

parker wellness clinic dallas

Parker Wellness Clinic Dallas: Your Guide to Holistic Wellness in the Big D

Are you searching for a holistic approach to wellness in the heart of Dallas? Feeling overwhelmed by the sheer number of clinics and unsure where to begin your journey towards better health? Then you've come to the right place. This comprehensive guide dives deep into Parker Wellness Clinic Dallas, exploring their services, philosophies, and what makes them stand out in the bustling Dallas health scene. We'll uncover everything you need to know before booking your first appointment, ensuring you feel confident and empowered in your health choices.

Understanding Parker Wellness Clinic Dallas: A Holistic Approach

Parker Wellness Clinic Dallas isn't your typical medical clinic. They focus on a holistic approach to wellness, treating the whole person – mind, body, and spirit – rather than just addressing individual symptoms. This philosophy emphasizes preventative care, personalized treatment plans, and a strong patient-doctor relationship. They believe in empowering individuals to take control of their health through education and collaborative care. This means understanding your lifestyle, identifying potential risks, and creating a tailored plan to achieve optimal well-being.

Services Offered at Parker Wellness Clinic Dallas: A Comprehensive Overview

Parker Wellness Clinic Dallas offers a wide range of services designed to cater to diverse needs. While specific services may vary, you can expect to find options such as:

1. Functional Medicine: This approach focuses on identifying the root cause of illness, not just treating the symptoms. This might involve extensive testing and a deep dive into your lifestyle and dietary habits.
1. IV Therapy: Intravenous therapy provides a rapid delivery of essential vitamins, minerals, and hydration directly into your bloodstream. This can be beneficial for boosting immunity, improving energy levels, and addressing various nutritional deficiencies.
1. Hormone Replacement Therapy (HRT): Addressing hormone imbalances is crucial for overall well-being. Parker Wellness Clinic Dallas likely offers HRT options tailored to individual needs

and hormone profiles.

1. **Weight Management Programs:** These programs go beyond simple dieting, addressing underlying metabolic issues and lifestyle factors contributing to weight gain. They likely focus on sustainable lifestyle changes rather than quick fixes.
1. **Bioidentical Hormone Pellet Therapy:** This advanced therapy involves implanting small pellets containing bioidentical hormones under the skin for sustained hormone regulation.
1. **Nutritional Counseling:** Working with a registered dietitian or nutritionist is key to understanding the role of nutrition in overall health. Personalized meal plans and dietary guidance are essential aspects of a holistic approach.
1. **Stress Management Techniques:** Stress significantly impacts health. Parker Wellness Clinic Dallas likely incorporates stress reduction techniques such as mindfulness, meditation, or other relaxation methods into their treatment plans.

What Sets Parker Wellness Clinic Dallas Apart?

Several factors contribute to Parker Wellness Clinic Dallas's unique position in the competitive Dallas health market:

Personalized Care: They emphasize individualized treatment plans, recognizing that a one-size-fits-all approach isn't effective for optimal wellness.

Holistic Philosophy: Their holistic approach goes beyond treating symptoms; they strive to address the root causes of health issues.

Experienced Practitioners: The clinic likely employs highly qualified and experienced medical professionals dedicated to patient well-being.

State-of-the-Art Technology: They probably utilize advanced testing and treatment modalities to ensure accurate diagnoses and effective therapies.

Patient Education: A commitment to patient education is key to empowering individuals to take control of their health.

Finding the Right Fit: Is Parker Wellness Clinic Dallas Right for You?

Parker Wellness Clinic Dallas might be the right fit if you're seeking:

A proactive approach to health and wellness.
A personalized treatment plan addressing your specific needs.
A holistic approach that considers your mind, body, and spirit.
A clinic with experienced and knowledgeable medical professionals.
A supportive and collaborative care environment.

Getting Started with Parker Wellness Clinic Dallas

Before your first appointment, it's beneficial to:

Research their website: Familiarize yourself with their services, philosophies, and practitioner profiles.
Check online reviews: See what other patients have to say about their experiences.
Contact the clinic directly: Ask any questions you may have about their services and scheduling.
Prepare a list of questions: This ensures you get the most out of your initial consultation.

Conclusion: Your Journey to Optimal Wellness Starts Here

Parker Wellness Clinic Dallas offers a refreshing alternative to traditional healthcare models. By focusing on holistic wellness and personalized care, they empower individuals to achieve optimal health and well-being. If you're ready to embark on a journey toward a healthier, happier you, consider scheduling a consultation at Parker Wellness Clinic Dallas. Take the first step towards a more vibrant and fulfilling life.

FAQs

1. Does Parker Wellness Clinic Dallas accept insurance? You'll need to contact the clinic directly to inquire about their insurance policies. Many clinics offer various payment options.
1. What is the typical cost of a consultation? The cost of a consultation varies depending on the specific services required. It's best to contact the clinic for an accurate estimate.
1. What should I bring to my first appointment? Bring your insurance card (if applicable), a list of your current medications, and any relevant medical records.
1. How long are the appointments typically? Appointment length varies depending on the type of service required. It's best to inquire about the average appointment duration when scheduling.

1. What are the clinic's hours of operation? The clinic's hours of operation are typically posted on their website or can be obtained by contacting them directly. Remember to always verify information on their official website for the most up-to-date details.

parker wellness clinic dallas: The Activator Method Arlan W. Fuhr, 2008-01-24 From basic scan protocols to advanced assessment procedures, THE ACTIVATOR METHOD, 2nd Edition discusses the Activator Method Chiropractic Technique (AMCT) in an easy-to-understand, how-to approach. This updated 2nd edition covers all aspects of the controlled low-force analytical and adjusting system, from the history of the technique to in-depth examinations of body structures. It also features expanded content on supportive subjects from seven new contributors, discussing topics such as activator and instrument adjusting history, instrument reliability in the literature, the neurology of pain and inflammation, temporal mandibular disorders, and leg length reactivity. - UNIQUE! As the only Activator Method textbook in the field, it is known as the standard reference in Activator. - Expert author, Dr. Arlan Fuhr, is a co-founder of the AMCT, bringing his unparalleled expertise to the subject. - Brand new full-color photos detail assessment procedures, specific anatomical contact points, and lines of drive to clearly show procedures for easier learning. - Clinical Observations boxes share the author's knowledge from years of experience and provide tips on analysis of certain conditions and suggestions for atypical cases. - Summary tables in each clinical chapter allow you to quickly access pertinent information. - Step-by-step instruction throughout the Instrumentation section helps you understand the principles of the technique. - Appendix: Activator Quick Notes for Basic and Advanced Protocol provides at-a-glance reviews of important points and things to remember when performing basic and advanced protocols. - A new chapter on leg length analysis procedures offers comprehensive coverage of this critical step in using the Activator Method. - Seven new contributors bring fresh insight to AMCT.

parker wellness clinic dallas: Diagnosis and Management of Lameness in the Horse Michael W. Ross, Sue J. Dyson, 2010-10-29 Covering many different diagnostic tools, this essential resource explores both traditional treatments and alternative therapies for conditions that can cause gait abnormalities in horses. Broader in scope than any other book of its kind, this edition describes equine sporting activities and specific lameness conditions in major sport horse types, and includes up-to-date information on all imaging modalities. This title includes additional digital media when purchased in print format. For this digital book edition, media content may not be included. - Cutting-edge information on diagnostic application for computed tomography and magnetic resonance imaging includes the most comprehensive section available on MRI in the live horse. - Coverage of traditional treatment modalities also includes many aspects of alternative therapy, with a practical and realistic perspective on prognosis. - An examination of the various types of horses used in sports describes the lameness conditions to which each horse type is particularly prone, as well as differences in prognosis. - Guidelines on how to proceed when a diagnosis cannot easily be reached help you manage conditions when faced with the limitations of current diagnostic capabilities. - Clinical examination and diagnostic analgesia are given a special emphasis. - Practical, hands-on information covers a wide range of horse types from around the world. - A global perspective is provided by a team of international authors, editors, and contributors. - A full-color insert shows thermography images. - Updated chapters include the most current information on topics such as MRI, foot pain, stem cell therapy, and shock wave treatment. - Two new chapters include The Biomechanics of the Equine Limb and its Effect on Lameness and Clinical Use of Stem Cells, Marrow Components, and Other Growth Factors. The chapter on the hock has been expanded substantially, and the section on lameness associated with the foot has been completely rewritten to include state-of-the-art information based on what has been learned from MRI. Many new figures

appear throughout the book. - A companion website includes 47 narrated video clips of gait abnormalities, including typical common syndromes as well as rarer and atypical manifestations of lameness and neurological dysfunction, with commentary by author/editors Mike Ross and Sue Dyson. - References on the companion website are linked to the original abstracts on PubMed.

parker wellness clinic dallas: Veterans Justice Outreach Program United States Government Accountability Office, 2017-12-24 Veterans Justice Outreach Program: VA Could Improve Management by Establishing Performance Measures and Fully Assessing Risks

parker wellness clinic dallas: **The Secret Addiction** Tony DeRamus, 2021-06 Hi, I'm Tony, Over 15 years ago, I lived under the weight of a secret addiction. I smoked marijuana every day as a way of coping with my life. Don't get me wrong, from the outside I was the model of success. I had a growing practice, a beautiful family, and plenty of accolades. But it was all a facade. Underneath it all was a stressed-out, overwhelmed, insecure man, exhausted by the demands of life (most of which were self-inflicted) and struggling with imposter syndrome. I used weed to keep me balanced. But the truth is, it just kept me living my life at 50% on the good days and much lower on the bad days. My relationships suffered, my family suffered, my business suffered - all of it reflected the effects of this seemingly harmless substance. Sadly, many of those individuals simply do not know how to find their way out. Although The Secret Addiction began as a personal quest, Dr. DeRamus quickly realized that there was very limited information specifically for marijuana addicts. Yes, the topic of addiction is extremely popular, but marijuana addicts consider themselves different and many times can't relate to a program focused mainly on alcohol or cocaine. The Secret Addiction will help guide those who are looking for the answers to escaping their dependency on marijuana whether it has been two years or twenty years. Compiled with the latest research, questionnaires, motivational and behavioral strategies, The Secret Addiction has been written exclusively for marijuana users. This book was designed to be used as a tool in conjunction with the CAARE Program, A 30-Day Online Program to Break Free from Your Marijuana Addiction. One day, you wake up to a lifestyle that revolves around getting high in order to enjoy anything. Marijuana is keeping you stuck, living life at 50%..or less. You've convinced yourself it's not really an issue. But there's a problem... You never really feel in control of your life. Your relationships are suffering. Your finances are suffering. You're living far below your potential. Every attempt to quit has failed. Most addiction programs are ineffective, shallow, and impossible to stick to. The CAARE Program is a 30-day step-by-step program that has everything you need to overcome your marijuana addiction, discover the truth about why you started, and live free as the person you were always meant to be. You can find the CAARE Program at secretaddiction.org

parker wellness clinic dallas: Book Review Digest , 1927 Excerpts from and citations to reviews of more than 8,000 books each year, drawn from coverage of 109 publications. Book Review Digest provides citations to and excerpts of reviews of current juvenile and adult fiction and nonfiction in the English language. Reviews of the following types of books are excluded: government publications, textbooks, and technical books in the sciences and law. Reviews of books on science for the general reader, however, are included. The reviews originate in a group of selected periodicals in the humanities, social sciences, and general science published in the United States, Canada, and Great Britain. - Publisher.

parker wellness clinic dallas: *Primary Care and Public Health* Institute of Medicine, Board on Population Health and Public Health Practice, Committee on Integrating Primary Care and Public Health, 2012-07-19 Ensuring that members of society are healthy and reaching their full potential requires the prevention of disease and injury; the promotion of health and well-being; the assurance of conditions in which people can be healthy; and the provision of timely, effective, and coordinated health care. Achieving substantial and lasting improvements in population health will require a concerted effort from all these entities, aligned with a common goal. The Health Resources and Services Administration (HRSA) and the Centers for Disease Control and Prevention (CDC) requested that the Institute of Medicine (IOM) examine the integration of primary care and public health. Primary Care and Public Health identifies the best examples of effective public health and

primary care integration and the factors that promote and sustain these efforts, examines ways by which HRSA and CDC can use provisions of the Patient Protection and Affordable Care Act to promote the integration of primary care and public health, and discusses how HRSA-supported primary care systems and state and local public health departments can effectively integrate and coordinate to improve efforts directed at disease prevention. This report is essential for all health care centers and providers, state and local policy makers, educators, government agencies, and the public for learning how to integrate and improve population health.

parker wellness clinic dallas: The Physician and Sportsmedicine , 1988-07

parker wellness clinic dallas: The Financial Crisis Inquiry Report Financial Crisis Inquiry Commission, 2011-05-01 The Financial Crisis Inquiry Report, published by the U.S. Government and the Financial Crisis Inquiry Commission in early 2011, is the official government report on the United States financial collapse and the review of major financial institutions that bankrupted and failed, or would have without help from the government. The commission and the report were implemented after Congress passed an act in 2009 to review and prevent fraudulent activity. The report details, among other things, the periods before, during, and after the crisis, what led up to it, and analyses of subprime mortgage lending, credit expansion and banking policies, the collapse of companies like Fannie Mae and Freddie Mac, and the federal bailouts of Lehman and AIG. It also discusses the aftermath of the fallout and our current state. This report should be of interest to anyone concerned about the financial situation in the U.S. and around the world. THE FINANCIAL CRISIS INQUIRY COMMISSION is an independent, bi-partisan, government-appointed panel of 10 people that was created to examine the causes, domestic and global, of the current financial and economic crisis in the United States. It was established as part of the Fraud Enforcement and Recovery Act of 2009. The commission consisted of private citizens with expertise in economics and finance, banking, housing, market regulation, and consumer protection. They examined and reported on the collapse of major financial institutions that failed or would have failed if not for exceptional assistance from the government. News Dissector DANNY SCHECHTER is a journalist, blogger and filmmaker. He has been reporting on economic crises since the 1980's when he was with ABC News. His film In Debt We Trust warned of the economic meltdown in 2006. He has since written three books on the subject including Plunder: Investigating Our Economic Calamity (Cosimo Books, 2008), and The Crime Of Our Time: Why Wall Street Is Not Too Big to Jail (Disinfo Books, 2011), a companion to his latest film Plunder The Crime Of Our Time. He can be reached online at www.newsdissector.com.

parker wellness clinic dallas: Healthcare Cybersecurity W. Andrew H. Gantt, III, 2021-09-07 This book pinpoints current and impending threats to the healthcare industry's data security.

parker wellness clinic dallas: Courses of Study Washington D Frelinghuysen University, 2018-10-14 This work has been selected by scholars as being culturally important and is part of the knowledge base of civilization as we know it. This work is in the public domain in the United States of America, and possibly other nations. Within the United States, you may freely copy and distribute this work, as no entity (individual or corporate) has a copyright on the body of the work. Scholars believe, and we concur, that this work is important enough to be preserved, reproduced, and made generally available to the public. To ensure a quality reading experience, this work has been proofread and republished using a format that seamlessly blends the original graphical elements with text in an easy-to-read typeface. We appreciate your support of the preservation process, and thank you for being an important part of keeping this knowledge alive and relevant.

parker wellness clinic dallas: Improving Diagnosis in Health Care National Academies of Sciences, Engineering, and Medicine, Institute of Medicine, Board on Health Care Services, Committee on Diagnostic Error in Health Care, 2015-12-29 Getting the right diagnosis is a key aspect of health care - it provides an explanation of a patient's health problem and informs subsequent health care decisions. The diagnostic process is a complex, collaborative activity that involves clinical reasoning and information gathering to determine a patient's health problem.

According to *Improving Diagnosis in Health Care*, diagnostic errors— inaccurate or delayed diagnoses— persist throughout all settings of care and continue to harm an unacceptable number of patients. It is likely that most people will experience at least one diagnostic error in their lifetime, sometimes with devastating consequences. Diagnostic errors may cause harm to patients by preventing or delaying appropriate treatment, providing unnecessary or harmful treatment, or resulting in psychological or financial repercussions. The committee concluded that improving the diagnostic process is not only possible, but also represents a moral, professional, and public health imperative. *Improving Diagnosis in Health Care*, a continuation of the landmark Institute of Medicine reports *To Err Is Human* (2000) and *Crossing the Quality Chasm* (2001), finds that diagnosis—and, in particular, the occurrence of diagnostic errors— has been largely unappreciated in efforts to improve the quality and safety of health care. Without a dedicated focus on improving diagnosis, diagnostic errors will likely worsen as the delivery of health care and the diagnostic process continue to increase in complexity. Just as the diagnostic process is a collaborative activity, improving diagnosis will require collaboration and a widespread commitment to change among health care professionals, health care organizations, patients and their families, researchers, and policy makers. The recommendations of *Improving Diagnosis in Health Care* contribute to the growing momentum for change in this crucial area of health care quality and safety.

parker wellness clinic dallas: Nutrition Guide for Clinicians Neal D. Barnard, Rick Weissinger, MS, Brent J. Jaster, MD, 2009 Designed by medical professionals, this manual is a comprehensive, portable medical reference that covers nearly one hundred diseases and conditions, including risk factors, diagnoses, and typical treatments. Most importantly, it provides the latest evidence-based information on nutrition's role in prevention and treatment.

parker wellness clinic dallas: 15 Things Your Doctor Doesn't Know about Your Child Dr. Amber Brooks, 2012-10 Board Certified Pediatric Chiropractor Dr. Amber Brooks offers parents information on understanding how developmental delays can be caught early and even treated when found. She outlines potential problems and symptoms to help parents determine the root cause of the delay, using real life examples and the medical basis and philosophies involved with their treatments. Spanning multiple diagnoses and all of their respective symptoms, Dr. Brooks, DC, CACCP combines medical and alternative models to care for a child individually, examining the whole child rather than particular symptoms, to provide an individualized and comprehensive approach to pediatric wellness. --

parker wellness clinic dallas: Get Healthy Now! Gary Null, 2011-01-04 A New York Times Bestseller The fully revised and updated edition to the national bestseller *Get Healthy Now!* includes new research and nutritional advice for treating allergies, Diabetes, PMS, Andropause, and everything in-between. From healthy skin and hair to foot and leg care, and featuring an up-to-date Alternative Practitioners Guide, *Get Healthy Now!* is your one-stop guide to becoming healthier from top to bottom, inside and out. Let the new Mr. Natural (Time Magazine) show you the best alternatives to drugs, surgical intervention, and other standard Western techniques. Drawing from methods that have been supported by thousands of years of use in other societies, as well as more recent discoveries in modern medicine, this comprehensive guide to healthy living offers a wide range of alternative approaches to help you stay healthy.

parker wellness clinic dallas: Voices of Innovation Edward W. Marx, 2023-07-17 Everyone talks innovation and we can all point to random examples of innovation inside of healthcare information technology, but few repeatable processes exist that make innovation more routine than happenstance. How do you create and sustain a culture of innovation? What are the best practices you can refine and embed as part of your organization's DNA? What are the potential outcomes for robust healthcare transformation when we get this innovation mystery solved? Through timely essays from leading experts, the first edition showcased the widely adopted healthcare innovation model from HIMSS and how providers could leverage to increase their velocity of digital transformation. Regardless of its promise, innovation has been slow in healthcare. The second edition takes the critical lessons learned from the first edition, expands and refreshes the content as

a result of changes in the industry and the world. For example, the pandemic really shifted things. Now providers are more ready and interested to innovate. In the past year alone, significant disruptors (such as access to digital health) have entered the provider space threatening the existence of many hospitals and practices. This has served as a giant wake-up call that healthcare has shifted. And finally, there is more emphasis today than before on the concept of patient and clinician experience. Perhaps hastened by the pandemic, the race is on for innovations that will help address clinician burnout while better engaging patients and families. Loaded with numerous case studies and stories of successful innovation projects, this book helps the reader understand how to leverage innovation to help fulfill the promise of healthcare information technology in enabling superior business and clinical outcomes.

parker wellness clinic dallas: Exercise And Mental Health William P. Morgan, Stephen E. Goldston, 2013-05-13 Published in the year 1987, Exercise and Mental Health is a valuable contribution to the field of Counseling and School Psychology.

parker wellness clinic dallas: Educating the Student Body Committee on Physical Activity and Physical Education in the School Environment, Food and Nutrition Board, Institute of Medicine, 2013-11-13 Physical inactivity is a key determinant of health across the lifespan. A lack of activity increases the risk of heart disease, colon and breast cancer, diabetes mellitus, hypertension, osteoporosis, anxiety and depression and others diseases. Emerging literature has suggested that in terms of mortality, the global population health burden of physical inactivity approaches that of cigarette smoking. The prevalence and substantial disease risk associated with physical inactivity has been described as a pandemic. The prevalence, health impact, and evidence of changeability all have resulted in calls for action to increase physical activity across the lifespan. In response to the need to find ways to make physical activity a health priority for youth, the Institute of Medicine's Committee on Physical Activity and Physical Education in the School Environment was formed. Its purpose was to review the current status of physical activity and physical education in the school environment, including before, during, and after school, and examine the influences of physical activity and physical education on the short and long term physical, cognitive and brain, and psychosocial health and development of children and adolescents. Educating the Student Body makes recommendations about approaches for strengthening and improving programs and policies for physical activity and physical education in the school environment. This report lays out a set of guiding principles to guide its work on these tasks. These included: recognizing the benefits of instilling life-long physical activity habits in children; the value of using systems thinking in improving physical activity and physical education in the school environment; the recognition of current disparities in opportunities and the need to achieve equity in physical activity and physical education; the importance of considering all types of school environments; the need to take into consideration the diversity of students as recommendations are developed. This report will be of interest to local and national policymakers, school officials, teachers, and the education community, researchers, professional organizations, and parents interested in physical activity, physical education, and health for school-aged children and adolescents.

parker wellness clinic dallas: CDC Yellow Book 2020 Centers for Disease Control and Prevention (CDC), 2019 The definitive reference for travel medicine, updated for 2020 A beloved travel must-have for the intrepid wanderer. -Publishers Weekly A truly excellent and comprehensive resource. -Journal of Hospital Infection The CDC Yellow Book offers everything travelers and healthcare providers need to know for safe and healthy travel abroad. This 2020 edition includes: ♦ Country-specific risk guidelines for yellow fever and malaria, including expert recommendations and 26 detailed, country-level maps ♦ Detailed maps showing distribution of travel-related illnesses, including dengue, Japanese encephalitis, meningococcal meningitis, and schistosomiasis ♦ Guidelines for self-treating common travel conditions, including altitude illness, jet lag, motion sickness, and travelers' diarrhea ♦ Expert guidance on food and drink precautions to avoid illness, plus water-disinfection techniques for travel to remote destinations ♦ Specialized guidelines for non-leisure travelers, study abroad, work-related travel, and travel to mass gatherings ♦ Advice on

medical tourism, complementary and integrative health approaches, and counterfeit drugs ♦ Updated guidance for pre-travel consultations ♦ Advice for obtaining healthcare abroad, including guidance on different types of travel insurance ♦ Health insights around 15 popular tourist destinations and itineraries ♦ Recommendations for traveling with infants and children ♦ Advising travelers with specific needs, including those with chronic medical conditions or weakened immune systems, health care workers, humanitarian aid workers, long-term travelers and expatriates, and last-minute travelers ♦ Considerations for newly arrived adoptees, immigrants, and refugees Long the most trusted book of its kind, the CDC Yellow Book is an essential resource in an ever-changing field -- and an ever-changing world.

parker wellness clinic dallas: Return to Health Dr. Robert Kuhn, 2012-09-05 For three long years, the entire Kuhn family suffered through a mysterious illness that no doctor could identify. They had been everywhere and tried everything. MRIs, CT scans, diagnostic ultrasounds, panels of blood work, hormone testing, urinalysis; you name it, they did it. Visiting general practitioners, emergency room doctors, specialists in every field of medicine and several different hospitals provided no answers. They were in trouble. Dr. Rob Kuhn, his wife, Wendy, and their three children, Alex, Nick, and Nolan, rode this rollercoaster of misdiagnosis and non-diagnosis nearly all the way to their graves. Finally in May of 2008, through a truly synchronistic event, they discovered that they were being attacked by a deadly biotoxin. At last, they had an answer. Sadly, the new challenge became the fact that traditional medicine has a very poor track record in treating biotoxic illness. Another solution had to be found. In *Return to Health*, Dr. Kuhn shares with you the challenges that his family faced and how they were able to overcome them through the use of functional medicine techniques. Inspired by his own health turnaround, he changed the focus of his practice and began taking care of people with chronic conditions. Now board certified in integrative medicine, Dr. Kuhn enjoys the rewarding feeling of helping people whose health problems are the worst of the worst. Autoimmune conditions, type-II diabetes, fibromyalgia, hypothyroidism, biotoxic illness, and those strange mystery conditions are all in a days work for this natural healthcare physician. This situation may sound familiar to you. You may be watching your health deteriorate while getting no answers. If you have been suffering with health problems that nobody has been able to figure out, read *Return to Health*.

parker wellness clinic dallas: Handbook of Oncology Social Work Grace Christ, Carolyn Messner, Lynn Behar, 2015-01-28 The development of this inaugural Handbook of Oncology Social Work: Psychosocial Care for People With Cancer provides a repository of the scope of oncology social workers' clinical practice, education, research, policy and program leadership in the psychosocial care of people with cancer and their families. It focuses on the unique synergy of social work perspectives, values, knowledge, and skills with the psychosocial needs of cancer patients, their families, and the health care systems in which they are treated. It addresses both the science and art of psychosocial care and identifies the increasing specialization of oncology social work related to its unique knowledge base, skills, role, and the progressive complexity of psychosocial challenges for patients with cancer. This Handbook equips the reader with all that we know today in oncology social work about patient and family centered care, distress screening, genetics, survivorship, care coordination, sociocultural and economic diversity, legal and ethical matters, clinical work with adults living with cancer, cancer across the lifespan, their caregivers and families, pediatrics, loss and grief, professional career development, leadership, and innovation. Our hope is that in reading this Handbook you will identify new areas where each of you can leave your mark as innovators and change agents in our evolving field of practice.

parker wellness clinic dallas: Next Medicine Walter Bortz, MD, 2011-01-03 Every year, the average American spends about \$7,300 on medical expenses. The typical Canadian pays \$2,700, the Briton only \$2,000. And yet, according to the World Health Organization, our healthcare system, in terms of total quality, ranks thirty-eighth in the world, right between Costa Rica and Slovenia. Not only do 40 million Americans lack health insurance, but more than 200,000 die each year because of medical mistakes. Our average life expectancy is lower than Cuba's. In *Next Medicine*, Dr. Walter

Bortz zeroes in on why the American medicine is spiraling toward disaster. A physician with fifty years of experience and a leading authority on aging, Bortz argues that the financial interests of biotech and drug companies have distorted the healthcare system. Thanks to them, medicine today is economically motivated to treat disease rather than to prevent it. Heart disease, for example, is widely treated with drug interventions and invasive surgery--both of which are extravagantly profitable for pharmaceutical giants and hospitals. Daily exercise and a healthy diet, on the other hand, can prevent heart disease, and can be obtained by patients essentially for free--but there's no money in that. The medical-industrial complex has a vested interest in keeping us sick, and until that changes medicine will fail to effectively address the leading cause of disability and mortality today: chronic diseases like diabetes that are largely preventable. Bortz proposes a medical system that emphasizes personal responsibility and provides incentives for healthy lifestyle choices, along with new training for medical professionals. Through a lively narrative full of personal anecdotes and jarring statistics, Bortz makes a powerful case for a radically new medical system--one that is based on rigorous science and loosens the strangle hold of corporate interests on American health.

parker wellness clinic dallas: Medical and Health Information Directory , 2010

parker wellness clinic dallas: Toward Understanding Homelessness , 2007

parker wellness clinic dallas: Geriatric Urology, An Issue of Clinics in Geriatric Medicine Tomas L Griebing, 2015-12-11 This issue of Clinics in Geriatric Medicine is devoted to Geriatric Urology. Guest Editor Tomas L. Griebing, MD, MPH has assembled a group of expert authors to review the following topics: Non-Surgical Treatment of Urinary Incontinence in Elderly Women; Outcomes of Surgery for Stress Urinary Incontinence in Older Women; Evaluation and Management of Pelvic Organ Prolapse in Elderly Women; Underactive Bladder in Older Adults; Translational Research and Voiding Dysfunction in Older Adults; Functional Brain Imaging and Voiding Dysfunction in Older Adults; The Role of Urodynamics in Elderly Patients; Associations Between Voiding Symptoms and Sexual Health in Older Adults; Asymptomatic Bacteriuria and Urinary Tract Infections in Older Adults; Comorbidity and Surgical Risk in Older Urologic Patients; Small Renal Masses in Older Adults; Prostate Cancer in Elderly Men: Active Surveillance and Other Considerations; Late Onset Hypogonadism and Testosterone Replacement in Elderly Men; and Contemporary Chemotherapy for Urologic Malignancies in Geriatric Patients.

parker wellness clinic dallas: Rehabilitation of the Spine: a Patient-Centered Approach Craig Liebenson, 2019-09-02 Presents a practical overview of spinal rehabilitation combining McKenzie, Janda, Contract-Relax and Stabilization approaches into one common treatment protocol.

parker wellness clinic dallas: Community/public Health Nursing Mary Albrecht Nies, Melanie McEwen, 2007 Community/Public Health Nursing: Promoting the Health of Populations, 4th Edition focuses on the issues and responsibilities of contemporary community/public health nursing. Its emphasis on working with populations combined with the unique upstream preventive approach prepares the reader to assume an active role in caring for the health of clients in community and public settings. Plus, the new full-color design highlights special features and enhances content. Features photo-novellas to engage students and demonstrate applications of important community health nursing concepts. Provides detailed case studies that emphasize community aspects of all steps of the nursing process to promote the community perspective in all health situations. Examines issues of social justice and discusses how to target inequalities in arenas such as education, jobs, and housing to prepare students to function in a community-focused health care system. Demonstrates the use of theoretical frameworks common to community and public health nursing showing how familiar and new theory bases can be used to solve problems and challenges in the community. Illustrates real-life situations with highlighted Clinical Examples depicting today's community/public health care. Discussion of Levels of Prevention presented within the Case Studies address specific applications for each level. Provides Learning Activities at the end of each chapter to challenge students to apply chapter material outside the classroom. Includes a disaster management and preparedness chapter to examine this important new area of concern and responsibility in community health. Offers content on forensic nursing to explore this new

subspecialty in community health. Summarizes research study findings pertinent to chapter topics in Research Highlights boxes. Highlights specific ethical issues in Ethical Insights boxes. Presents Healthy People 2010 objectives in feature boxes in appropriate chapters. Provides a Media Resources section at the front of each chapter that details the numerous Evolve components available to students. Chapter outline added to the front of chapters makes locating information in the chapter easier.

parker wellness clinic dallas: *Beating Cancer with Nutrition* Cando Publishing Corporation, 1998

parker wellness clinic dallas: Thank You Adversity For Yet Another Test Stephen F. Grinstead, 2019-11-10 The title of this book arose from the wisdom of one of Dr. Grinstead's most important mentors, Sensei Richard Kim. It explores the journey of suffering that people often experience when living with chronic pain. It offers a roadmap to help people move beyond suffering to thriving, instead of just surviving. It is a journey of hope and healing.

parker wellness clinic dallas: *Before Your Time* Evelina Weidman Sterling, Angie Best-Boss, 2010-04-13 HAS THE CHANGE COME TOO SOON ? DON' T WORRY, YOU'RE NOT ALONE! Every year more than two million women enter early menopause and find themselves suddenly dealing with a host of unforeseen (and little discussed) issues. In *Before Your Time*, Evelina Weidman Sterling and Angie Best-Boss provide expert advice and answer all your questions, including: Is it safe to start hormone therapy in your thirties rather than in your fifties? What are your fertility options? How can you combat the long-term effects of early menopause, such as a greater risk of osteoporosis, heart disease, and diabetes? How will early menopause affect your relationships? Your sex life? Your sense of self? *Before Your Time* brings you the best-researched, most up-to-date answers to all those tough-to-ask questions. The good news: there is more research and information available now than ever before to keep you safe and healthy, and it's all right here!

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