

xpress wellness urgent care guthrie

Xpress Wellness Urgent Care Guthrie: Your Go-To for Convenient and Quality Care

Feeling unwell and need immediate medical attention in Guthrie? Navigating healthcare can be stressful, especially when you're not feeling your best. That's where Xpress Wellness Urgent Care in Guthrie steps in. This post dives deep into what makes Xpress Wellness stand out, covering everything from their services and hours to patient reviews and the benefits of choosing urgent care over a traditional emergency room or doctor's appointment. We'll also tackle common questions you might have, ensuring you're fully informed before your next visit.

Understanding Xpress Wellness Urgent Care Guthrie's Services

Xpress Wellness Urgent Care Guthrie offers a wide range of services designed to cater to your immediate healthcare needs. Forget long wait times and complicated scheduling – they provide walk-in access for most conditions. Their comprehensive services typically include:

Treatment of Minor Injuries: Cuts, lacerations, sprains, strains, and minor burns are all handled efficiently and effectively by their experienced medical team.

Illness Management: From the common cold and flu to strep throat and bronchitis, Xpress Wellness can diagnose and treat various illnesses, providing necessary medication and care plans.

Diagnostics: They utilize on-site diagnostic tools, such as X-rays and lab testing, to ensure accurate diagnoses and appropriate treatment. This means faster results and quicker paths to recovery.

Vaccinations: Stay protected with a range of vaccinations offered at Xpress Wellness, including flu shots and other preventative measures.

Physical Exams: Need a quick physical for school, work, or sports? Xpress Wellness can often accommodate these requests.

Medication Refills: In certain situations, they may be able to assist with prescription refills, ensuring you have the medications you need. Always check beforehand for specific requirements.

It's crucial to remember that while Xpress Wellness Urgent Care Guthrie handles a broad spectrum of conditions, they are not a substitute for a primary care physician. For ongoing health management and preventative care, it's essential to maintain regular appointments with your family doctor.

Why Choose Xpress Wellness Urgent Care Guthrie Over Other Options?

When you're faced with a non-life-threatening medical issue, you have several options. Let's explore why Xpress Wellness Urgent Care Guthrie often emerges as the preferred choice:

Convenience: Walk-in appointments mean you avoid the hassle of scheduling and long wait times associated with traditional doctor's offices. This is particularly beneficial when you're feeling unwell.

Affordability: Urgent care centers typically offer more cost-effective solutions compared to emergency room visits, saving you money without compromising on quality care.

Faster Service: With streamlined processes and dedicated medical professionals, Xpress Wellness prioritizes efficiency, getting you diagnosed and treated promptly.

Extended Hours: Unlike traditional doctor's offices, many urgent care facilities, including Xpress Wellness, offer extended hours, accommodating your busy schedule and urgent needs even outside of typical business hours. Check their website for specific operating hours.

Comprehensive Care: While not equipped to handle life-threatening emergencies, Xpress Wellness provides a wide array of services to address a variety of common medical concerns.

What Patients are Saying About Xpress Wellness Urgent Care Guthrie

Patient satisfaction is key, and Xpress Wellness strives to provide a positive experience for everyone who walks through their doors. Online reviews often highlight:

Friendly and Professional Staff: Patients consistently praise the caring and knowledgeable staff for their attentive and helpful service.

Minimal Wait Times: While wait times can vary depending on the day and time of your visit, Xpress Wellness generally aims to minimize wait times, reducing patient frustration.

Clean and Comfortable Facility: The clinic maintains a clean and welcoming environment to make your visit as comfortable as possible.

Thorough Examinations: Patients appreciate the thoroughness of the examinations, ensuring a comprehensive assessment of their health concerns.

Finding Xpress Wellness Urgent Care Guthrie: Location and Contact Information

To make your visit as seamless as possible, finding the clinic is crucial. You can easily locate Xpress Wellness Urgent Care Guthrie using online search engines, map applications, or by visiting their official website. Their website usually contains detailed contact information, including phone numbers, addresses, and email addresses, as well as their operating hours and directions.

Conclusion

Xpress Wellness Urgent Care Guthrie provides a convenient and efficient solution for your non-life-threatening medical needs. Their comprehensive services, commitment to patient care, and focus on minimizing wait times make them a valuable asset to the Guthrie community. Remember to check their website for the most up-to-date information regarding hours, services, and any specific requirements before your visit.

Frequently Asked Questions (FAQs)

1. Does Xpress Wellness Urgent Care Guthrie accept my insurance? It's best to contact Xpress Wellness directly or check their website to confirm which insurance providers they accept. Insurance coverage can vary.

1. What should I bring to my appointment at Xpress Wellness? Bring your insurance card, photo ID, and a list of your current medications.

1. Do I need an appointment to visit Xpress Wellness Urgent Care? Many urgent care centers, including Xpress Wellness, operate on a walk-in basis, but it's always advisable to call ahead to inquire about wait times or any specific procedures.

1. What types of payment methods does Xpress Wellness accept? Xpress Wellness likely accepts cash, credit cards, and debit cards. Again, confirming with them directly is best.

1. What happens if my condition requires specialized care? If your condition requires specialized care beyond the capabilities of Xpress Wellness, they will refer you to the appropriate specialists or hospital.

This blog post aims to provide comprehensive information about Xpress Wellness Urgent Care Guthrie. However, it is not a substitute for professional medical advice. Always seek the advice of your physician or other qualified health provider with any questions you may have regarding a medical condition.

xpress wellness urgent care guthrie: Dear Physician , 1994

xpress wellness urgent care guthrie: *HCI International 2020 - Posters* Constantine Stephanidis, Margherita Antona, 2020-07-15 The three-volume set CCIS 1224, CCIS 1225, and CCIS 1226 contains the extended abstracts of the posters presented during the 21st International Conference on Human-Computer Interaction, HCII 2020, which took place in Copenhagen, Denmark, in July 2020.* HCII 2020 received a total of 6326 submissions, of which 1439 papers and 238 posters were accepted for publication in the pre-conference proceedings after a careful reviewing process. The 238 papers presented in these three volumes are organized in topical sections as follows: Part I: design and evaluation methods and tools; user characteristics, requirements and preferences; multimodal and natural interaction; recognizing human psychological states; user experience studies; human perception and cognition. -AI in HCI. Part II: virtual, augmented and mixed reality; virtual humans and motion modelling and tracking; learning technology. Part III: universal access, accessibility and design for the elderly; smartphones, social media and human behavior; interacting with cultural heritage; human-vehicle interaction; transport, safety and crisis management; security, privacy and trust; product and service design. *The conference was held virtually due to the COVID-19 pandemic. The chapter "Developing an Interactive Tabletop Mediated Activity to Induce Collaboration by Implementing Design Considerations Based on Cooperative Learning Principles" is

available open access under a Creative Commons Attribution 4.0 International License via link.springer.com.

xpress wellness urgent care guthrie: The Role of Telehealth in an Evolving Health Care Environment Institute of Medicine, Board on Health Care Services, 2012-12-20 In 1996, the Institute of Medicine (IOM) released its report *Telemedicine: A Guide to Assessing Telecommunications for Health Care*. In that report, the IOM Committee on Evaluating Clinical Applications of Telemedicine found telemedicine is similar in most respects to other technologies for which better evidence of effectiveness is also being demanded. Telemedicine, however, has some special characteristics-shared with information technologies generally-that warrant particular notice from evaluators and decision makers. Since that time, attention to telehealth has continued to grow in both the public and private sectors. Peer-reviewed journals and professional societies are devoted to telehealth, the federal government provides grant funding to promote the use of telehealth, and the private technology industry continues to develop new applications for telehealth. However, barriers remain to the use of telehealth modalities, including issues related to reimbursement, licensure, workforce, and costs. Also, some areas of telehealth have developed a stronger evidence base than others. The Health Resources and Service Administration (HRSA) sponsored the IOM in holding a workshop in Washington, DC, on August 8-9 2012, to examine how the use of telehealth technology can fit into the U.S. health care system. HRSA asked the IOM to focus on the potential for telehealth to serve geographically isolated individuals and extend the reach of scarce resources while also emphasizing the quality and value in the delivery of health care services. This workshop summary discusses the evolution of telehealth since 1996, including the increasing role of the private sector, policies that have promoted or delayed the use of telehealth, and consumer acceptance of telehealth. *The Role of Telehealth in an Evolving Health Care Environment: Workshop Summary* discusses the current evidence base for telehealth, including available data and gaps in data; discuss how technological developments, including mobile telehealth, electronic intensive care units, remote monitoring, social networking, and wearable devices, in conjunction with the push for electronic health records, is changing the delivery of health care in rural and urban environments. This report also summarizes actions that the U.S. Department of Health and Human Services (HHS) can undertake to further the use of telehealth to improve health care outcomes while controlling costs in the current health care environment.

xpress wellness urgent care guthrie: *New Orleans Business Directory* , 1858

xpress wellness urgent care guthrie: *Telebehavioral Health* Marlene Maheu, Joanne Callan, Donald M. Hilty, Crystal Merrill, 2019-12-12 *Telebehavioral Health: Foundations in Theory and Practice for Graduate Learners* provides readers with a comprehensive overview of telebehavioral health, including definitions and concepts, the benefits and barriers associated with practice, and an interprofessional framework for telebehavioral health competencies. It is the first book to address telehealth competencies for behavioral professionals worldwide. The competencies outlined help readers develop an engaged, ethical, and effective telebehavioral health practice. The book discusses and provides examples of the knowledge, skills, and attitudes involved in the seven telebehavioral health competency domains. The chapters include differentiated content for novice, proficient, and authority practitioners throughout, allowing readers to adjust their exposure, in terms of depth and breadth, to each topical area. The text provides an overview of the characteristics and practices unique to telebehavioral health treatment, guidance for competent evaluation and care, review of legal and regulatory issues related to the use of technology, valuable insight for telepractice development, and more. Designed to help practitioners thoughtfully consider the use of technology to support optimal therapeutic experiences for their patients, *Telebehavioral Health* is an ideal text for students within the discipline. It can also serve as a beneficial reference for novice and seasoned practitioners.

xpress wellness urgent care guthrie: *Annual Report of the Officers of the Town* , 1888

xpress wellness urgent care guthrie: *Search Methods for Artificial Intelligence* Leonard Bolc, Jerzy Cytowski, 1992 This book contains a description of modern search methods that are in use

mainly in the field of computer science, though with special stress on artificial intelligence, and go so far as to discuss practical application.

xpress wellness urgent care guthrie: Preparing for the Future of Artificial Intelligence Committee on Technology National Science and Technology Council, Committee on Technology, 2016-10-30 Advances in Artificial Intelligence (AI) technology have opened up new markets and new opportunities for progress in critical areas such as health, education, energy, and the environment. In recent years, machines have surpassed humans in the performance of certain specific tasks, such as some aspects of image recognition. Experts forecast that rapid progress in the field of specialized artificial intelligence will continue. Although it is very unlikely that machines will exhibit broadly-applicable intelligence comparable to or exceeding that of humans in the next 20 years, it is to be expected that machines will reach and exceed human performance on more and more tasks. As a contribution toward preparing the United States for a future in which AI plays a growing role, this report surveys the current state of AI, its existing and potential applications, and the questions that are raised for society and public policy by progress in AI. The report also makes recommendations for specific further actions by Federal agencies and other actors.

xpress wellness urgent care guthrie: The Royal Treatment Barbara Royal, Anastasia Royal, 2013-06-25 A natural health, holistic medicine guide for your pet written by an innovative veterinarian with a background in zoo and wildlife medicine.

xpress wellness urgent care guthrie: Move On Up Aaron Cohen, 2019-09-25 A Chicago Tribune Book of 2019, Notable Chicago Reads A Booklist Top 10 Arts Book of 2019 A No Depression Top Music Book of 2019 Curtis Mayfield. The Chi-Lites. Chaka Khan. Chicago's place in the history of soul music is rock solid. But for Chicagoans, soul music in its heyday from the 1960s to the 1980s was more than just a series of hits: it was a marker and a source of black empowerment. In *Move On Up*, Aaron Cohen tells the remarkable story of the explosion of soul music in Chicago. Together, soul music and black-owned businesses thrived. Record producers and song-writers broadcast optimism for black America's future through their sophisticated, jazz-inspired productions for the Dells and many others. Curtis Mayfield boldly sang of uplift with unmistakable grooves like "We're a Winner" and "I Plan to Stay a Believer." Musicians like Phil Cohran and the Pharaohs used their music to voice Afrocentric philosophies that challenged racism and segregation, while Maurice White of Earth, Wind, and Fire and Chaka Khan created music that inspired black consciousness. Soul music also accompanied the rise of African American advertisers and the campaign of Chicago's first black mayor, Harold Washington, in 1983. This empowerment was set in stark relief by the social unrest roiling in Chicago and across the nation: as Chicago's homegrown record labels produced rising stars singing songs of progress and freedom, Chicago's black middle class faced limited economic opportunities and deep-seated segregation, all against a backdrop of nationwide deindustrialization. Drawing on more than one hundred interviews and a music critic's passion for the unmistakable Chicago soul sound, Cohen shows us how soul music became the voice of inspiration and change for a city in turmoil.

xpress wellness urgent care guthrie: A Doctor's Dozen Catherine Florio Pipas, MD, MPH, 2018-09-04 Burnout affects a third of our population and over half of our health professionals. For the second group, the impact is magnified, as consequences play out not only on a personal level, but also on a societal level and lead to medical errors, suboptimal care, low levels of patient satisfaction, and poor clinical outcomes. Achieving wellbeing requires strategies for change. In this book, Dr. Pipas shares twelve lessons and strategies for improved health that she has learned from patients, students, and colleagues over her twenty years working as a family physician. Each lesson is based on observation and research, and begins with a story of an exemplary patient whose challenges and successes reflect the theme of the lesson. Along with the lessons, the author offers plans for action, which taken together create the framework for a healthy life. Each lesson concludes with resources and a health challenge.

xpress wellness urgent care guthrie: Canary in the Coal Mine Dr. William Cooke, 2021-06-22 One doctor's courageous fight to save a small town from a silent epidemic that

threatened the community's future—and exposed a national health crisis. When Dr. Will Cooke, an idealistic young physician just out of medical training, set up practice in the small rural community of Austin, Indiana, he had no idea that much of the town was being torn apart by poverty, addiction, and life-threatening illnesses. But he soon found himself at the crossroads of two unprecedented health-care disasters: a national opioid epidemic and the worst drug-fueled HIV outbreak ever seen in rural America. Confronted with Austin's hidden secrets, Dr. Cooke decided he had to do something about them. In taking up the fight for Austin's people, however, he would have to battle some unanticipated foes: prejudice, political resistance, an entrenched bureaucracy—and the dark despair that threatened to overwhelm his own soul. *Canary in the Coal Mine* is a gripping account of the transformation of a man and his adopted community, a compelling and ultimately hopeful read in the vein of *Hillbilly Elegy*, *Dreamland*, and *Educated*.

xpress wellness urgent care guthrie: *Ohio Agricultural Statistics* , 1987

xpress wellness urgent care guthrie: *Death's Memoirs* Constante P. Firme, 2005 What would Death say if he could speak? What secrets does Death hide? Is Death a concept or an entity? Decide for yourself, as Constante P. Firme III tries to broaden our perspective of Death, in literary form. *Death's Memoirs* is the story of a man who befriends Death, and now has to announce its national debut. The man quickly becomes Death's living journal, for all its cheers, protests, and misery. Death is green with jealousy about his brother, Life. Then again, who wouldn't be? Life makes babies, helps heal the diseased, and keeps our Earth functioning. Everyone loves life. Take a deep, long look into the consciousness of Death. Are the verses simply imagination of a crazed poet, or the figurative speech of a mysterious being? Is there more to the words than letters and spaces? Read on, and see if you can find the answers.

xpress wellness urgent care guthrie: *Look Inside Your Body* Gina Ingoglia, 1998

xpress wellness urgent care guthrie: *News of the Weird* Chuck Shepherd, John J. Kohut, Roland Sweet, 1989 For news junkies and fans of the bizarre-but-true, here is an outrageous collection of all-real, all-weird news stories culled from the nation's mainstream newspapers. Line art throughout.

xpress wellness urgent care guthrie: *America the Wise* Theodore Roszak, 1998 Three decades after publishing his classic *The Making of a Counter Culture* -- and after two brushes with death -- Theodore Roszak was forced to confront his mortality and that of a generation of baby boomers who never realized they were subject to the same laws of aging as their predecessors. In *Longevity Revolution*, Roszak turns his critical eye to what he calls the implications of mass longevity as a social phenomenon. Revised for paperback publication, the book counters conventional views of elders as burdens, seeing them instead as the culture's great resource. Roszak explores in detail such critical issues as economics, politics, medicine, ethics, biotechnology, the class divide, and the fetish for youthfulness that dominate American culture. He envisions a world in which elders are honored for their insights, values, and abilities in creating a more compassionate society.

xpress wellness urgent care guthrie: *Human-Computer Interaction - HCI International 2021* Constantine Stephanidis, This set of 45 volumes constitutes the proceedings of all of the conferences affiliated with HCI International 2021, which was held during July 24-29, 2021. The total of 1276 papers and 241 posters were carefully reviewed and selected from 6326 submissions. The respective focus of the 2 thematic areas and 19 affiliated conferences is as follows: Human-Computer Interaction; Human Interface and the Management of Information; Engineering Psychology and Cognitive Ergonomics; Universal Access in Human-Computer Interaction; Virtual, Augmented and Mixed Reality; Cross-Cultural Design; Social Computing and Social Media; Augmented Cognition; Digital Human Modeling and Applications in Health, Safety, Ergonomics and Risk Management; Design, User Experience, and Usability; Distributed, Ambient and Pervasive Interactions; HCI in Business, Government and Organizations; Learning and Collaboration Technologies; Human Aspects of IT for the Aged Population; HCI for Cybersecurity, Privacy and Trust; HCI in Games, HCI in Mobility, Transport and Automotive Systems; Adaptive Instructional Systems; Culture and

Computing; Design, Operation and Evaluation of Mobile Communications; and Artificial Intelligence in HCI. The set therefore provides readers with a comprehensive overview of ongoing research and development within the broad field of Human-Computer Interaction.

xpress wellness urgent care guthrie: The Pink Unicorn Elise Forier Edie, 2018-11-27 The Pink Unicorn is an award-winning solo theatre piece, which tells the story of a Christian widow, living in a conservative Texas town, whose life is thrown into turmoil when her teenaged daughter announces she is gender queer and starting a chapter of the Gay and Straight Alliance at the local high school. Extraordinary...The Pink Unicorn need(s) to be on Broadway, in the West End, touring the world with the powerful message of this brilliantly wise and inspiring work(NY Theater Now)

xpress wellness urgent care guthrie: The Gumball Lottery Sally Dollar, 2019-03-18 This collection of 61 poems is chock-full of lighthearted, read-aloud fun. Life lessons are interwoven throughout deliciously random rhymes, featuring endearing illustrations and unforgettable characters. The title poem, The Gumball Lottery, tells the story of a kiddo who has spotted the perfect gumball in the machine and takes a chance to win the sweet prize. Other poems in this assortment use iconic childhood symbols as opportunities for teachable moments (unicorns and roller coasters and mermaids, oh my). And some rhymes are simply just for fun--because there's a lesson in that, too. Whether you choose to savor each rhyme one bite-sized morsel at a time--or consume them by the handful--you might just find that you're glad you took a gamble at The Gumball Lottery.

xpress wellness urgent care guthrie: Letters at 3am Michael Ventura, 1993 I'd rather have one or two of his whiplashing essays in my hands than almost any tome of philosophy. -- Thomas Moore

xpress wellness urgent care guthrie: JD's Knight Angels Deb D. Donohue, 2020-11-30 Jerome Drake is a private investigator and also owns and operates JD's Knight Angels, a Denver, Colorado based trucking company. Jerome's team, which includes three X-police officers and five X-military men has recently joined an FBI task force to hunt and track down sex traffickers. They are strategically placed around the country searching for these heinous criminals. Jerome and his team of eighteen drivers deliver refrigerated food to large distribution centers nationwide which provides a way for the team to locate and track sex criminals. While the team tracks and takes down traffickers, they search for clues to the whereabouts of Jerome's twin sister, Jillian, who went missing from Evergreen, Colorado, forty-one years ago. Jerome has a suspicion that she was abducted by traffickers. With the help of the team, he finds clues to the mystery of Jillian's disappearance. Meanwhile, Jake Losato, a tremendously skilled tracker on the task force has been searching for his girlfriend, Grace Nadaeu, who went missing from a night club thirty-nine years ago. His story intertwines with other characters throughout the book. Sarah Beaulieu is a vigilante sort who conceals her identity. She helps the task force locate traffickers by calling them with anonymous leads and surprising gutsy, dangerous interaction. She and her hacker genius friend, Trevor, figure out how to locate and track sex criminals. Once the team gets close to the criminals, Sarah figures out how to rescue the young women and takes them to safe havens. Sarah has had a difficult life with tremendous sadness in her past. Sarah decided to work to rescue girls from traffickers when her best friend, Grace, went missing from a night club in Edmonton, Alberta, Canada, many years ago. She tells her story, which weaves in and out with other characters. My story is fictional, however, included in the book are references about actual arrests that have taken place all over the country and the rescue of many young women. Many of the characters and their stories are based on my own experiences and travels throughout the lower forty-eight United States, Alaska and Canada.

xpress wellness urgent care guthrie: Dear Black Girls Shanice Nicole, 2021-02-08 Dear Black Girls is a letter to all Black girls. Every day poet and educator Shanice Nicole is reminded of how special Black girls are and of how lucky she is to be one. Illustrations by Kezna Dalz support the book's message that no two Black girls are the same but they are all special--that to be a Black girl is a true gift. In this celebratory poem, Kezna and Shanice remind young readers that despite

differences, they all deserve to be loved just the way they are.

xpress wellness urgent care guthrie: I Got Magic in My Bow Keoki Cooper-Anderson, 2021-12-20

xpress wellness urgent care guthrie: **Fresh from the Farm 6pk** Rigby, 2006

xpress wellness urgent care guthrie: Electric Line Construction , 1945

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