

umc health and wellness lubbock

UMC Health and Wellness Lubbock: Your Guide to Comprehensive Well-being

Are you searching for top-tier healthcare and wellness services in Lubbock, Texas? Look no further than UMC Health and Wellness. This comprehensive guide dives deep into the various services, facilities, and resources offered by UMC Health System in Lubbock, ensuring you have all the information you need to make informed decisions about your health and well-being. We'll explore everything from preventative care and specialized medical treatments to wellness programs and community initiatives, providing you with a complete picture of what UMC Health and Wellness Lubbock has to offer.

Understanding UMC Health and Wellness Lubbock

UMC Health System is a leading healthcare provider in the West Texas region, with a strong presence in Lubbock. Their commitment extends beyond traditional medical care, encompassing a holistic approach to health and wellness. This means they're focused not just on treating illness but also on promoting preventative measures and empowering individuals to live healthier lives. The "UMC Health and Wellness Lubbock" umbrella covers a vast network of services, making it a one-stop shop for many healthcare needs.

A Wide Range of Medical Services at UMC Lubbock

UMC Health and Wellness Lubbock offers a wide array of specialized medical services, catering to a diverse patient population. This includes, but isn't limited to:

Emergency Care: UMC offers 24/7 emergency services with highly trained medical professionals and state-of-the-art equipment to handle a wide range of medical emergencies. Their rapid response and comprehensive care ensure patients receive the timely intervention they need.

Surgical Services: From minimally invasive procedures to complex surgeries, UMC boasts a skilled surgical team and advanced surgical technology. They offer a range of surgical specializations, catering to various surgical needs.

Diagnostic Imaging: Accurate and timely diagnostics are crucial for effective treatment. UMC provides advanced imaging services, including MRI, CT scans, X-rays, and ultrasound, enabling physicians to make precise diagnoses.

Heart and Vascular Care: UMC's cardiology department provides comprehensive

cardiovascular care, encompassing preventative measures, diagnostic testing, and treatment options for various heart conditions.

Cancer Care: Facing a cancer diagnosis can be overwhelming. UMC offers compassionate and comprehensive cancer care, integrating cutting-edge treatments, supportive services, and patient education to help individuals navigate their cancer journey.

Women's Health: UMC provides a full spectrum of women's health services, from routine checkups and prenatal care to specialized gynecological services and advanced reproductive technologies.

Orthopedics: UMC's orthopedic specialists offer comprehensive care for musculoskeletal injuries and conditions, utilizing the latest techniques and technologies for diagnosis and treatment.

Beyond Medical Care: Wellness Initiatives in Lubbock

UMC Health and Wellness Lubbock recognizes that true well-being encompasses more than just the absence of disease. They actively promote wellness through various initiatives:

Health Education Programs: UMC regularly offers educational programs and workshops on various health topics, empowering individuals to make informed decisions about their health. These programs might cover topics like nutrition, fitness, stress management, and disease prevention.

Community Outreach: UMC actively participates in community health initiatives, aiming to improve the overall health and well-being of the Lubbock community. This could include health screenings, vaccination drives, and partnerships with local organizations.

Wellness Centers: While the specifics may vary, UMC may offer or partner with wellness centers that provide services like fitness classes, nutritional counseling, and stress management programs. Check their website for current offerings.

Finding the Right Care at UMC Health and Wellness Lubbock

Navigating the healthcare system can be challenging. UMC Health and Wellness Lubbock strives to simplify this process. Their website typically provides detailed information on services, physician profiles, appointment scheduling, and billing information. Their website search function and online directories are valuable tools for locating the right specialist or service.

Conclusion

UMC Health and Wellness Lubbock is more than just a healthcare provider; it's a community partner dedicated to improving the overall well-being of its residents. From comprehensive medical services to proactive wellness initiatives, UMC offers a holistic approach to healthcare, empowering individuals to live healthier, happier lives. By utilizing the resources and services available through UMC, Lubbock residents have access to high-quality care and a supportive environment to achieve their optimal health.

Frequently Asked Questions (FAQs)

1. How do I schedule an appointment with a doctor at UMC Health and Wellness Lubbock? You can typically schedule appointments online through the UMC website or by calling their appointment scheduling line – the contact information should be readily available on their official site.
1. Does UMC Health and Wellness Lubbock accept my insurance? UMC accepts a wide range of insurance plans, but it's crucial to verify your specific insurance coverage before your appointment. Contact UMC's billing department or check their website for a list of accepted insurance providers.
1. What are the visiting hours at UMC facilities in Lubbock? Visiting hours vary depending on the specific facility and department. It's best to check the UMC website or contact the facility directly for their specific visiting hours policy.
1. Does UMC offer financial assistance programs? Many healthcare systems, including UMC, often offer financial assistance programs for patients facing financial hardship. Contact UMC's financial assistance department for more information and eligibility requirements.
1. How can I find a specific specialist within the UMC Health System in Lubbock? Use the "Find a Doctor" tool typically available on the UMC website. You can search by specialty, name, or location to find the appropriate specialist within the UMC network.

umc health and wellness lubbock: Emergency General Surgery Carlos V. R. Brown, Kenji Inaba, Matthew J. Martin, Ali Salim, 2018-11-09 The field of emergency general surgery encompasses a wide array of surgical diseases, ranging from the simple to the complex. These diseases may include inflammatory, infectious, and hemorrhagic processes spanning the entire gastrointestinal tract. Complications of abdominal wall hernias, compartment syndromes, skin and soft tissue infections, and surgical diseases are significantly complex in special populations, including elderly, obese, pregnant, immunocompromised, and cirrhotic patients. This book covers emergency general surgery topics in a succinct, practical and understandable fashion. After reviewing the general principles in caring for the emergency general surgery patient, this text discusses current evidence and the best practices stratified by organ system, including esophageal, gastroduodenal, hepatobiliary and pancreatic, small and large bowel, anorectal, thoracic, and hernias. Chapters are written by experts in the field and present a logical, straightforward, and easy to understand approach to the emergency general surgery patient, as well as provide patient care algorithms where appropriate. *Emergency General Surgery: A Practical Approach* provides surgeons and surgery residents with a practical and evidence-based approach to diagnosing and managing a wide array of surgical diseases encountered on emergency general surgery call.

umc health and wellness lubbock: Image-guided Therapy Systems Shahram Vaezy, Vesna Zderic, 2009 This title provides a global survey of the rapidly growing field of image-guided therapy. You find detailed coverage of a wide range of key topics, from MRI-guided surgery, robotic cardiac surgery, and brachytherapy and hyperthermia for cancer treatment ... to modern procedures in neurosurgery, laser cosmetic therapy, and ultrasound-guided high intensity focused ultrasound therapy for non-invasive tumor treatment. You learn the fundamentals of imaging and therapeutic modalities and their capabilities and constraints in implementation of image-guided therapy systems.

umc health and wellness lubbock: Textbook of Gynecologic Robotic Surgery Alaa El-Ghobashy, Thomas Ind, Jan Persson, Javier F. Magrina, 2018-02-28 This book is not only a compilation of the knowledge and experiences of the best robotic surgeons around the world, but it has also incorporated the recent advances and updates in Gynaecological surgery. It is designed to provide a detailed guide to common robotic Gynaecologic procedures for the purpose of helping novice surgeons in their transition to robotic surgery and seasoned robotic surgeons to refine their surgical technique and expand their repertoire of robotic procedures. The descriptive, step-by-step, text is complimented by figures, intraoperative photographs and videos detailing the nuances of each procedure. Emphasis is placed on operative setup, instrument and equipment needs and surgical techniques for both the primary surgeon as well as the operative assistant. This volume will provide unique insights into robotic Gynaecologic surgery and reduce the learning curve of accomplishing these increasingly popular procedures.

umc health and wellness lubbock: Greenfield's Surgery Michael W. Mulholland, Keith D. Lillemoe, Gerard M. Doherty, Ronald V. Maier, Diane M. Simeone, Gilbert R. Upchurch, 2012-09-11 The Fifth Edition of *Greenfield's Surgery* has been thoroughly revised, updated, and refocused to conform to changes in surgical education and practice. Reflecting the increasingly clinical emphasis of residency programs, this edition features expanded coverage of clinical material and increased use of clinical algorithms. Key Points open each chapter, and icons in the text indicate where Key Points are fully discussed. Many of the black-and-white images from the previous edition have been replaced by full-color images. This edition has new chapters on quality assessment, surgical education, and surgical processes in the hospital. Coverage of surgical subspecialty areas is more sharply focused on topics that are encountered by general surgeons and included in the current general surgery curriculum and ABSITE exam. The vascular section has been further consolidated. A new editor, Diane M. Simeone, MD, PhD, has joined the editorial team. This edition is available either in one hardbound volume or in a four-volume softbound set. The lightweight four-volume

option offers easy portability and quick access. Each volume is organized by organ system so you can find the facts you need within seconds. The companion website presents the fully searchable text, an instant-feedback test bank featuring over 800 questions and answers, and a comprehensive image bank. Unique to this new edition's website are 100 Morbidity and Mortality case discussions. Each case reviews a specific surgical complication, how the complication was addressed, and reviews the literature on approaches and outcomes.

umc health and wellness lubbock: Whatever Happened to Peggy Sue? Peggy Sue Gerron, Glenda Cameron, 2008

umc health and wellness lubbock: Microlaparoscopy Oscar D. Almeida, 2000-01-21
Advances in technique and instrumentation have led to the inception of the cutting-edge method known as microlaparoscopy. Traditional open procedures can now be performed through minimally invasive surgery while the patient is under local anesthesia with conscious sedation. Microlaparoscopy is an essential instructional guidebook for any gynecologist or general surgeon wishing to perform laparoscopic surgery today in a minimally invasive and cost-effective manner. This important book is a detailed construction of all aspects of microlaparoscopy, including diagnostic and operative procedures under local anesthesia. By serving as an instructional tool. Microlaparoscopy is invaluable to clinicians who have not yet performed microlaparoscopy and a key reference to those who are experienced with the procedure. Microlaparoscopy includes: * The utility of minimally invasive techniques in conscious pain mapping * Evaluation and treatment of infertility and assisted reproductive technology * Historic concepts revisited to broaden the scope of understanding for the surgeon * The distinction between operations appropriate for office surgery and those of greater surgical complexity Microlaparoscopy presents meticulous detail on subjects ranging from basic equipment and instrument needs to analgesics, anesthetics, and safety precautions. Additionally, the author describes ways of providing compassionate patient care in pre-and post-op stages. An expert in the field and a pioneer of some of the techniques described. Dr. Almeida clearly explains the vital place of microlaparoscopy in modern gynecologic care.

umc health and wellness lubbock: Handbook of Neuroendovascular Surgery Eric M. Deshaies, Christopher S. Eddleman, Alan S. Boulous, 2011-10-11 Quickly retrieve essential facts, equipment information and clinical pearls when preparing for a neuroendovascular case Ideal for both newcomers and practitioners of the specialty, Handbook of Neuroendovascular Surgery is both a succinct introduction and a quick reference guide for key concepts and technical information prior to, during, and after a procedure. It progresses logically from basic scientific concepts to equipment and technical aspects to treatment of specific neurovascular diseases, expertly capturing the core information needed in daily practice. Key Features: Contributions by neurosurgeons, radiologists, and neurologists reflect the multidisciplinary nature of neuroendovascular treatment Critical summaries of Peri-Procedural Patient Care and Equipment and Techniques to help in case preparation Generous use of tables and illustrations create fast visual summaries and distill large amounts of information Valuable appendices on routinely used technical information, pathology classification systems, endovascular medications, and full-color pictorials designed for teaching and patient education. The pictorials are available for download at Thieme's Media Center. Written by specialists trained in both open cerebrovascular neurosurgery and neuroendovascular surgery, this portable handbook is a treasure trove of practical information that is essential for both beginners and more experienced neurosurgeons who want to refresh their knowledge in state-of-the-art neuroendovascular techniques.

umc health and wellness lubbock: Oral, Head and Neck Oncology and Reconstructive Surgery - E-Book R. Bryan Bell, Peter A. Andersen, Rui P. Fernandes, 2017-08-25 Oral, Head and Neck Oncology and Reconstructive Surgery is the first multidisciplinary text to provide readers with a system for managing adult head and neck cancers based upon stage. Using an evidence-based approach to the management and treatment of a wide variety of clinical conditions, the extensive experience of the author and contributors in head and neck surgery and oncology are highlighted throughout the text. This includes computer aided surgical simulation, intraoperative navigation,

robotic surgery, endoscopic surgery, microvascular reconstructive surgery, molecular science, and tumor immunology. In addition, high quality photos and illustrations are included, which are easily accessible on mobile devices. - Management protocols and outcomes assessment provide clear guidelines for managing problems related to adult head and neck oncology and reconstructive surgery. - State-of-the art guidance by recognized experts details current techniques as well as technological advances in head and neck/cranio-maxillofacial surgery and oncology. - Evidence-based content details the latest diagnostic and therapeutic options for treating a wide-variety of clinical problems with an emphasis on surgical technique and outcomes. - Multidisciplinary approach reflects best practices in managing head and neck oncology and cranio-maxillofacial surgery. - 900 highly detailed images clearly demonstrate pathologies and procedures. - Designed for the modern classroom which lets you access important information anywhere through mobile tablets and smart phones.

umc health and wellness lubbock: *Dr Dhurandhar's Fat-loss Diet* Dr Nikhil Dhurandhar, 2018-01-10

umc health and wellness lubbock: Management of Morbid Obesity Harvey J. Sugerman, Ninh Nguyen, 2005-09-29 Edited by world-renowned bariatric surgeons, this comprehensive reference provides a clear overview of multidisciplinary approaches to bariatric surgery and clearly details the techniques and outcomes of commonly performed bariatric operations, potential complications associated with bariatric surgery, and practices in long-term follow-up and nutri

umc health and wellness lubbock: Talking with Teens about Sexuality Beth EdD Robinson, Latayne C. PhD Scott, 2021-02-16 When Dr. Robinson asked her freshman psychology students what today's parents need to know about teens and sex, they said parents do not have a realistic view of the world their children live in. A healthy sexual identity requires more than just a list of what not to do. In today's culture of sexual identity confusion, ubiquitous pornography, and #MeToo, teenagers need to know how to protect themselves as well as how to treat others. Talking with Teens about Sexuality will help you understand your teen's world and give you effective strategies in the midst of cultural pressures. Drs. Robinson and Scott provide scientifically reliable and biblically based information about gender fluidity, types of intimacy, online dangers, setting boundaries, and much more. Along the way, the book provides useful conversation starters and insightful guidance. Don't let fear keep you from engaging in vital conversations. Learn how to talk to your teen with knowledge and confidence, guiding them toward a sexually healthy future.

umc health and wellness lubbock: *The 5-Minute Clinical Consult 2013* Domino, Robert A. Baldor, 2012-05-01 The 5-Minute Clinical Consult 2013 Standard Edition provides rapid-access information on the diagnosis, treatment, medications, follow-up, and associated conditions of diseases and conditions. Organized alphabetically by diagnosis, this best-selling clinical reference continues to present brief, bulleted points on disease topics in a consistent 3-column format. FREE 30 Day Access to 5minuteconsult.com online/mobile accompanies this textbook purchase. This trusted, evidence-based content is written by physicians to bring you the information you need fast at the point of care. Features include... More than 900 topics in print and online including over 95 new topics: Asherman Syndrome, Acute Diarrhea, Pulmonary Fibrosis, Gastric Polyp, Hand-Foot-Mouth Disease, IgA Nephropathy, Q Fever, Thymus Cancer and many more Additional 30 algorithms in print and online including Dizziness, Migraine Treatment, Rectal Pain and Vitamin D Deficiency 30 Day FREE Online Access to 5minuteconsult.com Includes... Diseases & Conditions - Thousands of bulleted topics from across our 5-Minute Series to support your patient care decisions 12-in-1 - Access to content from 12 titles (5 Minute: Pain Management, Obstetrics/Gynecology, Pediatrics, Women's Health, Orthopedic, Urology, Cardiology, Emergency Medicine and Clinical as well as Essential Guide to Primary Care Procedures, A Practical Guide to Soft Tissue & Joint Injections and Wallach's Interpretation of Diagnostic Tests Internet Point-of-Care CME - Earn CME credits as you treat your patients at no additional cost Customizable Patient Handouts - Over 1,000 handouts in English/Spanish from AAFP to help educate your patients Procedure Video - Build your skills with procedure videos and also have access to physical therapy videos Drugs - A to Z drug

monographs from Facts and Comparison with patient education and interactions Algorithms - Diagnostic and Treatment algorithms linked to associated topic for quick reference Images - Provide visual guidance in areas such as dermatology, radiology etc Updates - Topics, videos, handouts, drugs and more updated on a regular basis Mobile - Web-enabled mobile access to diseases/conditions, drugs, images, algorithms and lab tests as well as updates

umc health and wellness lubbock: Health Professions Education Institute of Medicine, Board on Health Care Services, Committee on the Health Professions Education Summit, 2003-07-01 The Institute of Medicine study Crossing the Quality Chasm (2001) recommended that an interdisciplinary summit be held to further reform of health professions education in order to enhance quality and patient safety. Health Professions Education: A Bridge to Quality is the follow up to that summit, held in June 2002, where 150 participants across disciplines and occupations developed ideas about how to integrate a core set of competencies into health professions education. These core competencies include patient-centered care, interdisciplinary teams, evidence-based practice, quality improvement, and informatics. This book recommends a mix of approaches to health education improvement, including those related to oversight processes, the training environment, research, public reporting, and leadership. Educators, administrators, and health professionals can use this book to help achieve an approach to education that better prepares clinicians to meet both the needs of patients and the requirements of a changing health care system.

umc health and wellness lubbock: The Cervical Spine Edward C. Benzel, Patrick J. Connolly, 2012-08-29 The Cervical Spine is the most comprehensive, current, and authoritative reference on the cervical spine. Prepared by internationally recognized members of The Cervical Spine Research Society Editorial Committee, the Fifth Edition presents new information, new technologies, and advances in clinical decision making. The text provides state-of-the-art coverage of basic and clinical research, diagnostic methods, and medical and surgical treatments, bringing together the latest thinking of the foremost orthopaedic surgeons, neurosurgeons, neurologists, rheumatologists, radiologists, anatomists, and bioengineers. Chapters cover anatomy, physiology, biomechanics, neurologic and functional evaluation, and radiographic evaluation and address the full range of pediatric problems, fractures, spinal cord injuries, tumors, infections, inflammatory conditions, degenerative disorders, and complications. Accompanying the text is a website with the fully searchable text plus a color image bank.

umc health and wellness lubbock: Psychogastroenterology for Adults Simon R. Knowles, Laurie Keefer, Antonina A. Mikocka-Walus, 2019-09-16 The brain-gut connection has been increasingly implicated in biopsychosocial well-being. While there are numerous factors that directly and indirectly impact on how the gut and the brain interact, there is a growing awareness that gastrointestinal conditions need to be viewed and treated as part of a multidisciplinary approach. Psychogastroenterology for Adults: A Handbook for Mental Health Professionals is the first book to provide mental health professionals with an evidence-based, practical guide for working with patients living with gastrointestinal conditions. Timely and accessibly written, this book provides a unique, comprehensive introduction to psychogastroenterology, offering a step-by-step guide to evidence-based psychological treatment protocols. Broad in scope and expertise, the book is divided into four parts. It opens with an overview of the field, moving on to outline psychological concerns and conditions in gastroenterological (GI) cohorts. Further, it covers various approaches to psychogastroenterology, including psychopharmacological and eHealth practices. In closing, the book looks to the future, providing guidance on supervision in psychogastroenterology, and exploring challenges in the field. Written by experts in the field, this book will be an indispensable resource for those who wish to enhance their knowledge and practice of psychogastroenterology in the mental health profession, including psychologists, psychiatrists, psychosomatic medicine specialists, nurses and social workers.

umc health and wellness lubbock: Green's Skeletal Trauma in Children E-Book Gregory A Mencia, 2019-10-08 **Selected for Doody's Core Titles® 2024 with Essential Purchase designation in Trauma Surgery** Long considered the go-to reference for orthopaedic trauma surgeons and

pediatric orthopaedic trauma surgeons, Green's Skeletal Trauma in Children provides comprehensive, practical guidance on the management of traumatic musculoskeletal injuries in children and adolescents. The fully revised 6th Edition covers the latest techniques, procedures, outcomes measures, pearls and pitfalls, and rehabilitation advice for the modern management and understanding of skeletal trauma in children – all provided by who's who list of pediatric orthopaedic trauma experts. - Includes updated, evidence-based information on the impact of trauma to the immature and growing skeleton with comprehensive coverage of incidence, mechanisms of injury, classifications, and treatment options and complications for fractures in all major anatomical regions. - Employs a new succinct and clear format that emphasizes need-to-know material. - Features practical, step-by-step videos online. - Includes hundreds of high-quality line drawings, diagnostic images, and full-color clinical photos that facilitate learning and understanding of complex material. - Includes separate chapters on key topics such as Nerve Injury and Repair in Children, Skeletal Trauma in Young Athletes, Nonaccidental Trauma, Anesthesia and Analgesia, and Rehabilitation of the Child with Multiple Injuries. - Enhanced eBook version included with purchase. Your enhanced eBook allows you to access all of the text, figures, and references from the book on a variety of devices.

umc health and wellness lubbock: Neurotransmitter Transporters Susan G. Amara, 1998-09-15 General Description of the Series: Neurotransmitter Transporters focuses on biochemical, electrophysiological, pharmacological, molecular, and cell biological approaches used to study neurotransmitter transport systems. The articles provide detailed descriptions of procedures that should enable the reader to understand how they are accomplished and to repeat or adapt them for their own experimental needs. This book is the first to focus on methods that have been the basis for the rapid development of this area. General Description of the Series: The critically acclaimed laboratory standard for more than forty years, *Methods in Enzymology* is one of the most highly respected publications in the field of biochemistry. Since 1955, each volume has been eagerly awaited, frequently consulted, and praised by researchers and reviewers alike. Now with more than 300 volumes (all of them still in print), the series contains much material still relevant today--truly an essential publication for researchers in all fields of life sciences. Key Features * The transport of CNS neurotransmitter transporters * Electrophysiological, biochemical, molecular, cellular biological, pharmacological, neurochemical, and structural approaches * Both plasma and vesicular carriers

umc health and wellness lubbock: The American Cancer Society's Principles of Oncology The American Cancer Society, 2018-03-20 Developed by the American Cancer Society this new textbook designed for a wide range of learners and practitioners is a comprehensive reference covering the diagnosis of cancer, and a range of related issues that are key to a multidisciplinary approach to cancer and critical to cancer control and may be used in conjunction with the book, *The American Cancer Society's Oncology in Practice: Clinical Management*. Edited by leading clinicians in the field and a stellar contributor list from the US and Europe, this book is written in an easy to understand style by multidisciplinary teams of medical oncologists, radiation oncologists and other specialists, reflecting day-to-day decision-making and clinical practice. Input from pathologists, surgeons, radiologists, and other specialists is included wherever relevant and comprehensive treatment guidelines are provided by expert contributors where there is no standard recognized treatment. This book is an ideal resource for anyone seeking a deeper understanding of cancer prevention, screening, and follow-up, which are central to the ACS's worldwide mission on cancer control.

umc health and wellness lubbock: Appreciative Inquiry David Cooperrider, Diana D. Whitney, 2005-10-10 Written by the two most recognized Appreciative Inquiry thought leaders A quick, accessible introduction to one of the most popular change methods today--proven effective in organizations ranging from Roadway Express and British Airways to the United Nations and the United States Navy Appreciative Inquiry (AI) is a model of change management uniquely suited to the values, beliefs, and challenges of organizations today. AI is a process that emphasizes identifying

and building on strengths, rather than focusing exclusively on fixing weaknesses as most other change processes do. As the stories in this book illustrate, it results in dramatic improvements in the triple bottom line: people, profits, and planet. AI has been used to significantly enhance customer satisfaction, cost competitiveness, revenues, profits, and employee engagement, retention, and morale, as well as organizations' abilities to meet the needs of society. This book is a concise introduction to Appreciative Inquiry. It provides a basic overview of the process and principles of AI along with exciting stories illustrating how organizations have applied AI and the benefits they have gained as a result. It has been specifically designed to be accessible to a wide audience so that it can be handed out in organizations where AI is either being contemplated or being implemented. Written by two of the key figures in the development of Appreciative Inquiry, this is the most authoritative guide available to a change method that systematically taps the potential of human beings to make themselves, their organizations, and their communities more adaptive and more effective.

umc health and wellness lubbock: Integrative Dermatology Robert A. Norman, Philip D. Shenefeld, Reena N. Rupani, 2014-04 This title combines conventional treatment options with time tested alternative treatment options for skin disorders. By integrating the best of Western and Eastern medicine, it aims to broaden the armamentarium of clinicians treating skin diseases.

umc health and wellness lubbock: The 5-minute Obstetrics and Gynecology Consult Paula J. Adams Hillard, Paula Adams Hillard, 2008 A quick, reliable reference guide for any physician or nurse practitioner treating female patients, this title provides instant access to clinically oriented, must-have information on more than 300 obstetric and gynecologic topics.

umc health and wellness lubbock: Who's Who in American Nursing 1988-1989 Jeffrey Franz, 1989

umc health and wellness lubbock: Surgical Critical Care Therapy Ali Salim, Carlos Brown, Kenji Inaba, Matthew J. Martin, 2018-05-03 This text provides a comprehensive, state-of-the art review of this field, and will serve as a valuable resource for clinicians, surgeons and researchers with an interest in surgical critical care. The book reviews up to date data regarding the management of common problems that arise in the Surgical Intensive Care Unit. The protocols, care bundles, guidelines and checklists that have been shown to improve process measures, and in certain circumstances, are discussed in detail. The text also discusses several well designed randomized prospective trials conducted recently that have altered the way we care for surgical patients with traumatic brain injury, hemorrhagic shock, acute respiratory distress syndrome, and sepsis. This book provides the practicing physician with a clinically oriented practical approach to handle basic and complex issues in the Surgical Intensive Care Unit. This text will serve as a very useful resource for physicians dealing with critically ill surgical patients. It provides a concise yet comprehensive summary of the current status of the field that will help guide patient management and stimulate investigative efforts. All chapters are written by experts in their fields and include the most up to date scientific and clinical information. This text will become an invaluable resource for all graduating fellows and practicing physicians who are taking the surgical critical care board examinations.

umc health and wellness lubbock: The SAGES Manual of Pediatric Minimally Invasive Surgery Danielle S. Walsh, Todd A. Ponsky, Nicholas E. Bruns, 2016-12-27 This manual provides a comprehensive, state-of-the art review of this field, and will serve as a valuable resource for adult and pediatric surgeons at all stages of experience with interest in the use of minimally invasive surgical techniques in children. This book will review the pediatric surgical disorders that are currently treatable with these techniques. After a basic summary of the disorder, the preoperative evaluation and preparation is presented. Each chapter focuses on a detailed discussion of the surgical procedure, inclusive of anesthesia, positioning, instrumentation, and materials. Emphasis is placed on technique and tips for particularly challenging aspects of the operation. A description of the expected postoperative course and common complications of each procedure follows. The outcomes literature to include any advances since the original outcomes and expected future

advances for the diagnosis and procedure is presented. It provides a concise yet comprehensive summary of the current status of the field that will help guide patient management and stimulate investigative efforts. All chapters are written by experts in their fields and include the most up to date scientific and clinical information.

umc health and wellness lubbock: Otolaryngology Cases Myles L. Pensak, Catherine K. Hart, Yash J. Patil, 2017-10-20 In the tradition of the acclaimed first edition, experts from the University of Cincinnati's Department of Otolaryngology-Head and Neck Surgery present new case reviews. Every chapter presents patient-based scenarios to prepare practitioners for ENT cases they will encounter during rounds, rotations, and patient exams. By establishing a uniform algorithm in obtaining and utilizing discreet points of data, the authors encourage a disciplined approach to patient assessment and management options. Sections organized by anatomy and subspecialty enhance the ability to learn and retain knowledge. For example, benign and malignant pathologies are systematically detailed in anatomical sections dedicated to the neurovascular structures, oral cavity and pharynx, larynx, thyroid, salivary gland, and skin. The text covers the full age continuum - including congenital, acquired, benign, and malignant disorders such as pediatric subglottic stenosis and facial, head, and neck cancers that primarily affect adults.

umc health and wellness lubbock: Mayo Clinic Critical Care Case Review Rahul Kashyap MBBS, John C. O'Horo MD, MPH, J. Christopher Farmer MD, 2016-06-23 Mayo Clinic Critical Care Case Review is a unique compellation of cases presented at the highly rated Mayo Clinic Clinical Pathological Case (CPC) Conference. Designed to cover rare cases in a short amount of time, these reviews are set up in what is called the unknown format: highlighting the clinically key elements of the patient's hospital course, singling out the diagnostic dilemmas, and concludes with a question and answer format that allows clinicians to take home relative points for clinical practice. Written by practicing intensivists and critical care fellows for practicing intensivists and critical care fellows, this book combines interesting reading experiences with critical care medicine review. Each chapter ends with questions and answers that provide a board style review for the readers. Each case begins on the left-hand page with the discussion on the right, written succinctly to provide quick diagnostic understanding. While most critical care review books focus solely on an organ-system format, Mayo Clinic Critical Care Case Review captures the spirit of the CPC Conference in its text and illustrations.

umc health and wellness lubbock: Integrative Dermatology Reena N. Rupani, Peter A. Lio, 2021-01-19 This book offers the most up-to-date and evidence-based information surrounding integrative treatments for acne and rosacea. Ranging from topical solutions, to nutrition, to mind-body medicine, each chapter addresses evidence for use and patient outcomes. Discussions regarding oral and topical botanical supplements and dietary modifications are complemented by the examination of non-Western healing systems' approach to acne and rosacea. Backed by clinical evidence, chapters feature real patient outcomes with complete explanations of the viability of the treatment. Concise and unique, Integrative Dermatology: Practical Applications in Acne and Rosacea, is an invaluable text for not only the dermatologist, but the pediatrician, family practitioner, internist, and holistic/alternative provider.

umc health and wellness lubbock: Antibiofilm Agents Kendra P. Rumbaugh, Iqbal Ahmad, 2014-05-08 This book provides a survey of recent advances in the development of antibiofilm agents for clinical and environmental applications. The fact that microbes exist in structured communities called biofilms has slowly become accepted within the medical community. We now know that over 80% of all infectious diseases are biofilm-related; however, significant challenges still lie in our ability to diagnose and treat these extremely recalcitrant infections. Written by experts from around the globe, this book offers a valuable resource for medical professionals seeking to treat biofilm-related disease, academic and industry researchers interested in drug discovery and instructors who teach courses on microbial pathogenesis and medical microbiology.

umc health and wellness lubbock: Manual for Complex Litigation, Fourth , 2004

umc health and wellness lubbock: Pancreatic Cancer Sun-Whe Kim, Hiroki Yamaue,

2017-05-04 This book provides state of the art knowledge on a broad range of clinical issues in pancreatic cancer, covering topics from screening and pathophysiology to surgical treatments. In particular, the focus is on current controversies and on evidence-based surgical techniques. Further aspects considered include the management of precancerous lesions, diagnostic methods, perioperative care and nonsurgical treatment. The description of surgical methods is supported by many helpful illustrations and important technical issues are carefully addressed. Determination of resectability and extent of surgery is also discussed. Based on recent developments in surgical techniques, some surgeons are performing more and more radical operations. It is essential, however, that surgical strategy is based on the best available evidence and surgeons will find that this book offers valuable help in achieving this aim. In addition, it will be a great asset in clinical practice for all who are involved or interested in the management of pancreatic cancer.

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umc health and wellness lubbock: *The Texas Model for Comprehensive School Counseling Programs*, 2018-02-15 The Texas Model for Comprehensive School Counseling Programs is a resource to develop effective and high quality comprehensive school counseling programs that align with Texas statutes and rules governing the work of school counselors. It outlines a process for tailoring school counseling programs to meet the varying needs of students across an array of school districts through implementation of the four components of school counseling programs, Guidance Curriculum, Responsive Services, Individual Planning, and System Support. With this resource, a school counselor will learn to use campus-specific data to identify the unique needs of a campus and design a comprehensive school counseling program to meet those needs. Recognizing the important roles of the entire educational community, the Texas Model for Comprehensive School Counseling Programs provides examples of how parents, teachers, administrators, principals and school counselors can best contribute to implementation of each of the four components of comprehensive school counseling programs. It provides a developmental framework for a school counseling program curriculum that includes activities at each grade level to enhance students' educational, career, personal and social development.

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