

results medical aesthetics wellness

Results Medical Aesthetics & Wellness: Your Journey to a Revitalized You

Are you ready to unlock your most radiant self? Feeling tired, stressed, or simply noticing the signs of aging? At Results Medical Aesthetics & Wellness, we believe in empowering you to achieve your beauty and wellness goals through personalized, results-driven treatments. This comprehensive guide dives deep into the world of medical aesthetics and wellness, exploring the transformative services we offer and how they can help you achieve your desired outcome. We'll cover everything from non-invasive facial rejuvenation to body contouring and holistic wellness approaches, ensuring you have a clear understanding of what we do and how we can help you look and feel your absolute best.

Understanding Results Medical Aesthetics & Wellness: More Than Just Skin Deep

Results Medical Aesthetics & Wellness isn't just about superficial changes; it's about a holistic approach to well-being. We understand that true beauty comes from within, and our services are designed to complement and enhance your natural radiance. We offer a comprehensive range of treatments tailored to your individual needs and goals, encompassing:

1. **Non-Invasive Facial Rejuvenation:** Say goodbye to wrinkles, fine lines, and age spots. We utilize cutting-edge technologies like Botox, fillers, and chemical peels to restore a youthful, refreshed complexion. These treatments are minimally invasive, offering significant results with minimal downtime. We focus on achieving natural-looking enhancements, helping you look younger without appearing "done." We also offer customized skincare regimens to maintain and enhance your results.
1. **Body Contouring and Sculpting:** Achieve your dream physique with our body contouring treatments. We offer options like CoolSculpting, Emsculpt, and other advanced technologies to reduce stubborn fat, tighten skin, and build muscle tone. These procedures can help you target specific areas you're less satisfied with, helping you feel more confident and comfortable in your own skin. We offer thorough consultations to assess your individual needs and recommend the most effective approach.

1. **Advanced Skincare Treatments:** Our comprehensive skincare services go beyond simple facials. We offer customized treatments addressing specific skin concerns like acne, hyperpigmentation, and rosacea. Using high-quality products and advanced techniques, we help you achieve clear, healthy, and radiant skin. We can create a personalized skincare plan to maintain your results long-term and educate you on proper home care routines.
1. **Holistic Wellness Programs:** We understand that inner well-being is crucial for outer radiance. Our wellness programs incorporate lifestyle modifications, nutritional guidance, and stress management techniques to help you achieve optimal health and well-being. We believe that true beauty is a reflection of your overall health, and we're committed to supporting you on your journey to a healthier, happier you. These programs can be integrated with your aesthetic treatments for maximum benefit.

The Results Medical Aesthetics & Wellness Advantage: Why Choose Us?

Choosing the right medical aesthetics provider is crucial. At Results Medical Aesthetics & Wellness, we differentiate ourselves through:

Experienced and Qualified Professionals: Our team consists of highly trained and experienced medical professionals dedicated to providing the highest quality care and personalized attention.

State-of-the-Art Technology: We invest in cutting-edge technology and techniques to deliver optimal results and enhance patient safety and comfort.

Personalized Treatment Plans: We believe in tailoring each treatment plan to your specific needs and goals, ensuring you receive the most effective and appropriate care.

Comfortable and Relaxing Atmosphere: We strive to create a welcoming and relaxing environment where you can feel comfortable and at ease throughout your treatment journey.

Commitment to Excellence: We are committed to providing exceptional service and exceeding your expectations. Our goal is not just to meet your needs but to surpass them.

Your Journey Begins with a Consultation

The first step towards achieving your aesthetic and wellness goals is a consultation. During this consultation, we'll discuss your concerns, assess your needs, and develop a customized treatment plan tailored specifically to

you. We'll answer all your questions, address any concerns, and help you understand what to expect throughout the process. Transparency and open communication are paramount to our philosophy.

Maintaining Your Results: Long-Term Care

The longevity of your results depends on several factors, including the treatment chosen, your individual physiology, and your aftercare regimen. We'll provide you with detailed instructions on how to best care for yourself after your procedures, maximizing the lifespan of your results. This might include specific skincare routines, dietary recommendations, or lifestyle adjustments. We also offer ongoing support and maintenance treatments to help you preserve your enhanced appearance and well-being.

Conclusion

At Results Medical Aesthetics & Wellness, we are dedicated to helping you achieve your optimal level of beauty and well-being. We believe in empowering you to feel confident, radiant, and healthy. By combining cutting-edge technology, personalized care, and a holistic approach, we help you unlock your full potential. Contact us today to schedule a consultation and start your journey towards a revitalized you.

FAQs

1. What payment methods do you accept? We accept most major credit cards, debit cards, and often offer financing options. It's best to inquire during your consultation.
1. Do you offer financing plans? Yes, we understand that aesthetic treatments can be a significant investment, so we work with several financing companies to offer flexible payment plans to suit your budget.
1. How long will my results last? The longevity of your results will depend on the specific treatment and your individual factors. We'll discuss expected results and maintenance options during your consultation.
1. What is your cancellation policy? We request at least 24-hour notice for cancellations to avoid any charges. Please contact us as soon as

possible if you need to reschedule your appointment.

1. What should I expect during my initial consultation? Your initial consultation will involve a thorough discussion of your goals, a comprehensive assessment of your skin and body, and a tailored treatment plan recommendation. We'll answer all your questions and address any concerns you may have.

results medical aesthetics wellness: *Renegade Beauty* Nadine Artemis, 2017-11-14 Rethink conventional notions of beauty and wellness, abandon established regimes and commercial products, and embrace your "renegade" beauty In this essential full-color guide, Nadine Artemis introduces readers to the concept of renegade beauty—a practice of doing less and allowing the elements and the life force of nature to revive the body, skin, and soul so our natural radiance can shine through. Anyone stuck in perpetual loops of new products, facials, and dermatologist appointments will find answers as Artemis illuminates the energizing elements of sun, fresh air, water, the earth, and plants. This book is a comprehensive resource for anyone who wants to simplify their self-care routine, take their health into their own hands, and discover their own radiant beauty.

results medical aesthetics wellness: *Dr. and Mrs. Guinea Pig Present The Only Guide You'll Ever Need to the Best Anti-Aging Treatments* Heather Dubrow, Terry Dubrow, M.D., F.A.C.S., 2016-09-06

results medical aesthetics wellness: *Cracking the Metabolic Code* B. Lavalley R.Ph. C.C.N. N.D., James, James B. Lavalley, 2009-06-16 Crack Your Code and Reach a New Level of Healing and Health Doctors traditionally prescribe a pill for every ill. But for most people, these single solutions don't work. The truth is, most chronic health problems, including stubborn weight gain, unbeatable fatigue, intestinal distress, high blood pressure, creeping cholesterol, and high blood sugar, are not found in simply one organ, but in several parts of the body (oftentimes in twos and threes). This is the result of years of slow, subtle challenges to your metabolism, which is as unique as you are. Your diet, lifestyle habits, stress level, prescription drug use, and relationships, as well as the genes you inherit and the environment in which you live-in effect, the sum total of your life experience up to this day-determine your personal metabolism and, in turn, your current state of health. Using a step-by-step, easy-to-implement system of diet, lifestyle strategies, and state-of-the-art nutrients and supplements, Dr. James LaValle will help you create an individualized program for reclaiming your metabolism and health.....At long last, this book provides readers with the information and tools that have been used successfully by thousands of Dr. LaValle's patients over the last twenty years to help them take charge of their diets, their health, and their lives.

results medical aesthetics wellness: *Aesthetic Clinic Marketing in the Digital Age* Wendy Lewis, 2017-12-14 Social media provides a new way for aesthetic practitioners to connect with consumers and to differentiate their clinics. However, to most clinic managers and practitioners, digital media represents a sea of confusion that they cannot even begin to know how to navigate. With over 20 years of experience in medical aesthetics, Lewis offers a unique understanding of the challenges clinics face every day to market their products and services ethically, manage patients and stay profitable. This text serves as an expert user's guide written specifically for healthcare professionals in need of an in-depth introduction and comprehensive actionable program for digital marketing, social media, and aesthetic clinic management. It is a must-read for practitioners.

results medical aesthetics wellness: *Facial Volumization* Jerome Paul Lamb, Christopher

Chase Surek, 2017-10-11 Highly Commended by the BMA Medical Book Awards for Surgery! The gliding nature and dynamic planes of the face present one of the great challenges in aesthetic surgery and volume replenishment is a key component of the treatment algorithm. Facial Volumization: An Anatomic Approach by Jerome Lamb and Christopher Surek masterfully bridges the gap between the anatomy lab and injection clinic. It synthesizes a large body of facial anatomy publications into a one-stop shop covering a wide array of facial procedures - from the chin and perioral - to the midface and temple. In addition to vascular injury, lymphatic disruption can play a critical role in suboptimal aesthetic facial volumization outcomes. Chapter 2, The Lymphatic Anatomy of the Lower Eyelid and the Malar Region of the Face discusses new state-of-the art facial lymphatic discoveries. Key Features Numerous beautiful, full-page color illustrations systematically reveal each layer of the face - from deep to superficial - taking readers on a unique journey through the 3-D architecture of complex facial anatomy. The left side of each page features a written synopsis of the vascular, muscular, ligament, and adipose components of specific layers paired with cadaveric dissection photographs. More than 20 high-definition live patient injection videos posted in the Thieme online Media Center include detailed injector commentary. Augmentation and enhancement techniques, the latest facial fillers and lip injections, and illustrated guidance on preferred volumization approaches. Identification of danger zones and technical pearls for injecting safely, avoiding problems, and obtaining the best results. This invaluable resource will help residents and seasoned plastic surgeons, facial plastic surgeons, dermatologists, otolaryngologists, and aestheticians perform facial injections safely and achieve optimized results.

results medical aesthetics wellness: Winning Skin Dean M. Tomasello, M.d., 2016-04-22 Winning skin describes proven ways to achieve youthful, beautiful and vibrant skin. It contains detailed, yet easy-to-understand information about skin care, anti-aging and medical aesthetic treatments. It is intended for both skin care professionals and patients. Dr. Dean Tomasello brings 20+ years experience as a physician, educator and trainer in the fields of dermatology, skin care, anti-aging, medical aesthetics and wellness. Many people begin to notice signs of aging and would love to look and feel younger but are not certain exactly how to reach their anti-aging goal. This book transforms difficult or complicated concepts into those that can be understood by all. Aestheticians with a desire to broaden their knowledge and expertise in skin care, anti-aging and medical aesthetics will find this book to be hugely beneficial. Winning Skin discusses your skin and exactly how it ages. We walk you through key anti-aging skin care ingredients and daily measures you can take to effectively reverse the aging process. Medical aesthetic procedures such as Botox, dermal fillers and cosmetic laser treatments will be discussed in depth. Understanding which of these procedures is best for each area of concern will help you be certain that the treatment or procedure you choose will bring the most cost-effective, beautiful, youthful yet natural results. While everything we put onto or do to our skin is of great importance, equally important is our diet. Nutrients and anti-oxidants reach the skin layers through the blood stream. Through the right dietary ingredients, we can deliver high-power antioxidants and other key ingredients to literally help our skin from the inside-out. The Clear Skin Diet is an incredibly skin-healthy diet and is discussed in detail. This diet brings anti-aging results as well as improvements to chronic skin conditions such as acne and rosacea. Many products are reviewed with side by side comparisons as well. We also discuss effective approaches in the care of normal, dry, oily, and sensitive skin types along with effective treatment of chronic skin conditions such as acne, rosacea and melasma. Regardless of your age or experience with anti-aging, skin care or medical aesthetics, this book is certain to give you a deeper understanding and empower you. Through this, you will be ready to make simple, consistent changes that will make you look and feel more young and beautiful than ever before.

results medical aesthetics wellness: A Comprehensive Guide to Biological Medicine and Wellness Mike Chan, Dmitry Klokol, 2019-03-28 With the arise of chronic, age and lifestyle-related illnesses, overwhelming stress, toxins and pollution, the society began to value more aspects of personal health than mere physical symptoms - the balance and harmony of mind, spirit and body.

results medical aesthetics wellness: The Art of Skin Health Restoration and Rejuvenation, Second Edition Zein E. Obagi, 2014-12-18 The Art of Skin Health Restoration and Rejuvenation, Second Edition presents a comprehensive review of Dr. Zein Obagi's renowned skin care regimens and his techniques for revitalizing skin. Fully demonstrated and explained are Dr. Obagi's skin peels and his approach to correcting sun damage, control of the pigmentary system, the stimulation of skin collagen, and how to restore skin elasticity. With more than 200 illustrations, a presentation of Dr. Obagi's skin classification system, and a special section on combining laser skin resurfacing with other techniques, this volume is a valuable resource for the plastic surgeon, dermatologist, and cosmetic facial surgeon.

results medical aesthetics wellness: Health and Wellness Tourism Melanie K. Smith, László Puczkó, 2009 Health and Wellness Tourism takes an innovative look at this rapidly growing sector of today's thriving tourism industry. This book examines the range of motivations that drive this diverse sector of tourists, the products that are being developed to meet their needs and the management implications of these developments. A wide range of international case studies illustrate the multiple aspects of the industry and new and emerging trends including spas, medical wellness, life-coaching, meditation, festivals, pilgrimage and yoga retreats. The authors also evaluate marketing and promotional strategies and assess operational and management issues in the context of health and wellness tourism. This text includes a number of features to reinforce theory for advanced students of hospitality, leisure and tourism and related disciplines.

results medical aesthetics wellness: Body Contouring Bruce E. Katz, Neil S. Sadick, 2010 Edited by leading authorities Bruce E. Katz and Neil S. Sadick, MD, Body Contouring is a brand-new volume in the Procedures in Cosmetic Dermatology Series. It showcases the hottest new body rejuvenation techniques and technologies, including laser lipolysis, focused ultrasound, mesotherapy, laser and light treatments, subcision for cellulite, and more. International contributions equip you to master the newest approaches from around the world. Succinctly written and lavishly illustrated, the book offers a wealth of pearls and pitfalls to help you refine your skills and avoid complications. A bonus DVD allows you to refine your skills by watching key techniques being performed by the authors. Shows you how to perform the hottest new techniques in body sculpting, including laser lipolysis, focused ultrasound, mesotherapy, laser and light treatments, subcision for cellulite, and more. Offers clinical pearls, pitfalls, and key points to help you get the best results for all procedures. Allows you to master the best and newest techniques and technologies from around the world, thanks to contributions from high-profile physicians with a wealth of international expertise. Includes a DVD that helps you learn key procedures by seeing them performed by the authors themselves.

results medical aesthetics wellness: Laser and IPL Technology in Dermatology and Aesthetic Medicine Christian Raulin, Syrus Karsai, 2011-02-14 The editors have gathered 15 laser experts from the United States, Europe and Asia to present the most up to date information in cutaneous laser surgery and intense pulsed light technologies. This innovative book describes new laser techniques (laserlipolysis, fractional photothermolysis, among others) and provides expert guidance on using lasers successfully in over 80 clinical indications.

results medical aesthetics wellness: Mohs Micrographic Surgery Stephen N. Snow, George R. Mikhail, 2004 Mohs Micrographic Surgery, an advanced treatment procedure for skin cancer, offers the highest potential for recovery--even if the skin cancer has been previously treated. This procedure is a state-of-the-art treatment in which the physician serves as surgeon, pathologist, and reconstructive surgeon. It relies on the accuracy of a microscope to trace and ensure removal of skin cancer down to its roots. This procedure allows dermatologists trained in Mohs Surgery to see beyond the visible disease and to precisely identify and remove the entire tumor, leaving healthy tissue unharmed. This procedure is most often used in treating two of the most common forms of skin cancer: basal cell carcinoma and squamous cell carcinoma. The cure rate for Mohs Micrographic Surgery is the highest of all treatments for skin cancer--up to 99 percent even if other forms of treatment have failed. This procedure, the most exact and precise method of tumor

removal, minimizes the chance of regrowth and lessens the potential for scarring or disfigurement

results medical aesthetics wellness: *ROAR* Stacy T. Sims, PhD, Selene Yeager, 2016-07-05
“Dr. Sims realizes that female athletes are different than male athletes and you can’t set your race schedule around your monthly cycle. ROAR will help every athlete understand what is happening to her body and what the best nutritional strategy is to perform at her very best.”—Evie Stevens, Olympian, professional road cyclist, and current women’s UCI Hour record holder
Women are not small men. Stop eating and training like one. Because most nutrition products and training plans are designed for men, it’s no wonder that so many female athletes struggle to reach their full potential. ROAR is a comprehensive, physiology-based nutrition and training guide specifically designed for active women. This book teaches you everything you need to know to adapt your nutrition, hydration, and training to your unique physiology so you can work with, rather than against, your female physiology. Exercise physiologist and nutrition scientist Stacy T. Sims, PhD, shows you how to be your own biohacker to achieve optimum athletic performance. Complete with goal-specific meal plans and nutrient-packed recipes to optimize body composition, ROAR contains personalized nutrition advice for all stages of training and recovery. Customizable meal plans and strengthening exercises come together in a comprehensive plan to build a rock-solid fitness foundation as you build lean muscle where you need it most, strengthen bone, and boost power and endurance. Because women’s physiology changes over time, entire chapters are devoted to staying strong and active through pregnancy and menopause. No matter what your sport is—running, cycling, field sports, triathlons—this book will empower you with the nutrition and fitness knowledge you need to be in the healthiest, fittest, strongest shape of your life.

results medical aesthetics wellness: *Healing: Health and Wellness Industry Experts Share Their Insider Secrets, Experience and Advice on Healing* Alireza Sharifi, Mohd Zaher Mohd Zain, 2019-10-25
Go on an incredible spiritual journey in this eye-opening book that explores the body’s incredible ability to heal itself. ANXIETY AND STRESS are epidemic in today’s fast-paced world. In response, many turn to different types of healing and related practices with long-term success with our authors : -Dr Alireza Sharifi-Magda Amin -Ryan Longenecker-Maggie Guo-Shirin Ariff-Annette Nolan-Coach Fareen-Carolynn Tersigni-Ambreen Ihsanullah -Shohreh Bashar-Ayesha Khalid-Dr Roya F. Komeili
When we receive a diagnosis from medical professionals, we are often so overwhelmed that we give up power over our own health and well-being. But the truth is, we have more control over our health and life than we have been led to believe, and that belief is at the core of our body’s capacity to heal itself. By identifying the emotional roots of illnesses, we can tap into the body’s healing powers and discover that although healing can be complex and deeply personal, it can also happen spontaneously in a moment. *Heal* shows us that science and spirituality are united and demonstrates that our thoughts, beliefs, and emotions have a huge impact on our overall health and the ability to recover from illness and injury. This book offers many alternative modalities that have worked well for thousands of years, but can’t counter the effects of life in the twenty-first century. Instead, you need a new approach to control anxiety, especially given the proven connection between stress and serious diseases, including cancer, caused by a dysfunctional immune system. It’s a modern and stressful world. We need a modern way to transform anxiety into vital energy. These authors offer the ways.

results medical aesthetics wellness: *The Handbook of Wellness Medicine* Waguih William IsHak, 2020-08-20
Wellness medicine is the field that focuses on improving overall functioning, quality of life, and wellbeing, beyond symptom management of medical illness, leading to restoration and maintenance of health. The Handbook of Wellness Medicine provides a practical guide to the latest in evidence-based medicine, as well as best practice, to assist healthcare professionals in utilizing the full range of interventions to improve wellness and help patients complete their journeys to full health. The volume is organized into five parts: Part I introduces the concept of wellness by detailing the definitions and assessment/measurement methods, and formulating wellness plans. Part II describes wellness plans in major illnesses, categorized by organ system/disorder. Part III covers the methods to improve wellness in special populations. Part IV

details each wellness intervention, including the scientific evidence behind it and its practical application. Part V focuses on integrating and personalizing the interventions into one's life to maintain wellness.

results medical aesthetics wellness: Registries for Evaluating Patient Outcomes Agency for Healthcare Research and Quality/AHRQ, 2014-04-01 This User's Guide is intended to support the design, implementation, analysis, interpretation, and quality evaluation of registries created to increase understanding of patient outcomes. For the purposes of this guide, a patient registry is an organized system that uses observational study methods to collect uniform data (clinical and other) to evaluate specified outcomes for a population defined by a particular disease, condition, or exposure, and that serves one or more predetermined scientific, clinical, or policy purposes. A registry database is a file (or files) derived from the registry. Although registries can serve many purposes, this guide focuses on registries created for one or more of the following purposes: to describe the natural history of disease, to determine clinical effectiveness or cost-effectiveness of health care products and services, to measure or monitor safety and harm, and/or to measure quality of care. Registries are classified according to how their populations are defined. For example, product registries include patients who have been exposed to biopharmaceutical products or medical devices. Health services registries consist of patients who have had a common procedure, clinical encounter, or hospitalization. Disease or condition registries are defined by patients having the same diagnosis, such as cystic fibrosis or heart failure. The User's Guide was created by researchers affiliated with AHRQ's Effective Health Care Program, particularly those who participated in AHRQ's DEcIDE (Developing Evidence to Inform Decisions About Effectiveness) program. Chapters were subject to multiple internal and external independent reviews.

results medical aesthetics wellness: Slimmer and Trimmer Arpi A. Simonian, 2004-03

results medical aesthetics wellness: Outside the Box Cancer Therapies Dr. Mark Stengler, 2019-05-07 Now in paperback: A thorough, cutting-edge, alternative therapy-focused exploration of Integrative Oncology care. With approximately 40 percent of men and women in the United States being diagnosed with cancer at some point in their lifetime, very few of us escape having cancer touch our lives in some way--whether it is our own life or that of a loved one. Scientific research continues to prove the benefits of nutritional and holistic therapies, yet, for the most part, these approaches to treatment still remain unexplored by the conventional medical establishment. With integrative and holistic healing being sought after and supported by more and more of the general public and medical community for various elements of everyday life, it only makes logical sense to explore these therapies with regard to one of the most prevalent causes of death of our time. In *Outside the Box Cancer Therapies*, naturopathic medical doctors Mark Stengler and Paul Anderson combine their expertise to focus on the most critical components of integrative oncology care. Supported by extensive research and decades of clinical experience, Dr. Stengler and Dr. Anderson thoroughly explain: • the different types of cancer and their causes • how proper nutrition can help to prevent and treat cancer • the most well-studied supplements to use with cancer treatment • cutting-edge naturopathic therapies, and • natural solutions to common problems, such as the side effects of chemotherapy and radiation With a clear and focused approach, Dr. Stengler and Dr. Anderson provide a definitive and comprehensive resource for anyone seeking to heal from cancer or a professional looking for the most cutting, up-to-date integrative approaches to treatment.

results medical aesthetics wellness: Proceedings of the International Conference on "Changing of Law: Business Law, Local Wisdom and Tourism Industry" (ICCLB 2023) Mirsa Umiyati, I Nyoman Putu Budiarta, Ade Saptomo, Peter Verhezen, Siti Hafsyah Idris, Cesaltina Angela Soares, Eddy Lisdiyono, Faisal Santiago, Eddy Pratomo, Ahmad Sudiro, Anthon Freddy Susanto, 2023-12-30 This is an open access book. Changes in law either from the meaning of normative substance, institutional, and legal culture are inevitably in line with the dynamics within various sectors of life society. Therefore, it is necessary to thoroughly discuss and analyze which sectors may have a significant impact on the business world and society today. By discussing comprehensively, comparatively and collaboratively, it is hoped that legal issues can be seen from

various perspectives in the legal and social fields by finding fundamental problems in depth related to several topics of discussion, including in the telematics legal sector, natural resource management law, business legal culture, as well as the tourism sector. For this reason, APPTHI held a series of conferences in 3 cities to discuss and make it a meeting place for world law experts with law lecturers throughout Indonesia and invited lecturers from various countries, such as South Korea, India, Malaysia and Europe to take a part in this conference. The 1st APPTHI International Conference on Changing of Law (the series) is the first international conference series held in Indonesia by the Association of Indonesian Law College Leaders (APPTHI), inviting several legal experts from countries such as the USA, the Netherlands, Korea, Malaysia, India, as well as South Korea. This activity has 3 major themes each held in several cities, namely: in Jakarta which will be held at Trisakti University on 22 July 2023 with the theme Changing of Law in the digital era, while in Makassar it will take place at the Indonesian Muslim University/UMI) on July 24 2023 with the theme Changing of Law in the Energy sector and Natural Resources Management, as well as the last series of conferences in Bali on July 26 2023 at Warmadewa University, becoming a series of academic activities that have a broad spectrum and dimension of legal knowledge with various legal perspectives such as business law, corporate law, civil law, criminal law, intellectual property law, telematics law, agrarian law, environmental law, HTN/HAN etc. This event was carried out within the framework of the first round of the APPTHI international program which will continue to be held regularly every year. This program is also a form of implementation of various forms of international cooperation in several countries such as New York University, Utrecht University, National University of Malaysia, Hankuk University, and Jawaharlal Nehru University. In this event APPTHI collaborated with the international program organizer, PASQAPRO. For the activities of The First APPTHI International Conference on Changing Law, The Series, involving campuses as co-hosts in Jakarta (hosted by Trisakti University), including: Jakarta Islamic University, Universitas Suryakencana, Cianjur, Lampung Mitra University, Palembang Law School STIHPADA, Islamic University Jakarta, Muhamadiyah University Jakarta, YARSI University, National University, Borobudur University, while co-hosted in Makassar (Host Indonesian Muslim University): Panca Bakti University, West Kalimantan, Sawerigading University, Christian University of Paulus, Makasar, Universitas Juanda, Bogor and Seventeen August University (UNTAG) Semarang, for Bali with the host university Warmadewa, assisted by co-hosts including: Caritas College of Law, Papua. Hopefully this conference will not only be a scientific forum for APPTHI members and various foreign partner universities by providing outputs in the form of indexed proceedings and journals, but also an event that will contribute thoughts in the field of law for the Indonesian government in conducting studies on legal changes positively as well as being a think tank for the formation of state laws and policies.

results medical aesthetics wellness: Plants First Katie Takayasu, 2021-11-09 Have you heard that a plant-forward lifestyle is better for you, but you don't know why you should make plant-based foods a bigger part of your diet? Or maybe you understand the why, but you've had trouble figuring out how to improve your vegetable intake. In Plants First, Dr. Katie Takayasu helps you understand the reasons for prioritizing plant-powered foods to clean up the hormonal cascades that cause cravings and leave you feeling sick and tired. She offers approachable science lessons that explain how a plant-forward diet can correct issues like inflammation and hormonal imbalances to help your body find its healthy weight and experience more restorative sleep. Then Dr. Katie explains how to make small, steady shifts in your lifestyle to calm and refresh your brain and body through her five-day plant-powered health reset, which will help tap into your body's innate wisdom for natural detoxification. She explains how to stock your Kitchen Pharmacy with good foods and supplements for a plant-forward diet, and with her yummy, family-friendly recipes, you will start creating balance on your plate and move along the path to a healthier lifestyle. Sample Recipes Include: • Almond Furikake Crusted Halibut with Roasted Vegetables, Black Rice and Coconut Lime Cream • Ginger Mandarin Almond Cake with Chocolate Ganache • Lavender Antioxidant Dream Milk • Slow Cooker Apple Pie Oatmeal • Roasted Chicken with Pears & Figs on Swiss Chard • Thai

Coconut Curry Noodle Soup • Arugula, Lentil and Roasted Eggplant • “Menstrual Health” Salad with Lemon Balsamic Dressing • Kale & Quinoa Greek Salad • Coriander & Flax Roasted Eggplant

results medical aesthetics wellness: The Trifecta of Health Angie Sadeghi, Dan Holtz, Matt Bennett, 2019-10-15 Advancing mental and physical deterioration are not inevitable consequences of the aging process. By combining bioidentical hormone replacement therapy with a plant-based diet plan and sensible exercise programs, the Beverly Hills Rejuvenation Centers' Trifecta of Health protocols provide authentic viable answers to our most pressing health challenges. Should our life's goal be to reach old age, or to actually enjoy it? In the Trifecta of Health, renowned gastroenterologist Dr. Angie Sadeghi and health expert Dan Holtz provide actionable, innovative guidance on diet, hormone rebalancing, and exercise to help us all turn back the hands of time and live healthier more vital lives. From weight loss to reducing (or even eliminating) pharmaceutical dependency, from increasing overall strength and energy to combating our most feared diseases, the lifestyle, nutritional and science-based insights in this book can make the difference between merely surviving and thriving as we grow old.

results medical aesthetics wellness: Laser Treatment of Vascular Lesions S. Bard, D.J. Goldberg, 2014-02-18 Today, nearly 60 years after the invention of the first medical laser, multiple laser and light systems exist and are applied in various medical specialties such as dermatology, ophthalmology, and urology. This volume - the first in the series Aesthetic Dermatology - focuses on the laser treatment of cutaneous lesions with a vascular target. Each chapter describes a particular laser or light modality and its specific application to a variety of both vascular and nonvascular lesions. Renowned specialists in laser medicine have contributed their expertise, incorporating current evidence-based literature and their own personal treatment recommendations, as well as pearls and perils. The purpose of this book is to explore the options and parameters available to treat cutaneous lesions traditionally responsive to vascular laser therapy and to expand the application to further lesion treatments. Readers who wish to broaden their knowledge and further hone their skills in treating cutaneous vascular lesions with lasers will find this publication a valuable and comprehensive review.

results medical aesthetics wellness: The Magnesium Miracle (Second Edition) Carolyn Dean, M.D., N.D., 2017-08-15 Now updated with 30 percent new material, the only comprehensive guide to one of the most essential but often-overlooked minerals, magnesium—which guards against and helps to alleviate heart disease, stroke, osteoporosis, diabetes, depression, arthritis, and asthma. Magnesium is an essential nutrient, indispensable to your health and well-being. By adding this mineral to your diet, you are guarding against—and helping to alleviate—such threats as heart disease, stroke, osteoporosis, diabetes, depression, arthritis, and asthma. But despite magnesium's numerous benefits, many Americans remain dangerously deficient. Updated and revised throughout with the latest research, this amazing guide explains the vital role that magnesium plays in your body and life. Inside you will discover • new findings about the essential role of magnesium in lowering cholesterol • improved methods for increasing magnesium intake and absorption rate • how calcium can increase the risk of heart disease—and how magnesium can lower it • a magnesium-rich eating plan as delicious as it is healthy • information on the link between magnesium and obesity • vitamins and minerals that work with magnesium to treat specific ailments • why paleo, raw food, and green juice diets can lead to magnesium deficiency. The Magnesium Miracle, now more than ever, is the ultimate guide to a mineral that is truly miraculous. Praise for The Magnesium Miracle “Dr. Carolyn Dean has been light-years ahead of her time when it comes to the crucial mineral magnesium and its many lifesaving uses. Her work is a gift to humanity. I highly recommend it.”—Christiane Northrup, M.D. “Throughout this volume and with utmost clarity, Dr. Carolyn Dean presents invaluable recommendations—based on the latest magnesium research. Virtually every American can benefit.”—Paul Pitchford, author of Healing with Whole Foods “Dr. Carolyn Dean has the best credentials for bringing solutions to those suffering from the hidden magnesium disorders that affect most of us. This book needs to be read by anyone wishing to improve their quality of life.”—Stephen T. Sinatra, M.D., author of The Sinatra Solution: Metabolic

Cardiology

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facility by primary care clinicians. . Designed for everyday practice, the outline format allows speedy reference while the detailed text and clear illustrations guide you through each procedure. The new edition of this best-selling book features full-color illustrations and easy access to the complete contents and illustrations, patient forms, and more online at www.expertconsult.com. Understand how to proceed, step by step, thanks to detailed text and illustrations. Locate critical information at a glance with numerous boxes and tables. Use the book for years with minimal wear and tear thanks to its sturdy cover. Patient education handouts to educate, save time, and reduce liability Coding guidelines included This best selling text now includes full color photos and new sections on Aesthetic and Hospitalist Procedures in addition to an update of all the previous procedures discussed in prior editions! Access the complete contents and illustrations online, download patient education handouts and consent forms, view lists of device manufacturers, and more at www.expertconsult.com. Offer your patients a variety of cosmetic procedures using lasers and pulsed-light devices (including individual chapters on procedures for hair removal, photorejuvenation, , skin tightening and skin resurfacing, and tattoo removal), botulinum toxin, as well as new coverage of cosmeceutical skin care, tissue fillers, and photodynamic therapy. Master new procedures such as maggot treatment for chronic ulcers, endovenous vein closure, stress echo, insertion of the contraceptive capsule (Implanon) and tubal implant (Essure), musculoskeletal ultrasound, no-needle/no-scalpel vasectomy, procedures to treat acute headaches, and more. Don't worry! All the more basic office procedures are still included...with improved and updated discussions! Pfenninger and Fowler provide the latest and most comprehensive information on medical procedures that allow primary care physicians to more effectively treat their patients.

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Chinese spiritual meditation practice that has attracted millions of individuals from around the world. While the study was conducted 10 years ago, the results and implications for human health are even more relevant today. The research, conducted under the auspices of The University of South Australia, indicated that people who practice Falun Gong report better health-wellness than those who do not practice Falun Gong. Falun Gong was shown to have a profound impact on those who practice this ancient spiritual discipline. Findings from the study support Falun Gong as a beneficial mind-body practice that enhances mind-body health and wellness. The author has decided to publish her research now, as people are seeking ways to improve their health and immune system in response to the global crisis triggered by the Wuhan coronavirus.

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