

raleigh gynecology and wellness pa

Raleigh Gynecology and Wellness PA: Your Comprehensive Guide to Women's Health

Are you searching for a trusted and compassionate gynecologist in Raleigh, NC? Finding the right healthcare provider is crucial for your overall well-being, especially when it comes to women's health. This comprehensive guide dives deep into Raleigh Gynecology and Wellness PA, exploring their services, philosophy, and what sets them apart in the bustling Raleigh healthcare landscape. We'll cover everything from routine checkups to specialized treatments, helping you make an informed decision about your gynecological care. Whether you're a new resident, looking for a new provider, or simply want to learn more about comprehensive women's health services in Raleigh, this post is for you.

Understanding Raleigh Gynecology and Wellness PA: A Patient-Centered Approach

Raleigh Gynecology and Wellness PA distinguishes itself through a patient-centered approach. This means prioritizing your individual needs, concerns, and comfort throughout your healthcare journey. Unlike some larger clinics that might feel impersonal, they strive to cultivate a warm, welcoming, and supportive environment where you feel heard and understood. This philosophy extends beyond simply providing medical care; it's about building strong, trusting relationships with each patient.

This commitment to patient-centered care is reflected in several key aspects of their practice:

Personalized Treatment Plans: They don't believe in a "one-size-fits-all" approach. Your care is tailored specifically to your unique medical history, lifestyle, and health goals.

Open Communication: They encourage open dialogue and answer your questions thoroughly and patiently. You're an active participant in your healthcare decisions.

Convenient Scheduling: They understand that your time is valuable and strive to offer flexible appointment scheduling options to accommodate your busy life.

Compassionate Care: The entire team is dedicated to providing compassionate and empathetic care, ensuring you feel comfortable and respected during every visit.

Services Offered at Raleigh Gynecology and Wellness PA

Raleigh Gynecology and Wellness PA offers a wide array of services designed to address the diverse healthcare needs of women throughout all life stages. These services range from routine preventative care to advanced diagnostic and treatment options. Some of their key offerings include:

Annual Wellness Exams: These crucial checkups include Pap smears, breast exams, and STI screenings, helping to detect potential problems early.

Family Planning: From contraceptive counseling and management to fertility awareness, they provide comprehensive support for your family planning needs.

Menopause Management: Navigating the changes associated with menopause can be challenging. They offer personalized guidance and treatment options to alleviate symptoms and improve your quality of life.

Treatment of Gynecological Conditions: They diagnose and treat a range of gynecological conditions, including endometriosis, PCOS, fibroids, and more.

Infertility Evaluation and Treatment: For couples struggling with infertility, they offer comprehensive evaluation and may recommend treatment options like IVF.

Minimally Invasive Surgery: They utilize advanced minimally invasive surgical techniques to minimize discomfort and recovery time.

Prenatal Care: While not a complete obstetrics practice, they may offer some prenatal care or coordinate with obstetricians for comprehensive care.

Why Choose Raleigh Gynecology and Wellness PA?

Choosing the right gynecologist is a personal decision. Here's why many women choose Raleigh Gynecology and Wellness PA:

Experienced and Board-Certified Physicians: Their team comprises highly skilled and experienced physicians who are board-certified in their respective fields.

State-of-the-Art Technology: They utilize the latest technology and medical advancements to ensure accurate diagnoses and effective treatments.

Convenient Location: Their location in Raleigh offers easy accessibility for residents of the surrounding areas.

Positive Patient Reviews: Numerous positive patient reviews highlight their commitment to exceptional care, compassionate service, and positive outcomes.

Comprehensive Approach: They address your overall health and well-being, not just your gynecological concerns.

Beyond Medical Care: Building a Relationship with Your Gynecologist

It's crucial to remember that your relationship with your gynecologist extends beyond individual appointments. They are your partner in managing your reproductive health and overall well-being. Raleigh Gynecology and Wellness PA understands this and fosters a relationship built on trust, open communication, and mutual respect. This approach contributes to better health outcomes and increased patient satisfaction. Finding a provider you feel comfortable with is key to proactively addressing your health needs.

Conclusion

Selecting a gynecologist is a significant decision. Raleigh Gynecology and Wellness PA offers a comprehensive approach to women's healthcare, prioritizing patient-centered care, experienced physicians, and state-of-the-art technology. Their commitment to building strong patient relationships, combined with their extensive range of services, makes them a top choice for women in Raleigh seeking exceptional gynecological care. Take the time to research, schedule a consultation, and find the best fit for your individual needs and preferences.

Frequently Asked Questions (FAQs)

1. Do I need a referral to see a doctor at Raleigh Gynecology and Wellness PA? No, referrals are typically not required. However, it's always a good idea to check with your insurance provider to confirm coverage.
1. What forms of payment do they accept? It's best to contact Raleigh Gynecology and Wellness PA directly to inquire about their accepted payment methods. Most practices accept major credit cards and may work with insurance providers.
1. What are their hours of operation? Their hours of operation should be available on their website or by contacting them directly via phone.
1. Do they offer telehealth appointments? Many practices now offer telehealth options. It's best to confirm their telehealth availability by contacting them directly.
1. How can I schedule an appointment? You can typically schedule an appointment online through their website or by calling their office directly. The contact information should be readily available on their website.

raleigh gynecology and wellness pa: Preparing for an Endometrial Biopsy Lorene M. Kimzey, 1989

raleigh gynecology and wellness pa: Hope and Suffering Gretchen Krueger, 2020-03-03
Gretchen Krueger's poignant narrative explores how doctors, families, and the public interpreted the experience of childhood cancer from the 1930s through the 1970s. Pairing the transformation of childhood cancer from killer to curable disease with the personal experiences of young patients and their families, Krueger illuminates the twin realities of hope and suffering. In this social history, each decade follows a family whose experience touches on key themes: possible causes, means and timing of detection, the search for curative treatment, the merit of alternative treatments, the decisions to pursue or halt therapy, the side effects of treatment, death and dying—and cure. Recounting the complex and sometimes contentious interactions among the families of children with cancer, medical researchers, physicians, advocacy organizations, the media, and policy makers, Krueger reveals that personal odyssey and clinical challenge are the simultaneous realities of childhood cancer. This engaging study will be of interest to historians, medical practitioners and researchers, and people whose lives have been altered by cancer.

raleigh gynecology and wellness pa: Unequal Treatment Institute of Medicine, Board on Health Sciences Policy, Committee on Understanding and Eliminating Racial and Ethnic Disparities in Health Care, 2009-02-06 Racial and ethnic disparities in health care are known to reflect access to care and other issues that arise from differing socioeconomic conditions. There is, however, increasing evidence that even after such differences are accounted for, race and ethnicity remain significant predictors of the quality of health care received. In *Unequal Treatment*, a panel of experts documents this evidence and explores how persons of color experience the health care environment. The book examines how disparities in treatment may arise in health care systems and looks at aspects of the clinical encounter that may contribute to such disparities. Patients' and providers' attitudes, expectations, and behavior are analyzed. How to intervene? *Unequal Treatment* offers recommendations for improvements in medical care financing, allocation of care, availability of language translation, community-based care, and other arenas. The committee highlights the potential of cross-cultural education to improve provider-patient communication and offers a detailed look at how to integrate cross-cultural learning within the health professions. The book concludes with recommendations for data collection and research initiatives. *Unequal Treatment* will be vitally important to health care policymakers, administrators, providers, educators, and students as well as advocates for people of color.

raleigh gynecology and wellness pa: Next Medicine Walter Bortz, MD, 2011-01-03 Every year, the average American spends about \$7,300 on medical expenses. The typical Canadian pays \$2,700, the Briton only \$2,000. And yet, according to the World Health Organization, our healthcare system, in terms of total quality, ranks thirty-eighth in the world, right between Costa Rica and Slovenia. Not only do 40 million Americans lack health insurance, but more than 200,000 die each year because of medical mistakes. Our average life expectancy is lower than Cuba's. In *Next Medicine*, Dr. Walter Bortz zeroes in on why the American medicine is spiraling toward disaster. A physician with fifty years of experience and a leading authority on aging, Bortz argues that the financial interests of biotech and drug companies have distorted the healthcare system. Thanks to them, medicine today is economically motivated to treat disease rather than to prevent it. Heart disease, for example, is widely treated with drug interventions and invasive surgery--both of which are extravagantly profitable for pharmaceutical giants and hospitals. Daily exercise and a healthy diet, on the other hand, can prevent heart disease, and can be obtained by patients essentially for free--but there's no money in that. The medical-industrial complex has a vested interest in keeping us sick, and until that changes medicine will fail to effectively address the leading cause of disability and mortality today: chronic diseases like diabetes that are largely preventable. Bortz proposes a medical system that emphasizes personal responsibility and provides incentives for healthy lifestyle choices, along with new training for medical professionals. Through a lively narrative full of personal anecdotes and jarring statistics, Bortz makes a powerful case for a radically new medical system--one that is based on rigorous science and loosens the strangle hold of corporate interests on American health.

raleigh gynecology and wellness pa: Principles and Practice of College Health John A. Vaughn, Anthony J. Viera, 2020-12-04 This unique and comprehensive title offers state-of-the-art guidance on all of the clinical principles and practices needed in providing optimal health and well-being services for college students. Designed for college health professionals and administrators, this highly practical title is comprised of 24 chapters organized in three sections: Common Clinical Problems in College Health, Organizational and Administrative Considerations for College Health, and Population and Public Health Management on a College Campus. Section I topics include travel health services, tuberculosis, eating disorders in college health, and attention deficit hyperactivity disorder among college students, along with several other chapters. Subsequent chapters in Section II then delve into topics such as supporting the health and well-being of a diverse student population, student veterans, health science students, student safety in the clinical setting, and campus management of infectious disease outbreaks, among other topics. The book concludes with organizational considerations such as unique issues in the practice of medicine in the

institutional context, situating healthcare within the broader context of wellness on campus, organizational structures of student health, funding student health services, and delivery of innovative healthcare services in college health. Developed by a renowned, multidisciplinary authorship of leaders in college health theory and practice, and coinciding with the founding of the American College Health Association 100 years ago, *Principles and Practice of College Health* will be of great interest to college health and well-being professionals as well as college administrators.

raleigh gynecology and wellness pa: Community Psychology John Moritsugu, Elizabeth Vera, Frank Y Wong, Karen Grover Duffy, 2015-07-22 Community Psychology, 5/e focuses on the prevention of problems, the promotion of well-being, empowerment of members within a community, the appreciation of diversity, and an ecological model for the understanding of human behavior. Attention is paid to both "classic" early writings and the most recent journal articles and reviews by today's practitioners and researchers. Historical and alternative methods of effecting social change are explored in this book, with the overall theme that the environment is as important as the individual in it. This text is available in a variety of formats - digital and print. Learning Goals Upon completing this book, readers will be able to: Understand the historical and contemporary principles of community psychology. Apply theory and research to social services, mental health, health, legal, and public health systems

raleigh gynecology and wellness pa: Complementary & Alternative Therapies in Nursing Ruth Lindquist, Mariah Snyder, PhD, Mary Frances Tracy, 2014 Print+CourseSmart

raleigh gynecology and wellness pa: Physician Assistant: A Guide to Clinical Practice Ruth Ballweg, Darwin L. Brown, Daniel T. Vetrosky, Tamara S Ritsema, 2017-02-20 Entering its 6th edition, *Physician Assistant: A Guide to Clinical Practice* is the only text that covers all aspects of the physician assistant profession, the PA curriculum, and the PA's role in clinical practice. It is designed as a highly visual and practical resource to be used across the spectrum of lifelong learning, enabling students and practicing PAs to thrive in a rapidly changing health care system. - Teaches how to prepare for each core clinical rotation and common electives, as well as how to work with atypical patient populations such as homeless patients and patients with disabilities. - A succinct, bulleted writing style; convenient tables; practical case studies; and clinical application questions throughout enable you to master key concepts and clinical applications. - Helps you master all the core competencies needed for certification or recertification. - Addresses all six Physician Assistant Competencies, as well as providing guidance for the newly graduated PA entering practice. - Includes quick-use resources, such as objectives and key points sections for each chapter, tip boxes with useful advice, abundant tables and images, and 134 updated case studies. - Features chapters for the 7 core clinical rotations and 5 common electives, with key guidance on how to prepare effectively and what to expect. - Provides updated health policy information, expanded information about international programs, cultural competencies, and pearls and pitfalls on working internationally as a PA. - Outlines the basic principles of Interprofessional Education - an important new trend in medical education nationally. - New chapters cover: Maximizing Your Education, Future of the Profession, Principles of PA Education, Managing Stress and Burnout, and many other topics. - Expert Consult eBook version included with purchase. This enhanced eBook experience allows you to search all of the text, figures, images, and references from the book on a variety of devices.

raleigh gynecology and wellness pa: Everything You Need to Know to Have a Healthy Twin Pregnancy Gila Leiter, Rachel Kranz, 2013-07-31 Twins...triplets...quads...finally! The book that answers all your questions about multiple birth--written by a doctor who is a mother of twins herself Over ten years ago when Dr. Gila Leiter, herself an OB/GYN, was pregnant with twins, the book she desperately needed wasn't available. Now it is: *Everything You Need to Know to Have a Healthy Twin Pregnancy*. Taking you step-by-step through the processes of pregnancy and birth, Dr. Leiter shares her professional and personal expertise, providing answers to all your questions, plus practical know-how, psychological support, and extensive resources for this most joyous--and overwhelming--experience, whether you're having two babies...or four! Learn: The latest in fertility

treatments and reproductive technology, and the probable outcome What to expect, trimester by trimester Concrete suggestions for working through your hopes, fears, and fantasies Who should seek genetic counseling How to avoid preterm labor and premature delivery--and what to do if it's unavoidable Recommended vitamins and minerals--plus do's and don'ts All about medications: what you can take, can't take, must take What you should know if you're going to have a C-section Specific ideas for nurturing yourself and reducing stress The birthing process and what to expect in the delivery room Twelve questions to ask the doctor you're considering choosing for your pediatrician What it's like to bring babies home--and what you'll need to manage your new family And much more

raleigh gynecology and wellness pa: Geriatric Urology, An Issue of Clinics in Geriatric Medicine Tomas L Griebeling, 2015-12-11 This issue of Clinics in Geriatric Medicine is devoted to Geriatric Urology. Guest Editor Tomas L. Griebeling, MD, MPH has assembled a group of expert authors to review the following topics: Non-Surgical Treatment of Urinary Incontinence in Elderly Women; Outcomes of Surgery for Stress Urinary Incontinence in Older Women; Evaluation and Management of Pelvic Organ Prolapse in Elderly Women; Underactive Bladder in Older Adults; Translational Research and Voiding Dysfunction in Older Adults; Functional Brain Imaging and Voiding Dysfunction in Older Adults; The Role of Urodynamics in Elderly Patients; Associations Between Voiding Symptoms and Sexual Health in Older Adults; Asymptomatic Bacteriuria and Urinary Tract Infections in Older Adults; Comorbidity and Surgical Risk in Older Urologic Patients; Small Renal Masses in Older Adults; Prostate Cancer in Elderly Men: Active Surveillance and Other Considerations; Late Onset Hypogonadism and Testosterone Replacement in Elderly Men; and Contemporary Chemotherapy for Urologic Malignancies in Geriatric Patients.

raleigh gynecology and wellness pa: The Health Benefits of Smoking Cessation United States. Public Health Service. Office of the Surgeon General, 1990

raleigh gynecology and wellness pa: Vaginal Hysterectomy Shirish S Sheth, John Studd, 2001-11-08 In recent years advances in laparoscopic technologies have led to renewed interest in the vaginal approach to hysterectomy, which has many proven benefits for patients. This volume, dedicated to explaining and promoting the vaginal route of hysterectomy, is written and edited by an international team of experts and provides a much-needed source of up-to-date information and instruction. Importantly, the authors caution that laparoscopic technology can provide a valuable source of assistance for the gynaecological surgeon in certain circumstances, though only in a percentage of cases. This book, beautifully illustrated with line drawings and full-colour photographs, contains step-by-step surgical techniques, enabling the surgeon to gain confidence and experience so that gradually more challenging operations can be managed successfully via the vaginal route. Acknowledged authorities from around the world take the reader through the indications and contra-indications for the vaginal approach, explain crucial preoperative assessment procedures, and offer an evidence-based elucidation of the 'why', 'when' and 'how' of vaginal hysterectomy. Specific topics considered here include: the nulliparous patient, uterine fibroids, debulking, the use of gonadotrophin-releasing hormone agonists, oophorectomy and prophylactic oophorectomy, adnexectomy for adnexal pathology, genital prolapse, the place of sacrospinous colpopexy, urethral sphincter incompetence, hormone replacement therapy, and the psychological and sexual outcomes of hysterectomy. In addition, the authors set forth the arguments for and against vaginal hysterectomy, abdominal hysterectomy, laparoscopic assistance, and transcervical resection of the endometrium. Combined with a full review of the potential complications, morbidity and mortality associated with the vaginal approach, this book provides the reader with a well-balanced, thorough and considered appraisal of vaginal hysterectomy. As the incidence of hysterectomy worldwide continues to rise, Vaginal Hysterectomy will be an indispensable reference for practising gynaecologists, surgeons, consultants and postgraduates.

raleigh gynecology and wellness pa: Body on Fire Monica Aggarwal MD, Jyothi Rao, MD, 2020-08-19 Inflammation is the body's natural response to injury or illness, but long-term inflammation can silently turn on us, becoming a danger to our health. This guide explains how

chronic inflammation damages cells and can lead to asthma, cancer, diabetes, heart disease, rheumatoid arthritis, and even Alzheimer's disease. Fortunately, there are natural solutions to keep chronic inflammation in check. Our food choices can make a crucial difference. Learn how to design an anti-inflammatory diet based on health-protective plant-based foods with high concentrations of phytochemicals and other essential inflammation-fighting nutrients. Then enjoy a few delicious, easy-to-prepare recipes that reveal how to incorporate a wide variety of these power-packed foods into everyday dishes.

raleigh gynecology and wellness pa: Management and Leadership - A Guide for Clinical Professionals Sanjay Patole, 2015-01-05 This book will provide anyone with an interest in the clinic with a basic guide on those things that are not taught during medical school or any other pre-clinical trainings. The line-up of authors was carefully assembled to include experts in all respective fields to give this volume the authority it requires to be a relevant text for many.

raleigh gynecology and wellness pa: SuccessGuide Worldwide , 2004

raleigh gynecology and wellness pa: *National Library of Medicine Programs and Services* National Library of Medicine (U.S.), 1981

raleigh gynecology and wellness pa: Food and Nutrients in Disease Management Ingrid Kohlstadt, 2016-04-19 Food and nutrients are the original medicine and the shoulders on which modern medicine stands. But in recent decades, food and medicine have taken divergent paths and the natural healing properties of food have been diminished in the wake of modern technical progress. With contributions from highly regarded experts who work on the frontlines of di

raleigh gynecology and wellness pa: Sex Rx Lauren F. Streicher, 2015-01-27 Are you missing a vibrant, exciting sex life? Do you avoid sex because it is uncomfortable? Or even painful? Are you coping with diabetes, heart disease, cancer, or another illness that makes sex more challenging? Have you lost interest in sex altogether? Yes, anyone can love sex again, or love sex more, with Sex Rx. For millions of women in America, sex isn't always pleasurable or even possible. Instead, sex has become a low priority as they navigate marriage, motherhood, and work . . . not to mention cope with chronic stress and lack of sleep. Throw in the natural fluctuations in hormone levels that all women experience throughout their lives and it's not surprising that sex can become, well, a little less sexy. Additionally, common gynecological problems can make sex uncomfortable, and medical issues can cause it to be downright painful. Dr. Lauren Streicher, a leading women's sexual health expert, offers women the courage, vocabulary, and knowledge to identify and solve problems in the bedroom, for a wide range of issues—from flagging libido, vaginal dryness, and sex after menopause, to hormone supplements and the effects of medication. Sex Rx offers a wealth of knowledge along with a good dose of humor and plenty of encouragement, so that women of all ages can make having great sex a part of their lives forever.

raleigh gynecology and wellness pa: Hope for the Caregiver Peter Rosenberger, 2015-10-15 There are 65.7 million caregivers in America, making up 29 percent of the U.S. adult population. Where does the caregiver turn when dealing with their own need for encouragement and renewal?

raleigh gynecology and wellness pa: Female Sexual Pain Disorders Andrew T. Goldstein, Caroline F. Pukall, Irwin Goldstein, 2011-09-23 First book devoted to the diagnosis and treatment of sexual pain in women Female Sexual Pain Disorders is a remarkable fusion of clinical and scientific knowledge that will empower women's healthcare professionals to help their patients in overcoming this common debilitating disorder. Based on the highest level research, it provides state-of-the-art practical guidance that will help you to: Evaluate and distinguish the causes of sexual pain in women Differentiate the many forms of sexual pain Implement multidisciplinary treatments Distilling the experience of world leaders across many clinical, therapeutic and scientific disciplines, with an array of algorithms and diagnostic tools, Female Sexual Pain Disorders is your ideal companion for treating the many millions of women who suffer from this disorder worldwide. All proceeds from this book are being donated to the International Society for the Study of Women's Sexual Health (ISSWSH).

raleigh gynecology and wellness pa: The Serials Directory , 1987

raleigh gynecology and wellness pa: Black Adolescents Reginald Lanier Jones, 1989

Abstract: The purpose of this book is to present an overview of the contemporary Black adolescent from social, psychological, economic, educational, medical, historical, and comparative perspectives. Most chapter emphasize how race, socioeconomic status, and environmental factors affect this period of development. Topics discussed include education, unemployment, crime, drug use, and pregnancy as well as other related topics.

raleigh gynecology and wellness pa: Cancer-Associated Thrombosis Alok A. Khorana, Charles W. Francis, 2007-09-26 Showcasing the expertise of top-tier specialists who contributed to the newly released guidelines for the care of thrombosis in cancer patients, this exciting guide was written and edited by members of the American Society of Clinical Oncology panel, (ASCO), on the prevention and treatment of cancer-associated thrombosis, among others, and provides

raleigh gynecology and wellness pa: The Nurse Practitioner , 1986-07

raleigh gynecology and wellness pa: Public Policy and Higher Education Edward P. St. John, Nathan Daun-Barnett, Karen M. Moronski-Chapman, 2013 Amid changing economic and social contexts, radical changes have occurred in public higher education policies over the past three decades. Public Policy and Higher Education provides readers with new ways to analyze these complex state policies and offers the tools to examine how policies affect students' access and success in college. Rather than arguing for a single approach, the authors examine how policymakers and higher education administrators can work to inform and influence change within systems of higher education using research-based evidence along with consideration of political and historical values and beliefs. Special Features: Case Studies—allow readers to examine strategies used by different types of colleges to improve access and retention. Reflective Exercises—encourage readers to discuss state and campus context for policy decisions and to think about the strategies used in a state or institution. Approachable Explanations—unpack complex public policies and financial strategies for readers who seek understanding of public policy in higher education. Research-Based Recommendations—explore how policymakers, higher education administrators and faculty can work together to improve quality, diversity, and financial stewardship. This textbook is an invaluable resource for graduate students, administrators, policymakers, and researchers who seek to learn more about the crucial contexts underlying policy decisions and college access.

raleigh gynecology and wellness pa: When Sex Hurts Andrew Goldstein, Caroline Pukall, Irwin Goldstein, Dr. Jill Krapf, 2023-01-03 For the 20 million people who suffer from pelvic pain: the completely revised and updated guide for making sex feel good again. Pelvic pain can lead to embarrassment, silence, and misdiagnosis. It can hurt your relationship as well as your sense of self. Tackling the stereotypes, myths, and realities of pelvic pain, this easy-to-understand, accessible guide will help readers get the help they need and deserve, offering key information on: The most urgent questions about the causes of pelvic pain The more than twenty causes of pelvic pain How to find the right doctor The relationship between pelvic sex and genetics The newest in treatment for pelvic pain and pelvic pain indications How psychological factors can contribute to and reduce pelvic pain Featuring groundbreaking research and stories from people who've lived it, When Sex Hurts provides the tools you need to stop hurting and start healing.

raleigh gynecology and wellness pa: Urologic Surgery James Francis Glenn, William H. Boyce, 1969

raleigh gynecology and wellness pa: Management of Sexual Dysfunction in Men and Women Larry I. Lipshultz, Alexander W. Pastuszak, Andrew T. Goldstein, Annamaria Giralaldi, Michael A. Perelman, 2016-07-05 This book provides a comprehensive, state-of-the art review of the intersection of male and female reproductive and sexual health. The text comprehensively discusses the evaluation and management of physical, genetic, and psychological causes of male and female sexual dysfunction. Discussion of treatment focuses on current medical and surgical psychosexual therapies in both the male and female. The book highlights erectile, ejaculatory, and orgasmic disorders in the male; desire, arousal and orgasmic disorders in the female; and an integrated

approach to the couple. Lifestyle modifications through diet and exercise and optimization of anthropomorphic characteristics are also discussed, including a holistic approach to these disorders that goes beyond a focus on the genital system alone. *Sexual Dysfunction in Men and Women: An Interdisciplinary Approach* serves as a resource for physicians and researchers interested in sexual medicine seeking a comprehensive overview of the practice and novel research in the field.

raleigh gynecology and wellness pa: *Age Healthier Live Happier* Gary Donovitz, 2014-12-30 Tired of being overmedicated by drugs that reduce your quality of life? Concerned about medical illnesses that you are at risk for as you age? Ready to explore the life-saving benefits of bio-identical hormone optimization? Finally! *Age Healthier, Live Happier* show you the path to the balanced life women and men are searching for! Reduce your use of antidepressants, diet pills, statins, pain medications, and synthetic hormones. Reverse the course of heart disease, diabetes, obesity, fibromyalgia, arthritis, and high cholesterol. Lower your risk for Alzheimer's disease breast cancer, osteoporosis and prostate cancer.

raleigh gynecology and wellness pa: *Management of the Perimenopause* James H. Liu, Margery L. S. Gass, 2010-05-23 A UNIQUE DECISION-MAKING TOOL FOR DAILY PRACTICE This evidence-based resource provides easy-to-use, expert guidance on the assessment and treatment of common perimenopausal problems seen in daily office practice. After a brief overview of physiologic and endocrinologic changes, and the staging of the perimenopause (by STRAW definition), you'll find practical, easy-to-access coverage of: Management of specific symptoms and problems, such as hot flashes, cognitive changes, breast masses, and osteoporosis Preventive clinical practice, featuring in-depth coverage of hormone replacement therapies Alternative therapies, including vitamins, herbs, and phytoestrogens Separate sections cover screening tests and all major alternative therapies. About the Practical Pathways Series: *Practical Pathways in Obstetrics & Gynecology* is a unique new series especially designed to tackle the challenging clinical topics encountered in daily practice. Each title in the series features a standardized, user-friendly approach that guides you systematically through evaluation, diagnosis, and management: A high-yield, algorithmic Pathway at the start of most chapters provides an "at-a-glance" summary of recommended management What's the Evidence? questions summarize major clinical trials and their application to daily practice Guiding Questions review what strategic questions clinicians should ask themselves when first evaluating a patient Key Points are highlighted in the margins Case Studies demonstrate the clinical application of concepts, and further hone diagnostic skills References facilitate further research or study

raleigh gynecology and wellness pa: Core Curriculum for Interdisciplinary Lactation Care Lactation Education Accreditation and Approval Review Committee, Suzanne Hetzel Campbell, Becky Spencer, 2022-09 Core Curriculum for Interdisciplinary Lactation Care, Second Edition provides a trustworthy source for lactation-specific information and education for students, interns, certification candidates, instructors, and clinicians-in any discipline or specialty-who provide care to breastfeeding families. Published in association with the Lactation Education Accreditation and Approval Review Committee (LEAARC), it reflects the current state of practice and serves as a fundamental resource for beginning clinicians, orienting staff, and planning continuing education programs.Organized in three sections, *Core Curriculum for Interdisciplinary Lactation Care, Second Edition* focuses on the science, management, and professional aspects of lactation care. With contributions from a team of clinical lactation experts from several countries around the world, it emphasizes an interdisciplinary approach to provide comprehensive care for breastfeeding families. Written to complement the LEAARC curriculum used in recognition of lactation education programs, the text includes clinical applications that move from theory to practice, including key learning points, clinical case studies, and real-life stories from parents and the healthcare team--

raleigh gynecology and wellness pa: Clinical Decision Making in Colorectal Surgery Scott R. Steele, Justin A. Maykel, Steven D. Wexner, 2020-08-11 This second edition is an all-inclusive textbook with a unique algorithm-based approach to the evaluation and management of colorectal surgery disease. It examines the thought processes, technical tricks, and decision-making

strategies for specific clinical situations. The book aims to utilise the experience its contributors have gained caring for patients with a wide range of colorectal diseases. The technical challenges of managing complex patients and the technical details that make these situations challenging are covered, and evidence and experience-based solutions are offered for surgeons of all levels. This book focuses on providing pragmatic advice and reproducible techniques that can be readily implemented by surgeons of varying experience to successfully treat complex colorectal problems through an algorithmic approach.

raleigh gynecology and wellness pa: *Yoga Journal* , 2003-03 For more than 30 years, Yoga Journal has been helping readers achieve the balance and well-being they seek in their everyday lives. With every issue, Yoga Journal strives to inform and empower readers to make lifestyle choices that are healthy for their bodies and minds. We are dedicated to providing in-depth, thoughtful editorial on topics such as yoga, food, nutrition, fitness, wellness, travel, and fashion and beauty.

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raleigh gynecology and wellness pa: **Cumulative List of Organizations Described in Section 170 (c) of the Internal Revenue Code of 1954** , 2003

raleigh gynecology and wellness pa: *Who's Who in the South and Southwest 2000-2001* Marquis Who's Who, Marquis Who's Who Staff, 2000-11

raleigh gynecology and wellness pa: **Who's who in America** , 2003

raleigh gynecology and wellness pa: *Who's Who in Medicine and Healthcare* Marquis Who's Who, Inc, 1998 Recognizing today's leaders in the teaching, practice, planning, financing, and delivery of healthcare Across the country, healthcare professionals are facing new demands for accessible, high-quality care at a reasonable cost. Who's Who in Medicine and Healthcare TM recognizes those whose achievements place them at the forefront of an evolving healthcare system. The current edition provides vital biographical background on approximately 22,700 successful medical professionals, administrators, educators, researchers, clinicians, and industry leaders from across the diverse fields of medicine and healthcare: -- Association administration -- Dentistry -- Medical education -- Geriatrics -- Gynecology -- Healthcare products -- Hospital administration -- Internal medicine -- Mental health -- Nursing -- Optometry -- Pediatrics -- Pharmaceuticals -- Public health -- Research -- Social work -- Speech pathology -- Substance abuse -- Surgery

raleigh gynecology and wellness pa: **You May Not Have Irritable Bowel Syndrome** Michael Stierstorfer, Michael Stierstorfer M D, 2015-01-20 An estimated 32 to 48 million Americans and many more worldwide have IBS--or think they have it. This book presents groundbreaking insights into the cause of IBS that have led to the recognition of and testing for a new disease, allergic contact enteritis, that can help and in many cases cure people who carry a diagnosis of IBS.

raleigh gynecology and wellness pa: *How to Start an Independent Practice* Carolyn R. Zaumeyer, 2003 Teach your students how to do it. This practical, user-friendly, easy-to-read resource manual takes the mystery out of setting up a practice -- from planning through start up, to daily operation. It contains an array of practical topics and basic how to's, and includes forms for completing a self-assessment of personal skills, strengths and weaknesses, and understanding the basics of research. Appendices at the end of chapters include real examples of applications, resumes, CVs, protocols, charts, forms, consents, patient information sheets, and more

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