

kingston crossing wellness clinic

Kingston Crossing Wellness Clinic: Your Journey to Total Wellbeing Starts Here

Are you searching for a comprehensive wellness clinic in Kingston Crossing that truly understands your needs? Feeling overwhelmed, stressed, or just not quite yourself? At Kingston Crossing Wellness Clinic, we believe in a holistic approach to health, focusing on the interconnectedness of your mind, body, and spirit. This in-depth guide will explore what makes Kingston Crossing Wellness Clinic unique, the services we offer, and why we're the perfect choice for your wellness journey. We'll cover everything from our philosophy to our state-of-the-art facilities, ensuring you have all the information you need to make an informed decision about your healthcare.

Understanding the Kingston Crossing Wellness Clinic Philosophy

At the heart of Kingston Crossing Wellness Clinic lies a belief in proactive, preventative care. We don't just treat symptoms; we delve deeper to identify the root causes of your health concerns. Our team of highly qualified professionals takes a personalized approach, tailoring treatment plans to your specific needs and goals. We believe in fostering a strong doctor-patient relationship built on trust, open communication, and mutual respect. This collaborative approach empowers you to actively participate in your healing journey. We're not just a clinic; we're your partners in wellness.

A Comprehensive Range of Services at Kingston Crossing Wellness Clinic

Kingston Crossing Wellness Clinic offers a comprehensive suite of services designed to address your holistic well-being. Our services are designed to cater to individuals of all ages and health backgrounds:

Primary Care: We provide comprehensive primary care services, including routine check-ups, vaccinations, and management of chronic conditions. Our physicians are experienced in diagnosing and treating a wide range of illnesses.

Mental Health Services: Recognizing the importance of mental wellbeing, we offer counselling, therapy, and support groups for individuals struggling with anxiety, depression, stress, and other mental health challenges. We employ qualified therapists with diverse expertise to ensure a personalized approach.

Alternative Therapies: We understand that different approaches work for different people. That's why we incorporate alternative therapies like acupuncture, massage therapy, and yoga into our treatment plans, offering a more holistic and integrated approach to healing.

Nutritional Counseling: Our registered dietitians work with you to develop personalized nutrition plans that support your overall health and wellness goals. We help you make informed choices about your diet and lifestyle to optimize your energy levels and overall well-being.

Physical Therapy and Rehabilitation: We provide comprehensive physical therapy services to help you recover from injuries, improve your mobility, and manage chronic pain. Our experienced physical therapists utilize a variety of techniques to help you achieve your rehabilitation goals.

Preventative Health Programs: We are committed to preventative care, offering a range of programs designed to help you maintain your health and prevent future illness. These programs include wellness workshops, health screenings, and personalized health plans.

Meet Our Dedicated Team at Kingston Crossing Wellness Clinic

Our team is comprised of highly skilled and compassionate healthcare professionals who are passionate about helping you achieve optimal health. From our experienced physicians and nurses to our dedicated therapists and support staff, everyone at Kingston Crossing Wellness Clinic is committed to providing you with the highest quality of care. We prioritize ongoing professional development to stay abreast of the latest advancements in healthcare and wellness. Our team's collective expertise ensures a comprehensive and integrated approach to your care. We believe in building strong relationships with our patients, creating a supportive and nurturing environment where you feel comfortable and understood.

State-of-the-Art Facilities and Technology

Kingston Crossing Wellness Clinic boasts state-of-the-art facilities designed to provide you with a comfortable and efficient healthcare experience. Our clinic is equipped with the latest medical technology to ensure accurate diagnoses and effective treatments. We maintain a clean and welcoming environment to promote relaxation and well-being during your visit. We understand that a comfortable and stress-free environment is crucial for healing, and we strive to create that atmosphere for every patient.

Making an Appointment at Kingston Crossing Wellness Clinic

Scheduling an appointment at Kingston Crossing Wellness Clinic is easy and convenient. You can book your appointment online through our user-friendly website or by calling our friendly reception staff. We strive to provide prompt and efficient service, ensuring minimal wait times. We also offer flexible appointment scheduling to accommodate your busy lifestyle. Your comfort and convenience are our top priorities.

Kingston Crossing Wellness Clinic: Your Partner in a Healthier You

At Kingston Crossing Wellness Clinic, we're more than just a healthcare provider; we're your partners in a healthier, happier, and more fulfilling life. We're dedicated to providing comprehensive, personalized care that addresses your unique needs and empowers you to take control of your well-being. Contact us today to schedule your appointment and begin your journey toward total wellness.

Frequently Asked Questions (FAQs)

1. What insurance plans do you accept? We accept a wide range of insurance plans. Please contact our office to verify your specific plan's coverage.
1. What are your hours of operation? Our hours are Monday-Friday, 8:00 AM to 5:00 PM, with extended hours available on certain days. Please check our website for the most up-to-date schedule.
1. Do you offer telehealth appointments? Yes, we offer telehealth appointments for certain services. Please inquire during scheduling to determine eligibility.
1. What makes your clinic different from others? Our commitment to holistic care, personalized treatment plans, and a welcoming, supportive atmosphere sets us apart. We focus on addressing the root causes of illness, not just the symptoms.
1. What should I bring to my first appointment? Please bring your insurance

card, a list of your current medications, and any relevant medical records. We will also collect information regarding your medical history during your first consultation.

kingston crossing wellness clinic: Head to Tail Wellness Stacy Fuchino, 2010-03-04 Extend and enhance the quality of your pet's life Be proactive about your pet's wellness and let Dr. Stacy show you how a reasonable combination of proven Western veterinary know-how and time-tested Eastern therapies can promote health and vitality for your furry companion. Whether it's a matter of harnessing the healing properties of food, eliminating harmful elements from a pet's surroundings, restoring an animal's flow of energy, or treating bothersome symptoms, Dr. Stacy provides a revolutionary East-West approach, blending the best of both worlds to bring your pet's internal and external environments into perfect harmony. Written by a leading veterinarian schooled in both Western veterinary medicine and traditional Eastern medicine Packed with charts, quizzes, inspirational quotes, and more An appendix lists alternative veterinary practitioners around the U.S. Head to Tail Wellness will show you how to make positive changes in your pet's life that will reduce the need for drugs and invasive therapies and, most importantly, yield a happy, healthy pet.

kingston crossing wellness clinic: AHA Guide to the Health Care Field , 2011

kingston crossing wellness clinic: Bariatric Endoscopy Christopher C. Thompson, 2013-02-06 To date, diet programs and medical therapies for the treatment of obesity have had limited success. Bariatric surgery, however, provides a means of effective weight loss for many of those with morbid obesity. Most of these weight loss procedures are performed with a variety of techniques that continue to evolve. Each technique is associated with unique challenges and complications and it is important for the clinician to be knowledgeable about the endoscopic management of these patients. Additionally, as endoscopic technology evolves it may offer more than just the diagnosis and treatment of complications. Endoscopic therapy may soon allow less invasive bariatric revision procedures as well as a variety of primary obesity therapies for various patient populations. Bariatric Endoscopy reviews the management of obesity, normal post-surgical anatomy, endoscopic and medical management of post-surgical complications, and future endoscopic therapies for obesity management. Organized into five sections, the volume covers an obesity overview, traditional therapy, endoscopy and the bariatric patient, medical management of post-surgical complications, and the future role of endoscopy in obesity management. Detailed illustrations are also provided for surgical procedures, complications and obesity management chapters. Authored by authorities in the field, Bariatric Endoscopy is an indispensable tool for the gastroenterologist or surgical endoscopist as they care for patients with complicated bariatric issues.

kingston crossing wellness clinic: New Hampshire Register, Farmer's Almanac and Business Directory , 1986

kingston crossing wellness clinic: Health Behavior Karen Glanz, Barbara K. Rimer, K. Viswanath, 2015-07-27 The essential health behavior text, updated with the latest theories, research, and issues Health Behavior: Theory, Research and Practice provides a thorough introduction to understanding and changing health behavior, core tenets of the public health role. Covering theory, applications, and research, this comprehensive book has become the gold standard of health behavior texts. This new fifth edition has been updated to reflect the most recent changes in the public health field with a focus on health behavior, including coverage of the intersection of health and community, culture, and communication, with detailed explanations of both established and emerging theories. Offering perspective applicable at the individual, interpersonal, group, and community levels, this essential guide provides the most complete coverage of the field to give

public health students and practitioners an authoritative reference for both the theoretical and practical aspects of health behavior. A deep understanding of human behaviors is essential for effective public health and health care management. This guide provides the most complete, up-to-date information in the field, to give you a real-world understanding and the background knowledge to apply it successfully. Learn how e-health and social media factor into health communication Explore the link between culture and health, and the importance of community Get up to date on emerging theories of health behavior and their applications Examine the push toward evidence-based interventions, and global applications Written and edited by the leading health and social behavior theorists and researchers, *Health Behavior: Theory, Research and Practice* provides the information and real-world perspective that builds a solid understanding of how to analyze and improve health behaviors and health.

kingston crossing wellness clinic: *Health & Medical Care Directory*, 1991 National Yellow Pges directory of organizations providing goods and services to the American health care industry. Introductory section includes information on medical conventions, medical associations, medical services, medical libraries, toll-free numbers, computer networks, and drugs. Yellow pages are classified and geographical. Index.

kingston crossing wellness clinic: *Community/public Health Nursing* Mary Albrecht Nies, Melanie McEwen, 2007 *Community/Public Health Nursing: Promoting the Health of Populations*, 4th Edition focuses on the issues and responsibilities of contemporary community/public health nursing. Its emphasis on working with populations combined with the unique upstream preventive approach prepares the reader to assume an active role in caring for the health of clients in community and public settings. Plus, the new full-color design highlights special features and enhances content. Features photo-novellas to engage students and demonstrate applications of important community health nursing concepts. Provides detailed case studies that emphasize community aspects of all steps of the nursing process to promote the community perspective in all health situations. Examines issues of social justice and discusses how to target inequalities in arenas such as education, jobs, and housing to prepare students to function in a community-focused health care system. Demonstrates the use of theoretical frameworks common to community and public health nursing showing how familiar and new theory bases can be used to solve problems and challenges in the community. Illustrates real-life situations with highlighted Clinical Examples depicting today's community/public health care. Discussion of Levels of Prevention presented within the Case Studies address specific applications for each level. Provides Learning Activities at the end of each chapter to challenge students to apply chapter material outside the classroom. Includes a disaster management and preparedness chapter to examine this important new area of concern and responsibility in community health. Offers content on forensic nursing to explore this new subspecialty in community health. Summarizes research study findings pertinent to chapter topics in Research Highlights boxes. Highlights specific ethical issues in Ethical Insights boxes. Presents Healthy People 2010 objectives in feature boxes in appropriate chapters. Provides a Media Resources section at the front of each chapter that details the numerous Evolve components available to students. Chapter outline added to the front of chapters makes locating information in the chapter easier.

kingston crossing wellness clinic: *Confronting Commercial Sexual Exploitation and Sex Trafficking of Minors in the United States* National Research Council, Institute of Medicine, Committee on Law and Justice, Board on Children, Youth, and Families, Committee on the Commercial Sexual Exploitation and Sex Trafficking of Minors in the United States, 2013-11-12 Every day in the United States, children and adolescents are victims of commercial sexual exploitation and sex trafficking. Despite the serious and long-term consequences for victims as well as their families, communities, and society, efforts to prevent, identify, and respond to these crimes are largely under supported, inefficient, uncoordinated, and unevaluated. *Confronting Commercial Sexual Exploitation and Sex Trafficking of Minors in the United States* examines commercial sexual exploitation and sex trafficking of U.S. citizens and lawful permanent residents of the United States

under age 18. According to this report, efforts to prevent, identify, and respond to these crimes require better collaborative approaches that build upon the capabilities of people and entities from a range of sectors. In addition, such efforts need to confront demand and the individuals who commit and benefit from these crimes. The report recommends increased awareness and understanding, strengthening of the law's response, strengthening of research to advance understanding and to support the development of prevention and intervention strategies, support for multi-sector and interagency collaboration, and creation of a digital information-sharing platform. A nation that is unaware of these problems or disengaged from solutions unwittingly contributes to the ongoing abuse of minors. If acted upon in a coordinated and comprehensive manner, the recommendations of *Confronting Commercial Sexual Exploitation and Sex Trafficking of Minors in the United States* can help advance and strengthen the nation's emerging efforts to prevent, identify, and respond to commercial sexual exploitation and sex trafficking of minors in the United States.

kingston crossing wellness clinic: Nurse as Educator Susan Bacorn Bastable, 2008 Designed to teach nurses about the development, motivational, and sociocultural differences that affect teaching and learning, this text combines theoretical and pragmatic content in a balanced, complete style. --from publisher description.

kingston crossing wellness clinic: *A History of Public Health* George Rosen, 2015-04 For seasoned professionals as well as students, *A History of Public Health* is visionary and essential reading.

kingston crossing wellness clinic: *New Hampshire Register, State Yearbook and Legislative Manual*, 1986

kingston crossing wellness clinic: *Cumulative List of Organizations Described in Section 170 (c) of the Internal Revenue Code of 1954*, 2002

kingston crossing wellness clinic: *Leadership and Nursing Care Management* Diane Huber, 2010 This new edition addresses basic issues in nurse management such as law and ethics, staffing and scheduling, delegation, cultural considerations and management of time and stress. It also provides readers with the core concepts that separate adequate and exceptional nurse managers.

kingston crossing wellness clinic: *Cumulative List of Organizations Described in Section 170 (c) of the Internal Revenue Code of 1986*, 2002

kingston crossing wellness clinic: *Passion and Purpose* Praise Matemavi, 2020-05 *Passion and Praise: Black Female Surgeons* is a collection of beautiful and inspiring stories told by the surgeons themselves and edited by Dr. Praise Matemavi, a transplant surgeon. This title has been created to inspire women everywhere to believe their dreams can come true, no matter what those dreams are. The ladies have experienced heartache and challenges along their paths that only served to make them more determined to accomplish great things. Come, read about them, the female black surgeons from around the world.

kingston crossing wellness clinic: *History of Public Health in New York City, 1625-1866* John Duffy, 1968-10-15 Traces the development of the sanitary and health problems of New York City from earliest Dutch times to the culmination of a nineteenth-century reform movement that produced the Metropolitan Health Act of 1866, the forerunner of the present New York City Department of Health. Professor Duffy shows the city's transition from a clean and healthy colonial settlement to an epidemic-ridden community in the eighteenth century, as the city outgrew its health and sanitation facilities. He describes the slow growth of a demand for adequate health laws in the mid-nineteenth century, leading to the establishment of the first permanent health agency in 1866.

kingston crossing wellness clinic: Functional Neurology for Practitioners of Manual Medicine Randy W. Beck, 2011-09-21 *Functional Neurology* utilizes our understanding of how the nervous system works in the treatment of a variety of clinical conditions. *Functional Neurology for Practitioners of Manual Medicine* takes the reader from the embryonic beginnings of the nervous system, through the biochemistry of receptor activation and on to the functional systems of the nervous system. Both the student and the clinician will find this text a valuable source of information and clinical guidance in the application of detailed neurological principles to their practice.

Concepts, relationships and scientific mechanisms of the nervous system function are covered, and this aids the practitioner in developing their clinical approach to a wide variety of patient presentations. This text explores the neurological impact of the application of functional neurological principles, using a detailed clinical approach supported by clinical case studies. The text is fully referenced, which allows the reader to immediately apply the concepts to practice situations. New for this edition are new chapters on pain (including headache) and theoretical evidence, plus extensive electronic resources supporting the text. - Utilizes our understanding of how the nervous system works in the treatment of a variety of clinical conditions - Demystifies the clinical results seen in the practice of Functional Neurology and scientifically validates its clinical success - Addresses function rather than pathology, allowing the reader to gain a firm understanding of the neurological processes seen in health and disease - Contains clinical cases which are designed to be read and answered before starting the chapter to allow the reader to gauge their current state of knowledge - 'Quick Facts' introduce new concepts or allow rapid review of information already presented in the text in a brief and succinct manner - Contains a detailed overview of the concepts relating to our understanding of the development of emotion to demonstrate the link between physical health and the mind - Contains abundant references to support controversial concepts - Contains new chapters on theoretical evidence and the management of pain (including headache) - Contains a wide range of additional case studies, 'clinical conundrums' and key questions and answers for each topic - Bonus DVD contains fully searchable text, a downloadable image bank, brain dissection and video clips of the manipulative techniques and examination procedures found within the volume plus 200 multiple choice questions

kingston crossing wellness clinic: Community Health Care Nursing David Sines, Mary Saunders, Janice Forbes-Burford, 2013-05-07 Review of previous edition: An extremely popular and valuable resource to students, practitioners and managers in community health care nursing. Journal of Advanced Nursing Community Health Care Nursing has become established as an essential source of reference for all those working in the primary care and community health care domain. The Fourth Edition of this successful text focuses on new emergent agendas which affect primary care and public health education and service delivery/improvement. Comprehensive and accessible, this well established text draws on a wide range of subject experts all aiming for excellence in service delivery, to produce a resource that addresses the key aspects of community health delivery reflecting the reality of the new community/primary care agenda in the United Kingdom. Integrated throughout the book are themes relevant to contemporary community healthcare nursing, including Self Managed Care/Managed Care Pathways, Long Term Conditions, Palliative care and End of Life Care, Urgent and Unscheduled Care, Offender Care, and Continuing/Intermediate Care. The result is a book which focuses on new opportunities for contemporary practice, service delivery/improvement and education response within the context of the modernised primary and public healthcare service Key features: New edition of a well-established and successful text Written by experts in the field Examines competencies in practice Includes evidence-based guidelines and integrates national service framework requirements Includes new chapters on Advanced Nursing Practice and competence assessment, modernised primary healthcare workforce and workforce change, Commissioning, and user and public engagement

kingston crossing wellness clinic: The Health Robbers Stephen Barrett, William T. Jarvis, 1993 And it answers such questions as: Are 'organic' foods worth their extra cost? Can acupuncture cure anything? Will vitamin B₁₂ shots pep me up? Can diet cure arthritis? Will spinal adjustments help my health? Will amino acids 'pump up' my muscles? Where can reliable information be obtained? and What's the best way to get good medical care? Even if the answers to some of these questions seem obvious, the details in this volume, written in an informative, highly readable, and easy-to-understand style, will astound you. Quackery often leads to harm because it turns ill people away from legitimate and trusted therapeutic procedures. However, its heaviest toll is in financial loss not only to those who pay directly, but to everyone who pays for bogus treatments

through taxes, insurance premiums, and other ways that are less obvious.

kingston crossing wellness clinic: The Serpent and the Butterfly Ben Reebbs, 2020-04-07 In *The Serpent & The Butterfly: The Seven Laws of Healing*, Dr. Ben Reebbs offers a life-altering perspective on the attainment of optimal health. Learn about the seven laws of nature and how to live in harmony with the body. When we work with rather than against our innate healing capacity, well-being and good health spring forth naturally, and normal structure and function can be restored. The epidemic of chronic disease can be stopped in its tracks when patients and practitioners adapt and implement this new paradigm of health.

kingston crossing wellness clinic: A Basic Guide to Exporting Jason Katzman, 2011-03-23 Here is practical advice for anyone who wants to build their business by selling overseas. The International Trade Administration covers key topics such as marketing, legal issues, customs, and more. With real-life examples and a full index, *A Basic Guide to Exporting* provides expert advice and practical solutions to meet all of your exporting needs.

kingston crossing wellness clinic: Interprofessional Collaboration Audrey Leathard, 2004-03 In *Interprofessional Collaboration* the benefits of collaboration for patients and carers are confirmed through theoretical models illustrated with case studies of existing examples.

kingston crossing wellness clinic: Patient Flow Randolph Hall, 2013-12-11 This book is dedicated to improving healthcare through reducing delays experienced by patients. With an interdisciplinary approach, this new edition, divided into five sections, begins by examining healthcare as an integrated system. Chapter 1 provides a hierarchical model of healthcare, rising from departments, to centers, regions and the "macro system." A new chapter demonstrates how to use simulation to assess the interaction of system components to achieve performance goals, and Chapter 3 provides hands-on methods for developing process models to identify and remove bottlenecks, and for developing facility plans. Section 2 addresses crowding and the consequences of delay. Two new chapters (4 and 5) focus on delays in emergency departments, and Chapter 6 then examines medical outcomes that result from waits for surgeries. Section 3 concentrates on management of demand. Chapter 7 presents breakthrough strategies that use real-time monitoring systems for continuous improvement. Chapter 8 looks at the patient appointment system, particularly through the approach of advanced access. Chapter 9 concentrates on managing waiting lists for surgeries, and Chapter 10 examines triage outside of emergency departments, with a focus on allied health programs. Section 4 offers analytical tools and models to support analysis of patient flows. Chapter 11 offers techniques for scheduling staff to match patterns in patient demand. Chapter 12 surveys the literature on simulation modeling, which is widely used for both healthcare design and process improvement. Chapter 13 is new and demonstrates the use of process mapping to represent a complex regional trauma system. Chapter 14 provides methods for forecasting demand for healthcare on a region-wide basis. Chapter 15 presents queueing theory as a method for modeling waits in healthcare, and Chapter 16 focuses on rapid delivery of medication in the event of a catastrophic event. Section 5 focuses on achieving change. Chapter 17 provides a diagnostic for assessing the state of a hospital and using the state assessment to select improvement strategies. Chapter 18 demonstrates the importance of optimizing care as patients transition from one care setting to the next. Chapter 19 is new and shows how to implement programs that improve patient satisfaction while also improving flow. Chapter 20 illustrates how to evaluate the overall portfolio of patient diagnostic groups to guide system changes, and Chapter 21 provides project management tools to guide the execution of patient flow projects.

kingston crossing wellness clinic: Chickasaw Jeannie Barbour, Amanda J. Cobb, Linda Hogan, 2006 Tells the story of the Chickasaw people through vivid photography and rich essays.

kingston crossing wellness clinic: Transforming the Workforce for Children Birth Through Age 8 National Research Council, Institute of Medicine, Board on Children, Youth, and Families, Committee on the Science of Children Birth to Age 8: Deepening and Broadening the Foundation for Success, 2015-07-23 Children are already learning at birth, and they develop and learn at a rapid pace in their early years. This provides a critical foundation for lifelong progress, and the adults who

provide for the care and the education of young children bear a great responsibility for their health, development, and learning. Despite the fact that they share the same objective - to nurture young children and secure their future success - the various practitioners who contribute to the care and the education of children from birth through age 8 are not acknowledged as a workforce unified by the common knowledge and competencies needed to do their jobs well. *Transforming the Workforce for Children Birth Through Age 8* explores the science of child development, particularly looking at implications for the professionals who work with children. This report examines the current capacities and practices of the workforce, the settings in which they work, the policies and infrastructure that set qualifications and provide professional learning, and the government agencies and other funders who support and oversee these systems. This book then makes recommendations to improve the quality of professional practice and the practice environment for care and education professionals. These detailed recommendations create a blueprint for action that builds on a unifying foundation of child development and early learning, shared knowledge and competencies for care and education professionals, and principles for effective professional learning. Young children thrive and learn best when they have secure, positive relationships with adults who are knowledgeable about how to support their development and learning and are responsive to their individual progress. *Transforming the Workforce for Children Birth Through Age 8* offers guidance on system changes to improve the quality of professional practice, specific actions to improve professional learning systems and workforce development, and research to continue to build the knowledge base in ways that will directly advance and inform future actions. The recommendations of this book provide an opportunity to improve the quality of the care and the education that children receive, and ultimately improve outcomes for children.

kingston crossing wellness clinic: *The Harvard Medical School Guide to Tai Chi* Peter M. Wayne, PhD, 2013-04-09 A longtime teacher and Harvard researcher presents the latest science on the benefits of T'ai Chi as well as a practical daily program for practitioners of all ages. Conventional medical science on the Chinese art of T'ai Chi now shows what T'ai Chi masters have known for centuries: regular practice leads to more vigor and flexibility, better balance and mobility, and a sense of well-being. Cutting-edge research from Harvard Medical School also supports the long-standing claims that T'ai Chi also has a beneficial impact on the health of the heart, bones, nerves and muscles, immune system, and the mind. This research provides fascinating insight into the underlying physiological mechanisms that explain how T'ai Chi actually works. Dr. Peter M. Wayne, a longtime T'ai Chi teacher and a researcher at Harvard Medical School, developed and tested protocols similar to the simplified program he includes in this book, which is suited to people of all ages, and can be done in just a few minutes a day. This book includes: • The basic program, illustrated by more than 50 photographs • Practical tips for integrating T'ai Chi into everyday activities • An introduction to the traditional principles of T'ai Chi • Up-to-date summaries of the research on the health benefits of T'ai Chi • How T'ai Chi can enhance work productivity, creativity, and sports performance • And much more

kingston crossing wellness clinic: *Reaching for the Top* Canada. Advisor on Healthy Children & Youth, K. Kellie Leitch, 2007

kingston crossing wellness clinic: *The Soil and Health* Albert Howard, 2011-01-23 During his years as a scientist working for the British government in India, Sir Albert Howard conceived of and refined the principles of organic agriculture. Howard's *The Soil and Health* became a seminal and inspirational text in the organic movement soon after its publication in 1945. *The Soil and Health* argues that industrial agriculture, emergent in Howard's era and dominant today, disrupts the delicate balance of nature and irrevocably robs the soil of its fertility. Howard's classic treatise links the burgeoning health crises facing crops, livestock, and humanity to this radical degradation of the Earth's soil. His message—that we must respect and restore the health of the soil for the benefit of future generations—still resonates among those who are concerned about the effects of chemically enhanced agriculture.

kingston crossing wellness clinic: *Public Health Nursing - Revised Reprint* Marcia

Stanhope, Jeanette Lancaster, 2013-10-15 This Revised Reprint of our 8th edition, the gold standard in community health nursing, *Public Health Nursing: Population-Centered Health Care in the Community*, has been updated with a new Quality and Safety Education in Nursing (QSEN) appendix that features examples of incorporating knowledge, skills, and attitudes to improve quality and safety in community/public health nursing practice. As with the previous version, this text provides comprehensive and up-to-date content to keep you at the forefront of the ever-changing community health climate and prepare you for an effective nursing career. In addition to concepts and interventions for individuals, families, and communities, this text also incorporates real-life applications of the public nurse's role, Healthy People 2020 initiatives, new chapters on forensics and genomics, plus timely coverage of disaster management and important client populations such as pregnant teens, the homeless, immigrants, and more. Evidence-Based Practice boxes illustrate how the latest research findings apply to public/community health nursing. Separate chapters on disease outbreak investigation and disaster management describe the nurse's role in surveilling public health and managing these types of threats to public health. Separate unit on the public/community health nurse's role describes the different functions of the public/community health nurse within the community. Levels of Prevention boxes show how community/public health nurses deliver health care interventions at the primary, secondary, and tertiary levels of prevention. What Do You Think?, Did You Know?, and How To? boxes use practical examples and critical thinking exercises to illustrate chapter content. The Cutting Edge highlights significant issues and new approaches to community-oriented nursing practice. Practice Application provides case studies with critical thinking questions. Separate chapters on community health initiatives thoroughly describe different approaches to promoting health among populations. Appendixes offer additional resources and key information, such as screening and assessment tools and clinical practice guidelines. NEW! Quality and Safety Education in Nursing (QSEN) appendix features examples of incorporating knowledge, skills, and attitudes to improve quality and safety in community/public health nursing practice. NEW! Linking Content to Practice boxes provide real-life applications for chapter content. NEW! Healthy People 2020 feature boxes highlight the goals and objectives for promoting health and wellness over the next decade. NEW! Forensic Nursing in the Community chapter focuses on the unique role of forensic nurses in public health and safety, interpersonal violence, mass violence, and disasters. NEW! Genomics in Public Health Nursing chapter includes a history of genetics and genomics and their impact on public/community health nursing care.

Kingston crossing wellness clinic: Final Report of the Truth and Reconciliation Commission of Canada, Volume One: Summary Truth and Reconciliation Commission of Canada, 2015-07-22 This is the Final Report of Canada's Truth and Reconciliation Commission and its six-year investigation of the residential school system for Aboriginal youth and the legacy of these schools. This report, the summary volume, includes the history of residential schools, the legacy of that school system, and the full text of the Commission's 94 recommendations for action to address that legacy. This report lays bare a part of Canada's history that until recently was little-known to most non-Aboriginal Canadians. The Commission discusses the logic of the colonization of Canada's territories, and why and how policy and practice developed to end the existence of distinct societies of Aboriginal peoples. Using brief excerpts from the powerful testimony heard from Survivors, this report documents the residential school system which forced children into institutions where they were forbidden to speak their language, required to discard their clothing in favour of institutional wear, given inadequate food, housed in inferior and fire-prone buildings, required to work when they should have been studying, and subjected to emotional, psychological and often physical abuse. In this setting, cruel punishments were all too common, as was sexual abuse. More than 30,000 Survivors have been compensated financially by the Government of Canada for their experiences in residential schools, but the legacy of this experience is ongoing today. This report explains the links to high rates of Aboriginal children being taken from their families, abuse of drugs and alcohol, and high rates of suicide. The report documents the drastic decline in the presence of Aboriginal

languages, even as Survivors and others work to maintain their distinctive cultures, traditions, and governance. The report offers 94 calls to action on the part of governments, churches, public institutions and non-Aboriginal Canadians as a path to meaningful reconciliation of Canada today with Aboriginal citizens. Even though the historical experience of residential schools constituted an act of cultural genocide by Canadian government authorities, the United Nation's declaration of the rights of aboriginal peoples and the specific recommendations of the Commission offer a path to move from apology for these events to true reconciliation that can be embraced by all Canadians.

kingston crossing wellness clinic: Oxford Textbook of Geriatric Medicine Jean-Pierre Michel, B. Lynn Beattie, Finbarr C. Martin, Jeremy D. Walston, 2018 The third edition of the definitive international reference book on all aspects of the medical care of older persons will provide every physician involved in the care of older patients with a comprehensive resource on all the clinical problems they are likely to encounter, as well as on related psychological, philosophical, and social issues.

kingston crossing wellness clinic: Physician Assistant: A Guide to Clinical Practice Ruth Ballweg, Darwin L. Brown, Daniel T. Vetrosky, Tamara S Ritsema, 2017-02-20 Entering its 6th edition, Physician Assistant: A Guide to Clinical Practice is the only text that covers all aspects of the physician assistant profession, the PA curriculum, and the PA's role in clinical practice. It is designed as a highly visual and practical resource to be used across the spectrum of lifelong learning, enabling students and practicing PAs to thrive in a rapidly changing health care system. - Teaches how to prepare for each core clinical rotation and common electives, as well as how to work with atypical patient populations such as homeless patients and patients with disabilities. - A succinct, bulleted writing style; convenient tables; practical case studies; and clinical application questions throughout enable you to master key concepts and clinical applications. - Helps you master all the core competencies needed for certification or recertification. - Addresses all six Physician Assistant Competencies, as well as providing guidance for the newly graduated PA entering practice. - Includes quick-use resources, such as objectives and key points sections for each chapter, tip boxes with useful advice, abundant tables and images, and 134 updated case studies. - Features chapters for the 7 core clinical rotations and 5 common electives, with key guidance on how to prepare effectively and what to expect. - Provides updated health policy information, expanded information about international programs, cultural competencies, and pearls and pitfalls on working internationally as a PA. - Outlines the basic principles of Interprofessional Education – an important new trend in medical education nationally. - New chapters cover: Maximizing Your Education, Future of the Profession, Principles of PA Education, Managing Stress and Burnout, and many other topics. - Expert Consult eBook version included with purchase. This enhanced eBook experience allows you to search all of the text, figures, images, and references from the book on a variety of devices.

kingston crossing wellness clinic: *Essentials of Complementary and Alternative Medicine* Wayne B. Jonas, Jeffrey S. Levin, Brian Berman, 1999 Four out of ten patients visited a complementary and alternative medicine (CAM) practitioner last year--Your Patients! *Essentials of Complementary and Alternative Medicine* provides you with the information you need to understand this phenomenon. This practical source brings together today's leading CAM researchers and practitioners to offer the reader insights into the social and scientific foundations of CAM, the safety and efficacy of CAM products and practices, and overviews of 20 commonly used CAM modalities. *Essentials of Complementary and Alternative Medicine* helps you inform, educate, and treat patients who are interested in or currently using CAM.

kingston crossing wellness clinic: *Fair Society, Healthy Lives* Michael Marmot, 2013

kingston crossing wellness clinic: *Outside Mental Health* Will Hall, 1966-02-03 *Outside Mental Health: Voices and Visions of Madness* reveals the human side of mental illness. In this remarkable collection of interviews and essays, therapist, Madness Radio host, and schizophrenia survivor Will Hall asks, What does it mean to be called crazy in a crazy world? More than 60 voices of psychiatric patients, scientists, journalists, doctors, activists, and artists create a vital new

conversation about empowering the human spirit by transforming society. Bold, fearless, and compellingly readable... a refuge and an oasis from the overblown claims of American psychiatry - Christopher Lane, author of *Shyness: How Normal Behavior Became an Illness* A terrific conversation partner. - Joshua Wolf Shenk, author of *Lincoln's Melancholy: How Depression Challenged a President and Fueled His Greatness* Brilliant...wonderfully grand and big-hearted. - Robert Whitaker, author of *Anatomy of an Epidemic: Magic Bullets, Psychiatric Drugs, and the Astonishing Rise of Mental Illness in America* Must-read for anyone interested in creating a more just and compassionate world. - Alison Hillman, Open Society Foundation Human Rights Initiative An intelligent, thought-provoking, and rare concept. These are voices worth listening to. - Mary O'Hara, *The Guardian* A new, helpful, liberating-and dare I say, sane-way of re-envisioning our ideas of mental illness. Paul Levy, Director of the Padmasambhava Buddhist Center, Portland, Oregon A fantastic resource for those who are seeking change. Dr. Pat Bracken MD, psychiatrist and Clinical Director of Mental Health Service, West Cork, Ireland

kingston crossing wellness clinic: The American Psychiatric Association Practice Guideline for the Pharmacological Treatment of Patients With Alcohol Use Disorder

American Psychiatric Association, 2018-01-11 Alcohol use disorder (AUD) is a major public health problem in the United States. The estimated 12-month and lifetime prevalence values for AUD are 13.9% and 29.1%, respectively, with approximately half of individuals with lifetime AUD having a severe disorder. AUD and its sequelae also account for significant excess mortality and cost the United States more than \$200 billion annually. Despite its high prevalence and numerous negative consequences, AUD remains undertreated. In fact, fewer than 1 in 10 individuals in the United States with a 12-month diagnosis of AUD receive any treatment. Nevertheless, effective and evidence-based interventions are available, and treatment is associated with reductions in the risk of relapse and AUD-associated mortality. The American Psychiatric Association Practice Guideline for the Pharmacological Treatment of Patients With Alcohol Use Disorder seeks to reduce these substantial psychosocial and public health consequences of AUD for millions of affected individuals. The guideline focuses specifically on evidence-based pharmacological treatments for AUD in outpatient settings and includes additional information on assessment and treatment planning, which are an integral part of using pharmacotherapy to treat AUD. In addition to reviewing the available evidence on the use of AUD pharmacotherapy, the guideline offers clear, concise, and actionable recommendation statements, each of which is given a rating that reflects the level of confidence that potential benefits of an intervention outweigh potential harms. The guideline provides guidance on implementing these recommendations into clinical practice, with the goal of improving quality of care and treatment outcomes of AUD.

kingston crossing wellness clinic: Foundations of Behavioral Health Bruce Lubotsky Levin, Ardis Hanson, 2019-06-29 This comprehensive book examines the organization, financing, delivery, and outcomes of behavioral health (i.e., alcohol, drug abuse, and mental health) services from both U.S. and global perspectives. Addressing the need for more integrative and collaborative approaches in public health and behavioral health initiatives, the book covers the fundamental issues in behavioral health, including epidemiology, insurance and financing, health inequities, implementation sciences, lifespan issues, cultural responsiveness, and policy. Featuring insightful research from scholars in an interdisciplinary range of academic and professional fields, chapters fall into three distinct sections: Overview: Outlines the defining characteristics of behavioral health services and identifies significant challenges in the field At-Risk Populations: Explores critical issues for at-risk populations in need of behavioral health services, including children in school environments, youth in juvenile justice systems, and persons with developmental disabilities, among others Services Delivery: Presents a rationale for greater integration of health and behavioral health services, and contextualizes this explanation within global trends in behavioral health policy, systems, and services An in-depth textbook for graduate students studying public health, behavioral health, social work policy, and medical sociology, as well as a useful reference for behavioral health professionals and policy makers, *Foundations of Behavioral Health* provides a global perspective for

practice and policy in behavioral health. It promotes better understanding of the importance of integrating population health and behavioral health services, with an eye towards improving and sustaining public health and behavioral health from national, regional, and global perspectives.

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Leaders Cynthia R. King, Sally Gerard, Carla Gene Rapp, 2018 This is the first text to address the CNL/APRN roles within the wider scope of nursing leadership This is the first text to address not only the Clinical Nurse Leader (CNL) role but also the Advance Practice Registered Nurse (APRN) role within the wider scope of nursing leadership. Written for CNL and APRN programs in the US and beyond. By virtue of its expansive coverage of nursing leadership beyond the CNL role--case managers, clinical educators, quality improvement specialists, and many other arenas--the text will also be a valuable addition to other graduate nursing leadership programs. The text examines APRN/CNL leadership trends, types of leadership, health care advocacy, role implementation and integration, lateral integration of care services, and ethical nurse leadership. It broadly addresses patient assessment and clinical outcomes management, while covering the many facets of the care environment, from organizational structure to risk management to health care informatics and technology. Chapter objectives, clinical examples, exemplars, and other resources facilitate information retention. Key Features: Serves as the only text specifically designed to address the CNL and APRN roles Encompasses the wide scope of graduate nursing leadership The content should assist graduate nurse leaders to prepare for certification preparation Facilitates in-depth understanding of material with chapter objectives, exemplars, and clinical examples

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Public's Health Judith Allender, Cherie Rector, Cherie Rector, PhD Rn-C, Kristine Warner, Kristine Warner, PhD MS MPH RN, 2013-04-26 Community & Public Health Nursing is designed to provide students a basic grounding in public health nursing principles while emphasizing aggregate-level nursing. While weaving in meaningful examples from practice throughout the text, the authors coach students on how to navigate between conceptualizing about a population-focus while also continuing to advocate and care for individuals, families, and aggregates. This student-friendly, highly illustrated text engages students, and by doing so, eases students into readily applying public health principles along with evidence-based practice, nursing science, and skills that promote health, prevent disease, as well as protect at-risk populations! What the 8th edition of this text does best is assist students in broadening the base of their knowledge and skills that they can employ in both the community and acute care settings, while the newly enhanced ancillary resources offers interactive tools that allow students of all learning styles to master public health nursing.

kingston crossing wellness clinic: Learning to Serve Maureen E. Kenny, Lou Anna K. Simon, Karen Kiley-Brabeck, Richard M. Lerner, 2001-12-31 Service learning, as defined by the editors, is the generation of knowledge that is of benefit to the community as a whole. This seventh volume in the Outreach Scholarship book series contributes a unique discussion of how service learning functions as a critical cornerstone of outreach scholarship. The sections and chapters of this book marshal evidence in support of the idea that undergraduate service learning, infused throughout the curriculum and coupled with outreach scholarship, is an integral means through which higher education can engage people and institutions of the communities of this nation in a manner that perpetuate civil society. The editors, through this series of models of service learning, make a powerful argument for the necessity of engaged institutions.

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