

wellness way urgent care

Wellness Way Urgent Care: Your Guide to Convenient, High-Quality Healthcare

Feeling under the weather? Need immediate medical attention but don't want the hassle of a long wait at the ER? Then you're in the right place. This comprehensive guide dives deep into Wellness Way Urgent Care, exploring its services, benefits, and what sets it apart from traditional emergency rooms and doctor's offices. We'll cover everything you need to know before your next visit, ensuring you're equipped with the information to make informed decisions about your healthcare. Let's get started!

Understanding Wellness Way Urgent Care: More Than Just a Quick Fix

Wellness Way Urgent Care isn't just another walk-in clinic; it's a comprehensive healthcare provider offering a range of services designed for those needing immediate medical attention but not facing life-threatening emergencies. Think of it as the bridge between your primary care physician and the emergency room. They provide faster access to care than traditional doctor's appointments while offering a more relaxed and less overwhelming environment than a busy hospital ER. This approach prioritizes convenience and patient comfort without compromising on quality medical care.

What Services Does Wellness Way Urgent Care Offer?

Wellness Way Urgent Care provides a wide array of services, catering to a broad spectrum of medical needs. These typically include, but aren't limited to:

Treatment of minor injuries: Cuts, bruises, sprains, fractures (non-life threatening), and burns.

Illness care: Flu, colds, strep throat, bronchitis, and other common illnesses.

Diagnostic testing: X-rays, lab tests, and other diagnostic procedures to assist in diagnosis.

Medication administration: Treatment for minor ailments may include administering medication as needed.

Physical examinations: Routine checkups, including vaccinations (depending on location and availability).

Wound care: Cleaning and dressing of wounds.

Sports injuries: Assessment and treatment of common sports-related injuries.

The specific services offered may vary slightly depending on the individual Wellness Way Urgent Care location. It's always best to check their website or contact the clinic directly to confirm the availability of specific services before your visit.

Why Choose Wellness Way Urgent Care Over the ER or Your Primary Care Physician?

Choosing the right healthcare setting is crucial, and Wellness Way Urgent Care excels in situations where immediate care is necessary but not an emergency. Here's a breakdown of the advantages:

Shorter wait times: Compared to the often lengthy waits in emergency rooms, Wellness Way Urgent Care typically offers significantly shorter wait times. This is a huge benefit when you're feeling unwell or in pain.

Lower costs: Urgent care visits are generally less expensive than emergency room visits, saving you money on medical bills.

Convenient access: Many Wellness Way Urgent Care locations offer extended hours, making it easier to access care when it's most convenient for you, even on weekends or evenings.

Personalized attention: While ERs often prioritize critical cases, urgent care clinics like Wellness Way allow for more personalized attention and a more thorough examination.

Less overwhelming environment: The atmosphere in an urgent care setting is typically less stressful and chaotic than in a busy emergency room, contributing to a more comfortable patient experience.

What to Expect During Your Visit to Wellness Way Urgent Care

Your visit to Wellness Way Urgent Care will likely follow a standard procedure:

1. **Check-in:** You'll typically check in at the reception desk, providing necessary information and insurance details.
2. **Medical assessment:** A medical professional will assess your condition, taking your vital signs and gathering information about your symptoms.
3. **Diagnosis and treatment:** Based on the assessment, a diagnosis will be made, and a treatment plan will be developed.
4. **Follow-up:** You may be given instructions for follow-up care, including prescriptions or referrals to specialists if needed.

It's important to remember that while Wellness Way Urgent Care handles a wide range of non-life-threatening conditions, you should always go to the emergency room in case of a true medical emergency, like severe chest pain, difficulty breathing, or a serious head injury.

Finding Your Nearest Wellness Way Urgent Care Location

Locating the nearest Wellness Way Urgent Care facility is simple. Their website usually features a location finder tool, allowing you to input your address or zip code to quickly identify the closest clinic. The website also typically provides hours of operation, contact information, and driving directions.

Conclusion

Wellness Way Urgent Care offers a valuable and convenient healthcare option for individuals seeking immediate medical attention for non-life-threatening conditions. By providing shorter wait times, a more relaxed atmosphere, and a comprehensive range of services, Wellness Way excels at bridging the gap between primary care and emergency room services. Remember to always assess your medical needs and choose the appropriate healthcare setting for your situation.

FAQs

1. Do I need an appointment at Wellness Way Urgent Care? No, Wellness Way Urgent Care operates on a walk-in basis, meaning you don't typically need an appointment. However, checking wait times online or calling ahead is recommended, especially during peak hours.
1. What forms of payment does Wellness Way Urgent Care accept? Most Wellness Way Urgent Care locations accept a variety of payment methods, including major credit cards, debit cards, and often insurance. It's best to check with your specific location to confirm accepted payment options.
1. What should I bring to my Wellness Way Urgent Care visit? Bring your insurance card and a form of identification. It's also helpful to bring a list of your current medications and any relevant medical history.
1. Will my insurance cover a visit to Wellness Way Urgent Care? Many insurance plans cover visits to urgent care facilities, but it's essential to verify your coverage with your insurance provider beforehand to avoid unexpected costs.
1. Can I get a referral to a specialist at Wellness Way Urgent Care? While Wellness Way Urgent Care primarily focuses on immediate care, they can often provide referrals to specialists if deemed necessary based on your condition.

This blog post provides a comprehensive overview of Wellness Way Urgent Care. Remember to always consult with a healthcare professional for any medical concerns.

wellness way urgent care: Primary Care Geriatrics Richard J. Ham, 2007-01-01 Accompanying CD-ROM contains video learning modules on gait and balance and dizziness, a dermatology quiz, and downloadable cognitive assessment tools, to hone clinical skills. File formats include QuickTime movies, PDFs, and HTML documents.

wellness way urgent care: Major Labels Kelefa Sanneh, 2021-10-05 One of Oprah Daily's 20 Favorite Books of 2021 • Selected as one of Pitchfork's Best Music Books of the Year “One of the best books of its kind in decades.” —The Wall Street Journal An epic achievement and a huge delight, the entire history of popular music over the past fifty years refracted through the big genres that have defined and dominated it: rock, R&B, country, punk, hip-hop, dance music, and pop Kelefa Sanneh, one of the essential voices of our time on music and culture, has made a deep study of how popular music unites and divides us, charting the way genres become communities. In *Major Labels*, Sanneh distills a career’s worth of knowledge about music and musicians into a brilliant and omnivorous reckoning with popular music—as an art form (actually, a bunch of art forms), as a cultural and economic force, and as a tool that we use to build our identities. He explains the history of slow jams, the genius of Shania Twain, and why rappers are always getting in trouble. Sanneh shows how these genres have been defined by the tension between mainstream and outsider, between authenticity and phoniness, between good and bad, right and wrong. Throughout, race is a powerful touchstone: just as there have always been Black audiences and white audiences, with more or less overlap depending on the moment, there has been Black music and white music, constantly mixing and separating. Sanneh debunks cherished myths, reappraises beloved heroes, and upends familiar ideas of musical greatness, arguing that sometimes, the best popular music isn’t transcendent. Songs express our grudges as well as our hopes, and they are motivated by greed as well as idealism; music is a powerful tool for human connection, but also for human antagonism. This is a book about the music everyone loves, the music everyone hates, and the decades-long argument over which is which. The opposite of a modest proposal, *Major Labels* pays in full.

wellness way urgent care: Clearing the Way to Health and Wellness Ellen Cutler DC with Richard Tunkel MD, 2013-02 Dr. Ellen Cutler is one of the pioneering holistic doctors who have spent years of research to find the best ways to boost our immune system and get it back in its power. By following her advice, you can not only get younger biologically and become more vital, but you are also making your body ... more cancer-proof. ... There is no one I trust more than Dr. Ellen Cutler. To have her in your corner is already winning half the battle. Please study this book and apply all the advice as soon as possible. Your life and health could depend on it. --Roy Martina, MD, bestselling author of *Emotional Balance* Four years ago, my fibromyalgia symptoms forced me to 'retire' from medical practice. Thanks to Ellen Cutler's BioSET treatments, the guaifenesin protocol, and acupuncture, my health is so much better. I have been able to return to practice medicine as a fibromyalgia consultant, and I feel blessed to be able to continue my recovery with the help of Dr. Cutler's digestive enzymes and clearing treatments. --Melissa Congdon, MD, fibromyalgia consultant If you are one of the millions of people who suffer from chronic fatigue syndrome, fibromyalgia, Crohn's Disease, colitis, Hashimoto's thyroiditis, candidiasis, sinusitis, hay fever, environmental illnesses, and other autoimmune disorders and sensitivities, you've probably tried a myriad of treatments just trying to gain control of your life. *Clearing the Way to Health and Wellness* presents BioSET(R), an innovative technique that offers hope for those for whom other treatments have failed. It provides an empowering new explanation of allergies and sensitivities as the cause of chronic illness, as well as a groundbreaking approach to overcoming them. Allergies and sensitivities can be reduced or eliminated, not miraculously and instantaneously, but inevitably and permanently. With contributions from Dr. Richard Tunkel, Dr. Ellen Cutler outlines the relationships among allergies, sensitivities, and chronic health and autoimmune disorders, guiding both patients and health-care practitioners in identifying and eliminating sensitivities that trigger symptoms. Case studies and personal stories illustrate how this powerful new approach has ended the suffering for thousands of all ages without the use of drugs.

wellness way urgent care: Pediatric Medical Emergencies Ann Dietrich, 2020 The first

volume in the What Do I Do Now?: Emergency Medicine series, Pediatric Medical Emergencies uses a case-based approach to cover common and important topics in the examination, investigation, and management of acutely ill children. The book addresses a wide range of topics including neonatal fever, pediatric sepsis, intussusception, and more, and is suited for emergency medicine providers and pediatricians.

wellness way urgent care: *Nurturing Wellness Through Radical Self-Care* Janet Gallagher Nestor, 2012-11-29 A necessity for 21st century living. A practical means for daily balancing. Indrani Maity, ND, D.Ay., Integrated Ayurvedic Naturopathic Energy Medicine Center *Nurturing Wellness through Radical Self-Care: A Living in Balance Workbook* guides the reader not only to emotional and physical healing, but also to lasting emotional well-being. Mental health professionals will find this complete mindfulness-based program valuable to create a well-planned and flexible holistic approach to client care. The book also gives individuals self-help tools to participate in their own recovery and achieve lasting wellness from the comfort of home. There are a few wise women I know, and Janet is one of them. She is one truly gifted in matters of the heart. Her new book, *Nurturing Wellness through Radical Self-Care*, is a fitting follow-up to *Pathways to Wholeness*. Janet manages to embrace a complex field with a gentleness that makes the material accessible and eminently useful. A. T. Augoustides, MD, FAAFP, ABIHM It took me so long to learn how to find joy, this book gives people easy to follow plans to quickly harmonize all the systems in their body and find not only joy but peace and health. I feel the major benefit is the programs ability to help lift anyone out of the fight or flight response into a more positive balance and mindset. Thank you, Janet, for this gift. Ill be recommending this to the parents I work with. Becky Henry, Founder of Hope Network, LLC, and award-winning author of *Just Tell Her to Stop: Family Stories of Eating Disorders* Janets many years of experience working with clients as a therapist plus her in-office research and extensive studies make her a perfect guide and teacher if you are looking for ways to improve your life. The text a is timely gift to humanity! Anne Merkel, PhD., Energy Psychologist Coach, The Ariela Group of Wholistic Services

wellness way urgent care: *The Role of Telehealth in an Evolving Health Care Environment* Institute of Medicine, Board on Health Care Services, 2012-12-20 In 1996, the Institute of Medicine (IOM) released its report *Telemedicine: A Guide to Assessing Telecommunications for Health Care*. In that report, the IOM Committee on Evaluating Clinical Applications of Telemedicine found telemedicine is similar in most respects to other technologies for which better evidence of effectiveness is also being demanded. Telemedicine, however, has some special characteristics-shared with information technologies generally-that warrant particular notice from evaluators and decision makers. Since that time, attention to telehealth has continued to grow in both the public and private sectors. Peer-reviewed journals and professional societies are devoted to telehealth, the federal government provides grant funding to promote the use of telehealth, and the private technology industry continues to develop new applications for telehealth. However, barriers remain to the use of telehealth modalities, including issues related to reimbursement, licensure, workforce, and costs. Also, some areas of telehealth have developed a stronger evidence base than others. The Health Resources and Service Administration (HRSA) sponsored the IOM in holding a workshop in Washington, DC, on August 8-9 2012, to examine how the use of telehealth technology can fit into the U.S. health care system. HRSA asked the IOM to focus on the potential for telehealth to serve geographically isolated individuals and extend the reach of scarce resources while also emphasizing the quality and value in the delivery of health care services. This workshop summary discusses the evolution of telehealth since 1996, including the increasing role of the private sector, policies that have promoted or delayed the use of telehealth, and consumer acceptance of telehealth. *The Role of Telehealth in an Evolving Health Care Environment: Workshop Summary* discusses the current evidence base for telehealth, including available data and gaps in data; discuss how technological developments, including mobile telehealth, electronic intensive care units, remote monitoring, social networking, and wearable devices, in conjunction with the push for electronic health records, is changing the delivery of health care in rural and urban environments.

This report also summarizes actions that the U.S. Department of Health and Human Services (HHS) can undertake to further the use of telehealth to improve health care outcomes while controlling costs in the current health care environment.

wellness way urgent care: Health and Wellness in People Living With Serious Mental Illness Patrick W. Corrigan, Psy.D., Sonya L. Ballentine, 2021-03-03 People with serious mental illness get sick and die 10-20 years younger, compared to others in their same age cohort. The reasons, and possible interventions, are many, but further research is necessary for the continued development and evaluation of strategies to combat the health challenges faced by these patients. In thoroughly describing community-based participatory research (CBPR)-an approach that includes people in a community as partners in all facets of research, rather than just the subjects of that research-Health and Wellness in People Living With Serious Mental Illness provides a template for continued study. It is through this lens that this volume examines the health and concerns of people with mental illness, as well as possible solutions to these health problems. Through multiple case vignettes, the book delves into the challenges of health and wellness for people with mental illness, summarizing the research on mortality and morbidity in this group, as well as information about the status quo on wellness, and offers a grounded, real-world illustration of CBPR in practice--

wellness way urgent care: Health Professions Education Institute of Medicine, Board on Health Care Services, Committee on the Health Professions Education Summit, 2003-07-01 The Institute of Medicine study Crossing the Quality Chasm (2001) recommended that an interdisciplinary summit be held to further reform of health professions education in order to enhance quality and patient safety. Health Professions Education: A Bridge to Quality is the follow up to that summit, held in June 2002, where 150 participants across disciplines and occupations developed ideas about how to integrate a core set of competencies into health professions education. These core competencies include patient-centered care, interdisciplinary teams, evidence-based practice, quality improvement, and informatics. This book recommends a mix of approaches to health education improvement, including those related to oversight processes, the training environment, research, public reporting, and leadership. Educators, administrators, and health professionals can use this book to help achieve an approach to education that better prepares clinicians to meet both the needs of patients and the requirements of a changing health care system.

wellness way urgent care: Care Without Coverage Institute of Medicine, Board on Health Care Services, Committee on the Consequences of Uninsurance, 2002-06-20 Many Americans believe that people who lack health insurance somehow get the care they really need. Care Without Coverage examines the real consequences for adults who lack health insurance. The study presents findings in the areas of prevention and screening, cancer, chronic illness, hospital-based care, and general health status. The committee looked at the consequences of being uninsured for people suffering from cancer, diabetes, HIV infection and AIDS, heart and kidney disease, mental illness, traumatic injuries, and heart attacks. It focused on the roughly 30 million-one in seven-working-age Americans without health insurance. This group does not include the population over 65 that is covered by Medicare or the nearly 10 million children who are uninsured in this country. The main findings of the report are that working-age Americans without health insurance are more likely to receive too little medical care and receive it too late; be sicker and die sooner; and receive poorer care when they are in the hospital, even for acute situations like a motor vehicle crash.

wellness way urgent care: The Future of the Public's Health in the 21st Century Institute of Medicine, Board on Health Promotion and Disease Prevention, Committee on Assuring the Health of the Public in the 21st Century, 2003-02-01 The anthrax incidents following the 9/11 terrorist attacks put the spotlight on the nation's public health agencies, placing it under an unprecedented scrutiny that added new dimensions to the complex issues considered in this report. The Future of the Public's Health in the 21st Century reaffirms the vision of Healthy People 2010, and outlines a systems approach to assuring the nation's health in practice, research, and policy. This approach focuses on joining the unique resources and perspectives of diverse sectors and entities and challenges these groups to work in a concerted, strategic way to promote and protect the public's

health. Focusing on diverse partnerships as the framework for public health, the book discusses: The need for a shift from an individual to a population-based approach in practice, research, policy, and community engagement. The status of the governmental public health infrastructure and what needs to be improved, including its interface with the health care delivery system. The roles nongovernment actors, such as academia, business, local communities and the media can play in creating a healthy nation. Providing an accessible analysis, this book will be important to public health policy-makers and practitioners, business and community leaders, health advocates, educators and journalists.

wellness way urgent care: *Building Health, Building Wellness* Gregory W. Pierce MD, 2012-05-03 *Building Health, Building Wellness* offers a commonsense guide to achieving your personal best in health and wellness. Relying on over twenty years of experience as a family physician and public speaker on health and wellness topics, author Gregory W. Pierce, MD, has compiled information on a range of topics, both common and uncommon, that have the potential to directly and even indirectly affect your personal health and wellness. From how you approach your weight loss goals to how your family, friends, and environment affect your routine, Dr. Pierce has brought to light a number of potential stumbling blocks to better health and wellness. He then shares ways to turn those barriers into stepping stones. He even describes how you can turn your previous failures into success! Built upon easy-to-understand principles, *Building Health, Building Wellness* can help you to learn how to assess your own typical health profile and transform it into your ideal health profile.

wellness way urgent care: *Wellness around the World [2 volumes]* Brenda S. Walter, 2022-11-07 Through a rich selection of reference entries, country profiles, and interviews, this two-volume set introduces students and general interest readers to the fascinating and multifaceted fields of global and cross-cultural health studies. The health challenges facing people around the world today are diverse, yet we all share common needs for physical, psychological, and social well-being. It is these factors that drive the study and mission of global health. *Wellness around the World: An International Encyclopedia of Health Indicators, Practices, and Issues* serves as a broad introduction to the field of global health. Volume 1 includes a collection of accessibly written entries covering a wide variety of integral topics in this multidisciplinary subject. Readers will discover how various factors interact with one another to form a complex and multilayered picture of health around the world. Volume 2 features profiles of every country on Earth, detailing each nation's unique health landscape and pressing health concerns. These profiles, which follow a standardized format, allow readers to compare and contrast multiple countries and regions. This set also includes a collection of 10 in-depth interviews with researchers and activists working to improve health around the globe, offering readers a look at how abstract concepts and principles are applied to foster real-world change.

wellness way urgent care: *Living the Chiropractic Way - The Complete Lifetime Wellness Guide* Brad Burke, 2005-12

wellness way urgent care: *Taking Action Against Clinician Burnout* National Academies of Sciences, Engineering, and Medicine, National Academy of Medicine, Committee on Systems Approaches to Improve Patient Care by Supporting Clinician Well-Being, 2020-01-02 Patient-centered, high-quality health care relies on the well-being, health, and safety of health care clinicians. However, alarmingly high rates of clinician burnout in the United States are detrimental to the quality of care being provided, harmful to individuals in the workforce, and costly. It is important to take a systemic approach to address burnout that focuses on the structure, organization, and culture of health care. *Taking Action Against Clinician Burnout: A Systems Approach to Professional Well-Being* builds upon two groundbreaking reports from the past twenty years, *To Err Is Human: Building a Safer Health System* and *Crossing the Quality Chasm: A New Health System for the 21st Century*, which both called attention to the issues around patient safety and quality of care. This report explores the extent, consequences, and contributing factors of clinician burnout and provides a framework for a systems approach to clinician burnout and

professional well-being, a research agenda to advance clinician well-being, and recommendations for the field.

wellness way urgent care: Homelessness, Health, and Human Needs Institute of Medicine, Committee on Health Care for Homeless People, 1988-02-01 There have always been homeless people in the United States, but their plight has only recently stirred widespread public reaction and concern. Part of this new recognition stems from the problem's prevalence: the number of homeless individuals, while hard to pin down exactly, is rising. In light of this, Congress asked the Institute of Medicine to find out whether existing health care programs were ignoring the homeless or delivering care to them inefficiently. This book is the report prepared by a committee of experts who examined these problems through visits to city slums and impoverished rural areas, and through an analysis of papers written by leading scholars in the field.

wellness way urgent care: DC: 0-5 , 2016-11-01

wellness way urgent care: Telemedicine Institute of Medicine, Committee on Evaluating Clinical Applications of Telemedicine, 1996-10-08 Telemedicine—the use of information and telecommunications technologies to provide and support health care when distance separates the participants—is receiving increasing attention not only in remote areas where health care access is troublesome but also in urban and suburban locations. Yet the benefits and costs of this blend of medicine and digital technologies must be better demonstrated before today's cautious decision-makers invest significant funds in its development. Telemedicine presents a framework for evaluating patient care applications of telemedicine. The book identifies managerial, technical, policy, legal, and human factors that must be taken into account in evaluating a telemedicine program. The committee reviews previous efforts to establish evaluation frameworks and reports on results from several completed studies of image transmission, consulting from remote locations, and other telemedicine programs. The committee also examines basic elements of an evaluation and considers relevant issues of quality, accessibility, and cost of health care. Telemedicine will be of immediate interest to anyone with interest in the clinical application of telemedicine.

wellness way urgent care: An Emergency Physician's Path Robert P. Olympia, Elizabeth Barrall Werley, Jeffrey S. Lubin, Kahyun Yoon-Flannery, 2023 Zusammenfassung: A career in emergency medicine can be truly rewarding, despite the long hours and adverse conditions. The decision to embark on this journey typically starts during medical school, usually with the allure of resuscitations and life-saving procedures performed in the fast-paced environment of the emergency department. During an emergency medicine residency, the young physician is faced with career decisions that may involve working in a community or academic emergency department setting, or pursuing specialization through fellowship. Following residency and fellowship training, the emergency physician may decide to purely work clinically in an emergency department, or combine clinical responsibilities with administrative, education or research pursuits. This unique text provides medical students, residents, fellows and attending physicians with a comprehensive guide to be successful in a career in emergency medicine. Sections include the history of emergency medicine, choosing a career in emergency medicine from a medical student's point of view, pursuing fellowship and additional training, community and academic careers in emergency medicine, career options in emergency medicine, critical skills in emergency medicine, research/scholarship, being a teacher, and carving a path in emergency medicine. All chapters are written by experts in the field, representing emergency departments throughout North America.

wellness way urgent care: Health-Care Utilization as a Proxy in Disability Determination National Academies of Sciences, Engineering, and Medicine, Health and Medicine Division, Board on Health Care Services, Committee on Health Care Utilization and Adults with Disabilities, 2018-04-02 The Social Security Administration (SSA) administers two programs that provide benefits based on disability: the Social Security Disability Insurance (SSDI) program and the Supplemental Security Income (SSI) program. This report analyzes health care utilizations as they relate to impairment severity and SSA's definition of disability. Health Care Utilization as a Proxy in Disability Determination identifies types of utilizations that might be good proxies for listing-level

severity; that is, what represents an impairment, or combination of impairments, that are severe enough to prevent a person from doing any gainful activity, regardless of age, education, or work experience.

wellness way urgent care: Evaluation of the Department of Veterans Affairs Mental Health Services National Academies of Sciences, Engineering, and Medicine, Health and Medicine Division, Board on Health Care Services, Committee to Evaluate the Department of Veterans Affairs Mental Health Services, 2018-03-29 Approximately 4 million U.S. service members took part in the wars in Afghanistan and Iraq. Shortly after troops started returning from their deployments, some active-duty service members and veterans began experiencing mental health problems. Given the stressors associated with war, it is not surprising that some service members developed such mental health conditions as posttraumatic stress disorder, depression, and substance use disorder. Subsequent epidemiologic studies conducted on military and veteran populations that served in the operations in Afghanistan and Iraq provided scientific evidence that those who fought were in fact being diagnosed with mental illnesses and experiencing mental health-related outcomes—in particular, suicide—at a higher rate than the general population. This report provides a comprehensive assessment of the quality, capacity, and access to mental health care services for veterans who served in the Armed Forces in Operation Enduring Freedom/Operation Iraqi Freedom/Operation New Dawn. It includes an analysis of not only the quality and capacity of mental health care services within the Department of Veterans Affairs, but also barriers faced by patients in utilizing those services.

wellness way urgent care: Work-life Programs United States. Congress. Senate. Committee on Homeland Security and Governmental Affairs. Subcommittee on Oversight of Government Management, the Federal Workforce, and the District of Columbia, 2010

wellness way urgent care: *Managed Health Care in the New Millennium* David I. Samuels, 2011-12-05 David Samuels, a leading authority on financial models in healthcare, draws on his multidisciplinary background in all aspects of managed care to provide an expansive yet detailed perspective of this complex field. Grounded in evidence-based modeling, the book's multidisciplinary focus puts the spotlight on core concepts from the standpoints of health plans, hospitals, physician practice, and their respective integrated network models. You'll learn what happened when a country's national health care plan is developed with problematic underwriting, why hospitals will always be victimized at their payer's bargaining table, and even how to improve the current primary care shortage at both 50% less provider costs as well as with triple their members' compliance in wellness care. The book gives you the critical tools to stay ahead of the learning curve, engage patients to take responsibility for their own and their family's health status, and improve your differentiation in a RAPIDLY changing marketplace.

wellness way urgent care: *Medical Tourism and Wellness* Frederick J. DeMicco, 2017-04-28 Medical Tourism and Wellness: Hospitality Bridging Healthcare (H2H) takes a systems approach to examining the growing field of medical tourism, one of the field's hottest niches, with billions of dollars spent each year. This important book fills the need for a modern management book that looks at medical tourism in depth from a medical and hospitality operational management perspective. Growing numbers of people are going abroad to find affordable quality medical care for both necessary and cosmetic medical services. When they require surgery or dental work, they combine it with a trip to the Taj Mahal, a photo safari on the African veldt, or a stay at a luxury hotel—or at a hospital that feels like one—all at bargain-basement prices. The book takes a comprehensive look at medical tourism, covering such topics as: The history of medical tourism Why patients/tourists decide to travel for medical care The role of professional facilitators of medical tourism Key countries and medical disciplines in medical tourism Transportation, food, entertainment, and hotel/hospitality services Hotel and spa designs for medical tourism Best practices in medical tourism Patient follow-up after medical discharge Future trends in medical tourism Careers in medical tourism With the inclusion of case studies, the book provides a comprehensive look into this growing trend and will be valuable to upper-level undergraduate and graduate students in health

care administration and those pursuing MBAs in healthcare, medical students pursuing a management focus, and students in hospitality management. It will also be a must-have resource for professionals working in hotels and in health care.

wellness way urgent care: Orthobiologics Giuseppe Filardo, Bert R. Mandelbaum, George F. Muschler, Scott A. Rodeo, Norimasa Nakamura, 2021-12-02 This book presents the evidence related to the use of injectable biologics to provide faster and better healing for musculoskeletal lesions and conditions. The authors discuss approaches, such as blood derivatives and cell concentrates, applied to lesions of muscles, ligaments, tendons, bones, meniscus and cartilage, as well as osteoarthritis. Chapters are written by some of the most influential opinion leaders in the field, with up-to-date review of the current literature, where the authors explore both the potential and the limitations of these minimally invasive and promising treatments. The first section is devoted to the formulations and rationale for the use of injectable orthobiologics, while the second section reviews current treatment methods applied to specific joints and pathologies - ranging from tendinopathies through non-unions to articular degenerative processes - as well as the results of these treatment approaches. The third section explores future perspectives, such as pluripotent stem cells, gene therapy, and the stimulation of intrinsic stromal cell niches. Appealing to a broad readership, this book will be of interest to both laboratory research scientists and clinicians, including orthopedists, sports physicians, physiatrists, and regenerative medicine experts.

wellness way urgent care: Investing in the Health and Well-Being of Young Adults National Research Council, Institute of Medicine, Board on Children, Youth, and Families, Committee on Improving the Health, Safety, and Well-Being of Young Adults, 2015-01-27 Young adulthood - ages approximately 18 to 26 - is a critical period of development with long-lasting implications for a person's economic security, health and well-being. Young adults are key contributors to the nation's workforce and military services and, since many are parents, to the healthy development of the next generation. Although 'millennials' have received attention in the popular media in recent years, young adults are too rarely treated as a distinct population in policy, programs, and research. Instead, they are often grouped with adolescents or, more often, with all adults. Currently, the nation is experiencing economic restructuring, widening inequality, a rapidly rising ratio of older adults, and an increasingly diverse population. The possible transformative effects of these features make focus on young adults especially important. A systematic approach to understanding and responding to the unique circumstances and needs of today's young adults can help to pave the way to a more productive and equitable tomorrow for young adults in particular and our society at large. Investing in The Health and Well-Being of Young Adults describes what is meant by the term young adulthood, who young adults are, what they are doing, and what they need. This study recommends actions that nonprofit programs and federal, state, and local agencies can take to help young adults make a successful transition from adolescence to adulthood. According to this report, young adults should be considered as a separate group from adolescents and older adults. Investing in The Health and Well-Being of Young Adults makes the case that increased efforts to improve high school and college graduate rates and education and workforce development systems that are more closely tied to high-demand economic sectors will help this age group achieve greater opportunity and success. The report also discusses the health status of young adults and makes recommendations to develop evidence-based practices for young adults for medical and behavioral health, including preventions. What happens during the young adult years has profound implications for the rest of the life course, and the stability and progress of society at large depends on how any cohort of young adults fares as a whole. Investing in The Health and Well-Being of Young Adults will provide a roadmap to improving outcomes for this age group as they transition from adolescence to adulthood.

wellness way urgent care: Improving Healthcare Quality in Europe Characteristics, Effectiveness and Implementation of Different Strategies OECD, World Health Organization, 2019-10-17 This volume, developed by the Observatory together with OECD, provides an overall conceptual framework for understanding and applying strategies aimed at improving quality of care.

Crucially, it summarizes available evidence on different quality strategies and provides recommendations for their implementation. This book is intended to help policy-makers to understand concepts of quality and to support them to evaluate single strategies and combinations of strategies.

wellness way urgent care: The SAFER-R Model George Everly, Jr., 2017-04 Psychological Crisis Intervention: The SAFER-R Model is designed to provide the reader with a simple set of guidelines for the provision of psychological first aid (PFA). The model of psychological first aid (PFA) for individuals presented in this volume is the SAFER-R model developed by the authors. Arguably it is the most widely used tactical model of crisis intervention in the world with roughly 1 million individuals trained in its operational and derivative guidelines. This model of PFA is not a therapy model nor a substitute for therapy. Rather it is designed to help crisis interventionists stabilize and mitigate acute crisis reactions in individuals, as opposed to groups. Guidelines for triage and referrals are also provided. Before plunging into the step-by-step guidelines, a brief history and terminological framework is provided. Lastly, recommendations for addressing specific psychological challenges (suicidal ideation, resistance to seeking professional psychological support, and depression) are provided.

wellness way urgent care: Population Health: Creating a Culture of Wellness David B. Nash, Alexis Skoufalos, Raymond J. Fabius, Willie H. Oglesby, 2019-11-11 Since the passage of the Affordable Care Act, the field of population health has evolved and matured considerably. Improving quality and health outcomes along with lowering costs has become an ongoing focus in delivery of health care. The new Third Edition of Population Health reflects this focus and evolution in today's dynamic healthcare landscape by conveying the key concepts of population health management and examining strategies for creating a culture of health and wellness in the context of health care reform. Offering a comprehensive, forward-looking approach to population health, the Third Edition's streamlined organization features 14 chapters divided among 3 major sections: Part I - Population Health in the U.S.; Part 2 -The Population Health Ecosystem: and Part 3 - Creating Culture Change.

wellness way urgent care: The Ultimate College Student Health Handbook Jill Grimes, 2020-05-05 2022 Bookauthority: Best College Ebooks of All Time: Winner 2022 American Writing Awards Nonfiction Health Category: Winner 2022 IAN Book of the Year Outstanding Non-Fiction Health/Medicine: Winner 2022 International Impact Book Award Winner 2021 Gold Medal Florida Authors & Publishers Association Presidents Award: Health Category 2021 Gold Medal Winner of the International Book Award: Health Category 2021 Silver Medal Winner of the Nautilus Award: Health, Healing, Wellness & Vitality 2021 Independent Press Award Distinguished Favorite: Health & Fitness 2021 New York City Big Book Award Distinguished Favorite in the Health & Fitness category 2021 Firebird Speak Up Talk Radio Winner 2021 Readers' Favorite Gold Medal: Young Adult Nonfiction 2020 Gold Medal Winner of the Literary Titan Award 2020 American Book Fest Best Book Awards Winner: College Guides Consider this College Health 101—an award-winning guide to what students really want (or need) to know about their mental and physical health when they're away from home. College students facing their first illness, accident, or anxiety away from home often flip-flop between wanting to handle it themselves and wishing their parents could swoop in and fix everything. Advice from peers and “Dr. Google” can be questionable. The Ultimate College Student Health Handbook provides accurate, trustworthy, evidence-based medical information (served with a dose of humor) to reduce anxiety and stress and help set appropriate expectations for more than fifty common issues. What if you can't sleep well (or can't sleep at all) in your dorm room? What if a pill “gets stuck” in your throat? What if your roommate falls asleep (or passes out) wearing contacts, and wakes up with one painfully stuck? Your friend's terrible sore throat isn't Strep or Mono? What else could it be? What should you do for food poisoning? When do you really need X-rays for a sprained ankle or injured toe? What helps severe test anxiety or fear of public speaking? Dr. Jill Grimes has the answer to these questions and many more. Her guidebook is designed to help you: Decide if and when to seek medical help Know what to expect when you get there Plan for the

worst-case scenario if you don't seek help Learn how you can prevent this in the future Realize what you can do right now, before you see a doctor Understand the diagnostic and treatment options Got questions about tattoos, smoking, vaping, pot, and piercings? No worries, Dr. Grimes has covered those topics, too, as well as a few things you might not know about the use and abuse of stimulant (ADD) prescription medications. Pair this book with the DIY First Aid Kit detailed in the bonus section to help you, your roommates, and your friends have a healthier, happier semester!

wellness way urgent care: A New Norm Tom Roberts, 2019-02 A New Norm is a poetic tale that is intended to reflect the feelings of those of us who struggle with anxiety, depression, grief, anger, doubt, shame, fear and more, yet provide encouragement that difficulties such as these can be overcome. It expresses how routine thoughts of negativity can sometimes cloud our reality making it difficult to enjoy life, to appreciate what is truly good, to have positive relationships, or to develop to one's full potential. It is a story that reminds us that perception is reality. That if one is willing to look, willing to accept, and willing to try, that there is a light both within and beyond available to not only illuminate, but change our world for the better. Our hope is that this story and the discussion guide that follows will become a springboard for a conversation with ourselves and/or with others to define what our dark clouds are and how we can make efforts to find the light of our new norm. A New Norm is the result of a partnership between Avera Behavioral Health and Children's Home Society of South Dakota in a joint effort to promote mental wellness. Purchases of this book will benefit the mission of helping kids and families served by both of these organizations.

wellness way urgent care: The Medicare Handbook, 1988

wellness way urgent care: Pediatric Colorectal and Pelvic Reconstructive Surgery Alejandra Vilanova-Sanchez, Marc A. Levitt, 2020-02-24 This book provides comprehensive coverage of the anatomical and physiological aspects of complex colorectal and pelvic malformations. Also described are the surgical protocols for this specialized field within pediatric surgery. The benefits of high-level collaboration between surgical services when treating these anomalies are explained, as are treatment algorithms and care of complications. Includes evaluation and management of the newborn Describes surgical interventions of the newborn, and when a primary repair versus a staged approach is required Explains the value of laparoscopy and deciding in which cases to use it Looks at the importance of a transition program to adulthood Pediatric surgeons worldwide and the teams in which they work will benefit from this well illustrated and comprehensive work.

wellness way urgent care: Pain Management and the Opioid Epidemic National Academies of Sciences, Engineering, and Medicine, Health and Medicine Division, Board on Health Sciences Policy, Committee on Pain Management and Regulatory Strategies to Address Prescription Opioid Abuse, 2017-09-28 Drug overdose, driven largely by overdose related to the use of opioids, is now the leading cause of unintentional injury death in the United States. The ongoing opioid crisis lies at the intersection of two public health challenges: reducing the burden of suffering from pain and containing the rising toll of the harms that can arise from the use of opioid medications. Chronic pain and opioid use disorder both represent complex human conditions affecting millions of Americans and causing untold disability and loss of function. In the context of the growing opioid problem, the U.S. Food and Drug Administration (FDA) launched an Opioids Action Plan in early 2016. As part of this plan, the FDA asked the National Academies of Sciences, Engineering, and Medicine to convene a committee to update the state of the science on pain research, care, and education and to identify actions the FDA and others can take to respond to the opioid epidemic, with a particular focus on informing FDA's development of a formal method for incorporating individual and societal considerations into its risk-benefit framework for opioid approval and monitoring.

wellness way urgent care: Keeping Patients Safe Institute of Medicine, Board on Health Care Services, Committee on the Work Environment for Nurses and Patient Safety, 2004-03-27 Building on the revolutionary Institute of Medicine reports To Err is Human and Crossing the Quality Chasm, Keeping Patients Safe lays out guidelines for improving patient safety by changing nurses' working conditions and demands. Licensed nurses and unlicensed nursing assistants are

critical participants in our national effort to protect patients from health care errors. The nature of the activities nurses typically perform — monitoring patients, educating home caretakers, performing treatments, and rescuing patients who are in crisis — provides an indispensable resource in detecting and remedying error-producing defects in the U.S. health care system. During the past two decades, substantial changes have been made in the organization and delivery of health care — and consequently in the job description and work environment of nurses. As patients are increasingly cared for as outpatients, nurses in hospitals and nursing homes deal with greater severity of illness. Problems in management practices, employee deployment, work and workspace design, and the basic safety culture of health care organizations place patients at further risk. This newest edition in the groundbreaking Institute of Medicine Quality Chasm series discusses the key aspects of the work environment for nurses and reviews the potential improvements in working conditions that are likely to have an impact on patient safety.

wellness way urgent care: *Healing Rhythms to Reset Wellness* Dr. Frank Lawlis, 2020-04-21 Harness the natural rhythms already present within us and the world, which are so basic and instinctual to who we are as humans, and experience a lifetime of balance and wholeness. Dr. Frank Lawlis's evidence-based methods are centered around connecting to healing rhythms—in our body, in nature, and in the universe. These tools and exercises interrupt pain and illness signals to encourage coping, healing, and thriving alike. Draw on the powerful effects of these techniques to engage with your challenges on a daily basis, which over time can increase neurological pathways for full healing so you can return to wellness, rebuild your relationships, and leave illness behind to live in a way that is enhanced by your own inner resources.

wellness way urgent care: *Fostering Wellness in the Workplace* Bobbi L. Newman, 2022-01-24 Whether you're an administrator or library leader concerned about the health and well-being of your team, or a library worker excited to launch a health and wellness movement in your library, you'll find sensible guidance and inspiration in Newman's handbook. As part of their dedication to improving the lives of their patrons, libraries have long offered services, programs, and outreach dedicated to the health and wellness of their communities. There is a growing recognition that library workers themselves are in urgent need of such attention; low morale, and complaints of burnout and a toxic work environment, are only a few of the obvious symptoms. The good news is that by turning inward, libraries can foster wellness in their workplace and make a real difference in the day-to-day lives of their staff. Newman, who has led a popular course on the subject attended by workers from many types of different libraries, here takes a holistic approach to examine why and how libraries should focus on improving the health and wellness of employees. Filled with hands-on advice, examples of successful initiatives, and suggested action steps, in this book readers will learn how to define health and wellness, including its physical, psychological, and social aspects, and why they touch upon nearly everything that happens in the workplace; what a workplace looks like when it strives to ensure the complete physical, mental, and social well-being of workers, and the ways in which this approach to a work environment benefits both the library and the community it serves; the role played by the physical aspects of the workplace, such as the ergonomics of sitting and standing desks, the effects of air quality and smell on worker health and productivity, and noise levels stemming from open plan workspaces; about key policies relating to wages, working schedules, where employees work, and child and elder care; real-world advice on addressing complicated workplace issues like emotional and invisible labor, with a look at the part that burdensome or indifferent policies and practices can play in contributing to compassion fatigue and burnout; ways to make healthy choices for oneself and encourage healthy choices in co-workers and staff; concrete, evidence-based steps that libraries can take to improve workplace wellness; how to make a lasting difference by focusing on one aspect they can change personally and one that they can advocate changing library wide.

wellness way urgent care: *Professional Practice in Paramedic, Emergency and Urgent Care* Valerie Nixon, 2013-04-17 *Professional Practice in Paramedic, Emergency and Urgent Care* explores a range of contemporary relevant topics fundamental to professional practice. Written for

both pre- and post-registration paramedic students, it is also ideal for existing practitioners looking to develop their CPD skills as well as nursing and other health professionals working in emergency and urgent care settings. Each chapter includes examples, practical exercises and clinical scenarios, helping the reader relate theory to practice and develop critical thinking skills. Covers not only acute patient management but also a range of additional topics to provide a holistic approach to out-of-hospital care. Completion of the material in the book can be used as evidence in professional portfolios as required by the Health and Care Professions Council. Professional Practice in Paramedic, Emergency and Urgent Care is a comprehensive, theoretical underpinning to professional practice at all levels of paramedic and out-of-hospital care.

wellness way urgent care: Happy Gut Vincent Pedre, 2015-12-29 Following the success of the bestselling Clean Gut and Wheat Belly comes this essential guide to improving digestive health from an expert in functional medicine—who reveals why everything that ails us, from fatigue to weight gain to bloating and bad skin, can be traced back to the gut, and shares his cleansing plan to help us reclaim our health. Dr. Vincent Pedre understands gut problems firsthand. He suffered from IBS for years before becoming an expert in functional medicine and learning how to heal his body from the inside. Dr. Pedre used his own experience to develop The Gut C.A.R.E. Program—an approach that draws from both Western and Eastern methodologies, combining integrative and functional medicine—that has a proven success record in his private practice in New York. Now, for the first time, Dr. Pedre makes his revolutionary plan for health and wellness available to everyone. Happy Gut takes readers step-by-step through Gut C.A.R.E.—Cleanse, Activate, Restore, and Enhance—which eliminates food triggers, clears the gut of unfriendly pathogens, and replaces them with healthy probiotics and nutrients that repair and heal the gut. Rather than masking symptoms with medication, he shows us how to address the problem at its core to restore the gastrointestinal system to its proper functioning state. By fixing problems in the gut, followers of Dr. Pedre’s program have found that their other health woes are also cured and have lost weight, gained energy, and improved seemingly unrelated issues, such as seasonal allergies, in addition to eliminating their chronic muscle and abdominal pain. Complete with recipes and meal plans including gluten-free, low-fat, and vegetarian options, a 28-day gut cleanse, yoga postures to help digestion, and testimonials from many of his patients, Happy Gut will help you feel better and eliminate gut issues for life.

wellness way urgent care: Ohio Business Directory , 2017

wellness way urgent care: *Treatment of Skin Disease* Mark Lebwohl, Warren R. Heymann, John Berth-Jones, 2014 *Treatment of Skin Disease* is your definitive source for managing the complete range of dermatologic conditions you're likely to encounter in practice. This medical reference book boasts an intuitive and easy to use format that covers the full spectrum of options, equipping you with not only standard treatment strategies, but second- and third-line therapies for instances when other alternatives fail--Publisher's website

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