians and faculty partners who engage in projects that highlight salient, experiential facets of the AAC&U practices in order to teach information literacy. In this book, librarians will learn high-impact, experiential learning models for working with students. They will understand how to think about and describe how AAC&U best practices are currently embodied in their organizations. They will also imagine future learning experiences for students with HIPs in mind, resulting in information literacy that is integrated into disciplinary work in a vital and transformative way.

henze chiropractic and wellness: *Illness is a Weapon* Eirik Saethre, 2013 Presents the everyday experience of disease in a remote Australian Aboriginal community. Explores the factors structuring ill health, the tactics individuals use to negotiate these realities, and the ways in which sickness is invoked to construct, manage, and challenge race relations--Provided by publisher.

henze chiropractic and wellness: *The Sex-Starved Marriage* Michele Weiner-Davis, 2004 'Not tonight, darling, I've got a headache...' An estimated one in three couples suffer from problems associated with one partner having a higher libido than the other. Marriage therapist Michele Weiner Davis has written *THE SEX-STARVED MARRIAGE* to help couples come to terms with this problem. Weiner Davis shows you how to address psychological factors like depression, poor body image and communication problems that affect sexual desire. With separate chapters for the spouse that's ready for action and the spouse that's ready for sleep, *THE SEX-STARVED MARRIAGE* will help you re-spark your passion and stop you fighting about sex. Weiner Davis is renowned for her straight-talking style and here she puts it to great use to let you know you're not alone in having marital sex problems. Bitterness or complacency about ho-hum sex can ruin a marriage, breaking the emotional tie of good sex.

henze chiropractic and wellness: *Haines San Mateo County Criss-cross Directory* , 2006

henze chiropractic and wellness: *Generalised Anxiety Disorder in Adults* National Collaborating Centre for Mental Health (Great Britain), 2011 This guideline is an update of NICEs previous guidance on generalised anxiety disorder (GAD). It reviews the evidence for low- and high-intensity psychological interventions and drug treatments, and also gives an insight into the experience of care of people with GAD, which is a common mental health problem and often co-occurs with other anxiety and depressive disorders. RCPsych Publications is the publishing arm of the Royal College of Psychiatrists (based in London, United Kingdom), which has been promoting excellence in mental health care since 1841. Produced by the same editorial team who publish *The British Journal of Psychiatry*, they sell books for both psychiatrists and other mental health

professionals; and also many written for the general public. Their popular series include the College Seminars Series, the NICE mental health guidelines and the Books Beyond Words series for people with intellectual disabilities.

henze chiropractic and wellness: Fresh from the Farm 6pk Rigby, 2006

henze chiropractic and wellness: Striving for Quality , 2002 This paper looks at a range of issues with respect to maintaining and improving the quality of teaching and learning in Australian higher education institutions. The higher education context has been changing with the shift from an elite system to a mass higher education system and student participation has also changed. Higher education is charged with producing graduates who possess the skills and knowledge to continue their individual development as well as contribute to the nation's economic, social and cultural development. Dialogue between institutions and stakeholders, including employers and professional associations, will ensure appropriate student outcomes for the needs of the future. This paper looks at the maintenance of appropriate academic standards and increased consistency in the method of assessment. It is suggested that there needs to be a renewed focus on scholarship in teaching and a professionalisation of teaching practice.

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