

wellness check for dogs

Wellness Check for Dogs: Your Comprehensive Guide to Canine Health

Is your furry friend acting a little...off? Are you unsure if that slight limp or decreased appetite is cause for concern? Navigating your dog's health can feel overwhelming, but regular wellness checks are crucial for preventing serious issues and ensuring your canine companion enjoys a long, happy life. This comprehensive guide dives deep into what a dog wellness check entails, what to expect, and how to proactively protect your beloved pet. We'll cover everything from routine examinations to spotting potential problems early, empowering you to be the best advocate for your dog's health.

Understanding the Importance of Regular Wellness Checks for Dogs

Just like humans, dogs need regular check-ups to maintain optimal health. A wellness check goes beyond simply weighing your dog; it's a proactive approach to detecting potential problems before they become major health crises. Early detection significantly increases the chances of successful treatment and improves your dog's quality of life. Think of it as an investment in your dog's longevity and happiness. Skipping routine wellness checks is like ignoring a check engine light – you might be driving yourself (and your dog) into trouble.

What to Expect During a Dog Wellness Check: A Step-by-Step Guide

A typical dog wellness check involves a thorough examination by a veterinarian, covering various aspects of your dog's health. Expect the following:

1. **A Detailed History and Physical Exam:** Your veterinarian will start by discussing your dog's history, including diet, exercise routine, any medications they're taking, and any recent changes in behavior or appetite. This is your chance to voice any concerns, no matter how small they may seem. The physical exam itself involves a head-to-toe assessment, checking everything from their eyes, ears, and teeth to their heart, lungs, and abdomen.
1. **Weight and Body Condition Score:** Your vet will weigh your dog and assess their body condition score, determining if they're underweight, overweight, or at an ideal weight. Obesity is a significant health risk for dogs, leading to various health problems.

1. **Vital Sign Measurement:** This includes checking your dog's temperature, heart rate, and respiratory rate. Any abnormalities here can point towards underlying issues.
1. **Palpation and Auscultation:** Your vet will feel your dog's abdomen to check for any lumps, bumps, or abnormalities. They'll also listen to their heart and lungs using a stethoscope to detect any unusual sounds.
1. **Dental Examination:** Dental health is often overlooked, but it's crucial. Periodontal disease can lead to serious health complications, so a thorough dental examination is essential. Your vet may recommend professional cleaning.
1. **Bloodwork and Urinalysis (Depending on Age and Breed):** Depending on your dog's age, breed, and overall health, your vet might recommend bloodwork and urinalysis to assess organ function, detect infections, and screen for various diseases. These tests provide a comprehensive picture of your dog's internal health.
1. **Vaccinations and Preventative Medications:** Your vet will discuss necessary vaccinations and preventative medications, such as flea, tick, and heartworm preventatives, tailored to your dog's age, lifestyle, and geographic location.
1. **Discuss Any Concerns:** This is your opportunity to ask questions and address any concerns you have about your dog's behavior, health, or well-being. Don't hesitate to voice even minor anxieties – your vet is there to help.

Recognizing Signs Your Dog Needs a Wellness Check: Don't Ignore the Warning Signs!

While routine wellness checks are crucial, there are certain signs that indicate your dog needs immediate veterinary attention:

Lethargy or decreased energy levels: A significant change in your dog's usual energy level should never be ignored.

Changes in appetite or weight loss: Sudden weight loss or loss of appetite can signal a serious underlying health issue.

Vomiting or diarrhea: Persistent vomiting or diarrhea can lead to dehydration and require veterinary

intervention.

Difficulty breathing or coughing: These symptoms can indicate respiratory problems.

Limping or lameness: Any changes in your dog's gait could indicate injury or illness.

Changes in urination or defecation: Increased or decreased urination, straining to urinate or defecate, or changes in the color or consistency of their waste can all warrant a vet visit.

Excessive licking or scratching: This could indicate skin allergies or other dermatological problems.

Unusual discharge from eyes or ears: Discharge can signify infection.

Seizures or tremors: These are serious symptoms requiring immediate veterinary attention.

Choosing the Right Veterinarian for Your Dog

Finding a veterinarian you trust is vital. Look for a vet who is experienced, compassionate, and communicative. Read online reviews, ask for recommendations from friends and family, and schedule a consultation to see if you feel comfortable with the vet and their staff.

Proactive Steps for Maintaining Your Dog's Wellness Between Check-ups

Regular wellness checks are only part of the equation. Here are some proactive steps you can take between appointments:

Maintain a healthy diet: Feed your dog a high-quality, balanced diet appropriate for their age, breed, and activity level.

Provide regular exercise: Ensure your dog gets enough daily exercise to maintain a healthy weight and stay physically fit.

Brush your dog's teeth regularly: This helps prevent periodontal disease.

Administer preventative medications: Follow your vet's recommendations for flea, tick, and heartworm preventative medications.

Monitor your dog's behavior and habits: Pay close attention to any changes in your dog's behavior, appetite, or energy levels.

Conclusion

Regular wellness checks are an invaluable investment in your dog's health and happiness. By proactively monitoring your dog's well-being and working closely with your veterinarian, you can help prevent serious illnesses, ensure early detection of potential problems, and provide your furry friend with the best possible care. Remember, prevention is always better than cure, and a healthy dog is a happy dog!

FAQs

1. How often should I take my dog for a wellness check? The frequency of wellness checks varies depending on your dog's age and health status. Puppies require more frequent visits, typically every few months, while adult dogs generally need annual check-ups. Senior dogs may need more frequent visits, even every six months. Your veterinarian will advise you on the appropriate schedule for your dog.

1. How much does a dog wellness check cost? The cost of a dog wellness check varies depending on your location, the veterinarian's fees, and any additional tests or procedures required. It's best to contact your veterinarian's office for a price estimate.

1. What should I bring to my dog's wellness check? Bring your dog's vaccination records, a list of any medications they're taking, and any questions you have for the veterinarian. Consider bringing a leash and a carrier, especially if your dog is anxious or difficult to handle.

1. My dog seems perfectly healthy. Do they still need a wellness check? Even if your dog appears perfectly healthy, a routine wellness check is still crucial. Many diseases show no outward symptoms in their early stages, and early detection significantly improves treatment outcomes.

1. What if I can't afford a wellness check for my dog? Many veterinary clinics offer payment plans or work with pet insurance providers to make veterinary care more accessible. Don't hesitate to discuss your financial concerns with your veterinarian; they may be able to offer solutions or refer you to resources that can help.

wellness check for dogs: *Holistic Guide for a Healthy Dog* Wendy Volhard, Kerry Brown, 2000-05 A complete revision of a ground-breaking reference. Designed to provide updated information found in the original book, as well as lots of new topics, and a new organization--this second edition is more user-friendly than ever! Readers will get the latest on: Healthful diets for dogs of every age and activity level How to modify your dog's diet to best meet seasonal needs Natural ways to keep your dog healthy throughout all stages of life How to care for a dog in poor health The vaccine controversy--the pros, the cons and how to sort them out * Homeopathic remedies Alternative therapies, such as acupuncture, acupressure, aromatherapy, chiropractics and use of medicinal herbs

wellness check for dogs: *The Angell Memorial Animal Hospital Book of Wellness and Preventive Care for Dogs* Darlene Arden, 2004 Boston's famed Angell Memorial Animal Hospital, part of the Massachusetts Society for the Prevention of Cruelty to Animals (and associated with Tufts Veterinary School), was established in 1915, and since its inception has been a national leader and innovator in animal care. Angell Memorial's clinical specialties include surgery, radiology, neurology, dentistry, internal medicine, ophthalmology, dermatology, oncology, neurology, and nutrition. support staff of over 190. More than 52,000 cases go through Angell Memorial each year. The hospital has gained nationwide media attention. It was featured in Life magazine, Parade magazine, on The Today Show, Good Morning America, PBS, Animal Planet, and 20/20 The hospital was the first in the nation to recognize the benefits of animal preventive care, and in doing so, instituted a Wellness program for dogs. This book gives away the plan to dog owners who do not

have access to Angell and who are looking to learn to maintain their pets health in an easy and understandable and habitual way.

wellness check for dogs: *Small Animal Dental Procedures for Veterinary Technicians and Nurses* Jeanne R. Perrone, 2020-08-07 Small Animal Dental Procedures for Veterinary Technicians and Nurses, 2nd Edition brings together all aspects of canine, feline, and exotic animal dentistry for veterinary technicians and nurses. Offering complete coverage of all aspects of dental treatment for dogs, cats, and exotic pets, the book describes techniques for veterinary technicians providing dental care. The new edition includes brand new information on digital radiology, plus updates to current protocols and improved images throughout the book. The chapters contained within include in-depth coverage of all stages of small animal dental care, including: • Anesthesia • Radiology • Dental cleaning • Common diseases and treatment • Equipment needs and maintenance • Exotic dentistry Small Animal Dental Procedures for Veterinary Technicians and Nurses includes access to a companion website that provides video clips, review questions, training exercises, forms, and editable glossaries. This book is an essential and invaluable resource for any veterinary technology student, veterinary technician or nurse regularly or occasionally engaged in small animal dental care.

wellness check for dogs: *Feline Diagnostic Imaging* Merrilee Holland, Judith Hudson, 2020-04-21 Vorrangig werden radiologische und Ultraschallverfahren vorgestellt. Komplexere Bildgebungsverfahren wie Computertomographie und MRT werden ebenfalls präsentiert. Das Referenzwerk enthält mehr als 1.750 hochwertige Abbildungen und ist eine wahre Fundgrube für Veterinärmediziner, die sich insbesondere auf die Behandlung von Katzen spezialisiert haben. Feline Diagnostic Imaging beschäftigt sich zunächst mit der Auswertung von unauffälligen und pathologischen Röntgenaufnahmen des Thorax, Abdomens und des Bewegungsapparats. Im Anschluss werden Diagnosen aus gängigen echokardiographischen und Ultraschalluntersuchungen erläutert. Auch beschreibt das Referenzwerk bildgebende Untersuchungen des Schädels mittels Computertomographie sowie Gehirn- und Wirbelsäulenerkrankungen, die über ein MRT erkannt werden können. - Präsentiert bildgebende Techniken und konzentriert sich dabei auf die Anforderungen bei der Untersuchung von Katzen. - Legt den Schwerpunkt auf gängige Verfahren, behandelt aber auch komplexere Bildgebungstechniken. - Gibt einen vollständigen Überblick über diagnostischen Imaging-Verfahren bei Katzen. - Mit einer Fülle von Tipps und Tricks für die Behandlung von Katzen. - Ein Muss für Veterinärmediziner, die sich auf Katzen spezialisiert haben. Feline Diagnostic Imaging legt in einzigartiger Weise den Fokus auf Katzen und ist daher ein Muss für Veterinärmediziner, die ihre Kompetenzen bei diagnostischen Bildgebungsverfahren verbessern möchten. Das Buch eignet sich ebenfalls hervorragend für Fachtierärzte für Radiologie, Studenten der Veterinärmedizin und Kliniker.

wellness check for dogs: *Diseases of Dogs & Cats* Veterinary Surgeon, 1893

wellness check for dogs: *My Dog's Health Record Book* Leila Grandemange, 2020-06-17 THIS UNIQUE PET HEALTH RECORD BOOK combines useful medical charts with practical resources and tips for new puppy owners. Bring it with you to the vet. Share it with your pet sitter. Keep it handy for emergencies. Stay organized and up to date through every season of your dog's life! IN THIS BOOK YOU WILL BE ABLE TO: RECORD your pet's personal and health information, important contacts, pet sitter instructions, and more;? CHART vaccinations, medications, parasite prevention and testing, surgery and hospital stays;? LOG each veterinary visit, note your veterinarian's comments, and track your pet's health status;? BONUS! Includes essential pet care and training tips, pet safety reminders, new puppy checklist, pet travel checklist, disaster preparedness checklist, and more!

wellness check for dogs: *Improved Standards for Laboratory Animals Act; and Enforcement of the Animal Welfare Act by the Animal and Plant Health Inspection Service* United States. Congress. House. Committee on Agriculture. Subcommittee on Department Operations, Research, and Foreign Agriculture, 1985

wellness check for dogs: *The Clean Pet Food Revolution* Ernie Ward, Alice Oven, 2019-12-09

Did you know that a quarter of all the meat consumed in the United States is eaten by our pets? That's the equivalent to the amount devoured by 26 million Americans, and it makes U.S. cats and dogs equal to the fifth largest country in terms of animal protein consumption. Yet the impact pet food has on the environment and climate change, how healthy or necessary it is for our animal companions, or how it impacts the welfare of the farmed animals who become that food are barely known or ignored--even by animal lovers! The Clean Pet Food Revolution lifts the lid on the current pet food industry: its claims of what constitutes a natural diet for pets, its shocking record on animal welfare, and its devastating effect on the environment and climate change. The book explodes myths about grain-free diets, protein intake, and what our pets want. Finally, it details the many exciting scientific developments in alternative proteins--whether from plants, fungi, insects, or cell-based meat products--that promise not only to completely change what we feed our cats and dogs but to reduce greenhouse gas emissions, end farmed-animal slaughter, and make our pets healthier. Written by specialists in veterinary science, biotech, and animal welfare, The Clean Pet Food Revolution is a thoroughly researched and compellingly written excoriation of an unsustainable present and a fascinating glimpse of future possibilities.

wellness check for dogs: Body Language of Fear in Dogs Sophia Yin, 2011-05-15 Every year over 4.5 million people are bitten by dogs. One of the most common causes of biting and aggression in dogs is fear. This color poster developed by Dr. Sophia Yin and illustrated by Lili Chin, shows both the common and more subtle signs of fear and anxiety in dogs. With 100 handouts/tear sheets per packet you'll have plenty of color handouts for your clients, students, and friends.

wellness check for dogs: Understanding Blood Tests, 2018-11-21

wellness check for dogs: U.S. Pet Ownership & Demographics Sourcebook American Veterinary Medical Association, 2007 This book provides data and analyses of pet ownership statistics in the United States.

wellness check for dogs: *The Doctors Book of Home Remedies for Dogs and Cats* Prevention Magazine Editors, 1997-08-04 In this practical and entertaining guide, the top veterinarians and animal experts in the country offer more than 1,000 effective tips for treating common pet problems, such as: allergies, bad breath, ear mites, fleas, itchy skin, paw problems, teething pain, weepy eyes, and wounds. But, much more than a guide to the physical and emotional problems of pets, The Doctors Book of Home Remedies for Dogs and Cats also provides solutions to some of the toughest behavior problems, letting pet owners know when it is necessary to visit the vet--and what they can do until they get there. Since the health needs of dogs and cats are often entirely different, there are also specific tips for both cats and dogs, along with more than 75 easy-to-follow illustrations. Having this ultimate do-it-yourself pet-care book is like having a veterinarian on call 24 hours a day.

wellness check for dogs: *Symptoms to Watch for in Your Dog* Jana Rade, 2017-02-24 Symptoms to Watch for in Your Dog is an award-winning guide to help you better understand what your dog is telling you about their health and how to best advocate for them. Learn how to see and how to think about changes in your dog's appearance, habits, and behavior. Some signs that might not trigger your concern can be important indicators that your dog needs to see a veterinarian right away. Other symptoms, while hard to miss, such as diarrhea, vomiting, or limping, are easy to spot but can have a laundry list of potential causes, some of them serious or even life-threatening. Symptoms to Watch for in Your Dog is a dog health advocacy guide 101. It covers a variety of common symptoms, including when each of them might be an emergency. Symptoms to Watch for in Your Dog has won the following awards: 2017 Maxwell Award from the Dog Writers Association of America for a book on health, behavior, or general care. 2017 Morris Animal Foundation Canine Health Award for the best science-based book about canine health issues.

wellness check for dogs: *Management of Animal Care and Use Programs in Research, Education, and Testing* Robert H. Weichbrod, Gail A. (Heidbrink) Thompson, John N. Norton, 2017-09-07 AAP Prose Award Finalist 2018/19 Management of Animal Care and Use Programs in Research, Education, and Testing, Second Edition is the extensively expanded revision of the popular Management of Laboratory Animal Care and Use Programs book published earlier this

century. Following in the footsteps of the first edition, this revision serves as a first line management resource, providing for strong advocacy for advancing quality animal welfare and science worldwide, and continues as a valuable seminal reference for those engaged in all types of programs involving animal care and use. The new edition has more than doubled the number of chapters in the original volume to present a more comprehensive overview of the current breadth and depth of the field with applicability to an international audience. Readers are provided with the latest information and resource and reference material from authors who are noted experts in their field. The book: - Emphasizes the importance of developing a collaborative culture of care within an animal care and use program and provides information about how behavioral management through animal training can play an integral role in a veterinary health program - Provides a new section on Environment and Housing, containing chapters that focus on management considerations of housing and enrichment delineated by species - Expands coverage of regulatory oversight and compliance, assessment, and assurance issues and processes, including a greater discussion of globalization and harmonizing cultural and regulatory issues - Includes more in-depth treatment throughout the book of critical topics in program management, physical plant, animal health, and husbandry. Biomedical research using animals requires administrators and managers who are knowledgeable and highly skilled. They must adapt to the complexity of rapidly-changing technologies, balance research goals with a thorough understanding of regulatory requirements and guidelines, and know how to work with a multi-generational, multi-cultural workforce. This book is the ideal resource for these professionals. It also serves as an indispensable resource text for certification exams and credentialing boards for a multitude of professional societies Co-publishers on the second edition are: ACLAM (American College of Laboratory Animal Medicine); ECLAM (European College of Laboratory Animal Medicine); IACLAM (International Colleges of Laboratory Animal Medicine); JCLAM (Japanese College of Laboratory Animal Medicine); KCLAM (Korean College of Laboratory Animal Medicine); CALAS (Canadian Association of Laboratory Animal Medicine); LAMA (Laboratory Animal Management Association); and IAT (Institute of Animal Technology).

wellness check for dogs: Nutrient Requirements of Dogs and Cats National Research Council, Division on Earth and Life Studies, Board on Agriculture and Natural Resources, Committee on Animal Nutrition, Subcommittee on Dog and Cat Nutrition, 2006-07-01 Updating recommendations last made by the National Research Council in the mid-1980s, this report provides nutrient recommendations based on physical activity and stage in life, major factors that influence nutrient needs. It looks at how nutrients are metabolized in the bodies of dogs and cats, indications of nutrient deficiency, and diseases related to poor nutrition. The report provides a valuable resource for industry professionals formulating diets, scientists setting research agendas, government officials developing regulations for pet food labeling, and as a university textbook for dog and cat nutrition. It can also guide pet owners feeding decisions for their pets with information on specific nutrient needs, characteristics of different types of pet foods, and factors to consider when feeding cats and dogs.

wellness check for dogs: Whole Health For Happy Dogs Jill Elliot, 2010-03-01 Whole Health for Happy Dogs is a complete reference guide to help you understand what it takes for your dog to be at optimal health. From what you should feed to how to protect your dog from pesky pets, this book offers everything you need to know to care for your dog naturally, including: • What health is and what it is not • Determining what breed is best for your lifestyle • Key steps to keeping your dog healthy • How to recognize disease and how to prevent it • Tips on diet, nutrition, exercise, and choosing a veterinarian • Natural treatments including aromatherapy, acupuncture, homeopathy, and chiropractic • Conventional and holistic care—which will best serve the needs of your dog? • Natural solutions for the home and yard to ensure the good health of your dog • Compelling photography and illustrations throughout Embark on a journey that will keep your dog healthy, happy and an active member of your family for a long time to come. By learning to care for our dogs before they become ill—using a natural and holistic approach—we can avoid the common disorders that are becoming more prevalent in dogs today.

wellness check for dogs: Yin & Yang Nutrition for Dogs Judy Morgan DVM, Hue Grant, 2017-11-10 Cooking for dogs according to traditional Chinese medicine food therapy including recipes.

wellness check for dogs: The Merck Veterinary Manual Merck and Co., Inc. Staff, 2003-11 For more than forty years, animal health professionals have turned to the Merck Veterinary Manual for integrated, concise and reliable veterinary information. Now this manual covering the diagnosis, treatment, and prevention of diseases of companion, food and zoo animals is available on an easy-to-use, fully searchable CD-ROM. The CD includes the full text of The Merck Veterinary Manual 8/e and has been enhanced with picture links featuring original anatomical artwork and numerous clinical and diagnostic illustrations, table links and quick search links that provide quick access to cross referenced text.

wellness check for dogs: My Old Dog Laura T. Coffey, 2015-09-18 “No Dog Should Die Alone” was the attention-grabbing — and heart-stirring — headline of journalist Laura T. Coffey’s TODAY show website story about photographer Lori Fusaro’s work with senior shelter pets. While generally calm, easy, and already house-trained, these animals often represent the highest-risk population at shelters. With gorgeous, joyful photographs and sweet, funny, true tales of “old dogs learning new tricks,” Coffey and Fusaro show that adopting a senior can be even more rewarding than choosing a younger dog. You’ll meet endearing elders like Marnie, the irresistible shih tzu who has posed for selfies with Tina Fey, James Franco, and Betty White; Remy, a soulful nine-year-old dog adopted by elderly nuns; George Clooney’s cocker spaniel, Einstein; and Bretagne, the last known surviving search dog from Ground Zero. They may be slower moving and a tad less exuberant than puppies, but these pooches prove that adopting a senior brings immeasurable joy, earnest devotion, and unconditional love.

wellness check for dogs: From Fearful to Fear Free Marty Becker, Mikkell Becker, Lisa Radosta, 2018-04-17 Since pets communicate nonverbally, this book will help you recognize if your pet is suffering from [fear, anxiety, and stress]. By knowing your dog's body language, vocalizations, and changes in normal habits, you can make an accurate diagnosis and take action to prevent triggers or treat the fallout if they do happen--Amazon.com.

wellness check for dogs: Training the Best Dog Ever Larry Kay, Dawn Sylvia-Stasiewicz, 2012-09-25 Training the Best Dog Ever, originally published in hardcover as The Love That Dog Training Program, is a book based on love and kindness. It features a program of positive reinforcement and no-fail techniques that author Dawn Sylvia-Stasiewicz used to train the White House dog, Bo Obama, and each of Senator Ted Kennedy’s dogs, among countless others. Training the Best Dog Ever relies on trust and treats, not choke collars; on bonding, not leash-yanking or reprimanding. The five-week training program takes only 10 to 20 minutes of practice a day and works both for puppies and for adult dogs that need to be trained out of bad habits. Illustrated with step-by-step photographs, the book covers hand-feeding; crate and potty training; and basic cues—sit, stay, come here—as well as more complex goals, such as bite inhibition and water safety. It shows how to avoid or correct typical behavior problems, including jumping, barking, and leash-pulling. Plus: how to make your dog comfortable in the world—a dog that knows how to behave in a vet’s office, is at ease around strangers, and more. In other words, the best dog ever.

wellness check for dogs: My Dog Has Cancer. What Can I Do? Heather Beuke Diers, 2016-03-03 While documenting Nola’s journey with cancer and holistic medicine, I gathered information that can now guide you through every stage of your dog’s cancer. After completing hundreds of hours of research and taking a great team of veterinarians’ advice, I have created an economical, cancer-fighting and immune-building protocol, for any canine (or human!) fighting cancer. I explain how cancer works in the body and how to create a cancer-killing environment with, wait for it! FOOD! How you treat the body will affect the outcome this thought should empower you! Although we were able to turn a three-months-to-live diagnosis into a year of great quality of life for our girl, I believe we could have prolonged her life even longer if we had started with the protocol with which we ended shared in My Dog Has Cancer. What Can I Do? Nola had a fast-spreading,

incurable cancer, osteosarcoma, which would not wait for me to catch up on my research. My mission is to save you time, so you can start fighting cancer immediately. The intent is not to persuade you to do exactly as we did; I also share our mistakes and changes I would consider, if faced with the same circumstances again. This protocol should not replace the care of your veterinarian and other necessary medical providers. Always inform them of all food and supplements in your protocol, before giving them to your pet. I am not a veterinarian, but I worked closely with my veterinarian, who practices both Western and holistic medicine, while building our protocol to treat Nolas cancer.

wellness check for dogs: Zak George's Dog Training Revolution Zak George, Dina Roth Port, 2016-06-07 A revolutionary way to raise and train your dog, with “a wealth of practical tips, tricks, and fun games that will enrich the lives of many dogs and their human companions” (Dr. Ian Dunbar, veterinarian and animal behaviorist). Zak George is a new type of dog trainer. A dynamic YouTube star and Animal Planet personality with a fresh approach, Zak helps you tailor dog training to your pet’s unique traits and energy level—leading to quicker results and a much happier pup. For the first time, Zak has distilled the information from his hundreds of videos and experience with thousands of dogs into this comprehensive dog and puppy training guide that includes: • Choosing the right pup for you • Housetraining and basic training • Handling biting, leash pulling, jumping up, barking, aggression, chewing, and other behavioral issues • Health care essentials like finding a vet and selecting the right food • Cool tricks, traveling tips, and activities to enjoy with your dog • Topics with corresponding videos on Zak’s YouTube channel so you can see his advice in action Packed with everything you need to know to raise and care for your dog, this book will help you communicate and bond with one another in a way that makes training easier, more rewarding, and—most of all—fun!

wellness check for dogs: *Unexpected Miracles* Shawn Messonnier, 2011-06-28 A veterinarian and an authority on holistic pet care uses case studies to demonstrate the integrative methods he has created to treat diseases that commonly afflict our pets, and highlights the courageous owners who never gave up.

wellness check for dogs: *Your Dog: The Owner's Manual* Dr. Marty Becker, 2011-04-15 Through surprising facts, moving stories and tested solutions, the veterinary expert from Good Morning America and The Dr. Oz Show will give every dog owner the secrets to raising a healthy, well-behaved dog. For anyone who owns a dog or is thinking about getting one, Dr. Marty Becker's manual is a must-have guide to anything and everything canine. In *Your Dog: The Owner's Manual*, the best-loved family doctor for pets shares insider secrets on how to keep puppy problems from becoming doggy disasters and how to best bond with your dog through helpful, easily accessible tips and tricks on how to: Find the right dog for your family's lifestyle Solve the most annoying behavioral problems Make sure your dog gets the exercise he needs Use food puzzles to prevent weight gain Prevent dog health problems Save money on medication, both traditional and alternative For seasoned dog owners as well as those looking to adopt a new friend, Dr. Becker provides all the insight that makes for both happy owners and happy dogs.

wellness check for dogs: *A Deaf Dog Joins the Family* Terrie Hayward, 2015-03-08 This book will help set up dogs and caregivers to succeed! The goal of this book is to help deaf dog owners so that they will be prepared with the tools and environmental set up needed in the home for their pup. Furthermore, families will understand how to communicate effectively and efficiently and without frustration. Caregivers will gain the knowledge and how to skills to expand upon basic cues which will translate to a larger vocabulary and set of behaviors. Who can benefit from this book? -pet dog families who have adopted or are considering adopting a deaf dog -dog trainers who want to help their clients have a successful, communicative relationship with their deaf dog -rescue groups and shelter workers as well as breed specific groups who want to have a reliable resource with hands-on activities for working with deaf dogs -veterinarians who would like to increase deaf dog behavioral understanding and who may direct clients to this book as a resourceful tool This book will explain and teach you about deaf dog communication using positive reinforcement methods and

philosophies.

wellness check for dogs: *The Forever Dog* Rodney Habib, Karen Shaw Becker, 2024-09-10 #1 New York Times Bestseller In this pathbreaking guide, two of the world's most popular and trusted pet care advocates reveal new science to teach us how to delay aging and provide a long, happy, healthy life for our canine companions. Like their human counterparts, dogs have been getting sicker and dying prematurely over the past few decades. Why? Scientists are beginning to understand that the chronic diseases afflicting humans--cancer, obesity, diabetes, organ degeneration, and autoimmune disorders--also beset canines. As a result, our beloved companions are vexed with preventable health problems throughout much of their lives and suffer shorter life spans. Because our pets can't make health and lifestyle decisions for themselves, it's up to pet parents to make smart, science-backed choices for lasting vitality and health. *The Forever Dog* gives us the practical, proven tools to protect our loyal four-legged companions. Rodney Habib and Karen Becker, DVM, globetrotted (pre-pandemic) to galvanize the best wisdom from top geneticists, microbiologists, and longevity researchers; they also interviewed people whose dogs have lived into their 20s and even 30s. The result is this unprecedented and comprehensive guide, filled with surprising information, invaluable advice, and inspiring stories about dogs and the people who love them. *The Forever Dog* prescriptive plan focuses on diet and nutrition, movement, environmental exposures, and stress reduction, and can be tailored to the genetic predisposition of particular breeds or mixes. The authors discuss various types of food--including what the commercial manufacturers don't want us to know--and offer recipes, easy solutions, and tips for making sure our dogs obtain the nutrients they need. Habib and Dr. Becker also explore how external factors we often don't think about can greatly affect a dog's overall health and wellbeing, from everyday insults to the body and its physiology, to the role our own lifestyles and our vets' choices play. Indeed, the health equation works both ways and can travel up the leash. Medical breakthroughs have expanded our choices for canine health--if you know what they are. This definitive dog-care guide empowers us with the knowledge we need to make wise choices, and to keep our dogs healthy and happy for years to come.

wellness check for dogs: *The Dog Behavior Problem Solver* Teoti Anderson, 2015-11-10 Life with a dog can bring companionship, fun, and joy. Life with a badly behaved dog can bring frustration and heartbreak. Behavior problems are often cited as the main reason for owners' abandoning their dogs to shelters and surrendering them to rescues, but many of a dog's problems can be resolved by a caring owner who's willing to devote a little time to positive training. In *The Dog Behavior Problem Solver*, seasoned trainer Teoti Anderson shares her knowledge and experience with dog owners, offering insight into why dogs do what they do while showing owners how to implement reward-based training with their dogs in clear, easy-to-follow steps. **INSIDE THE DOG BEHAVIOR PROBLEM SOLVER:**•A professional's take on canine behavior and misbehavior to help owners better understand their dogs. •The author's training philosophy and how she applies it with her canine clients. •The importance of using positive, or reward-based, training to build and strengthen the dog/owner bond in the process of eliminating unwanted behaviors. •A detailed study of the most common behavior issues that dogs exhibit, along with a step-by-step positive-training solution to each of these behaviors.

wellness check for dogs: *The Plant-Powered Dog* Diana Laverdure-Dunetz, 2023-01-24 A vegan diet for dogs?! But aren't dogs carnivores? Can dogs really get all the nutrients they need, even protein, without eating meat? Would switching my dog to a plant-based diet be too expensive to sustain? In her newest book, *The Plant-Powered Dog*, Canine Nutritionist Diana Laverdure-Dunetz, MS, along with W. Jean Dodds, DVM reference the most up-to-date scientific research to explain the detailed nutritional needs of our canine companions and explore the many benefits of switching to a plant-based diet, including increasing longevity and preventing chronic disease. It's no coincidence that staggering numbers of modern companion dogs suffer from one or more chronic inflammatory diseases. Our canine companions have fallen victim to the same lifestyle-related conditions that are skyrocketing among people living in developed societies. As a culture, we and our companion

animals are overfed and undernourished, and we are all traveling down the same dangerous inflammatory path. Fortunately, we have control over dietary choices that affect health! The more research that is done in the field of epigenetics, the more we learn that a plant-based diet is superior for promoting optimum gene expression, disease prevention and longevity. The best part is that you don't have to choose between your dog's health and compassion for all animals and our planet. This book will give you a solid foundation for understanding how epigenetic factors such as the foods you put in your dog's bowl (and on your own plate) regulate gene expression to help promote either optimum health or chronic disease. The Plant-Powered Dog is in-depth guide that provides: • Action Steps to Ensure Success • Individual Chapters Offering Plant-Based Solutions for Chronic Diseases (including Cancer and Diabetes) • Nutrient Comparison Charts • Blank Recipe Creation Charts • Sample Recipes (with photos) • Extensive Resources and Cited Works There is just no denying it: Plant-based nutrition is not a fad, for ourselves or our canine companions. It is the healthy, sustainable diet of the future.

wellness check for dogs: *Whether the dog needs to be released* Ronnie Taylor, 2023-09-10 *Whether the dog needs to be released* is a comprehensive guide that explores the complex and rewarding relationship between dogs and their owners. In this book, we delve into the core principles of responsible dog ownership, emphasizing the importance of meeting dogs' needs while considering their safety, well-being, and the impact on the community. The book also explores alternative approaches to providing exercise and mental stimulation for dogs, such as structured walks, playtime, and interactive toys. These methods provide practical alternatives to free-range dog ownership, promoting the overall well-being of dogs while ensuring their safety and the peace of mind of their owners. Additionally, the book includes guidelines for responsible dog ownership, offering practical tips and advice for dog owners to ensure their pets' well-being. From considerations for containment and supervision to suggestions for enrichment activities, readers are equipped with actionable steps to create a nurturing environment for their dogs. To reinforce key points, the authors summarize the main arguments and perspectives discussed throughout the book. They restate the thesis, reaffirming their stance on whether dogs need to be free-range, and invite readers to reflect on their own dog ownership practices. Lastly, the book concludes with a compelling call to action, urging readers to embrace responsible dog ownership and make informed decisions that prioritize their pets' welfare. By committing to ongoing education, advocating for responsible practices, and supporting local animal welfare organizations, readers have the opportunity to create a world where dogs are cherished, protected, and given the opportunity to live their lives to the fullest. *Whether the dog needs to be released* is a comprehensive and enlightening guide that empowers readers to become responsible and compassionate dog owners. It serves as a valuable resource for dog enthusiasts, owners, and anyone interested in understanding the intricacies of the human-dog relationship and providing the best possible care for our beloved canine companions.

wellness check for dogs: Another Good Dog Cara Sue Achterberg, 2018-08-07 In 2015, Cara Achterberg's Pennsylvania farm became a haven for Operation Paws for Homes, which rescues dogs from high-kill shelters in the rural south and shuttles them north to foster homes. Nine puppies arrived with less than a day's notice; a heart-worm positive dog; a deeply traumatized stray pup from Iraq; and countless others who just needed a gentle touch and a warm place to sleep. The stories of these remarkable dogs—including an eighty-pound bloodhound who sang arias for the neighbors—and the joy they bring to Cara and her family (along with a few chewed sofa cushions) fill the pages of this touching and inspiring book. When asked how she can possibly say goodbye to that many lovable pups, Cara says, "If I don't give this one away, I can't possibly save another." Filled with humanity and hope, *Another Good Dog* will take the reader on a journey of smiles, laughs, and tears—and lead us to wonder how many other good dogs are out there and what we can do to help.

wellness check for dogs: The Do No Harm Dog Training and Behavior Handbook Linda Michaels, 2022-07-01 Get the dog training results you've always wanted—combining love with the science of dog psychology Find the roadmap to success in the easy-to-follow *Do No Harm Dog*

Training and Behavior Handbook. Foreword by Marc Bekoff, PhD, co-founder with Jane Goodall of the Ethologists for the Ethical Treatment of Animals, and author of 31 books Are you tired of spending countless hours poring over articles, books, and other training resources searching for the key to the relationship you dream of with your dog? The Do No Harm Dog Training and Behavior Handbook provides force-free, practical solutions to common and complex behavior problems for both dog trainers and pet parents. This comprehensive guide is a transformational problem solving gift to pet parents for the heartbeats at our feet. It is also designed for professional presentations, teaching basic manners classes, and includes private behavioral consultation Treatment Plans with citations and a detailed index to make finding topics easy. Learn how to prevent behavior problems before they escalate.

wellness check for dogs: *Pet First Aid* Bobbie Mammato, 1997 Designed to provide assistance and guidance to the pet owner in case of an emergency, this book includes coverage of CPR, choking, bleeding, trauma, poisoning, thermal emergencies, various wounds, and more. Suggestions are also given for items to be included in a pet first aid kit, plus tips on regular pet care, neutering and spaying, and traveling with pets. 150 illustrations.

wellness check for dogs: *Pukka's Promise* Ted Kerasote, 2013-02-05 This guide by the author of *Merle's Door* is "beneficial for anyone who wants to ensure that their dogs will be healthy and well" (Seattle Post-Intelligencer). From the bestselling author who offers "the most utterly compelling translation of dog to human I have ever seen" (Jeffrey Masson), this is a joyful chronicle of a dog and a groundbreaking answer to the question: How can we give our dogs the happiest, healthiest lives? When Ted Kerasote was ready for a new dog after losing his beloved Merle—who died too soon, as all our dogs do—he knew he wanted to give his puppy Pukka the longest life possible. But how to do that? So much has changed in the way we feed, vaccinate, train, and live with our dogs from even a decade ago. In an adventure that echoes *The Omnivore's Dilemma* with a canine spin, Kerasote tackles these subjects, questioning our conventional wisdom and emerging with vital new information that will surprise even the most knowledgeable dog lovers. Can a purebred be as healthy as a mixed breed? How many vaccines are too many? Should we rethink spaying and neutering? Is raw food really healthier than kibble, and should your dog be chewing more bones? Traveling the world and interviewing breeders, veterinarians, and leaders of the animal-welfare movement, Kerasote pulls together the latest research to help us rethink the everyday choices we make for our companions. And as he did in *Merle's Door*, Kerasote interweaves fascinating science with the charming stories of raising Pukka among his dog friends in their small Wyoming village. Funny, revelatory, and full of the delights of falling in love with a dog, *Pukka's Promise* will help redefine the potential of our animal partners.

wellness check for dogs: *Extraordinary Dogs* Liz Stavrindes, John Schlimm, 2019-10-22 A beautiful photo book showcasing more than 50 heroic dogs in uniform and their stories, from photographer Liz Stavrindes and author John Schlimm. *Extraordinary Dogs* portrays more than fifty working dogs, along with the police officers, firefighters, veterans, and other trained volunteer handlers who serve side-by-side with them. Their moving stories and beautiful photographs are an unprecedented glimpse at Comfort Dogs and Search and Rescue Dogs, along with bomb-detecting TSA dogs and canine ambassadors from across the United States. * The stories of the Lutheran Church Charities K-9 Comfort Dogs take readers behind the scenes of their headlining deployments—such as the Boston Marathon bombing, Superstorm Sandy, and the mass shooting at Marjory Stoneman Douglas High School. * Search and Rescue K-9 teams reveal what it's really like to travel into the eye of natural disasters, accidents, crime scenes, and the worst terrorist strike in recorded history. * At Washington Dulles International Airport, readers meet several of the Department of Homeland Security's TSA dogs whose sole job it is to keep the flying public safe from explosives and other dangers. *Extraordinary Dogs* is both a portrait of what love, hope, courage, and heroism look like in their purest forms and a tribute to the eternal and impactful bonds we forge with our furry friends.

wellness check for dogs: *The Complete Guide to Yorkshire Terriers* Dr. Joanna de Klerk,

2019-02-06 Yorkshire Terriers are among the top ten most popular breeds in America, and it's easy to see why. They are loyal, lovable and playful and make perfect pets for first-time dog owners. This book provides you all you need to know about how to look after the breed, whether you are buying a Yorkshire Terrier as a pet, show dog or breeding dog. In The Complete Guide to Yorkshire Terriers you will learn all about the ideal nutrition for the breed, training strategies, traveling, breed-disposed diseases, grooming, dental care, preventative veterinary care, neutering, and senior care. All information is specific to Yorkshire Terriers and presented in easy-to-read but comprehensive detail, ensuring there is nothing left for you to wonder or worry about. Some topics include: Is a Yorkie the right dog for me? I brought my Yorkie home. What now? How can I best train my Yorkie? What are some common mistakes should I avoid? The book will give you vital information about purchasing and rescue options, as well as top tips for when you bring your Yorkshire Terrier home for the first time. It will guide you from the exciting time before you get your puppy, all the way through to when it's time to say goodbye to your old and beloved friend. You'll find out everything you'll need to know as a new owner, including: Choosing a Yorkshire Terrier Preparing your Household for your Yorkie Bringing Your Yorkie Home Yorkshire Terrier Breed History Traveling with your Yorkie Yorkshire Terrier Training Yorkie Nutrition Dental Care Grooming Your Yorkie Yorkshire Terrier Diseases Breeding Yorkshire Terriers Showing Yorkshire Terriers Living with a Senior Yorkie If you've never owned a Yorkie before, this book will guide you through every life stage. Bringing a new dog into your home can be a lot of work, but this book is full of tips and tricks for creating a great relationship between owner and dog. Before long, you'll become confident in your ability to be the best owner to your new Yorkie, and this sweet dog will show you so much affection in return! The book is compiled by veterinarian Dr. Jo de Klerk and will provide you with all you need to know about the breed and more. Whether you are a first time Yorkshire Terrier owner, professional dog owner or first-time dog owner all together, there is something for everyone to help you bond and care for your new little friend.

wellness check for dogs: Letting in the dog Patricia Blocker, 2019-09-25 Deals with the fascinating subject of reading canine body language and more, finding the intersection between academic and spiritual - the juncture between hearts and minds. The book explores the intuitive and intellectual sides of communicating with canines, in which space, we build trust and better relationships.

wellness check for dogs: Miracle Dogs Liz Stavrinides, 2014-10-07 78 million dogs live as pets in the USA. These are the lucky ones. Five to seven million companion animals enter shelters every year, and more than half are euthanized due to the lack of space. Miracle Dogs celebrates and honors the rescuers and the dogs whose lives they've saved. It features wonderful stories and photographs of dog rescuers, dog trainers, and rescue organizations such as The Gentle Barn and Tamar Geller's Operation Heroes and Hounds, along with celebrity pet owners such as Chevy Chase, Hoda Kotb, Bob Einstein, Amanda Hearst, Jamie Lynn Siegler, and Lance Bass. Each story includes portraits of the dog and its new family, followed by a concise, compelling narrative detailing the dog's journey to its new home. A professional pet photographer, Liz Stavrinides spends much of her time on projects related to animal rescue. Miracle Dogs was born out of her desire to collect and share the stories of the dogs she's met over the years, showcasing the incredible bravery and compassion of both canines and owners. Readers will be moved by stories like that of Wyatt, an assistance dog who helped a young boy with autism communicate with the outside world, or Fiona, who was found blind and starving and is now in a loving family. All of them have finally found their furever homes. Stavrinides' portraits are heartwarming—a loving and poignant tribute to man's best friend.

wellness check for dogs: A Dog As A Companion Gordon O'Neil, 2013 An easy to understand layman's guide to purchasing pedigree or mongrel dogs or puppies, including training, looking after your dog, taking dogs on holidays, characteristics of different breeds, things that are poisonous for dogs, key facts about dogs, etc

wellness check for dogs: The Complete Guide to Puggles Vanessa Richie, 2021-03-29 Be

completely prepared for the arrival of your new Puggle puppy (or rescue) with this comprehensive guidebook written specifically for new Puggle owners. In these pages you'll learn everything you need to know to successfully integrate your new Puggle into your family and home. The Complete Guide to Puggles will answer questions such as: What's the best way to train a Puggle puppy? What's the best food for a Puggle and how does it change as they grow? What mistakes do most first time owners make and how can I avoid them? Using input from owners and top Puggle breeders, author Vanessa Richie covers every topic of Puggle care and ownership in this book. Chapter topics include: Puggle Attributes and Temperament Is the Puggle Right for You? Finding Your Puggle Planning for Your New Puggle Preparing Your Home and Schedule Bringing Your Puggle Home The Multi-Pet Household The First Few Weeks Housetraining Socialization Training Your Puggle Nutrition Playtime and Exercise Grooming - Productive Bonding Genetic Health Concerns Common to the Puggle In "The Complete Guide to Puggles," you'll find everything you need to know about this unique breed to prepare yourself and your household for a new member of the family. This book will guide you through every step of owning a Puggle from puppy-proofing your home and potty training your puppy, to caring for it through old age, and so much more.

Additional Resources

wellness check for dogs

[Wellness Check For Dogs](#)

Wellness Check For Dogs

Related Articles

- [wellness stainless steel tumbler](#)
- [wellness core reduced fat](#)
- [wellness coaches are a subset of health coaches](#)

[Back to Home](#)