

WELLNESS DOG FOOD VS BLUE BUFFALO

WELLNESS DOG FOOD VS BLUE BUFFALO: WHICH BRAND REIGNS SUPREME FOR YOUR PUP?

CHOOSING THE RIGHT DOG FOOD CAN FEEL LIKE NAVIGATING A MINEFIELD. WITH COUNTLESS BRANDS VYING FOR YOUR ATTENTION, IT'S EASY TO GET OVERWHELMED. TWO POPULAR CHOICES FREQUENTLY TOP THE LIST: WELLNESS AND BLUE BUFFALO. THIS COMPREHENSIVE GUIDE DIVES DEEP INTO A HEAD-TO-HEAD COMPARISON OF WELLNESS DOG FOOD VS BLUE BUFFALO, HELPING YOU MAKE AN INFORMED DECISION THAT BEST SUITS YOUR FURRY FRIEND'S NUTRITIONAL NEEDS AND BUDGET. WE'LL EXPLORE INGREDIENT QUALITY, NUTRITIONAL PROFILES, PRICE POINTS, AND OVERALL VALUE TO HELP YOU DETERMINE WHICH BRAND IS THE ULTIMATE WINNER FOR YOUR CANINE COMPANION.

UNDERSTANDING THE KEY DIFFERENCES: WELLNESS VS. BLUE BUFFALO

BEFORE WE DELVE INTO THE SPECIFICS, IT'S CRUCIAL TO UNDERSTAND THE FUNDAMENTAL PHILOSOPHIES BEHIND BOTH BRANDS. BOTH WELLNESS AND BLUE BUFFALO MARKET THEMSELVES AS PREMIUM DOG FOODS, EMPHASIZING NATURAL INGREDIENTS AND HIGH-QUALITY PROTEIN SOURCES. HOWEVER, THEIR APPROACHES DIFFER SUBTLY.

WELLNESS OFTEN HIGHLIGHTS A HOLISTIC APPROACH, INCORPORATING A WIDE RANGE OF FRUITS, VEGETABLES, AND SUPERFOODS TO SUPPORT OVERALL CANINE HEALTH AND WELL-BEING. THEIR FORMULATIONS TEND TO FOCUS ON SIMPLICITY AND EASILY DIGESTIBLE INGREDIENTS.

BLUE BUFFALO, ON THE OTHER HAND, IS KNOWN FOR ITS "LIFE SOURCE BITS," A PROPRIETARY BLEND OF ANTIOXIDANTS, VITAMINS, AND MINERALS ADDED TO MANY OF THEIR RECIPES. THEY ALSO EMPHASIZE USING DEBONED MEAT AND POULTRY AS PRIMARY INGREDIENTS, OFTEN HIGHLIGHTING GRAIN-FREE OPTIONS.

INGREDIENT QUALITY: A DEEP DIVE INTO THE COMPOSITION

ONE OF THE MOST CRITICAL FACTORS IN CHOOSING DOG FOOD IS INGREDIENT QUALITY. BOTH BRANDS GENERALLY AVOID ARTIFICIAL COLORS, FLAVORS, AND PRESERVATIVES, A SIGNIFICANT PLUS FOR MANY PET OWNERS. HOWEVER, LET'S DISSECT THE SPECIFICS:

WELLNESS: WELLNESS RECIPES OFTEN FEATURE A CLEAR AND CONCISE LIST OF INGREDIENTS, WITH NAMED MEAT SOURCES PROMINENTLY DISPLAYED. THEY PRIORITIZE WHOLE FOODS AND AVOID FILLERS LIKE CORN, WHEAT, AND SOY IN MANY OF THEIR LINES. LOOK FOR THEIR "COMPLETE HEALTH" AND "SIMPLE" LINES FOR PARTICULARLY CLEAN INGREDIENT LISTS. YOU'LL TYPICALLY FIND HIGH-QUALITY PROTEIN SOURCES LIKE CHICKEN, TURKEY, OR LAMB, ALONG WITH ADDED FRUITS AND VEGETABLES LIKE CRANBERRIES, BLUEBERRIES, AND PEAS.

BLUE BUFFALO: BLUE BUFFALO ALSO BOASTS HIGH-QUALITY PROTEIN SOURCES, BUT THEIR INGREDIENT LISTS CAN SOMETIMES BE LONGER AND LESS STRAIGHTFORWARD THAN WELLNESS'. THEIR LIFE SOURCE BITS, WHILE BENEFICIAL, CAN MAKE DECIPHERING THE CORE NUTRITIONAL COMPONENTS SLIGHTLY MORE CHALLENGING. THEY OFFER A WIDE RANGE OF FORMULAS, INCLUDING GRAIN-FREE, LIMITED-INGREDIENT, AND BREED-SPECIFIC OPTIONS. HOWEVER, BE MINDFUL OF POTENTIAL INGREDIENT VARIATIONS WITHIN THEIR LINES.

THE VERDICT: BOTH BRANDS OFFER GOOD QUALITY INGREDIENTS. WELLNESS OFTEN BOASTS SIMPLER, MORE EASILY DIGESTIBLE RECIPES, WHILE BLUE BUFFALO PROVIDES A WIDER VARIETY OF CHOICES TAILORED TO SPECIFIC NEEDS. CAREFULLY EXAMINE THE INGREDIENT LIST OF EACH SPECIFIC FORMULA TO MAKE THE BEST CHOICE FOR YOUR DOG'S SENSITIVITIES AND DIETARY REQUIREMENTS.

NUTRITIONAL PROFILES: MEETING YOUR DOG'S SPECIFIC NEEDS

BEYOND THE INGREDIENTS THEMSELVES, THE NUTRITIONAL PROFILE IS CRUCIAL. CONSIDER YOUR DOG'S AGE, BREED, ACTIVITY LEVEL, AND ANY HEALTH CONCERNS WHEN COMPARING WELLNESS AND BLUE BUFFALO.

WELLNESS: WELLNESS OFFERS FORMULATIONS TAILORED TO VARIOUS LIFE STAGES, FROM PUPPIES TO SENIOR DOGS. THEY PAY ATTENTION TO THE APPROPRIATE RATIOS OF PROTEIN, FAT, AND FIBER FOR EACH AGE GROUP. LOOK FOR FORMULAS ENRICHED WITH OMEGA-3 AND OMEGA-6 FATTY ACIDS FOR HEALTHY SKIN AND COAT.

BLUE BUFFALO: SIMILARLY, BLUE BUFFALO OFFERS A WIDE RANGE OF FORMULATIONS DESIGNED TO CATER TO DIFFERENT LIFE STAGES AND HEALTH NEEDS. THEY OFTEN HIGHLIGHT THE BENEFITS OF THEIR LIFESOURCE BITS, EMPHASIZING THEIR ROLE IN PROVIDING ESSENTIAL VITAMINS AND ANTIOXIDANTS. HOWEVER, CAREFULLY REVIEW THE GUARANTEED ANALYSIS TO ENSURE THE NUTRITIONAL PROFILE ALIGNS WITH YOUR DOG'S INDIVIDUAL REQUIREMENTS.

THE VERDICT: BOTH BRANDS PROVIDE NUTRITIONALLY BALANCED FORMULAS, BUT CAREFULLY COMPARE THE GUARANTEED ANALYSIS ON SPECIFIC PRODUCT LABELS TO ENSURE THE CHOSEN FOOD MEETS YOUR DOG'S SPECIFIC DIETARY NEEDS. DON'T HESITATE TO CONSULT WITH YOUR VETERINARIAN TO DETERMINE THE BEST NUTRITIONAL PROFILE FOR YOUR DOG.

PRICE COMPARISON: BALANCING QUALITY AND AFFORDABILITY

PREMIUM DOG FOOD COMES AT A PRICE. WHILE BOTH WELLNESS AND BLUE BUFFALO ARE POSITIONED IN THE PREMIUM SEGMENT, THEIR PRICING CAN VARY DEPENDING ON THE SPECIFIC FORMULA AND RETAILER.

WELLNESS: WELLNESS GENERALLY FALLS INTO THE MID-RANGE OF PREMIUM DOG FOODS, OFFERING A REASONABLE BALANCE BETWEEN QUALITY AND AFFORDABILITY.

BLUE BUFFALO: BLUE BUFFALO'S PRICE POINTS ARE TYPICALLY SLIGHTLY HIGHER THAN WELLNESS, ESPECIALLY FOR THEIR GRAIN-FREE OPTIONS.

THE VERDICT: CONSIDER YOUR BUDGET WHEN MAKING YOUR CHOICE. WHILE BOTH BRANDS OFFER HIGH-QUALITY NUTRITION, WELLNESS OFTEN PROVIDES A MORE BUDGET-FRIENDLY OPTION WITHOUT COMPROMISING SIGNIFICANTLY ON INGREDIENT QUALITY.

PALATABILITY AND DOG ACCEPTANCE: DOES YOUR PUP APPROVE?

FINALLY, THE MOST IMPORTANT FACTOR – DOES YOUR DOG ACTUALLY LIKE THE FOOD? THIS ASPECT IS HIGHLY SUBJECTIVE AND DEPENDS ON INDIVIDUAL CANINE PREFERENCES.

WELLNESS: MANY DOG OWNERS REPORT HIGH PALATABILITY WITH WELLNESS, WITH DOGS READILY ACCEPTING THE FOOD.

BLUE BUFFALO: SIMILARLY, BLUE BUFFALO ENJOYS POSITIVE FEEDBACK REGARDING PALATABILITY, OFTEN ATTRIBUTED TO THE ENTICING AROMA AND TEXTURE.

THE VERDICT: THE BEST WAY TO DETERMINE IF YOUR DOG WILL ENJOY EITHER BRAND IS TO TRY A SMALL SAMPLE BAG OF EACH. OBSERVE THEIR EATING HABITS AND OVERALL ENTHUSIASM FOR THE FOOD.

CONCLUSION: CHOOSING THE RIGHT BRAND FOR YOUR CANINE COMPANION

CHOOSING BETWEEN WELLNESS AND BLUE BUFFALO ULTIMATELY BOILS DOWN TO YOUR DOG'S INDIVIDUAL NEEDS AND YOUR BUDGET. BOTH BRANDS OFFER HIGH-QUALITY INGREDIENTS AND NUTRITIONALLY BALANCED FORMULAS. WELLNESS OFTEN PROVIDES A SIMPLER, POTENTIALLY MORE DIGESTIBLE OPTION AT A SLIGHTLY LOWER PRICE POINT, WHILE BLUE BUFFALO OFFERS A WIDER VARIETY OF SPECIALIZED FORMULATIONS AND HIGHLIGHTS THE BENEFITS OF ITS LIFESOURCE BITS. CAREFULLY REVIEW INGREDIENT LISTS, NUTRITIONAL PROFILES, AND PRICE POINTS TO DETERMINE WHICH BRAND BEST ALIGNS WITH YOUR FURRY FRIEND'S DIETARY REQUIREMENTS AND YOUR OWN FINANCIAL CONSIDERATIONS. REMEMBER TO CONSULT WITH YOUR VETERINARIAN FOR PERSONALIZED ADVICE.

FAQs

1. ARE WELLNESS AND BLUE BUFFALO GRAIN-FREE OPTIONS AVAILABLE? YES, BOTH BRANDS OFFER A RANGE OF GRAIN-FREE RECIPES FOR DOGS WITH GRAIN SENSITIVITIES OR ALLERGIES. HOWEVER, ALWAYS CAREFULLY REVIEW THE INGREDIENT LIST TO ENSURE IT MEETS YOUR DOG'S SPECIFIC NEEDS.
1. WHICH BRAND IS BETTER FOR PUPPIES? BOTH BRANDS OFFER PUPPY FORMULAS, BUT YOU SHOULD COMPARE THE NUTRITIONAL PROFILES TO ENSURE IT ALIGNS WITH YOUR PUPPY'S SPECIFIC GROWTH REQUIREMENTS AND CONSULT WITH YOUR VET.
1. DO EITHER BRANDS HAVE RECALL HISTORY? BOTH BRANDS HAVE HAD RECALLS IN THE PAST, AS IS COMMON IN THE PET FOOD INDUSTRY. CHECK THE FDA WEBSITE FOR THE MOST UP-TO-DATE INFORMATION ON ANY RECALLS.
1. CAN I TRANSITION MY DOG FROM ONE BRAND TO ANOTHER? YES, BUT IT'S CRUCIAL TO DO SO GRADUALLY OVER 7-10 DAYS TO AVOID DIGESTIVE UPSET. MIX INCREASING AMOUNTS OF THE NEW FOOD WITH THE OLD FOOD UNTIL THE TRANSITION IS COMPLETE.
1. WHERE CAN I BUY WELLNESS AND BLUE BUFFALO DOG FOOD? BOTH BRANDS ARE WIDELY AVAILABLE AT PET STORES, BOTH ONLINE AND BRICK-AND-MORTAR, AS WELL AS THROUGH SOME MAJOR RETAILERS.

 **wellness dog food vs blue buffalo: Dog Food Logic** Linda P. Case, M.S., 2014-02-12

Choosing the right dog food in a world with too many choices
 Walking down the dog food aisle in a pet supply superstore can present you with an overwhelming number of choices. Reading about dog food on the internet can make your head spin with so many opinions and stories. And judging the content that you find on dog food packaging can be confusing and misleading. How can the average dog owner make an informed choice in accordance with her dog's age, size and condition? In her latest book, author Linda Case describes how to make logical, evidence-based decisions for what to feed your dog amid all the options available.

 You will learn
 • How pet food marketers appeal to your emotions to persuade you to buy a particular type of dog food.
 • To distinguish between scientific, evidence-based information and the anecdotal evidence which is so pervasive—and often misleading—in the dog food arena.
 • Is there a scientific basis for dog foods designed specifically for puppies, senior dogs, canine athletes—even various breeds of dogs?
 • How to read and evaluate all of the material included on a typical package of dog food from the ingredients and label claims (“Natural,” “Anti-Oxidant,” “Low Fat”), to the Nutrient Analysis and Nutritional Adequacy statements.
 • How to avoid choice paralysis and the cognitive traps that can interfere with clear decision making.

 What experts are saying about <I>Dog Food Logic</I>
 Pet food is like a religion for many—but now those strong emotional ties can be backed up with fact. Linda Case separates fact from fiction, explains the complex terms and offers a guide to pet nutrition

in simple to comprehend language. Unlike other books on this topic, there is no agenda here—except to present facts and then allow pet owners to make their own logical conclusions, letting the kibble drop where it may.
 Steve Dale, CABC, columnist Tribune Content Agency; radio host Black Dog Radio Productions and WGN Radio (Chicago); contributing editor USA Weekend; special correspondent Cat Fancy; author Good Cat!

 <I>Dog Food Logic</i> is the indispensable guide to the science behind canine nutrition that will help us to make wise, well-informed choices about how and what we feed our dogs. It takes the fear out of trying to understand proper nutrition and will empower us to determine what is best for the health of our dogs.
 Claudia Kawczynska, Founder and Editor-in-chief of The Bark

 Don't read this book if you want someone to tell you what to feed your dog. This is a book for people who want to learn, in a reasoned and thoughtful way, how to figure it out for themselves.<I> Dog Food Logic</I> goes way beyond the usual textbook list of nutritional requirements to cover the pet food industry in all its glory: the history, the business, the marketing, and best of all, the science. Case deftly navigates the most controversial topics in pet food and presents the big picture without interjecting judgment about what approach is best. There's something here for everyone: pet care professionals and dog lovers alike will learn something new from this informative, easy to read, and well researched book.
 Jessica Vogelsang, DVM, CVJ, author, speaker, and CEO of Pawcurious Media

wellness dog food vs blue buffalo: Raising Cats Naturally Michelle T. Bernard, 2004-02-01
It's about time we had a book like this. Michelle Bernard has a rare gift for putting in plain words extraordinarily effective and levelheaded ways to properly care for cats. Steering clear of faddish, dangerous trends-and dissecting the oodles of misinformation that has regrettably become the norm in mainstream advice on animal nutrition-she shines most conspicuously on the issue of a proper feline diet. By giving the reader a common-sense, straightforward strategy for preparing a diet that is based solely on the nutritional requirements of true carnivores, her book is a must-have for anyone committed to building and maintaining glowing good health for cats. Bernard's work on all aspects of caring naturally for cats is based on years of meticulous research and hands-on experience, yet she translates her knowledge into simple, common sense guidelines that anyone can understand and put to use. Her eloquent explanation of homeopathy demystifies this splendid, ancient healing art that is so marvelously suited to cats, giving the reader a valuable awareness about how to build and nurture a cat's health from the inside out. This alone is a refreshing and most welcome approach given the routine over-medication and over-vaccination of cats. If you love your cat, read this book. All of it.

wellness dog food vs blue buffalo: CANINE NUTRIGENOMICS W. Jean Dodds, DVM, Diana Laverdure, 2014-12-30 Nutrigenomics is the new science of how diet affects gene expression at the cellular level, creating vibrant health or chronic disease. Optimum health begins in the cells—and this book shows you how to achieve it for your dog!

wellness dog food vs blue buffalo: The Canine Thyroid Epidemic W. Jean Dodds, Diana Laverdure, 2011-03 Weight gain, hair loss and behavior changes are symptoms of thyroid problems. Learn how to recognize and get treatment for this under-diagnosed and misunderstood malady. Easy to read text with color photos and case studies to help you help your dog.

wellness dog food vs blue buffalo: Pet Health - The Shocking Truth, The Disgusting Lies-Exposed! ,

wellness dog food vs blue buffalo: Dinner PAWsible Cathy Alinovi, Susan Thixton, 2015-05-19
There's a reason why pets beg at your table—they want real food! Not the kibble manufactured by pet food companies, drained of nutrients. If we are dedicated to preparing healthy meals for ourselves in the comfort and safety of our own kitchens, shouldn't we be doing the same for our pets? Dinner PAWsible is a collection of more than fifty cat and dog food recipes that will teach you how to whip up a fresh, balanced meal for your hungry critters. Written by a veterinarian certified in food therapy and an advocate for pet food safety, these recipes are also based on the National Research Council requirements for dogs and cats. Recipes for Dogs include: Turkey & Oats Lasagna

Beef, Egg & Rice Chicken, Shrimp, and Veggies Salmon & Cabbage And more! Recipes for cats include: Turkey Meatloaf Turkey & Salmon Hash Steak & Eggs Fish Salad Gumbo And more! Debunk the myth that pet food companies are the only entities qualified to feed your pets. Instead, beat pet obesity, disease, and sickness by reaching into your pantry or refrigerator, turning on the stove, and starting to cook yourself! Making food at home will also decrease those exorbitant pet food bills. It's time to go back to the table. Know exactly what your pet is eating and serve it a variety of real food that it deserves. Be a responsible pet parent by balancing your pet's diet and pleasing its palate. Cooking for your pet is paws-ible!

wellness dog food vs blue buffalo: The Whole Pet Diet Andi Brown, 2006-09-01 One in four pets is obese, and every year owners spends thousands of dollars treating allergies, joint problems, digestive disorders, and serious diseases that could improve dramatically with a nutritious diet. Yet despite promises of complete and balanced meals, most commercial pet foods contain chemical preservatives, indigestible fillers, and dangerous by-products. If your pets are overweight, ailing, or aging, or you just want them to be as healthy as possible, THE WHOLE PET DIET offers a straightforward plan to achieve lifelong health and well-being. Featuring twenty-five easy recipes for homemade meals and treats, a guide to natural supplements, and practical tips for no-stress grooming and play, this holistic approach to pet care creates optimal health for dogs and cats, and it just might change the way you eat, too.

wellness dog food vs blue buffalo: Dogs, Dog Food, and Dogma Daniel Schulof, 2016-10-25 An in-depth investigation of the science and business of America's pet obesity epidemic.

wellness dog food vs blue buffalo: Raw & Natural Nutrition for Dogs Lew Olson, 2010 The first comprehensive book to cover both raw and home-cooked diets specifically for dogs, written by an expert in dog food research and development--Provided by publisher.

wellness dog food vs blue buffalo: Feed Your Best Friend Better Rick Woodford, 2012-04-10 From Rick Woodford, the Dog Food Dude himself, comes Feed Your Best Friend Better, with easy recipes that will make even humans drool a little bit. Healthy food can enable dogs to live longer, healthier lives, just as it can for humans, and with these meals, treats, and cookies, dogs will never miss commercial kibble. Rick has researched nutrition for dogs and has used the same manuals veterinarians use to develop his recipes. Feed Your Best Friend Better makes the transition to homemade dog food simple, so you can make natural pet food for your dog every day. From nutritional value to portion sizes, these recipes will help dog parents know what their dog is eating. The meals are healthy, and dogs love them. Rick Woodford wants dogs in every family to be healthy and happy. His recipes use a variety of herbs and spices for their antioxidant properties but they smell so good everybody in the house will be drooling. Recipes include: * Puppy Pesto * Bacon Yappetizers * Barkscotti * Mutt Loaf * Gingerbread Mailman In addition to 85 recipes other helpful chapters include: * How to Pick out a Commercial Food; making the ingredient label easy to understand with a breakdown of ingredients that are good for the bowl and those that are best left on the shelf. * Determining Portion Size; information on body type and size help readers understand how much food their dogs need to be in the best shape * Problem Mealtime Behaviors; how to deal with the early morning wake up call, reluctant eaters, counter surfing and more

wellness dog food vs blue buffalo: Unlocking the Canine Ancestral Diet Steve Brown, 2009-12 Ancestors and canine cousins of our dogs didn't eat crunchy kibble or meat 'n gravy in a can. They ate what they found or caught... and it wasn't cooked or enriched either! It was high in protein, with balanced fats, and usually included a few fruits, vegetables and grasses. Steve Brown, an expert on canine nutrition, shows how you can bring the benefits of the canine ancestral diet to your dog by feeding him differently as little as just one day a week. And no, you won't need to lead a pack of dogs on a hunting expedition! Just follow Steve's well-researched and easy to follow ABCs to make improvements to whatever your dog currently eats. BONUS! Raw food or home prepared feeders will learn how to balance nutrients more precisely, especially fats, for optimum health. A dog diet to get wild about! bull; Learn about the latest research on the importance of protein and healthy fats in your dog's diet. bull; Find out why commercial foods can't include these fragile-but-crucial

nutrients, and how you can make sure your dog gets them. bull; Just one day a week, or more frequently if you choose, follow the simple recipes that balance the nutrition in the commercial food you are feeding-wet or dry!

wellness dog food vs blue buffalo: Raw Dog Food Carina Beth MacDonald, 2004 Many dog parents, including breeders and competitors, believe that feeding a raw food diet has improved their dogs' health, performance and longevity. Learn how to source, prepare and feed your dog simply, economically and efficiently.

wellness dog food vs blue buffalo: *The Barf Diet* Ian Billinghurst, 2016-05-24 This third book from Dr. Ian Billinghurst was written to help pet owners either understand or expand their knowledge of evolutionary diets for both dogs and cats. It contains important background research from his first two books together with lots of new information. Experienced BARFers will benefit from a number of new suggested recipes and practical information to assist in the home production of BARF diets - now everyone can do the BARF diet for their pets!

wellness dog food vs blue buffalo: **Food and Feed Safety Systems and Analysis** Steven Ricke, Griffiths G. Atungulu, Chase Rainwater, Si Hong Park, 2017-10-16 Food and Feed Safety Systems and Analysis discusses the integration of food safety with recent research developments in food borne pathogens. The book covers food systems, food borne ecology, how to conduct research on food safety and food borne pathogens, and developing educational materials to train incoming professionals in the field. Topics include data analysis and cyber security for food safety systems, control of food borne pathogens and supply chain logistics. The book uniquely covers current food safety perspectives on integrating food systems concepts into pet food manufacturing, as well as data analyses aspects of food systems. - Explores cutting edge research about emerging issues associated with food safety - Includes new research on understanding foodborne Salmonella, Listeria and E. coli - Presents foodborne pathogens and whole genome sequencing applications - Provides concepts and issues related to pet and animal feed safety

wellness dog food vs blue buffalo: **The Dog Diet Answer Book** Greg Martinez, 2016-05 This is a complete guide for dog lovers to make homecooked meals and treats for their furry friends, as well as tips for diagnosing common ailments.

wellness dog food vs blue buffalo: Food Pets Die for Ann N. Martin, 2008 The commercial pet food industry has a secret to hide -- and Ann Martin wants to make sure you know it. Her research reveals some startling facts: that the pet food industry conducts animal testing in order to improve their product, and includes euthanized cats and dogs in the mix to heighten protein content. In this revised and updated edition, Martin continues to explore the shocking processes by which commercial pet foods are produced. She offers alternative recipes for feeding pets, nutritional advice, and an exploration of Pet Peeves, in which she explores several scams aimed at pet owners. This groundbreaking book gives us a glimpse into exactly what we are doing when we buy pet food.

wellness dog food vs blue buffalo: **Wild Health** Cindy Engel, 2003-03 As Dr. Engel emphasizes in this enticing, well-referenced, [and] entertaining book (Science), we can learn a lot about human health by studying animal behavior in the wild. Indeed, some of the natural, holistic, and alternative human medicine being practiced today arose through the observation of wild animals. In this groundbreaking work, Dr. Engel points out fascinating parallels between animal and human medicine. She offers intriguing examples of how animals prevent and cure sickness and poisonings, heal open wounds, balance their diets, and regulate fertility. For instance, *chimpanzees carefully eat bitter-tasting plant medicines that counter intestinal parasites *elephants roam miles to find the clay they ingest to counter dietary toxins *broken-legged chicks have been known to eat analgesic foods that alleviate pain. By observing wild health we may discover (or rediscover) ways to benefit our own health. As Craig Stoltz of the Washington Post noted, this highly readable assessment . . . triggers more outside-the-double-helix thoughts about human health than anything I've read recently.

wellness dog food vs blue buffalo: *Joy's Simple Food Remedies* Joy Bauer, 2020-03-31 Now in paperback, the nutrition and health expert for the TODAY show helps you to heal yourself easily

from 20 everyday ailments using key power foods and recipes. Do you often wake up in the morning not feeling your best? Maybe it's a nagging cold or a dreaded hangover, or perhaps it's something more chronic, such as PMS or seasonal allergies. In Joy's Simple Food Remedies, New York Times best-selling author and TODAY show nutritionist Joy Bauer tackles 20 of the most common everyday ailments. For each ailment, she explores the science, explains the causes, and offers five healing foods. You'll also enjoy more than 60 mouthwatering recipes to increase your energy, ease aches and pains, boost brain power, reduce anxiety and stress, and live your life to the fullest!

wellness dog food vs blue buffalo: Dogs of Dreamtime Karen Shanley, 2007-04-01 When does a dog's behavior become too dangerous for even the most loving person to accept? Karen Shanley tackles this question in lyrical prose and brings to life her relationships with three very different dogs: Kiera, Molly, and Magic, who all manage to capture Shanley's heart. Dogs of Dreamtime makes readers take a long, hard look at what matters most in life, and what does not—what can and cannot be controlled. This is a touching story that will stay with readers forever.

wellness dog food vs blue buffalo: Natural Nutrition for Cats Kymythy Schultze, 2010-08 Cats rule and dogs drool! That's right cats have surpassed dogs as America's favorite pets. If you share your heart and home with a cat, then you've been drawn to this book because you're ready for the revolutionary information contained inside. Kymythy R. Schultze's wildly popular species-appropriate diet for cats has already improved the lives of literally thousands of feline friends and is endorsed by veterinarians worldwide. In this newly updated easy-to-understand work, Kymythy exposes the pitfalls of the pet-food industry and shares her extensive knowledge of proper nutrition so your cat can live a long, healthy, and happy life. This book is a must-read for all cat-lovers!

wellness dog food vs blue buffalo: Budget-Friendly Plant-Based Diet Cookbook Kathy A. Davis, 2021-08-17 Learn how to eat well on a plant-based diet for \$50/week! Eating healthy on a budget can be a challenge. Doing so on a whole-food, plant-based diet can seem almost impossible. The Budget-Friendly Plant-Based Diet Cookbook proves it's both achievable and tasty to eat vegan on a budget. Discover more than 75 healthy, inexpensive plant-based recipes that will keep your taste buds jumping, your belly full, and your grocery bill in check. Explore new favorites: Sweet Potato Breakfast Hash, Ratatouille Pasta, Peanut Butter Energy Bites, and many more! This plant-based cookbook offers tips for frugal food shopping, clever ways to stretch your dollars, and strategies for longer-lasting leftovers. Plant-based basics—New to a plant-based diet? Find plant-based cooking methods and kitchen tips that spice up meal time while avoiding oil, salt, and sugar. Meal planning—Try the three-week meal plan for a whole-food, plant-based diet that only costs \$50 per week! Follow along or use it as a template to create your own plant-based meal plan. Price tagged—Each recipe includes nutritional information and the approximate price per serving to help you to stick to your budget. Save money and eat healthy with The Budget-Friendly Plant-Based Diet Cookbook.

wellness dog food vs blue buffalo: Give Your Dog a Bone Ian Billinghurst, 1993 'Give your dog a bone' deals exclusively with feeding dogs. It is written for people who want easy to read, commonsense guidance on feeding their dogs for maximum health, least cost and least impact on our environment--Publisher's description.

wellness dog food vs blue buffalo: The Best Dog Diet Ever by Caroline Griffith Caroline Griffith, 2012-03-29 This is the book your dog, has been waiting for you to read! An absolute must for any dog owner wanting to provide the best for their dog. An easy to read, fun, informative guide to the science and the reasoning behind why feeding raw meat, bones and a small amount of vegetables is the best diet your dog could ever be fed. You will discover how to feed the diet, why to feed the diet and find answers to all your questions, even the controversial ones - included in this logical, enjoyable book. Discover how to feed a raw diet on a budget and fit the diet into your dog's lifestyle Find out how diet could be influencing your dog's behaviour Discover the true nutrients and elements your dog's needs for happiness and well-being Learn the anatomy of your dog's digestive system, and how different it is to a human's! Learn ways the raw diet can boost immunity and

improve a dogs ability to Heal. Understand what makes up a raw diet for dogs and how to feed it effectively. Also includes raw feeding insights from Celebrity dog trainer Sophi Stewart, Owner and Trainer of the Lassie movie dogs Bob Weatherwax and Canine behaviour specialist & TV star Jez Rose.

wellness dog food vs blue buffalo: Dr. Carol's Naturally Healthy Dogs Carol Osborne, 2006-05 Our dogs are cherished family members and best friends and with proper care lifelong companions. Although illnesses can affect your dogs health and appearance, many conditions can be effectively treated at home. This 112 page, four color, user friendly book takes a comprehensive look at how you can help your dog and when to consult a vet. Gives clear, expert advice on conventional therapies as well as alternative therapies and herbal and homeopathic remedies that you or a practitioner can administer. Shows you how to recognize symptoms of illness and gives advice on everything from digestive disturbances, allergies and itching to behavioral modification, healthy aging tips and explains first aid techniques in the event of an emergency.

wellness dog food vs blue buffalo: Males With Eating Disorders Arnold E. Andersen, 2014-06-17 First published in 1990. The subject of anorexia nervosa and, more recently, bulimia nervosa in males has been a source of interest and controversy in the fields of psychiatry and medicine for more than 300 years. These disorders, sometimes called eating disorders, raise basic questions concerning the nature of abnormalities of the motivated behaviors: Are they subsets of more widely recognized illnesses such as mood disorders? Are they understandable by reference to underlying abnormalities of biochemistry or brain function? In what ways are they similar to and in what ways do they differ from anorexia nervosa and bulimia nervosa in females? This book will be of interest to a wide variety of people—physicians, psychologists, nurses, social workers, occupational therapists, nutritionists, educators, and all others who may be interested for personal or professional reasons.

wellness dog food vs blue buffalo: *Training the Best Dog Ever* Larry Kay, Dawn Sylvia-Stasiewicz, 2012-09-25 Training the Best Dog Ever, originally published in hardcover as The Love That Dog Training Program, is a book based on love and kindness. It features a program of positive reinforcement and no-fail techniques that author Dawn Sylvia-Stasiewicz used to train the White House dog, Bo Obama, and each of Senator Ted Kennedy's dogs, among countless others. Training the Best Dog Ever relies on trust and treats, not choke collars; on bonding, not leash-yanking or reprimanding. The five-week training program takes only 10 to 20 minutes of practice a day and works both for puppies and for adult dogs that need to be trained out of bad habits. Illustrated with step-by-step photographs, the book covers hand-feeding; crate and potty training; and basic cues—sit, stay, come here—as well as more complex goals, such as bite inhibition and water safety. It shows how to avoid or correct typical behavior problems, including jumping, barking, and leash-pulling. Plus: how to make your dog comfortable in the world—a dog that knows how to behave in a vet's office, is at ease around strangers, and more. In other words, the best dog ever.

wellness dog food vs blue buffalo: *Natural Dog* BowTie Inc., 2011-04-26 In Dr. Khalsa's Natural Dog, pioneering veterinarian Deva Khalsa comes to the aid of dog owners by sharing her effective, integrative approach to natural health and healing for dogs. **BONUS!** 50 healthy and tasty recipes - including doggy birthday cakes!

wellness dog food vs blue buffalo: *Canine Cuisine* Carlotta Cooper, 2013 This book walks you through the seemingly complex process of formulating and making your own dog food so that you can ensure your dog remains as healthy as possible while enjoying some of the best food available for any pet canine.

wellness dog food vs blue buffalo: Super Juice Me! Jason Vale, 2015-02-25 Off the back of his groundbreaking and critically acclaimed film, Super Juice Me! The Big Juice Experiment, comes Jason Vale's most comprehensive juice programme to date.

wellness dog food vs blue buffalo: Dog Smart Linda P. Case, 2018-02-10 Anyone who lives with and loves dogs knows that they are smart. Really smart. They understand our body language

and emotions, can be trained to perform important services, are devoted companions, and enjoy walks, tricks, dog sports or just hangin' out on the couch. So, how Dog Smart are you? What do you know or wish to know about the dog's history, perceptions, understanding of humans, and responses to different training methods? These topics and more come under the scrutiny of the Science Dog in Linda Case's latest myth-busting book. Learn to separate fact from fiction about the relationship between dogs and wolves, whether dominance should be a factor in dog training, what forms of reinforcement work best, and how to apply evidence-based training methods. Dog Smart will not only help you to be a better trainer, but will give you the tools for communicating the most current information about dogs to others - including the popular Science Dog character, neighbor Joe (who happens to know a lot about dogs).

wellness dog food vs blue buffalo: Dr. Becker's Real Food for Healthy Dogs & Cats Beth Taylor, Karen Shaw Becker, 2013

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wellness dog food vs blue buffalo: Your Cat: Simple New Secrets to a Longer, Stronger Life Elizabeth M. Hodgkins, D.V.M., Esq., 2008-10-14 In this controversial new book, dedicated veterinarian Elizabeth M. Hodgkins, D.V.M., Esq. raises the alarm regarding the dry food we feed our cats and the nutritional diseases that result. Your Cat: Simple New Secrets to a Longer, Stronger Life turns today's conventional wisdom of cat care on its head with completely new, yet remarkably easy-to-follow guidelines for every cat owner. From kitten-rearing to the adult cat's middle years to caring for the geriatric cat, Dr. Hodgkins explores the full spectrum of proper cat care, as well as the many deadly feline diseases that are rampant. This indispensable manual belongs on every modern cat owner's shelf.

wellness dog food vs blue buffalo: Retired Racing Greyhounds For Dummies Lee Livingood, 2011-04-04 "The next best thing to having an experienced Greyhound owner living with you." —Joan Belle Isle, President, Greyhound Project "Anyone who reads this book and follows its guidance will have a happier, healthier dog and be a happier, more relaxed dog owner." —Hal and Karen Hawley, Greyhound Friends Northwest The Greyhound has been celebrated in song and legend for thousands of years. Nowadays, Greyhounds are bred almost exclusively for racing. In the bad old days, prior to the 1980s, dogs that didn't make the grade at the track, and those past their primes, were destroyed. According to official estimates, 60,000 of these noble, mild-mannered dogs were destroyed each year! Fortunately, a number of organizations now exist devoted to rescuing these unwanted dogs and placing them in good homes. Thinking about adopting a retired racing

Greyhound? Or maybe you're already sharing your life with one of these charming animals. Either way, this friendly guide tells you everything you need to know to: Understand the Greyhound personality Find a retired racing Greyhound to adopt Choose the right ex-racer for you and your family Educate yourself and your retired racer Give your new pal the diet and exercise it needs Keep your dog healthy and happy for years to come With plenty of good humor and straight-talk, Lee Livingood drawing on her forty-years of experience training adult rescue dogs to cover all the pros and cons of being a retired racing Greyhound owner, and she fills you in on: The amazing 8000-year history of the Greyhound Deciding whether an ex-racer is the right do for you and your family Physical and behavioral characteristics How to get a retired racer used to living in a home and be a companion Dealing with common behavioral and health problems Feeding, grooming, and exercising a Greyhound Fun things to do with your hound Bursting with expert advice on all aspects of living with an ex-racer, *Retired Racing Greyhounds For Dummies* is must reading for anyone considering adoption or who's already taken the leap.

wellness dog food vs blue buffalo: *The Labrador Retriever Handbook* Kimberly Lawrence, 2019-02-14 ☐☐The Complete Guide To Choosing, Training, And Caring Your Labrador Retriever☐☐ If you want to add the best qualities of America's top dog to your household, you'll need to know how to avoid the potential quirks of the breed! The high popularity rating of Labrador Retrievers results from characteristics that include a large and whimsical personality, gentle nature and friendly disposition. Use caution, though, when choosing the right puppy for you. Poor breeding practices and hereditary health issues present the possibility of lifelong challenges, both in behavior and disease. When you find the ideal pup, and you know the right methods to bring out the best qualities, life with a Lab can prove comically unpredictable! This is a must-have guide for all beginner Labrador Retriever puppy owners and individuals who are thinking of getting a Labrador Retriever puppy. ☐☐ Grab your copy today and discover☐☐ ♦ How to choose the best dog for you and your family ♦ An overview of just why training your Labrador is one of the very best things you can do for it ♦ Effective techniques of teaching your Labrador all of the basic commands ♦ How to keep your Labrador healthy ♦ Simple Ways to Improve your Bond with your Labrador ♦ The ethical guide to obtaining your lab from the right places ♦ How to keep your Lab happy to the end ♦ And much more... Be the best friend to your best friend by knowing what it takes to find, feed, train and raise a Labrador. America's top dog won the rank for being an all-around companion for single owners or an entire family. But not all lifestyles will suit the needs of this spirited, attention seeking breed. Don't look any further for another guide on this subject. This will answer any questions you might have, and will teach you how to do everything you need plus tons more! Scroll up and click the buy now button to get this awesome guide today!

wellness dog food vs blue buffalo: *To Your Dog's Health!* Mark Poveromo, 2010-02 Written by a man passionate about nature and all living creatures, this book reads like a casual conversation you're having with a really good friend over a couple of beers. Someone who you've always respected and knew was really smart, knew what he was talking about. Don't be surprised if *To Your Dog's Health!* makes you apologize to Fido or Fifi for all the years you just opened up any old can or bag of food, put it in a bowl, and left it for the day. And then you get upset, maybe even mad, when you got home from work, tired and maybe a little cranky, only to discover your pet hadn't touched its food. *To Your Dog's Health!* just might be your wake up call.

wellness dog food vs blue buffalo: *Dog Training 101* Kyra Sundance, 2017-09-05 Using a visually driven, playful presentation as style, *Dog Training 101* offers step-by-step instructions every dog owner needs and wants to know as they care for and raise their dogs.

wellness dog food vs blue buffalo: *The Dog Cancer Survival Guide* Demian Dressler, Susan Ettinger, 2011 If your dog has cancer, you need this book. No matter what you've heard, there are always steps you can take to help your dog fight (and even beat) cancer. This scientifically researched guide is your complete reference for practical, evidence-based strategies that can optimize the life quality and longevity for your dog. No matter what diagnosis or stage of cancer your dog has, this book is packed with precious advice that can help now. Discover the Full

Spectrum approach to dog cancer care: Everything you need to know about conventional western veterinary treatments (surgery, chemotherapy and radiation) including how to reduce their side effects. The most effective non-conventional options, including botanical nutraceuticals, supplements, nutrition, and mind-body medicine. How to analyze the options and develop a specific plan for your own dog based on your dog's type of cancer, your dog's age, your financial and time budget, your personality, and many other personal factors. Imagine looking back at this time in your life, five years from now, and having not a single regret. You can help your dog fight cancer and you can honor your dog's life by living each moment to the fullest, starting now. This book can help you as it has helped thousands of other dog lovers. The Authors Dr. Demian Dressler, DVM practices in Hawaii and is internationally recognized as the dog cancer vet and blogs at DogCancerBlog.com. Dr. Susan Ettinger, DVM is a veterinary oncologist and a diplomate of the American College of Internal Medicine who practices in New York. Praise from Veterinarians, Authors & Book Reviewers The future is upon us and this ground-breaking book is a vital cornerstone. In dealing with cancer, our worst illness, this Survival Guide is educational, logical, expansive, embracing, honest and so needed. Dr. Marty Goldstein, DVM Holistic veterinarian and Host, Ask Martha Stewart's Vet on Sirius Radio The message of this book jumps off the written page and into the heart of every reader, and will become the at home bible for cancer care of dogs. The authors have given you a sensible and systematic approach that practicing veterinarians will cherish. I found the book inspiring and, clearly, it will become part of my daily approach to cancer therapy for my own patients. Dr. Robert B. Cohen, VMD Bay Street Animal Hospital, New York I wish that I had had The Dog Cancer Survival Guide when my dearly beloved Flat-coated Retriever, Odin, contracted cancer. It would have provided me alternative courses of action, as well as some well needed reality checks which were not available from conversations with my veterinarian. It should be on every dog owner's book shelf-just in case... Dr. Stanley Coren, PhD, FRSC author of many books, including Born to Bark A comprehensive guide that distills both alternative and allopathic cancer treatments in dogs...With the overwhelming amount of conflicting information about cancer prevention and treatment, this book provides a pet owner with an easy to follow approach to one of the most serious diseases in animals. Dr. Barbara Royal, DVM The Royal Treatment Veterinary Center, Oprah Winfrey's Chicago veterinarian Picking up The Dog Cancer Survival Guide is anything but a downer: it's an 'empowerer.' It will make you feel like the best medical advocate for your dog. It covers canine cancer topics to an unprecedented depth and breadth from emotional coping strategies to prevention-in plain English. Read this book, and you will understand cancer stages, treatment options, and types, and much more. If you have just had the dreaded news, pick up a copy and it will guide the decisions your dog trusts you to make. Laure-Anne Visel Dog behavior specialist and technical dog writer, CanisBonus.com

wellness dog food vs blue buffalo: Home-Prepared Dog and Cat Diets Patricia A. Schenck, 2011-11-16 Home-Prepared Dog and Cat Diets, Second Edition provides an introduction to nutrition of the healthy dog and cat and an extensive discussion of medical disorders that can be managed in part through diet. Presenting easy-to-follow recipes that can be prepared at home, this new edition of Donald Strombeck's classic handbook has been completely rewritten by new author Patricia A. Schenck to reflect the latest nutritional recommendations based on current research. New chapter topics include feeding the puppy and kitten; feeding the pregnant or lactating dog or cat; feeding the senior pet; feeding the performance dog; and the role of diet in pets with cancer. Diets are now listed together in a cookbook style for ease of use, and recipes are adjustable for any size dog or cat, allowing exact nutritional values to be calculated. Nutrient content for protein, fat, carbohydrate, and fiber have been provided for every diet, along with the nutrient density. A companion website features downloadable spreadsheets with complete nutritional breakdowns for each recipe. Useful for both veterinarians and pet owners alike, Home-Prepared Dog and Cat Diets, Second Edition is a unique handbook written by an expert in the field providing an introduction to the nutritional management of dogs and cats with easy-to-use recipes for home-prepared diets. Clarification: Calcium Carbonate We've had some questions from readers regarding the use of the term "calcium

carbonate,” which is listed as an ingredient in a number of the diets found in this book, and therefore wanted to clarify what is meant by this ingredient. Baking soda comes in two forms: sodium bicarbonate and calcium carbonate. The sodium bicarbonate version is widely available as “baking soda” and is commonly used in baking, but none of the recipes in this book use it as an ingredient. The calcium carbonate version of baking soda is sometimes sold as “baking soda substitute” and sometimes referred to as simply “baking soda.” To avoid confusing sodium bicarbonate and calcium carbonate, any time the calcium carbonate type of baking soda has been used in a diet in this book, the ingredient includes the specific term “calcium carbonate.” There are several manufacturers of calcium carbonate baking soda; for example, Amazon carries the Ener-G Foods product baking soda substitute. Calcium carbonate can also be sold for garden use, which is non-food-grade, so to avoid the use of the garden product in foods, the term “baking soda” was used in this book instead to indicate that readers should be sure to select a food-appropriate ingredient.

wellness dog food vs blue buffalo: *Inner Engineering* Sadhguru, 2016-09-20 NEW YORK TIMES BESTSELLER • Thought leader, visionary, philanthropist, mystic, and yogi Sadhguru presents Western readers with a time-tested path to achieving absolute well-being: the classical science of yoga. “A loving invitation to live our best lives and a profound reassurance of why and how we can.”—Sir Ken Robinson, author of *The Element*, *Finding Your Element*, and *Out of Our Minds: Learning to Be Creative* NAMED ONE OF THE TEN BEST BOOKS OF THE YEAR BY SPIRITUALITY & HEALTH The practice of hatha yoga, as we commonly know it, is but one of eight branches of the body of knowledge that is yoga. In fact, yoga is a sophisticated system of self-empowerment that is capable of harnessing and activating inner energies in such a way that your body and mind function at their optimal capacity. It is a means to create inner situations exactly the way you want them, turning you into the architect of your own joy. A yogi lives life in this expansive state, and in this transformative book Sadhguru tells the story of his own awakening, from a boy with an unusual affinity for the natural world to a young daredevil who crossed the Indian continent on his motorcycle. He relates the moment of his enlightenment on a mountaintop in southern India, where time stood still and he emerged radically changed. Today, as the founder of Isha, an organization devoted to humanitarian causes, he lights the path for millions. The term guru, he notes, means “dispeller of darkness, someone who opens the door for you. . . . As a guru, I have no doctrine to teach, no philosophy to impart, no belief to propagate. And that is because the only solution for all the ills that plague humanity is self-transformation. Self-transformation means that nothing of the old remains. It is a dimensional shift in the way you perceive and experience life.” The wisdom distilled in this accessible, profound, and engaging book offers readers time-tested tools that are fresh, alive, and radiantly new. *Inner Engineering* presents a revolutionary way of thinking about our agency and our humanity and the opportunity to achieve nothing less than a life of joy.

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