

restore hyper wellness durham

Restore Hyper Wellness Durham: Your Guide to Optimal Health

Are you feeling burnt out? Dragging yourself through the day, constantly battling fatigue and low energy? Do you crave a deeper level of wellness, one that goes beyond just the absence of illness? Then you're in the right place. This comprehensive guide explores Restore Hyper Wellness Durham, delving into what they offer, how it can benefit you, and why it's becoming a go-to destination for those seeking peak performance and lasting well-being. We'll cover everything from their signature IV drips to their cutting-edge therapies, helping you determine if Restore Hyper Wellness Durham is the right fit for your journey towards a healthier, happier you.

Understanding Restore Hyper Wellness: More Than Just a Clinic

Restore Hyper Wellness isn't your typical doctor's office. They approach wellness holistically, focusing on proactive health optimization rather than reactive treatment. Their Durham location offers a range of services designed to boost your energy levels, enhance your cognitive function, improve your sleep, and support your overall immune system. It's about feeling your absolute best, not just surviving. This isn't about fixing what's broken; it's about enhancing what you already have.

The Core Services Offered at Restore Hyper Wellness Durham

Restore Hyper Wellness Durham provides a wide array of services tailored to individual needs. Let's explore some of their most popular offerings:

1. IV Drip Therapy: A Quick Boost for Your Body

IV drip therapy delivers essential vitamins, minerals, and hydration directly into your bloodstream, bypassing the digestive system for faster absorption. This allows for rapid replenishment of nutrients often depleted by stress, poor diet, or illness. At Restore Hyper Wellness Durham, you'll find a variety of tailored IV drips designed to address specific needs, from boosting energy and immunity to supporting detoxification.

2. Vitamin Injections: Targeted Nutrient Delivery

Similar to IV drips, vitamin injections provide a targeted approach to nutrient replenishment. These injections deliver specific vitamins and minerals directly into the

muscle, offering a convenient and effective way to address deficiencies and support overall health. Restore Hyper Wellness Durham offers a range of injection options to address various health concerns.

3. Bioidentical Hormone Replacement Therapy (BHRT): Restoring Hormonal Balance

Hormonal imbalances can significantly impact your energy levels, mood, and overall well-being. BHRT aims to restore natural hormone levels, helping to alleviate symptoms of hormonal fluctuations and improve quality of life. At Restore Hyper Wellness Durham, experienced professionals guide you through the process, ensuring personalized treatment plans.

4. Peptide Therapy: Stimulating Cellular Regeneration

Peptide therapy uses specialized peptides to stimulate cellular regeneration and repair. This can lead to improvements in muscle growth, weight management, skin health, and overall vitality. Restore Hyper Wellness Durham offers a variety of peptide therapies tailored to individual needs and goals.

5. Wellness Packages: A Holistic Approach to Health

Restore Hyper Wellness Durham understands that achieving optimal wellness requires a multifaceted approach. They offer a range of curated wellness packages that combine several services to provide comprehensive support for your health goals. These packages often combine IV drips, injections, and other therapies for a synergistic effect.

Why Choose Restore Hyper Wellness Durham?

There are several reasons why Restore Hyper Wellness Durham stands out:

Experienced Professionals: Their team consists of highly trained and experienced medical professionals dedicated to providing personalized care.

State-of-the-Art Facility: The clinic boasts a modern and comfortable environment designed to enhance your overall experience.

Customized Treatment Plans: They don't offer a one-size-fits-all approach; your treatment plan will be tailored to your specific needs and goals.

Convenient Location: The Durham location is easily accessible, making it convenient to incorporate into your busy schedule.

Focus on Prevention: They emphasize proactive wellness, aiming to help you prevent health issues before they arise.

Taking the First Step Towards Hyper Wellness

Restoring your health and well-being is a journey, not a destination. Restore Hyper Wellness Durham provides the tools and expertise to help you navigate that journey. By

understanding their services and focusing on your individual needs, you can create a personalized plan to achieve your desired level of wellness. Don't just survive, thrive! Contact Restore Hyper Wellness Durham today and start your path to hyper wellness.

Conclusion

Restore Hyper Wellness Durham offers a unique approach to health and wellness, prioritizing proactive optimization rather than reactive treatment. With their comprehensive range of services and commitment to personalized care, they empower individuals to achieve their peak physical and mental performance. If you're seeking a holistic approach to improving your well-being, Restore Hyper Wellness Durham is a valuable resource to explore.

FAQs

1. Do I need a referral to visit Restore Hyper Wellness Durham? No, a referral is not required. You can schedule an appointment directly through their website or by phone.
1. What are the costs associated with the services at Restore Hyper Wellness Durham? The cost varies depending on the specific services you choose. It's best to contact them directly for a personalized quote.
1. What insurance plans do you accept? Restore Hyper Wellness Durham's insurance coverage varies. It's essential to contact them directly to discuss your specific insurance plan.
1. How long does a typical appointment last? Appointment duration depends on the chosen services. You should inquire about estimated appointment times when scheduling.
1. Are there any side effects associated with IV drips or injections? While generally safe, some individuals may experience mild side effects such as bruising or slight discomfort at the injection site. Restore Hyper Wellness Durham's professionals will discuss potential side effects and precautions with you.

restore hyper wellness durham: Maternal-Newborn Nursing Robert Durham, Linda Chapman, 2013-10-15 A better way to learn maternal and newborn nursing! This unique presentation provides tightly focused maternal-newborn coverage in a highly structured text

restore hyper wellness durham: Animacies Mel Y. Chen, 2012-07-10 Rethinks the criteria governing agency and receptivity, health and toxicity, productivity and stillness

restore hyper wellness durham: Engaged Fatherhood for Men, Families and Gender Equality Marc Grau Grau, Mireia las Heras Maestro, Hannah Riley Bowles, 2022 This aim of this open access book is to launch an international, cross-disciplinary conversation on fatherhood engagement. By integrating perspective from three sectors -- Health, Social Policy, and Work in Organizations -- the book offers a novel perspective on the benefits of engaged fatherhood for men, for families, and for gender equality. The chapters are crafted to engaged broad audiences, including policy makers and organizational leaders, healthcare practitioners and fellow scholars, as well as families and their loved ones.

restore hyper wellness durham: Basketball Sports Medicine and Science Lior Laver, Baris Kocaoglu, Brian Cole, Amelia J. H. Arundale, Jeffrey Bytowski, Annunziato Amendola, 2020-10-05 This book is designed as a comprehensive educational resource not only for basketball medical caregivers and scientists but for all basketball personnel. Written by a multidisciplinary team of leading experts in their fields, it provides information and guidance on injury prevention, injury management, and rehabilitation for physicians, physical therapists, athletic trainers, rehabilitation specialists, conditioning trainers, and coaches. All commonly encountered injuries and a variety of situations and scenarios specific to basketball are covered with the aid of more than 200 color photos and illustrations. Basketball Sports Medicine and Science is published in collaboration with ESSKA and will represent a superb, comprehensive educational resource. It is further hoped that the book will serve as a link between the different disciplines and modalities involved in basketball care, creating a common language and improving communication within the team staff and environment.

restore hyper wellness durham: Confronting Commercial Sexual Exploitation and Sex Trafficking of Minors in the United States National Research Council, Institute of Medicine, Committee on Law and Justice, Board on Children, Youth, and Families, Committee on the Commercial Sexual Exploitation and Sex Trafficking of Minors in the United States, 2013-11-12 Every day in the United States, children and adolescents are victims of commercial sexual exploitation and sex trafficking. Despite the serious and long-term consequences for victims as well as their families, communities, and society, efforts to prevent, identify, and respond to these crimes are largely under supported, inefficient, uncoordinated, and unevaluated. Confronting Commercial Sexual Exploitation and Sex Trafficking of Minors in the United States examines commercial sexual exploitation and sex trafficking of U.S. citizens and lawful permanent residents of the United States under age 18. According to this report, efforts to prevent, identify, and respond to these crimes require better collaborative approaches that build upon the capabilities of people and entities from a range of sectors. In addition, such efforts need to confront demand and the individuals who commit and benefit from these crimes. The report recommends increased awareness and understanding, strengthening of the law's response, strengthening of research to advance understanding and to support the development of prevention and intervention strategies, support for multi-sector and interagency collaboration, and creation of a digital information-sharing platform. A nation that is unaware of these problems or disengaged from solutions unwittingly contributes to the ongoing abuse of minors. If acted upon in a coordinated and comprehensive manner, the recommendations of Confronting Commercial Sexual Exploitation and Sex Trafficking of Minors in the United States can help advance and strengthen the nation's emerging efforts to prevent, identify, and respond to commercial sexual exploitation and sex trafficking of minors in the United States.

restore hyper wellness durham: CBP(R) Technique Donald D. Harrison, Sanghak O. Harrison, 2002-01-01

restore hyper wellness durham: Wellness in Whiteness Amina Mire, 2019-09-04 The Open Access version of this book, available at <https://www.taylorfrancis.com/books/9781351234146>, has

been made available under a Creative Commons Attribution-Non Commercial-No Derivatives 4.0 license. This book analyses the social and ethical implications of the globalization of emerging skin-whitening and anti-ageing biotechnology. Using an intersectional theoretical framework and a content analysis methodology drawn from cultural studies, the sociology of knowledge, the history of colonial medicine and critical race theory, it examines technical reports, as well as print and online advertisements from pharmaceutical and cosmetics companies for skin-whitening products. With close attention to the promises of 'ageless beauty', 'brightened', youthful skin and solutions to 'pigmentation problems' for non-white women, the author reveals the dynamics of racialization and biomedicalization at work. A study of a significant sector of the globalized health and wellness industries - which requires the active participation of consumers in the biomedicalization of their own bodies - *Wellness in Whiteness* will appeal to social scientists with interests in gender, race and ethnicity, biotechnology and embodiment.

restore hyper wellness durham: Lifetime Health , 2009

restore hyper wellness durham: **Rhythms of Recovery** Leslie E. Korn, 2021-09-28 The classic edition of *Rhythms of Recovery* sheds light on rhythm, one of the most important components of our survival and well-being. It governs the patterns of our sleep and respiration and is profoundly tied to our relationships with friends and family. But what happens when these rhythms are disrupted by traumatic events? Can balance be restored, and if so, how? What insights do eastern, natural, and modern western healing traditions have to offer, and how can practitioners put these lessons to use? Is it possible to do this in a way that's culturally sensitive, multidisciplinary, and grounded in research? *Rhythms of Recovery* examines and answers these questions and provides clinicians with effective, time-tested tools for alleviating the destabilizing effects of traumatic events. It also explores integrative medicine, East/West medicine, herbal medicine, psychedelic medicine, complex trauma, yoga, and somatic and feminist therapies. For practitioners and students interested in integrating the insights of complementary/alternative medicine and 21st-century science, this deeply appealing book is an ideal guide.

restore hyper wellness durham: **Health and Wellness Tourism** Melanie K. Smith, László Puczkó, 2009 *Health and Wellness Tourism* takes an innovative look at this rapidly growing sector of today's thriving tourism industry. This book examines the range of motivations that drive this diverse sector of tourists, the products that are being developed to meet their needs and the management implications of these developments. A wide range of international case studies illustrate the multiple aspects of the industry and new and emerging trends including spas, medical wellness, life-coaching, meditation, festivals, pilgrimage and yoga retreats. The authors also evaluate marketing and promotional strategies and assess operational and management issues in the context of health and wellness tourism. This text includes a number of features to reinforce theory for advanced students of hospitality, leisure and tourism and related disciplines.

restore hyper wellness durham: Wong's Essentials of Pediatric Nursing - Text and Study Guide Package Marilyn J. Hockenberry, David Wilson, 2011-05-24 This money-saving package includes the 8th edition of *Wong's Essentials of Pediatric Nursing Text and Study Guide*.

restore hyper wellness durham: *Foot and Ankle Sports Orthopaedics* Victor Valderrabano, Mark Easley, 2017-02-08 This book provides a comprehensive review of the diagnosis, management and treatment of sports injuries to the foot and ankle. The editors have assembled a list of contributors at the top of their field to define the medical management, treatment and surgery for the most common and highly debilitating sports injuries. Currently, foot and ankle injuries are the most common musculoskeletal injuries, thus this book fills the clear need for a state-of-the art resource that focuses upon this growing area of orthopaedic practice. *Foot and Ankle Sports Orthopaedics* is highly relevant to orthopaedic surgeons, sports orthopaedic surgeons and medical professionals dealing with sports injuries around the F&A. With clear and didactic information and superb illustrations, this book will prove to be an indispensable learning tool for readers seeking expert guidance to further their surgical skills in this area.

restore hyper wellness durham: **Nurse as Educator** Susan Bacorn Bastable, 2008 Designed

to teach nurses about the development, motivational, and sociocultural differences that affect teaching and learning, this text combines theoretical and pragmatic content in a balanced, complete style. --from publisher description.

restore hyper wellness durham: Resilience in Aging Barbara Resnick, Lisa P. Gwyther, Karen A. Roberto, 2010-10-14 The many significant technological and medical advances of the 21st century cannot overcome the escalating risk posed to older adults by such stressors as pain, weakness, fatigue, depression, anxiety, memory and other cognitive deficits, hearing loss, visual impairment, isolation, marginalization, and physical and mental illness. In order to overcome these and other challenges, and to maintain as high a quality of life as possible, older adults and the professionals who treat them need to promote and develop the capacity for resilience, which is innate in all of us to some degree. The purpose of this book is to provide the current scientific theory, clinical guidelines, and real-world interventions with regard to resilience as a clinical tool. To that end, the book addresses such issues as concepts and operationalization of resilience; relevance of resilience to successful aging; impact of personality and genetics on resilience; relationship between resilience and motivation; relationship between resilience and survival; promoting resilience in long-term care; and the lifespan approach to resilience. By addressing ways in which the hypothetical and theoretical concepts of resilience can be applied in geriatric practice, *Resilience in Aging* provides inroads to the current knowledge and practice of resilience from the perspectives of physiology, psychology, culture, creativity, and economics. In addition, the book considers the impact of resilience on critical aspects of life for older adults such as policy issues (e.g., nursing home policies, Medicare guidelines), health and wellness, motivation, spirituality, and survival. Following these discussions, the book focuses on interventions that increase resilience. The intervention chapters include case studies and are intended to be useful at the clinical level. The book concludes with a discussion of future directions in optimizing resilience in the elderly and the importance of a lifespan approach to aging.

restore hyper wellness durham: Diseases of the Sinuses Christopher C. Chang, Gary A. Incaudo, M. Eric Gershwin, 2014-06-06 *Diseases of the Sinuses: A Comprehensive Textbook of Diagnosis and Treatment*, 2nd Edition, offers the definitive source of information about the basic science of the sinuses and the clinical approach to sinusitis. Since the widely praised publication of the first edition, understanding of sinus disease has changed dramatically, mainly as a result of recent developments and new discoveries in the field of immunology. This updated and expanded edition is divided into sections addressing, separately, the pathogenesis, clinical presentation, medical and surgical management of acute and chronic rhinosinusitis. Special entities such as autoimmune-related sinusitis, allergy and sinusitis, and aspirin-exacerbated respiratory disease are discussed in separate chapters. The role of immunodeficiency is also addressed. The management section has been fully updated to incorporate new medical modalities and surgical procedures. Developed by a distinguished group of international experts who share their expertise and insights from years of collective experience in treating sinus diseases, the book will appeal to anyone who has an interest in sinus disease, including both physicians and allied health professionals. Internists, pediatricians, allergists, otolaryngologists and infectious disease specialists will find the book to be an invaluable, comprehensive reference. Physician assistants and nurse practitioners who work with specialists who treat sinus disease will also benefit from the book.

restore hyper wellness durham: Evidence-Based Geriatric Nursing Protocols for Best Practice Marie Boltz, PhD, RN, GNP-BC, FGSA, FAAN, Elizabeth Capezuti, PhD, RN, FAAN, Terry T. Fulmer, PhD, RN, FAAN, DeAnne Zwicker, DrNP, APRN, BC, 2016-03-28 This new edition of one of the premier references for geriatric nurses in hospital, long-term, and community settings delivers current guidelines, real-life case studies, and evidence-based protocols developed by master educators and practitioners. With a focus on improving quality of care, cost-effectiveness, and outcome, the fifth edition is updated to provide the most current information about care of common clinical conditions and issues in older patients. Several new expert contributors present current guidelines about hip fractures, frailty, perioperative and postoperative care, palliative care, and

senior-friendly emergency departments. Additionally, chapters have been reorganized to enhance logical flow of content and easy information retrieval. Protocols, systematically tested by more than 300 participating NICHE (Nurses Improving Care for Health system Elders) hospitals, are organized in a consistent format and include an overview, evidence-based assessment and intervention strategies, and an illustrative case study with discussion. Additionally, protocols are embedded within chapter text, providing the context and detailed evidence for each. Chapter objectives, annotated references, and evidence ratings for each protocol are provided along with resources for additional study. New to the Fifth Edition: Reorganized to enhance logical flow of information and ease of use Updated and revised Includes new contributions from expert educators and practitioners Provides new chapters on perioperative and postoperative care, general surgical care, care of hip fracture, palliative care, and the senior-friendly emergency department Key Features: Includes PowerPoints and a test bank for instructors Delivers evidence-based, current guidelines and protocols for care of common clinical conditions in the older person Illustrates the application of clinical protocols to real-life practice through case studies and discussion Edited by nationally known geriatric leaders who are endorsed by the Hartford Institute for Geriatric Nursing and NICHE Written for nursing students, nurse leaders, and practitioners at all levels, including those in specialty roles

restore hyper wellness durham: Is Work Good for Your Health and Well-being? Gordon Waddell, Great Britain: Department for Work and Pensions, A. Kim Burton, 2006-09-06 Increasing employment and supporting people into work are key elements of the Government's public health and welfare reform agendas. This independent review, commissioned by the Department for Work and Pensions, examines scientific evidence on the health benefits of work, focusing on adults of working age and the common health problems that account for two-thirds of sickness absence and long-term incapacity. The study finds that there is a strong evidence base showing that work is generally good for physical and mental health and well-being, taking into account the nature and quality of work and its social context, and that worklessness is associated with poorer physical and mental health. Work can be therapeutic and can reverse the adverse health effects of unemployment, in relation to healthy people of working age, for many disabled people, for most people with common health problems and for social security beneficiaries.

restore hyper wellness durham: A Healthy Old Age Stephanie Fallcreek, Molly Mettler, 1984-01-01 Provides the health care practitioner with information on how to design, implement, and evaluate health promotion programs for the elderly.

restore hyper wellness durham: The Cambridge History of Medicine Roy Porter, 2006-06-05 Against the backdrop of unprecedented concern for the future of health care, 'The Cambridge History of Medicine' surveys the rise of medicine in the West from classical times to the present. Covering both the social and scientific history of medicine, this volume traces the chronology of key developments and events.

restore hyper wellness durham: The End of Trauma George A. Bonanno, 2021-09-07 With "groundbreaking research on the psychology of resilience" (Adam Grant), a top expert on human trauma argues that we vastly overestimate how common PTSD is in and fail to recognize how resilient people really are. After 9/11, mental health professionals flocked to New York to handle what everyone assumed would be a flood of trauma cases. Oddly, the flood never came. In *The End of Trauma*, pioneering psychologist George A. Bonanno argues that we failed to predict the psychological response to 9/11 because most of what we understand about trauma is wrong. For starters, it's not nearly as common as we think. In fact, people are overwhelmingly resilient to adversity. What we often interpret as PTSD are signs of a natural process of learning how to deal with a specific situation. We can cope far more effectively if we understand how this process works. Drawing on four decades of research, Bonanno explains what makes us resilient, why we sometimes aren't, and how we can better handle traumatic stress. Hopeful and humane, *The End of Trauma* overturns everything we thought we knew about how people respond to hardship.

restore hyper wellness durham: Strengthen Your Back DK, 2013-10-21 Strengthen Your

Back covers all practical aspects of back care from diagnosis and treatment to exercises and pain relief. Illustrated step-by-step exercises help you address your back and neck pain, alongside carefully planned strategies to stop injuries recurring. Simple, clear diagrams show the anatomy of your back and neck and specialized sections deal with back pain in specific scenarios such as home, work, driving and gardening. Includes advice on where to seek help and how to get the best results from rehabilitation. Play an active role in your healthcare with Strengthen Your Back!

restore hyper wellness durham: International Perspectives in Values-Based Mental Health Practice Drozdstoy Stoyanov, Bill Fulford, Giovanni Stanghellini, Werdie Van Staden, Michael TH Wong, 2020-12-11 This open access book offers essential information on values-based practice (VBP): the clinical skills involved, teamwork and person-centered care, links between values and evidence, and the importance of partnerships in shared decision-making. Different cultures have different values; for example, partnership in decision-making looks very different, from the highly individualized perspective of European and North American cultures to the collective and family-oriented perspectives common in South East Asia. In turn, African cultures offer yet another perspective, one that falls between these two extremes (called batho pele). The book will benefit everyone concerned with the practical challenges of delivering mental health services. Accordingly, all contributions are developed on the basis of case vignettes, and cover a range of situations in which values underlie tensions or uncertainties regarding how to proceed in clinical practice. Examples include the patient's autonomy and best interest, the physician's commitment to establishing high standards of clinical governance, clinical versus community best interest, institutional versus clinical interests, patients insisting on medically unsound but legal treatments etc. Thus far, VBP publications have mainly dealt with clinical scenarios involving individual values (of clinicians and patients). Our objective with this book is to develop a model of VBP that is culturally much broader in scope. As such, it offers a vital resource for mental health stakeholders in an increasingly inter-connected world. It also offers opportunities for cross-learning in values-based practice between cultures with very different clinical care traditions.

restore hyper wellness durham: The Fight for Time Paul Apostolidis, 2019 In today's precarious world, working people's experiences are strangely becoming more alike even as their disparities sharpen. The Fight for Time explores the logic behind this paradox by listening to what Latino day laborers say about work and society. The book shows how migrant laborers are both exception and synecdoche in relation to the precarious conditions of contemporary work life. As unauthorized migrants, these workers are subjected to extraordinarily harsh treatment - yet in startling ways, they also epitomize struggles that apply throughout the economy. Juxtaposing day laborers' descriptions of their desperate circumstances and dangerous work with theoretical accounts of the forces fueling insecurity, The Fight for Time illuminates the temporal contradictions that define precarity today. The book taps the core intellectual current among day labor groups - Paulo Freire's popular-education theory - to craft an original critical-popular approach for understanding the points of connection between the ways that day laborers view their lives and scholarly analysis of precarious work-life writ large. The result is a temporally attuned and politically bracing perspective on neoliberal crises, the work ethic in the era of affective and digital labor, the intensifying racial governance of public spaces, the burgeoning deportation regime, and the growth of occupational safety and health hazards. The accounts of the day laborers in this book are rich with potential to catalyze social critique among migrant workers - and clarify the terms on which mass-scale opposition to precarity can occur. Such opposition would demand restoration of workers' stolen time, engage in a fight for the city, challenge the conditions under which aversion to financial risk puts workers into physical danger, and foment the refusal of work. We can look to the urban worker centers where this radically democratic politics of precarity is taking root to understand what types of organizations have the potential to wage the fight for time and enable broad mobilization in the face of precarity: worker centers for all working people.

restore hyper wellness durham: Rethinking Education Across Borders Uttam Gaulee, Shyam Sharma, Krishna Bista, 2021-02-15 This book focuses on critical issues and perspectives concerning

globally mobile students, aspects that have grown in importance thanks to major geopolitical, economic, and technological changes around the globe (i.e., in and across major origins and destinations of international students). Over the past few decades, the field of international higher education and scholarship has developed robust areas of research that guide current policy, programs, and pedagogy. However, many of the established narratives and wisdoms that dominate research agendas, scope, and foci have become somewhat ossified and are unable to reflect recent political upheavals and other changes (e.g. the Brexit, Trump era, and Belt and Road Initiative) that have disrupted a number of areas including mobility patterns and recruitment practices, understanding and supporting students, engagement of global mobile students with their local counterparts, and the political economy of international education at large. By re-assessing established issues and perspectives in light of the emerging global/local situations, the contributing authors – all experts on international education – share insights on policies and practices that can help adapt to emerging challenges and opportunities for institutions, scholars, and other stakeholders in international higher education. Including theoretical, empirical, and practitioner-based methods and perspectives provided by scholars from around the world, the book offers a unique and intriguing resource.

restore hyper wellness durham: Health Issues in the Black Community Ronald L. Braithwaite, Sandra E. Taylor, Henrie M. Treadwell, 2009-10-22 Health Issues in the Black Community THIRD EDITION The outstanding editors and authors of Health Issues in the Black Community have placed in clear perspective the challenges and opportunities we face in working to achieve the goal of health equity in America. David Satcher, MD, PhD, 16th Surgeon General of the United States and director, Satcher Health Leadership Institute at Morehouse School of Medicine Eliminating health disparities must be a central goal of any forward thinking national health policy. Health Issues in the Black Community makes a valuable contribution to a much-needed dialogue by focusing on the challenges of the black community. Marc Morial, Esq., president, National Urban League Health Issues in the Black Community illuminates comprehensively the range of health conditions specifically affecting African Americans, and the health disparities both within the black community and between racial and ethnic groups. Each chapter, whether addressing the health of African Americans by age, gender, type of disease, condition or behavior, is well-detailed and tells an important story. Together, they offer practitioners, consumers, scholars, and policymakers a crucial roadmap to address and change the social determinants of health, reduce disparities, and create more equal treatment for all Americans. Risa Lavizzo-Mourey, MD, MBA, president, Robert Wood Johnson Foundation I recommend Health Issues in the Black Community as a must-read for anyone concerned about the future of the African American community. Health disparities continues to be one of the major issues confronting the black community. This book will help to highlight the issues and keep attention focused on the work to be done. Elsie Scott, PhD, president of the Congressional Black Caucus Foundation This book is the definitive examination of health issues in black America issues sadly overlooked and downplayed in our culture and society. I congratulate Drs. Braithwaite, Taylor, and Treadwell for their monumental book. Cornel West, PhD, professor, Princeton University

restore hyper wellness durham: The Expression of the Psychosomatic Body from a Phenomenological Perspective Jennifer Bullington, 2013-03-20 This book is a contribution to the understanding of psychosomatic health problems. Inspired by the work of the French phenomenologist Maurice Merleau-Ponty, a phenomenological theory of psychosomatics is worked out as an alternative to traditional, biomedical thinking. The patient who presents somatic symptoms with no clearly discernible lesion or dysfunction presents a problem to the traditional health care system. These symptoms are medically unexplainable, constituting an anomaly for the materialistic understanding of ill health that underlies the practice of modern medicine. The traditional biomedical model is not appropriate for understanding a number of health issues that we call “psychosomatic” and for this reason, biomedical theory and practice must be complemented by another theoretical understanding in order to adequately grasp the psychosomatic problematic. This book establishes a complementary understanding of psychosomatic ill health in terms of a

non-reductionistic model allowing for the (psychosomatic) expression of the lived body. A thorough presentation of the work Merleau-Ponty is followed by the author's application of his thinking to the phenomenon of psychosomatic pathology.

restore hyper wellness durham: Master Techniques in Blepharoplasty and Periorbital Rejuvenation Guy G. Massry, MD, Mark R. Murphy, MD, Babak Azizzadeh, MD, 2011-09-02 Master Techniques in Blepharoplasty and Eyelid Reconstruction is a comprehensive, multi-specialty textbook and surgical atlas on blepharoplasty and eyelid reconstruction, presenting multiple competing and complementary techniques by the leading experts in the field of plastic surgery, facial plastic surgery, and oculoplastic surgery. Only the most pioneering and time-tested surgical procedures are presented in step-by-step, illustrative detail. All areas of eyelid surgery are covered in a balanced and systematic approach. An accompanying on-line surgical atlas shows digitally videotaped procedures by the leading authors, extremely useful to any surgeon interested in blepharoplasty. Master Techniques in Blepharoplasty and Eyelid Reconstruction is the definitive textbook and atlas for any surgeon who interested in this topic.

restore hyper wellness durham: A Guide to the Clinical Care of Women with HIV Jean R. Anderson, 2005 NOTE: NO FURTHER DISCOUNT FOR THIS PRODUCT ITEM -OVERSRTOCK SALE-- Significantly reduced price. Edited by Jean R. Anderson. This guide addresses the health care needs unique to women with HIV. It targets clinicians who provide primary care to women as well as those seeking an understanding of how to take care of women with HIV/AIDS. This guide includes tables, figures, color plates, resources, references, and indices. This 2005 edition includes new chapters on international issues and nutrition. Edge indexed.

restore hyper wellness durham: The Clinical Management of Nicotine Dependence James A. Cocores, 2011-10-21 The 1980s have seen a remarkable degree of public and professional acceptance of cigarette smoking as the most widespread and devastating form of drug dependence. More medical schools now give required courses about drug dependence. Prestigious journals publish reports of investigations on the subject of nicotine dependence, and more conferences and workshops are held each year on various aspects of nicotine dependence. All this is in sharp contrast to the earlier prevailing atmosphere of disinterest, ignorance, or professional disdain. These changes created an obvious place for a textbook oriented primarily toward the needs of clinicians working with patients who have nicotine dependence. Thus, in preparation of this book, most aspects of the management of nicotine dependence are incorporated, in order to address concerns of physicians in training and other health care professionals across the world. The final product, which I believe to be comprehensive and clinically relevant throughout, is a text that I hope will be of equal use to psychologists, social workers, nurses, counselors, and physicians in all specialties. An encyclopedic treatise was deliberately avoided because that approach can be cumbersome in size, readability, and cost, and for that reason, readers will find little mention of data involving animal research, nicotine-related politics, nicotine product advertising, medical consequences of smoking, psychotherapeutic techniques, and the extent of the problem.

restore hyper wellness durham: Contours of Ableism F. Campbell, 2009-09-16 Challenging notions of what constitutes 'normal' and 'pathological' bodies, this ambitious, agenda-setting study theoretically reinvigorates disability studies by reconceptualising it as 'studies of ableism' focusing on the practices and formations of able-bodiedness to uncover what it means to be 'able' rather than 'disabled'.

restore hyper wellness durham: Little Bear Sees Aubri Tallent, Andrei Tallent, Fredy Bush, 2012 Cortical visual impairment (CVI), the leading cause of visual impairment in children today, is caused by damage to visual centers of the brain. Unfortunately, CVI is very often misdiagnosed or undiagnosed because many doctors, therapists and educators simply do not know about it. What we want you to know, first and foremost, is that there is hope! Children with CVI can learn to see, their vision can get better! As parents of a child with CVI, we know how daunting it can be to raise a child with visual impairment. LITTLE BEAR SEES is the first book about CVI written by parents for parents. As you read LITTLE BEAR SEES, you will meet other families facing the many challenges

that come with a diagnosis of CVI. This book was written for parents, but it our sincere hope that it will be shared with doctors, therapists, family, friends and all those whose lives are touched by a child with CVI. Together we can raise awareness and improve the lives of children with cortical visual impairment. In *LITTLE BEAR SEES* you will learn: Exactly what CVI is What common characteristics to look for to determine if your child has CVI How the eyes and brain work together to facilitate vision Strategies and ideas for helping your child learn to see from the leading experts in cortical visual impairment

restore hyper wellness durham: *Handbook of Clinical Nutrition and Aging* Connie W. Bales, Christine S. Ritchie, 2004 This work provides a comprehensive overview of clinical disorders that can seriously affect and be affected by nutrition and will enable practitioners to address the nutritional aspects of their patients' therapy.

restore hyper wellness durham: *Lippincott's Review for Medical-surgical Nursing Certification* Lippincott, 2011-10-20 Lippincott's Review for Medical-Surgical Nursing Certification, Fifth Edition provides the information nurses need to achieve certification in the specialty of medical-surgical nursing. This helpful reference covers the broad range of content found on the actual examinations, including disorders by body system, such as coronary artery disease, COPD, and diabetes. The product reviews signs and symptoms, diagnostic tests, medical treatments, nursing assessments, and interventions for scores of health problems. Concise refreshers on wound care, perioperative nursing, collaborative practice, nursing research, and legal issues are also included. Review questions after each chapter and an end-of-book posttest help assess the nurse's preparedness for the exam. The book is appropriate for exams of both major certifying bodies: the ANCC and the AMSN.

restore hyper wellness durham: *Anthropocene Back Loop* Stephanie Wakefield, 2020-05-08 We are entering the Anthropocene's back loop, a time of release and collapse, confusion and reorientation, in which not only populations and climates are being upended but also physical and metaphysical grounds. Needed now are forms of experimentation geared toward autonomous modes of living within the back loop's new unsafe operating spaces.

restore hyper wellness durham: *Handbook of Indigenous Education* Elizabeth Ann McKinley, Linda Tuhiwai Smith, 2019-05-23 This book is a state-of-the-art reference work that defines and frames the state of thinking, research and practice in indigenous education. The book provides an authoritative overview of the subject in one text. The work sits within the context of The UN Declaration of the Rights of Indigenous Peoples that states "Indigenous peoples have the right to the dignity and diversity of their cultures, traditions, histories and aspirations which shall be appropriately reflected in education" (Article 14.1). Twenty-five years ago a book of this nature would have been largely written by non-Indigenous researchers about Indigenous people and education. Today Indigenous researchers can write this work about and for themselves and others. The book is comprehensive in its coverage. Authors are drawn from various individual jurisdictions that have significant indigenous populations where the issues include language, culture and identity, and indigenous people's participation in society. It brings together multiple streams of research by 'new' indigenous voices. The book also brings together a wide range of educational topics including early childhood education, educational governance, teacher education, curriculum, pedagogy, educational psychology, etc. The focus of one body of work on Indigenous education is a welcome enhancement to the pursuit of the field of Indigenous educational aspirations and development.

restore hyper wellness durham: *Indigenous Women's Voices* Emma Lee, Jennifer Evans, 2022-01-27 This book is available as open access through the Bloomsbury Open Access programme and is available on www.bloomsburycollections.com. When Linda Tuhiwai Smith's *Decolonizing Methodologies* was first published, it ignited a passion for research change that respected Indigenous peoples and knowledges, and campaigned to reclaim Indigenous ways of knowing and being. At a time when Indigenous voices were profoundly marginalised, the book advocated for an Indigenous viewpoint which represented a daily struggle to be heard, and to find its place in academia. Twenty years on, this collection celebrates the breadth and depth of how Indigenous

writers are shaping the decolonizing research world today. With contributions from Indigenous female researchers, this collection offers the much needed academic space to distinguish methodological approaches, and overcome the novelty confines of being marginal voices.

restore hyper wellness durham: Art in the Anthropocene Etienne Turpin, Dr Heather Davis, 2015-06-11 Taking as its premise that the proposed epoch of the Anthropocene is necessarily an aesthetic event, this collection explores the relationship between contemporary art and knowledge production in an era of ecological crisis. Art in the Anthropocene brings together a multitude of disciplinary conversations, drawing together artists, curators, scientists, theorists and activists to address the geological reformation of the human species. With contributions by Amy Balkin, Ursula Biemann, Amanda Boetzkes, Lindsay Bremner, Joshua Clover & Juliana Spahr, Heather Davis, Sara Dean, Elizabeth Ellsworth & Jamie Kruse (smudge studio), Irmgard Emmelhainz, Anselm Franke, Peter Galison, Fabien Giraud, & Ida Soulard, Laurent Gutierrez & Valerie Portefaix (MAP Office), Terike Haapoja & Laura Gustafsson, Laura Hall, Ilana Halperin, Donna Haraway & Martha Kenney, Ho Tzu Nyen, Bruno Latour, Jeffrey Malecki, Mary Mattingly, Mixrice (Cho Jieun & Yang Chulmo), Natasha Myers, Jean-Luc Nancy & John Paul Ricco, Vincent Normand, Richard Pell & Emily Kutil, Tomas Saraceno, Sasha Engelmann & Bronislaw Szerszynski, Ada Smailbegovic, Karolina Sobecka, Richard Streitmatter-Tran & Vi Le, Anna-Sophie Springer, Sylvere Lotringer, Peter Sloterdijk, Zoe Todd, Etienne Turpin, Pinar Yoldas, and Una Chaudhuri, Fritz Ertl, Oliver Kellhammer & Marina Zurkow. This book is also available as an open access publication through the Open Humanities Press: <http://openhumanitiespress.org/art-in-the-anthropocene.html>

restore hyper wellness durham: Current Diagnosis & Treatment in Otolaryngology Anil K. Lalwani, 2004 Lalwani (physiology and neuroscience, New York University School of Medicine) presents essential information on medical and surgical management of disorders and diseases of the ear, nose, throat, and neck, for specialists, non-specialists, ancillary health care personnel, and students. The book emphasizes practical features of diagnosis and patient management while providing a discussion of pathophysiology and relevant basic and clinical science. Overview chapters review principles of antimicrobial therapy, anesthesia, radiology, and lasers, followed by chapters arranged by anatomical region. B&w medical images and photos are included. Annotation : 2004 Book News, Inc., Portland, OR (booknews.com).

restore hyper wellness durham: The Beautiful Warriors Cornelia Sollfrank, 2019-12-05 The Beautiful Warriors: Technofeminist Practice in the 21st Century brings together seven current technofeminist positions from the fields of art and activism. In very different ways, they expand the theories and practices of 1990's cyberfeminism and thus react to new forms of discrimination and exploitation. Gender politics are negotiated with reference to technology, and questions of technology are combined with questions of ecology and economy. The different positions around this new techno-eco-feminism understand their practice as an invitation to take up their social and aesthetic interventions, to join in, to continue, and never give up. Contributions from Christina Grammatikopoulou, Isabel de Sena, Femke Snelting, Cornelia Sollfrank, Spideralex, Sophie Toupin, hvale vale, Yvonne Volkart.

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