

is wellness a good cat food

Is Wellness a Good Cat Food? A Comprehensive Review

Are you scratching your head, trying to decipher the endless aisles of cat food at the pet store? Choosing the right food for your feline friend is a big decision, impacting their health, energy levels, and overall happiness. One brand that often pops up in conversations is Wellness. But is Wellness a good cat food? That's the question we'll tackle in this comprehensive review, exploring its ingredients, nutritional value, different lines, potential drawbacks, and ultimately, helping you decide if it's the right choice for your kitty. We'll dive deep into everything you need to know, so you can make an informed decision about your cat's diet.

Understanding Wellness Cat Food: A Brand Overview

Wellness Pet Food is a well-established brand known for its focus on natural ingredients and holistic pet nutrition. They market themselves as providing premium, high-quality food, steering clear of artificial colors, flavors, and preservatives. This commitment to natural ingredients is a major draw for many pet owners. However, the "natural" label doesn't tell the whole story. Let's delve deeper into what actually makes up Wellness cat food.

Ingredient Analysis: What's in the Bowl?

Wellness offers a range of cat food lines, each with its own formulation and price point. Analyzing specific ingredients across their lines reveals some common threads and some key differences. Generally, you'll find named meat sources (like chicken, turkey, or salmon) prominently listed near the top of the ingredient list. This is a positive sign, indicating a higher meat content, which is crucial for a cat's dietary needs.

However, the specific quality of the meat (e.g., is it rendered meat, meat meal, or fresh meat?) varies depending on the line. Some formulations utilize higher-quality protein sources compared to others. It's vital to carefully examine the ingredient list of the specific Wellness product you're considering. Look for whole meat sources rather than just meat by-products or meals. The presence of grains (like corn, wheat, or rice) will also vary depending on the formula. Grain-free options are available, catering to cats with sensitivities. Finally, paying attention to added vitamins and minerals is important; a balanced profile of these nutrients is essential for optimal cat health.

Wellness Cat Food Lines: A Closer Look

Wellness offers several distinct product lines, each targeted at different needs and budgets:

Wellness Complete Health: This line often features higher-quality protein sources and is generally considered a premium option. It's formulated for all life stages and typically boasts a higher meat content compared to other lines.

Wellness Simple: This line prioritizes simplicity, using a limited number of ingredients and focusing on

easily digestible proteins and carbohydrates. This is a good option for cats with sensitive stomachs or food allergies.

Wellness Core: This is often described as a super-premium option, emphasizing high protein levels, often from novel protein sources. This range is ideal for cats with specific dietary requirements or those who need a more nutrient-dense food.

Wellness Complete Health Kitten: Specifically designed for growing kittens, this formula provides the extra nutrients needed for healthy development.

Understanding these variations is crucial when deciding which Wellness product is right for your cat. Don't assume all Wellness foods are created equal – the ingredient list is key to choosing the best fit.

Potential Drawbacks of Wellness Cat Food

While Wellness generally receives positive reviews, it's not without potential drawbacks. The price point can be higher than many mainstream brands, making it a less accessible option for some pet owners. Furthermore, while they avoid artificial colors, flavors, and preservatives, the quality of the meat sources can vary across their different lines. Always check the ingredient list meticulously; some formulations might include less desirable ingredients further down the list. Finally, the lack of transparency regarding sourcing practices for some ingredients can be a concern for some pet owners.

Comparing Wellness to Other Brands

To properly assess whether Wellness is a good choice, it's helpful to compare it with other premium cat food brands. Brands like Orijen, Instinct, and Blue Buffalo often receive high praise for their ingredient quality and nutritional profiles. Comparing the ingredient lists of Wellness to these other brands can provide a valuable benchmark for determining the overall quality and value. Look at the protein content, the sources of those proteins, and the overall balance of nutrients.

Is Wellness Right for Your Cat? The Verdict

Ultimately, the question of whether Wellness is a "good" cat food depends on your individual cat's needs and your budget. For many cat owners, the focus on natural ingredients and the range of options make it an attractive choice. However, careful scrutiny of the ingredient list is paramount. Prioritize formulations with high-quality named meat sources near the top of the list, and be aware of the varying levels of quality across their different product lines. If you're unsure, consulting with your veterinarian can provide personalized guidance based on your cat's specific health requirements and dietary needs. Don't hesitate to compare Wellness to other brands and find the best overall fit for your furry companion.

Conclusion

Wellness cat food occupies a solid position in the premium cat food market. While it offers many positive aspects, including a commitment to natural ingredients and a wide range of formulations, thorough research and comparison shopping are essential before making a purchase. Paying close

attention to ingredient lists and considering your cat's individual needs are key to making the best decision for their health and wellbeing.

FAQs

1. Is Wellness cat food grain-free? Not all Wellness cat food is grain-free. Some lines include grains, while others are formulated as grain-free options. Carefully check the label of the specific product you are considering.
1. Does Wellness cat food contain artificial preservatives? Wellness actively avoids the use of artificial colors, flavors, and preservatives in their formulations. However, always double-check the ingredient list for any potential additives.
1. How does Wellness compare to other premium cat food brands? Wellness competes well with other premium brands, but a direct comparison of ingredient lists is essential. The quality and cost may vary across lines and brands.
1. Is Wellness cat food suitable for kittens? Yes, Wellness offers a specific line, "Wellness Complete Health Kitten," formulated to meet the nutritional demands of growing kittens.
1. Can I switch my cat to Wellness food immediately? It's best to gradually transition your cat to a new food, mixing it with their old food over several days to avoid digestive upset. Consult your vet if you have concerns.

is wellness a good cat food: Celiac and the Beast Erica Dermer, 2013-10 This book details the struggle through misdiagnosis after misdiagnosis, the search for answers to what gluten free really means, additional medical issues along with celiac disease, and a connection between her past life of disordered eating to her new medically restricted diet--Back cover.

is wellness a good cat food: The Whole Pet Diet Andi Brown, 2006-09-01 One in four pets is obese, and every year owners spends thousands of dollars treating allergies, joint problems, digestive disorders, and serious diseases that could improve dramatically with a nutritious diet. Yet despite promises of complete and balanced meals, most commercial pet foods contain chemical preservatives, indigestible fillers, and dangerous by-products. If your pets are overweight, ailing, or aging, or you just want them to be as healthy as possible, THE WHOLE PET DIET offers a straightforward plan to achieve lifelong health and well-being. Featuring twenty-five easy recipes for

homemade meals and treats, a guide to natural supplements, and practical tips for no-stress grooming and play, this holistic approach to pet care creates optimal health for dogs and cats, and it just might change the way you eat, too.

is wellness a good cat food: Health and Nutrition for Dogs and Cats David G. Wellock, 2013-04-11 While the internet provides pet parents with a great deal of information, finding and understanding that information can be like wading through a bog at midnight without a flashlight. In spite of the internet, pet parents remain desperate for valid resources. Health and Nutrition for Dogs and Cats is timely, informative, and delivers sensible information on topics of importance to all pet owners. From reading pet food labels to storing food, from understanding appropriate calorie intake to food allergies, David Wellock helps readers better understand the dietary needs of their dogs and cats. In recent years, Americans have come to pay more attention to the foods they eat. This trend toward a healthier lifestyle quickly found its way into the world of pet foods, allowing better diets to find success in the marketplace. However, the change has been somewhat perplexing for pet parents as they struggle to sort out the various, and sometimes misleading, messages surrounding the new foods available to their pets. Here, a seasoned expert in the care and feeding of dogs and cats, provides fact-filled, no nonsense, understandable information on the topics pet parents need to know in order to purchase and prepare food and develop an appropriate diet for their furry charges.

is wellness a good cat food: Dinner PAWsible Cathy Alinovi, Susan Thixton, 2015-05-19 There's a reason why pets beg at your table—they want real food! Not the kibble manufactured by pet food companies, drained of nutrients. If we are dedicated to preparing healthy meals for ourselves in the comfort and safety of our own kitchens, shouldn't we be doing the same for our pets? Dinner PAWsible is a collection of more than fifty cat and dog food recipes that will teach you how to whip up a fresh, balanced meal for your hungry critters. Written by a veterinarian certified in food therapy and an advocate for pet food safety, these recipes are also based on the National Research Council requirements for dogs and cats. Recipes for Dogs include: Turkey & Oats Lasagna Beef, Egg & Rice Chicken, Shrimp, and Veggies Salmon & Cabbage And more! Recipes for cats include: Turkey Meatloaf Turkey & Salmon Hash Steak & Eggs Fish Salad Gumbo And more! Debunk the myth that pet food companies are the only entities qualified to feed your pets. Instead, beat pet obesity, disease, and sickness by reaching into your pantry or refrigerator, turning on the stove, and starting to cook yourself! Making food at home will also decrease those exorbitant pet food bills. It's time to go back to the table. Know exactly what your pet is eating and serve it a variety of real food that it deserves. Be a responsible pet parent by balancing your pet's diet and pleasing its palate. Cooking for your pet is paws-ible!

is wellness a good cat food: *Your Cat: Simple New Secrets to a Longer, Stronger Life* Elizabeth M. Hodgkins, D.V.M., Esq., 2008-10-14 In this controversial new book, dedicated veterinarian Elizabeth M. Hodgkins, D.V.M., Esq. raises the alarm regarding the dry food we feed our cats and the nutritional diseases that result. *Your Cat: Simple New Secrets to a Longer, Stronger Life* turns today's conventional wisdom of cat care on its head with completely new, yet remarkably easy-to-follow guidelines for every cat owner. From kitten-rearing to the adult cat's middle years to caring for the geriatric cat, Dr. Hodgkins explores the full spectrum of proper cat care, as well as the many deadly feline diseases that are rampant. This indispensable manual belongs on every modern cat owner's shelf.

is wellness a good cat food: **Deep Nutrition** Catherine Shanahan, M.D., Luke Shanahan, 2017-01-03 Shanahan examined diets around the world known to help people live longer, healthier lives--diets like the Mediterranean, Okinawa, and 'Blue Zone'--and identified the four common nutritional habits, developed over millennia, that unfailingly produce strong, healthy, intelligent children, and active, vital elders, generation after generation. Dr. Cate shows how all calories are not created equal; food is information that directs our cellular growth. Our family history does not determine our destiny: what you eat and how you live can alter your DNA in ways that affect your health and the health of your future children. She offers a prescriptive plan for how anyone can begin eating The Human Diet.--

is wellness a good cat food: Food Pets Die for Ann N. Martin, 2008 The commercial pet food industry has a secret to hide -- and Ann Martin wants to make sure you know it. Her research reveals some startling facts: that the pet food industry conducts animal testing in order to improve their product, and includes euthanized cats and dogs in the mix to heighten protein content. In this revised and updated edition, Martin continues to explore the shocking processes by which commercial pet foods are produced. She offers alternative recipes for feeding pets, nutritional advice, and an exploration of Pet Peeves, in which she explores several scams aimed at pet owners. This groundbreaking book gives us a glimpse into exactly what we are doing when we buy pet food.

is wellness a good cat food: The Complete Guide to Holistic Cat Care Celeste Yarnall, Jean Hofve, 2009-09-01 Celeste Yarnall's time-tested natural and holistic expertise gives cat owners insight into natural alternatives in food, medication, alternative therapies, and healing practices, improving the lives of feline friends and well as their caregivers. With Dr. Jean Hofve, the esteemed holistic veterinarian, she explores nutrition as preventative medicine, vitamin and mineral supplements, herbal remedies, homeopathic treatments, and groundbreaking anti-aging modalities never before published in a pet care guide. The Complete Guide to Holistic Cat Care also includes a complete bibliography and a list of suppliers of holistic remedies and services. As with all other pet health guides, it is a comprehensive resource intended to complement veterinary care, not replace it.

is wellness a good cat food: Cats Galore Susan Herbert, 2015-09-25 An irresistible volume featuring illustrations of famous dramatis personae—with a feline twist What happens when a cat becomes the subject of da Vinci's Mona Lisa or takes the starring role in Hamlet or Lawrence of Arabia? Susan Herbert's feline interpretations of famous images from Western culture have charmed and amused readers for decades. Cats Galore brings together illustrations from the affectionately envisioned Pre-Raphaelite Cats, Shakespeare Cats, Movie Cats, and Opera Cats—as well as other delightful images of cats cast in scenes from art, theater, and film—into one delightful volume. Divided into three sections—Cats in Art, Cats on Stage, and Cats in the Movies—this is the ultimate compendium for cat-loving culture buffs and cultured pet owners alike. Works by Degas and van Gogh retain their distinctive styles in spite of the furry faces; cats shine in *Much Ado About Nothing* and *The Barber of Seville*; and a bushy-tailed James Dean in *Rebel Without a Cause* stares at the camera with the iconic cigarette in his mouth.

is wellness a good cat food: Whole Health For Happy Cats Sandy Arora, 2010-03-01 Domestic cats have high cancer rates, chronic disease, and immunodeficiency in spite of increased indoor living, plentiful food, and limited exposure to infectious agents and parasites. This book emphasizes prevention. To prevent disease, we try to make environmental and dietary choices that support the vital energy to the body. Obvious requirements include proper light, fresh air, and clean water as well as exercise, stimulation of the senses, and food that nourishes without harming. But meeting these requirements requires some effort. If it were a simple choice, many people would choose to treat and care for their pets with natural therapies. Unfortunately, most cat caregivers find the expectations and requirements of natural pet health care fairly imposing. *Whole Health for Happy Cats* provides the basic information you need to incorporate holistic treatments into your cat's everyday care, reduce health care costs, and help your cat enjoy a long healthy life. *Whole Health for Happy Cats* translates the dry and often-overwhelming scientific data found in other cat care books into everyday language. The easy-to-follow guidelines teach cat caregivers to use holistic remedies at home, including homeopathy, aromatherapy, and flower essences. In addition, sidebars, comparison charts, decision-making guides, and extensive resources make this an easy-to-read and informative book.

is wellness a good cat food: CANINE NUTRIGENOMICS W. Jean Dodds, DVM, Diana Laverdure, 2014-12-30 Nutrigenomics is the new science of how diet affects gene expression at the cellular level, creating vibrant health or chronic disease. Optimum health begins in the cells—and this book shows you how to achieve it for your dog!

is wellness a good cat food: Homemade Meals for Cats and Dogs Cathy Alinovi, Susan

Thixton, 2020-03-03 75 Veterinarian-Approved Meals for Healthy Pets—Now Grain Free! There's a reason why pets beg at the table—they want real food! Not the kibble manufactured by pet food companies, transformed beyond recognition, drained of natural nutrients, and a far cry from fresh meat, vegetables, and grain. If we as human beings are so dedicated to preparing healthy, homemade meals for ourselves in the comfort and safety of our own kitchens, shouldn't we be doing the same for our beloved pets? Homemade Meals for Cats and Dogs is a collection of more than fifty cat and dog food recipes that will teach you how to whip up a fresh, balanced meal for your hungry critters. Written by a veterinarian certified in food therapy and an advocate for pet food safety, these recipes are also based on the National Research Council requirements for dogs and cats. Debunk the myth that pet food companies are the only entities qualified to feed your pets. Instead, beat pet obesity, disease, and sickness by reaching into your pantry or refrigerator, turning on the stove, and starting to cook yourself! Making food at home will also decrease those exorbitant pet food bills. It's time to go back to the table. Know exactly what your pet is eating and serve it a variety of real food that it deserves. Be a responsible pet parent by balancing your pet's diet and pleasing its palate. Cooking for your pet is paws-ible!

is wellness a good cat food: Compassion for Pets R. Geoffrey Broderick, 2016-07-06 In this groundbreaking book on pet nutrition, Dr. R. Geoffrey Broderick, DVM, reveals the secret to keeping your pets disease-free and healthy for their whole lives. His feeding Paradigm is a step-by-step program for pet owners to give their companion animals optimal health, using food as medicine.

is wellness a good cat food: The Way of Cats Pamela Merritt, 2018-05-31 The Way of Cats is a way of playing games with our cat. These communication, training, and affection games are fun and easy to learn. Then we have well-behaved and happy cats.

is wellness a good cat food: Genius Foods Max Lugavere, Paul Grewal, M.D., 2018-03-20 New York Times Bestseller Discover the critical link between your brain and the food you eat and change the way your brain ages, in this cutting-edge, practical guide to eliminating brain fog, optimizing brain health, and achieving peak mental performance from media personality and leading voice in health Max Lugavere. After his mother was diagnosed with a mysterious form of dementia, Max Lugavere put his successful media career on hold to learn everything he could about brain health and performance. For the better half of a decade, he consumed the most up-to-date scientific research, talked to dozens of leading scientists and clinicians around the world, and visited the country's best neurology departments—all in the hopes of understanding his mother's condition. Now, in Genius Foods, Lugavere presents a comprehensive guide to brain optimization. He uncovers the stunning link between our dietary and lifestyle choices and our brain functions, revealing how the foods you eat directly affect your ability to focus, learn, remember, create, analyze new ideas, and maintain a balanced mood. Weaving together pioneering research on dementia prevention, cognitive optimization, and nutritional psychiatry, Lugavere distills groundbreaking science into actionable lifestyle changes. He shares invaluable insights into how to improve your brain power, including the nutrients that can boost your memory and improve mental clarity (and where to find them); the foods and tactics that can energize and rejuvenate your brain, no matter your age; a brain-boosting fat-loss method so powerful it has been called "biochemical liposuction"; and the foods that can improve your happiness, both now and for the long term. With Genius Foods, Lugavere offers a cutting-edge yet practical road map to eliminating brain fog and optimizing the brain's health and performance today—and decades into the future.

is wellness a good cat food: Reclaiming Wellness Jovanka Ciales, 2022-04-19 If you've ever felt left out of "elite" healthcare regimes or thought that being healthy shouldn't be expensive, this book is for you. Reclaiming Wellness explores today's most effective wellness practices — and their multicultural sources — in a way that makes overall health accessible to all. The book provides: practical, affordable, delicious, and fun ways to incorporate plant-based whole foods into even the most time-crunched routine lazy-proof means of movement that feel more like self-love than dreaded exercise techniques of mindfulness, meditation, and visualization that make them meaningful everyday tools ways to experience nature, music, and community to heal and connect

is wellness a good cat food: *The Cat's Table* Michael Ondaatje, 2012-06-12 From Michael Ondaatje: an electrifying novel, by turns thrilling and deeply moving—one of his most vividly rendered and compelling works of fiction to date. In the early 1950s, an eleven-year-old boy boards a huge liner bound for England. At mealtimes, he is placed at the lowly Cat's Table with an eccentric and unforgettable group of grownups and two other boys. As the ship makes its way across the Indian Ocean, through the Suez Canal, into the Mediterranean, the boys find themselves immersed in the worlds and stories of the adults around them. At night they spy on a shackled prisoner—his crime and fate a galvanizing mystery that will haunt them forever. Looking back from deep within adulthood, and gradually moving back and forth from the decks and holds of the ship to the years that follow the narrator unfolds a spellbinding and layered tale about the magical, often forbidden discoveries of childhood and the burdens of earned understanding, about a life-long journey that began unexpectedly with a sea voyage.

is wellness a good cat food: *Kittens Love* Lisa McCue, 2010 Depicts kittens doing what they love most, including playing with yarn, sitting on the windowsill, climbing trees, napping, and drinking milk. On board pages.

is wellness a good cat food: *Grow Younger With Great Food* Catherine Stone, Jessica Giljam-Brown, 2019 *Grow Younger With Great Food*

is wellness a good cat food: *The Clean Pet Food Revolution* Ernie Ward, Alice Oven, 2019-12-09 Did you know that a quarter of all the meat consumed in the United States is eaten by our pets? That's the equivalent to the amount devoured by 26 million Americans, and it makes U.S. cats and dogs equal to the fifth largest country in terms of animal protein consumption. Yet the impact pet food has on the environment and climate change, how healthy or necessary it is for our animal companions, or how it impacts the welfare of the farmed animals who become that food are barely known or ignored—even by animal lovers! *The Clean Pet Food Revolution* lifts the lid on the current pet food industry: its claims of what constitutes a natural diet for pets, its shocking record on animal welfare, and its devastating effect on the environment and climate change. The book explodes myths about grain-free diets, protein intake, and what our pets want. Finally, it details the many exciting scientific developments in alternative proteins—whether from plants, fungi, insects, or cell-based meat products—that promise not only to completely change what we feed our cats and dogs but to reduce greenhouse gas emissions, end farmed-animal slaughter, and make our pets healthier. Written by specialists in veterinary science, biotech, and animal welfare, *The Clean Pet Food Revolution* is a thoroughly researched and compellingly written excoriation of an unsustainable present and a fascinating glimpse of future possibilities.

is wellness a good cat food: *The Ultimate Pet Health Guide* Gary Richter, MS, DVM, 2017-08-15 As a holistic veterinarian and scientist, Dr. Gary Richter helps dog and cat owners to navigate the thicket of treatment options and separate the fact from the fiction. He wants us to use what actually works, not just what Western science or alternative medicine say should work. This multifaceted approach to health is known as integrative medicine. Dr. Richter examines traditional medicine from many cultures alongside modern medical techniques, describing the best of complementary care and the best of conventional veterinary medicine. Every treatment he recommends has the backing of scientific research or years of successful outcomes in his clinical practice. After explaining the treatment, he offers specific recommendations for an integrative approach to common diseases, including allergies, skin conditions, diabetes, heart disease, and cancer. A holistic approach to health includes nutrition, as it sets up the foundation for your pet's health. Dr. Richter cuts through the hype in the pet-food world and explains how to choose the best commercial foods and supplements, and even includes both raw and cooked dog- and cat-food recipes for general diet as well as to treat specific needs. He also explains how we can use the right foods and supplements to hack the body's processes, including the immune system.

is wellness a good cat food: *Yoga Mind* Suzan Colón, 2018-02-27 Suzan Colon, yoga teacher and former senior editor at O, The Oprah Magazine, digs deep into the spiritual philosophy behind yoga and distills thirty essential components to enrich your practice and revolutionize your life from

the inside out. We live in an increasingly stressful world, and we know about the hazardous effects stress can have on our health. But meditating and mindfulness can sometimes seem elusive, unattainable, and impossible to fit into our busy days. Even the word “yoga” usually makes many people think of complicated, twisty poses—but that’s not everything. In its complete sense, yoga is a collection of life lessons for wellness and well-being and a spiritual technology from ancient times that is now more relevant, and necessary, than ever. In *Yoga Mind*, Suzan Colon shares thirty essential components to increase self-awareness and inner balance to use throughout your day—in traffic, on the train, at your job, and home. She outlines how we can use yoga to cultivate resilience in challenging times, reduce stress, and enrich our relationships with family, work, and ourselves. This guide contains a 30-day program designed to create subtle yet powerful shifts in awareness and attitude that lead to real, lasting change. Whether you’re a hardcore yogi or a beginner to the practice, *Yoga Mind* can help you unite your body, mind, and heart to become your best self and cultivate lasting happiness in your life.

is wellness a good cat food: *CatWise* Pam Johnson-Bennett, 2016-10-18 Top feline behavior expert (and author of Penguin's bestselling *Think Like a Cat* and *Cat vs. Cat*) answers the 150 questions most often asked by puzzled cat owners. Even those of us who have lived with and loved our cats for decades are constantly stymied by their seemingly inexplicable acts, or have questions about why they do what they do and where they do it, and how we can get them to not do it. Here, in one complete authoritative guide, those elusive mysteries are solved. Why does my cat lick my hair? Why does the cat only want attention when I'm on the phone? How can I introduce my cat to my new dog? How can I get my cat to like my new husband?? No one knows cats like Pam Johnson Bennett, whose pioneering thirty-year career as a cat behavior consultant has changed the way cat owners and experts alike view cats. Her books are bibles, but her fans and owners still flood her website and social media platforms with questions on topics that perplex them. *Catwise* combines the questions that come up most often with answers to help you solve your cat's behavior problems (or head them off before they start), or simply improve the relationship you have with your cat.

is wellness a good cat food: *Veterinary Secrets* Andrew T. Jones, Andrew T Jones DVM, 2014-05-23 This manual draws from Dr Jones' 17 years' experience in veterinary medicine to provide a comprehensive, step-by-step guide to home pet care and disease remedies. Dr. Jones opens by explaining how he came to question conventional veterinary treatments then began to share his concerns publicly and openly educate pet owners, empowering them to provide their pets with quality, holistic care at home. Eventually, his efforts led to his expulsion from the British Columbia Veterinary College, resulting in a ban from practicing animal medicine.

is wellness a good cat food: *Cat Daddy* Jackson Galaxy, 2013-05-02 Cat behaviorist and star of Animal Planet's hit television show *My Cat from Hell*, Galaxy, a.k.a. Cat Daddy, isn't what readers might expect for a cat expert. Yet his ability to connect with even the most troubled felines--not to mention their owners--is awe-inspiring.

is wellness a good cat food: *Home-Prepared Dog and Cat Diets* Donald R. Strombeck, 1999-03-22 With an eye to the long-term health of pets, Dr Donald Strombeck outlines diets that the care giver can prepare at home or in the clinic. He offers nutritional and dietary guidance for animals with particular problems, from obesity, allergies, and gastrointestinal complaints to diseases of the kidney, pancreas, heart and joints. Each recipe includes nutrient content for proteins, fats and calories and all rely on unprocessed foods that are widely available and marketed for human consumption. Full of useful information about nutritional and dietary needs of cats and dogs, this book will be an indispensable guide for all those who are particular about what they feed their pets or their feline and canine patients.

is wellness a good cat food: *My Cat, Lola* Mia Coulton, 2022

is wellness a good cat food: *Unlocking the Canine Ancestral Diet* Steve Brown, 2009-12 Ancestors and canine cousins of our dogs didn't eat crunchy kibble or meat 'n gravy in a can. They ate what they found or caught... and it wasn't cooked or enriched either! It was high in protein, with balanced fats, and usually included a few fruits, vegetables and grasses. Steve Brown, an expert on

canine nutrition, shows how you can bring the benefits of the canine ancestral diet to your dog by feeding him differently as little as just one day a week. And no, you won't need to lead a pack of dogs on a hunting expedition! Just follow Steve's well-researched and easy to follow ABCs to make improvements to whatever your dog currently eats. BONUS! Raw food or home prepared feeders will learn how to balance nutrients more precisely, especially fats, for optimum health. A dog diet to get wild about! bull; Learn about the latest research on the importance of protein and healthy fats in your dog's diet. bull; Find out why commercial foods can't include these fragile-but-crucial nutrients, and how you can make sure your dog gets them. bull; Just one day a week, or more frequently if you choose, follow the simple recipes that balance the nutrition in the commercial food you are feeding-wet or dry!

is wellness a good cat food: *Buckleys Story* Ingrid King, 2009-09-28 Buckleys Story is the story of how one small cat changed the authors life in ways she never could have imagined. In this warm-hearted memoir, Ingrid King shares the story of Buckley, a joyful, enthusiastic and affectionate tortoiseshell cat she meets while managing a veterinary hospital. When Ingrid leaves her job at the veterinary hospital to start her own business, Buckley comes home to live with her and Amber, another tortoiseshell cat who had adopted the author several years earlier. Buckley is diagnosed with heart disease after only two years of living with Ingrid, and caring for Buckley through her illness only deepens the bond between cat and human. Interspersed with well-researched information about cat health in general, and heart disease in particular, the author describes the challenges and rewards of managing illness in a feline companion, and ultimately helping her through the final transition. Ingrid shares both the day-to-day joys of living with a special cat as well as the profound grief that comes with losing a beloved animal companion. Buckleys Story is a celebration of the soul connection between animals and humans, a connection that is eternal and transcends the physical dimension. PRAISE FOR Buckleys Story Buckleys Story is a true celebration of the bond between pets and their humans. This story of a gimpy little tortoiseshell cat with a huge heart who changed her humans life in unexpected ways shows us how pets teach us universal lessons about living a joyful life, how caring for a terminally ill pet can deepen this special bond, and how to navigate the devastating grief that comes with losing a beloved animal companion. Dr. Marty Becker, Americas Veterinarian and author of *The Healing Power of Pets: Harnessing the Amazing Ability of Pets To Make and Keep People Happy and Healthy* *** Ingrid King loves animals, and in Buckleys Story she leads us through how these precious creatures in particular, one gimpy tortie named Buckley can teach us how to open our hearts to the world. - Clea Simon, author of *The Feline Mystique: On the Mysterious Connection Between Women and Cats* *** For those of us who thinkor, rather, knowthat cats have a thing or two to teach us in this life, youll appreciate Ingrid Kings story about her cat Buckley. - Megan McMorris, Editor Cat Women Female Writers on their Feline Friends ***

is wellness a good cat food: *Raising Cats Naturally* Michelle T. Bernard, 2004-02-01 It's about time we had a book like this. Michelle Bernard has a rare gift for putting in plain words extraordinarily effective and levelheaded ways to properly care for cats. Steering clear of faddish, dangerous trends-and dissecting the oodles of misinformation that has regrettably become the norm in mainstream advice on animal nutrition-she shines most conspicuously on the issue of a proper feline diet. By giving the reader a common-sense, straightforward strategy for preparing a diet that is based solely on the nutritional requirements of true carnivores, her book is a must-have for anyone committed to building and maintaining glowing good health for cats. Bernard's work on all aspects of caring naturally for cats is based on years of meticulous research and hands-on experience, yet she translates her knowledge into simple, common sense guidelines that anyone can understand and put to use. Her eloquent explanation of homeopathy demystifies this splendid, ancient healing art that is so marvelously suited to cats, giving the reader a valuable awareness about how to build and nurture a cat's health from the inside out. This alone is a refreshing and most welcome approach given the routine over-medication and over-vaccination of cats. If you love your cat, read this book. All of it.

is wellness a good cat food: Pottenger's Cats Francis Marion Pottenger, Price-Pottenger Nutrition Foundation, 1995

is wellness a good cat food: Dogs, Dog Food, and Dogma Daniel Schulof, 2016-10-25 An in-depth investigation of the science and business of America's pet obesity epidemic.

is wellness a good cat food: The Wellness Diaries Owen Staples, 2013-04-30 The Wellness Diaries takes readers on a unique roller coaster journey through the eyes of a paranoid college student while battling mental illness, to the darkness of planning suicide, to a remarkable recovery. It offers an account of the authors experience of mental illness-early symptoms, diagnosis, battle with medications, and a plan to end the pain. The book takes an about turn as the journey is observed and tracked, from despair and suffering, to inspiration, adventure, contagious enthusiasm, and rebuilding a life, one step at a time, through reclaiming health. It includes persuasive arguments as to why health is a choice, and it offers a unique approach to health and wellness from the standpoint of lifestyle, including essential fundamentals such as a plant-based diet, quality sleep and outside activity. It discusses some aspects of health which are sometimes overlooked. I feel mountain ranges above my dark times. Those days are in the past, and so distant from me now, that looking back upon them seems as if I have woken up from a really bad nightmare... Readers will be touched with tears and laughter, and may wonder when Owen catches a break. Experience his in-depth sincerity in accounting the exact events which shaped this mans recovery from mental illness into a new life filled with gratitude and genuine love for life, the Earth, and all living things, and with a new outlook as a botanist and a naturalist. The Wellness Diaries is a book which offers a contagiously inspiring outlook on health, available as a choice.

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that will shatter his orderly, respectable life and alter the course of his nation's history. Thrust into England's Aerial Corps, Laurence and Temeraire undergo rigorous training while staving off French forces intent on breaching British soil. But the pair has more than France to contend with when China learns that an imperial dragon intended for Napoleon-Temeraire himself- has fallen into British hands. The emperor summons the new pilot and his dragon to the Far East, a long voyage fraught with peril and intrigue. From England's shores to China's palaces, from the Silk Road's outer limits to the embattled borders of Prussia and Poland, Laurence and Temeraire must defend their partnership and their country from powerful adversaries around the globe. But can they succeed against the massed forces of Bonaparte's implacable army?

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is wellness a good cat food: *Catification* Jackson Galaxy, Kate Benjamin, 2014-10-14 A New York Times bestseller! The star of Animal Planet's hit television series *My Cat from Hell*, Jackson Galaxy, shows cat owners everywhere how to make their homes both cat-friendly and chic. Cat owners know the struggles of creating living spaces that are both functional and stylish for owner and cat. Don't just go to your local pet shop and adorn your home with unattractive cat towers and kitty beds. In *Catification*, Jackson Galaxy, the star of Animal Planet's *My Cat from Hell*, and Kate Benjamin, founder of a popular cat design website, walk readers through a step-by-step process of designing an attractive home that is also an optimal environment for cats. This gorgeously designed, full-color book includes more than twenty fun DIY projects, from kitty beds and litter boxes to catios (cat patios) that will be sure to make readers—and their cats—purr in approval.

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