

kingwood health and wellness clinic

Kingwood Health and Wellness Clinic: Your Journey to a Healthier You Starts Here

Are you searching for a comprehensive healthcare experience in Kingwood, Texas, that goes beyond just treating symptoms? Do you crave a wellness journey that focuses on preventative care and holistic well-being? Then look no further! This blog post dives deep into everything you need to know about the Kingwood Health and Wellness Clinic, outlining its services, philosophy, and why it's the perfect choice for your health and wellness needs. We'll explore what makes this clinic stand out, addressing common questions and providing you with the information you need to make an informed decision about your healthcare.

Understanding the Kingwood Health and Wellness Clinic's Holistic Approach

The Kingwood Health and Wellness Clinic isn't your typical doctor's office. We believe in a holistic approach to health, meaning we consider the interconnectedness of your physical, mental, and emotional well-being. Instead of just treating the symptoms, we strive to identify and address the root causes of your health concerns. This proactive approach is at the heart of everything we do. We understand that true wellness isn't just the absence of disease; it's a vibrant state of being, characterized by energy, vitality, and a sense of overall well-being. This philosophy guides our practitioners in providing personalized care tailored to your unique needs and goals.

A Wide Range of Services: Catering to Your Diverse Needs

The Kingwood Health and Wellness Clinic offers a comprehensive range of services designed to meet the diverse healthcare needs of our community. These include, but aren't limited to:

Preventative Care: Regular check-ups, screenings, and personalized health plans are designed to catch potential problems early and keep you feeling your best. We emphasize disease prevention through lifestyle modifications and proactive health management.

Primary Care: We provide comprehensive primary care services, including diagnosis and treatment of common illnesses, management of chronic conditions, and ongoing health monitoring.

Wellness Programs: Our tailored wellness programs are designed to help you achieve your health goals. These programs might involve nutritional counseling, fitness guidance, stress management techniques, and more. We work closely with you to create a personalized

plan that fits seamlessly into your life.

Specialized Services: Depending on the needs of the community, the clinic may offer specialized services such as physiotherapy, acupuncture, or other complementary therapies. We are committed to expanding our offerings based on the evolving needs of our patients.

Mental Health Support: Recognizing the strong link between physical and mental health, we may offer access to mental health professionals, counseling services, or support groups, creating a supportive environment for overall well-being.

The Kingwood Health and Wellness Clinic Team: Expertise and Compassion Combined

Our team is composed of highly skilled and experienced healthcare professionals who are passionate about providing compassionate and effective care. From our board-certified physicians to our dedicated support staff, everyone at the Kingwood Health and Wellness Clinic shares a commitment to excellence. We are committed to ongoing professional development to ensure we are always up-to-date with the latest advancements in healthcare and wellness practices. This dedication to continuous learning translates into superior care for our patients.

Patient Testimonials: Real Stories, Real Results

The best testament to the quality of care at the Kingwood Health and Wellness Clinic comes from our patients themselves. We regularly collect feedback and testimonials to understand how we can continue improving our services. These testimonials often highlight the personalized care, the clinic's holistic approach, and the positive impact on their overall well-being. (Note: Actual patient testimonials would be included here on the actual website/blog).

Accessibility and Convenience: Making Healthcare Easy

We understand that accessing healthcare shouldn't be a burden. That's why the Kingwood Health and Wellness Clinic strives to make our services as accessible and convenient as possible. This includes offering flexible appointment scheduling, easy online booking, and a convenient location within the Kingwood community. We aim to minimize wait times and ensure a smooth and comfortable experience for all our patients.

Investing in Your Future: Why Choose the Kingwood Health and Wellness Clinic?

Choosing the right healthcare provider is a crucial decision. The Kingwood Health and Wellness Clinic offers a unique blend of comprehensive services, a holistic approach to wellness, and a compassionate team dedicated to your well-being. We believe in empowering you to take control of your health and embark on a journey towards a

happier, healthier life. We are committed to building long-term relationships with our patients, providing ongoing support and guidance every step of the way. Contact us today to schedule your appointment and experience the difference!

Conclusion:

The Kingwood Health and Wellness Clinic is more than just a medical facility; it's a partner in your health journey. By prioritizing a holistic approach, providing comprehensive services, and fostering a compassionate environment, we strive to empower you to live your healthiest and most fulfilling life. We invite you to explore our services further and discover how the Kingwood Health and Wellness Clinic can support you on your path to optimal well-being.

Frequently Asked Questions (FAQs):

1. What insurance plans do you accept? We accept a wide range of insurance plans. Please contact our office directly to verify your coverage.
1. Do you offer telehealth appointments? Yes, we offer telehealth appointments for the convenience of our patients. Details on availability are available on our website.
1. What are your hours of operation? Our hours of operation are [Insert Clinic Hours Here].
1. How do I schedule an appointment? You can schedule an appointment online through our website or by calling our office at [Insert Phone Number Here].
1. What types of specialists do you refer patients to? We have a network of trusted specialists across various medical fields. We will work with you to find the right specialist for your needs.

kingwood health and wellness clinic: Mammography Centers Directory Henry A. Rose, 2005 This guide to over 9,000 mammography facilities includes names, addresses, telephone and fax numbers, and geographical and alphabetical sections. From the publishers of the Hospital Telephone

Directory.

kingwood health and wellness clinic: *Official Gazette of the United States Patent and Trademark Office* , 2005-07-12

kingwood health and wellness clinic: Hormones, Health, and Happiness Steven F. Hotze, Kelly Griffin, 2013 Do you want to maintain your health and energy level as you age? If so, then it is essential that you replenish your declining hormones. In *Hormones, Health, and Happiness*, Dr. Steven Hotze reveals how restoring hormones to optimal levels using natural, bioidentical hormones enables women and men to regain their vitality. Dr. Hotze discusses the frequently overlooked problem of hypothyroidism, which commonly affects women in midlife. Too often, women with all the signs of low thyroid are told that their blood results are normal. Find out why women should believe what their bodies are telling them rather than the results of a blood test. The conventional medical approach treats symptoms with anti drugs, such as antidepressants, antihistamines, antispasmodics, anti-arthritis, and others, rather than discovering and correcting the underlying problems of these symptoms. In *Hormones, Health, and Happiness*, Dr. Hotze discusses symptoms of women and men in midlife, which include fatigue, weight gain, headaches, depression, insomnia, hot flashes, joint and muscle pain, brain fog, loss of interest in sex, allergies, and recurrent infections, to name a few, and addresses their solutions. His comprehensive eight-point wellness program will help you strengthen your immune system, balance your hormones, and increase your energy level. This program encompasses: - Treatment of low thyroid - Treatment of hormonal decline and imbalance - Treatment of adrenal fatigue - Treatment of yeast overgrowth - Treatment of airborne allergies - Treatment of food allergies - Vitamin and mineral supplementation - Nutritionally balanced eating program Dr. Hotze demonstrates how many health problems can be solved safely, effectively, and naturally without drugs. If you are sick and tired of being sick and tired, then it's time to take charge of your health and get your life back. By following Dr. Hotze's recommendations you can begin your journey down a life-long path of health and happiness.

kingwood health and wellness clinic: *Medical and Health Information Directory* , 2010

kingwood health and wellness clinic: *Directory of Women's Health Care Centers* , 1989

kingwood health and wellness clinic: *Cumulative List of Organizations Described in Section 170 (c) of the Internal Revenue Code of 1954* , 2003

kingwood health and wellness clinic: *Medicine Moves to the Mall* David Charles Sloane, Beverlie Conant Sloane, 2003-04-01 The shopping mall seems an unlikely place to go for health care services. Yet, the mall has become home to such services as well as a model for redesigning other health care facilities. In *Medicine Moves to the Mall*, David Charles Sloane and Beverlie Conant Sloane document the historical changes to our health care landscape by exploring the interactions between medicine and place. This unique combination of architectural history and the history of medicine provides a thought-provoking analysis of the geography of the practice of medicine. The book presents three essays, each accompanied by a gallery of historical and recent photos. The authors discuss the rise of modern hospitals and how they were shaped into scientifically sterile and humanly stark medical workshops. Starting in the 1970s, hospital facilities were altered in appearance to become more friendly and welcoming. The integration of a shopping mall's spaciousness and open design with technology and scientific innovation served in humanizing the hospital. Most recently, the accessibility and convenience of shopping center and roadside clinics have invited Americans to go shopping for health in the increasingly commercialized medical system. *Medicine Moves to the Mall* will appeal to scholars and professionals in fields ranging from health care to cultural geography and from urban studies to architectural history, as well as to readers interested in the shifting status of medicine in American society.

kingwood health and wellness clinic: *The Directory of Hospital Personnel* , 2006

kingwood health and wellness clinic: *Intersections* Kathleen McCormick, 2013 Based on worldwide public health data, this report lays out the premise for building healthy places and illuminates the role of the real estate and development community in addressing public health issues. This is an essential resource for public officials, real estate developers, engineers,

consultants, and students of urban planning.

kingwood health and wellness clinic: Performing GI Procedures , 1981

kingwood health and wellness clinic: Cumulative List of Organizations Described in Section 170 (c) of the Internal Revenue Code of 1986 , 1997

kingwood health and wellness clinic: **Congressional Record** United States. Congress, 2007

kingwood health and wellness clinic: *Curing Bipolar Disorder and Schizophrenia* Doris Denise King, 2009-09 Based on the work and research of the late Dr. John Lee, *Curing Bipolar Disorder and Schizophrenia* explains the importance of hormone balance to mental health and describes what can happen in the brain and body when they don't have the progesterone they need.

kingwood health and wellness clinic: **Architecture for Psychiatric Environments and Therapeutic Spaces** E. Chrysikou, 2014-12-18 Therapeutic architecture can be described as the people-centered, evidence-based discipline of the built environment, which aims to identify and support ways of incorporating those spatial elements that interact with people physiologically and psychologically into design. Architecture is an important factor in people's lives when they are well; when they experience ill-health and are less able to cope it becomes even more important. This book explores the design of specialized residential architecture for people with mental health problems. It sets out to show how building design can support medical and health related procedures and practices, leading to better therapeutic outcomes and an enhanced quality of life. Based on almost two decades of research, it aims to understand how architectural design interacts with the therapeutic milieu, the care programs, and actually living in the spaces. The book is divided into two main parts covering theory and research. Part one consists of three chapters: a brief introduction to old practices, current medical psychosocial and architectural thinking, and alternative thinking. Part two explores the research and conclusions derived from fieldwork. This book provides a fascinating insight into the effect that architectural design can have on all of us, but particularly on those with mental health problems. Dr. Evangelia Chrysikou explains the many aspects of mental health and its relation to the quality of the built environment and I strongly recommend this very enjoyable book to anyone who would like to find out more about this important topic. - Prof. Alan Dilani, Ph.D. , International Academy for Design and Health This book provides important, evidence-based data that will help to drive the design of new and refurbished psychiatric facilities and will no doubt become a highly-regarded resource for medical planners and architects. - Jo Makosinski , Editor, Building Better Healthcare

kingwood health and wellness clinic: Directory of Pain Treatment Centers in the U.S. and Canada , 1989

kingwood health and wellness clinic: *Case Management Resource Guide* , 1997

kingwood health and wellness clinic: **Younger** Sara Gottfried, 2017-03-07 "The breakthrough book we've been waiting for on . . . epigenetics and aging . . . [A] stunning achievement by one of our wisest and most thoughtful . . . physicians." —Mark Hyman, M.D., New York Times–bestselling author of *The Blood Sugar Solution* and director of the Cleveland Clinic Center for Functional Medicine Feel destined for cellulite, saddle bags, and belly fat? Does your family come from a long line of Alzheimer's, cancer, or heart disease? Will nothing help your aging skin or declining libido or flagging energy? This book is for you. The assumption is that we are our genes. The scientific reality is that ninety percent of the signs of aging and disease are caused by lifestyle choices, not your genes. In other words, you have the capability to overcome and transform your genetic history and tendencies. Harvard/MIT-trained physician Sara Gottfried, M.D. has created a revolutionary seven-week program that empowers us to make the critical choices necessary to not just look young, but also feel young. Dr. Gottfried builds this book around the five-key factors that lead to accelerated aging —the muscle factor, the brain factor, the hormone factor, the gut factor, and the toxic fat factor. The seven-week program addresses these factors and treats them in an accessible and highly practical protocol and is as follows: Feed—Week 1 Sleep—Week 2 Move—Week 3 Release—Week 4 Expose—Week 5 Soothe—Week 6 Think—Week 7 Dr. Gottfried's program makes it possible to change the way you age, stay younger longer, and

remain healthy and vibrant for all of your days. "Prepare to completely shift your paradigm around aging." —JJ Virgin, New York Times bestselling author of *The Virgin Diet* "An invaluable resource." —Marianne Williamson, International bestselling author of *A Return to Love*

kingwood health and wellness clinic: *Fetal MRI* Daniela Prayer, 2011-02-15 This is the most comprehensive book to be written on the subject of fetal MRI. It provides a practical hands-on approach to the use of state-of-the-art MRI techniques and the optimization of sequences. Fetal pathological conditions and methods of prenatal MRI diagnosis are discussed by organ system, and the available literature is reviewed. Interpretation of findings and potential artifacts are thoroughly considered with the aid of numerous high-quality illustrations. In addition, the implications of fetal MRI are explored from the medico-legal and ethical points of view. This book will serve as a detailed resource for radiologists, obstetricians, neonatologists, geneticists, and any practitioner wanting to gain an in-depth understanding of fetal MRI technology and applications. In addition, it will provide a reference source for technologists, researchers, students, and those who are implementing a fetal MRI service in their own facility.

kingwood health and wellness clinic: Emergency Radiology Ajay Singh, 2013-05-13 In the emergency and trauma setting, accurate and consistent interpretation of imaging studies are critical to the care of acutely ill and injured patients. *Emergency Radiology: Imaging of Acute Pathologies* is a comprehensive review of radiological diagnoses commonly encountered in the emergency room by radiologists, residents, and fellows. The book is organized by anatomical sections that present the primary ER imaging areas of the acute abdomen, pelvis, thorax, neck, head, brain and spine, and osseous structures. For each section, the common diagnoses are concisely described and are accompanied by relevant clinical facts and key teaching points that emphasize the importance of radiological interpretation in clinical patient management. The role of modalities such as plain radiography, CT, ultrasound, MR, and nuclear medicine imaging in managing emergency conditions is highlighted.

kingwood health and wellness clinic: *Principles and Practice of Chiropractic, Third Edition* Scott Haldeman, 2012-09-01 The most comprehensive, extensively illustrated book focusing on chiropractic principles, diagnosis, and treatment. A Doody's Core Title for 2019! 5 STAR DOODY'S REVIEW! This is the third edition of one of the chiropractic profession's most important and influential books. It is a compendium of hard scientific knowledge about all aspects of chiropractic, from the social and historical to the clinical and research oriented. It is a significant expansion from the second edition, which was published in 1992, quite some time ago. It contains five major sections: Introduction to Principles of Chiropractic, Introduction to Chiropractic Theory, Introduction to the Clinical Examination, Introduction to Specific Treatment Methods, and Introduction to Management of Specific Disorders....The book exceeds all expectations the author had for it....I consider this the most essential of all chiropractic texts, one that all chiropractors should obtain.--Doody's Review Service Developed as the core textbook for the chiropractic student and as a professional reference, this text presents theory, philosophy, and practice principles of chiropractic. Covers both traditional and newer chiropractic techniques as well as the clinical exam and management of specific disorders.

kingwood health and wellness clinic: *The End of Alzheimer's Program* Dale Bredesen, 2020-08-18 The instant New York Times bestseller The New York Times Best Selling author of *The End of Alzheimer's* lays out a specific plan to help everyone prevent and reverse cognitive decline or simply maximize brainpower. In *The End of Alzheimer's* Dale Bredesen laid out the science behind his revolutionary new program that is the first to both prevent and reverse symptoms of Alzheimer's disease. Now he lays out the detailed program he uses with his own patients. Accessible and detailed, it can be tailored to anyone's needs and will enhance cognitive ability at any age. What we call Alzheimer's disease is actually a protective response to a wide variety of insults to the brain: inflammation, insulin resistance, toxins, infections, and inadequate levels of nutrients, hormones, and growth factors. Bredesen starts by having us figure out which of these insults we need to address and continues by laying out a personalized lifestyle plan. Focusing on the Ketoflex 12/3 Diet,

which triggers ketosis and lets the brain restore itself with a minimum 12-hour fast, Dr. Bredesen drills down on restorative sleep, targeted supplementation, exercise, and brain training. He also examines the tricky question of toxic exposure and provides workarounds for many difficult problems. The takeaway is that we do not need to do the program perfectly but will see tremendous results if we can do it well enough. With inspiring stories from patients who have reversed cognitive decline and are now thriving, this book shifts the treatment paradigm and offers a new and effective way to enhance cognition as well as unprecedented hope to sufferers of this now no longer deadly disease.

kingwood health and wellness clinic: *The Resident's Guide to Spine Surgery* Joseph R. O'Brien, S. Bobby Kalantar, Doniel Drazin, Faheem A. Sandhu, 2019-11-23 With an emphasis on set-up and execution and lessons learned from expert practitioners, this concise, practical guide for residents and fellows presents the essentials for both common and complex spine surgery. Proceeding anatomically from the cervical to the sacroiliac, and including chapters on spinal tumors, infection and revision surgery, nearly 40 different procedures are highlighted, from corpectomy, arthroplasty and laminectomy to percutaneous screws, decompression and fusion. Chapters include all the information a resident will need to know: indications and contraindications, imaging and diagnosis, OR set-up and instrumentation selection, the specific operative technique, post-operative protocols, and clinical pearls and pitfalls. Radiographs and full-color intraoperative photographs accompany each procedure. Whether suturing dura or performing a lateral interbody fusion, spinal surgery is a technical pursuit, and having a firm grasp of the details can ultimately determine the procedure's success. Written and edited by veterans in orthopedic surgery and neurosurgery, *The Resident's Guide to Spine Surgery* is just the detailed, user-friendly resource for up-and-coming clinicians looking to develop and expand their surgical expertise.

kingwood health and wellness clinic: *Global Orthopedics* Richard A. Gosselin, David A. Spiegel, Michelle Foltz, 2014-04-18 *Global Orthopedics: Caring for Musculoskeletal Conditions and Injuries in Austere Settings* was conceived and written to be a unique reference for surgeons working in resource-limited environments. The first sections provide historical background, global public health perspectives of orthopedics, the role of culture, and a broad discussion of clinical topics that orthopedic surgeons rarely deal with in high-resource settings but that affect orthopedic care. Adult and pediatric trauma are presented in an anatomical format for easy reference, with a focus on the natural history and the best treatment methods within existing limitations. The chapters on musculoskeletal infections provide a focused discussion about these common debilitating conditions that is unavailable in any other single modern text. The non-infectious pediatric conditions section has been written for the non-specialist to handle selected developmental and early childhood orthopedic problems commonly seen in low-resource settings. Detailed chapters on reconstruction surgery, tumor management, amputations, and the orthopedic needs in the face of conflicts and natural disasters round out the text.

kingwood health and wellness clinic: *The End of Alzheimer's* Dale Bredesen, 2017-08-22 The instant New York Times and Wall Street Journal bestseller A groundbreaking plan to prevent and reverse Alzheimer's Disease that fundamentally changes how we understand cognitive decline. Everyone knows someone who has survived cancer, but until now no one knows anyone who has survived Alzheimer's Disease. In this paradigm shifting book, Dale Bredesen, MD, offers real hope to anyone looking to prevent and even reverse Alzheimer's Disease and cognitive decline. Revealing that AD is not one condition, as it is currently treated, but three, *The End of Alzheimer's* outlines 36 metabolic factors (micronutrients, hormone levels, sleep) that can trigger downsizing in the brain. The protocol shows us how to rebalance these factors using lifestyle modifications like taking B12, eliminating gluten, or improving oral hygiene. The results are impressive. Of the first ten patients on the protocol, nine displayed significant improvement with 3-6 months; since then the protocol has yielded similar results with hundreds more. Now, *The End of Alzheimer's* brings new hope to a broad audience of patients, caregivers, physicians, and treatment centers with a fascinating look inside the science and a complete step-by-step plan that fundamentally changes how we treat and even think

about AD.

kingwood health and wellness clinic: *Handbook of Lipids in Human Function* Ronald Ross Watson, Fabien De Meester, 2015-12-09 Handbook of Lipids in Human Function: Fatty Acids presents current research relating to health issues whose impact may be modified by adopting personalized diets and lifestyle interventions of the consumption of fatty acids. Addressing cardiovascular and neurological diseases as well as cancer, obesity, inflammatory conditions, and lung disease, the authors correlate lipid sources with specific conditions, providing important insights into preventative as well as response-based actions designed to positively impact health outcomes. The material is presented in 29 chapters and brings together the research and work of an international team of experts. designed to bridge the gap between traditional approaches to dietary interventions and leading edge integrated health strategies, Handbook of Lipids in Human Function: Fatty Acids is a valuable resource for researchers and clinicians. - Discusses the importance of essential fatty acids in maintaining cardio- and cerebro-vascular health - Explains the metabolic risks associated with deficiencies and/or imbalance of essential fatty acids - Explores the promise of essential fatty acids as adjuvants to pharmacopoeia - Suggests interventions with personalized lipid diets

kingwood health and wellness clinic: *Register of Higher Education 1997* Peterson's, 1996-12-08

kingwood health and wellness clinic: *American Hospital Association Guide to the Health Care Field* American Hospital Association, 2002

kingwood health and wellness clinic: *Healing Arthritis* Susan Blum, 2017-10-24 The author of the bestselling *The Immune System Recovery Plan* shares her science-based, drug-free treatment plan for the almost fifty million people who suffer from arthritis: an amazing 3-step guide to eliminate the disease naturally. Arthritis is the most common cause of disability in the world—greater than both back pain and heart disease. One example, Rheumatoid Arthritis (RA), is the most common autoimmune disease, affecting 1% of the US population, and almost 68 million people worldwide. Conventional medicine tends to treat arthritis with strong, gut-damaging, immune-suppressing pain medications, temporarily relieving the symptoms of the disease without addressing its root causes. Now, in her groundbreaking new book, Dr. Susan Blum, a leading expert in functional medicine, offers a better approach to healing arthritis permanently. Dr. Blum's groundbreaking three-step protocol is designed to address the underlying causes of the condition and heal the body permanently by: -Treating Rheumatoid Arthritis, Osteoarthritis, and more -Healing your gut to heal your joints -Reducing inflammation without medication Dr. Blum's innovative two-week plan to quickly reduce pain through anti-inflammatory foods and supplements; followed by an intensive gut repair to rid the body of bad bacteria and strengthen the gastrointestinal system for a dramatic improvement in arthritis symptoms and inflammation; and then addresses the emotional issues that contribute to inflammation, and eating a simple, Mediterranean inspired diet to maintain a healthy gut. Featuring detailed case studies, including Dr. Blum's own inspiring personal story, *Healing Arthritis* offers a revolutionary way to heal your gut, repair your immune system, control inflammation, and live a happier, healthier life...arthritis-free.

kingwood health and wellness clinic: *Pediatric Dialysis* Bradley A. Warady, 2004 The provision of optimal dialysis therapy to children requires a thorough understanding of the multi-disciplinary manner in which the pediatric patient is affected by renal insufficiency. Knowledge of the technical aspects of peritoneal dialysis, hemodialysis and continuous renal replacement therapy must be complemented by attention to issues such as anemia, renal osteodystrophy, hypertension, growth, cognitive development, nutrition, nursing care and the psychosocial adaptation of the child and family to chronic disease. The inaugural edition of *Pediatric Dialysis* provides a comprehensive review of these and other related topics with a singular emphasis on the unique aspects of their application to children. With authoritative, clinically relevant, well-referenced chapters written by a host of recognized international experts who emphasize key aspects of contemporary management, *Pediatric Dialysis* has been designed to serve as a primary

resource to all clinicians involved in the care of the pediatric dialysis patient.

kingwood health and wellness clinic: *Wherever You Go, There You Are* Jon Kabat-Zinn, 2023-12-05 Find quiet reflective moments in your life—and reduce your stress levels drastically—with this classic bestselling guide updated and featuring a new introduction and afterword. When *Wherever You Go, There You Are* was first published in 1994, no one could have predicted that the book would launch itself onto bestseller lists nationwide and sell over 1 million copies to date. Thirty years later, *Wherever You Go, There You Are* remains a foundational guide to mindfulness and meditation, introducing readers to the practice and guiding them through the process. The author of over half a dozen books on mindfulness, Jon Kabat-Zinn combines his research and medical background with his spiritual knowledge to help readers find peace and change their lives. In this new edition, readers will find a new introduction and afterword from Kabat-Zinn, as well as factual updates throughout to address changes in research and knowledge since it was originally published. After the special tumult of the last few years, as well as the promise of more unrest in the future, *Wherever You Go, There You Are* serves as an anchor for a whole new generation of readers looking to find their center and achieve their true self.

kingwood health and wellness clinic: *D and B Million Dollar Directory*, 1998

kingwood health and wellness clinic: *Cracking the Metabolic Code* B. Lavalley R.Ph. C.C.N. N.D., James, James B. Lavalley, 2009-06-16 Crack Your Code and Reach a New Level of Healing and Health Doctors traditionally prescribe a pill for every ill. But for most people, these single solutions don't work. The truth is, most chronic health problems, including stubborn weight gain, unbeatable fatigue, intestinal distress, high blood pressure, creeping cholesterol, and high blood sugar, are not found in simply one organ, but in several parts of the body (oftentimes in twos and threes). This is the result of years of slow, subtle challenges to your metabolism, which is as unique as you are. Your diet, lifestyle habits, stress level, prescription drug use, and relationships, as well as the genes you inherit and the environment in which you live—in effect, the sum total of your life experience up to this day—determine your personal metabolism and, in turn, your current state of health. Using a step-by-step, easy-to-implement system of diet, lifestyle strategies, and state-of-the-art nutrients and supplements, Dr. James LaValle will help you create an individualized program for reclaiming your metabolism and health.....At long last, this book provides readers with the information and tools that have been used successfully by thousands of Dr. LaValle's patients over the last twenty years to help them take charge of their diets, their health, and their lives.

kingwood health and wellness clinic: *Aging Stronger* Jack Wong, 2019-09-17 Avoid Costly Mistakes and gain CLARITY on how to make the best decision for your health. If you're aged 50+ and suffering with pain or stiffness that is affecting your ability to stay active or independent, this book is for you. Don't waste more time resting or taking it easy until the pain becomes unbearable. Take action to overcome pain, stiffness, and injury without relying on pain medications, injections, or surgeries. Dr. Jack reveals □The 6 biggest health myths most people believe that simply aren't true□ False beliefs around aging, and how to stay active, healthy, and mobile without pain pills, injections, or surgeries □How to create a plan to achieve better health in a few simple steps□The top mistakes people make about their health that keep them stuck □How the holistic medical model treats the CAUSE rather than just symptoms□What to look for when choosing a healthcare provider that best fits your needs □And Much More!! Dr. Jack Wong is the owner of Next Level Physical Therapy in Kingwood, Texas. He specializes in using natural solutions to treat the cause of your problems, not just the symptoms. Next Level Physical Therapy helps people aged 50+ keep ACTIVE and MOBILE in their 60s, 70s, and beyond without the need for pain pills, even if they've been told nothing could be done!

kingwood health and wellness clinic: *Mortality in the United States, 2012* Jiaquan Xu, Kenneth D. Kochanek, Sherry L. Murphy, Elizabeth Arias, 2014

kingwood health and wellness clinic: *Ragged* Gretchen Ronnevik, Elyse Fitzpatrick, 2021-05-11 When we mistake spiritual disciplines for to-dos, time slots on our schedule, or Instagram-able moments, we miss the benefits of Christ's continual and constant work for us. In

Ragged, Gretchen Ronnevik aims to reclaim spiritual disciplines as good gifts given by our good Father instead of heavy burdens of performance carried by the Christian. Only when we recognize our failures to maintain God's commands do we also realize the benefit of our dependence on his promises. Gretchen uses this distinction on law and gospel, presented throughout Scripture, to guide readers through spiritual disciplines including prayer, meditation, Scripture reading, and discipleship among others. Despite our best efforts, the good news is that spiritual disciplines have less to do with what we bring before God and more about who Christ is for us, not only as the author but also as the perfecter of our faith.

kingwood health and wellness clinic: Body MRI Cases William E. Brant, Eduard E. de Lange, 2013-03-21 Body MRI: Cases in Radiology serves as a ready reference of 141 cases and nearly 900 superb quality images of common and uncommon conditions encountered in the daily practice of body MRI. The book is specifically intended for radiology residents and fellows as a study guide to broaden clinical knowledge and improve diagnostic skills when reviewing MR images of the liver, biliary system, pancreas, urinary tract, adrenal glands, peritoneal cavity, spleen, gastrointestinal system, female genital tract, vascular system, and heart. The selected cases provide outstanding examples of various disease states and their appearances as demonstrated by MR imaging using a variety of pulse sequences. Each case is shown on the front page with a brief clinical history and multiple, carefully selected images that best show the important findings. When turning the page, the imaging findings, differential diagnosis and important teaching points are given in bullet-point format facilitating the learning process and allowing the reader to improve interpretation and diagnostic capability in body MRI. Cases are presented in random order to mimic the diagnostic challenges that typically occur when reading the daily worklist of cases in a routine clinical body MRI practice. Readers can also review the cases by organ system through the Index of Cases found in the back of the book. Body MRI Cases is also an excellent companion study guide to Essentials of Body MRI by the same authors. Together, these texts provide an excellent foundation in Body MRI.

kingwood health and wellness clinic: *The Thyroid Gland* Michel de Visscher, 1980

kingwood health and wellness clinic: It's Not You It's Your Hormones Nicki Williams, 2017 The essential guide for women over 40 who are on the peri-menopausal roller coaster of hormone fluctuations, and would like to get their mojo back! Natural and practical solutions for lasting weight loss, boundless energy, balanced moods and hormone harmony, along with a comprehensive 30 day plan to get results fast.

kingwood health and wellness clinic: Eating Yourself Sick Joseph S. Galati, 2018-06-14 Since 1980, obesity has more than doubled worldwide in adults, and tripled in youth. This has spurred a nationwide health issue: metabolic syndrome, a cluster of diseases including obesity, fatty liver, and cardiovascular disease that can be fatal if not kept under control. Armed with decades of experience and a deep understanding of metabolic syndrome, Dr. Joe Galati looks to use this book to educate you on how to avoid these diseases. Through a strong family structure, eating habits and regular exercise, you can avoid or reverse metabolic syndrome, and help your children, our most precious resource, avoid becoming another unhealthy statistic.

kingwood health and wellness clinic: Access to Health Care in America Institute of Medicine, Committee on Monitoring Access to Personal Health Care Services, 1993-02-01 Americans are accustomed to anecdotal evidence of the health care crisis. Yet, personal or local stories do not provide a comprehensive nationwide picture of our access to health care. Now, this book offers the long-awaited health equivalent of national economic indicators. This useful volume defines a set of national objectives and identifies indicators—measures of utilization and outcome—that can sense when and where problems occur in accessing specific health care services. Using the indicators, the committee presents significant conclusions about the situation today, examining the relationships between access to care and factors such as income, race, ethnic origin, and location. The committee offers recommendations to federal, state, and local agencies for improving data collection and monitoring. This highly readable and well-organized volume will be essential for policymakers, public health officials, insurance companies, hospitals, physicians and nurses, and interested

individuals.

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