

xpress wellness urgent care woodward ok

Xpress Wellness Urgent Care Woodward OK: Your Quick Guide to Convenient Healthcare

Are you searching for reliable and prompt medical attention in Woodward, Oklahoma? Experiencing a sudden illness or injury can be stressful, and finding the right care quickly is crucial. That's where Xpress Wellness Urgent Care Woodward OK comes in. This comprehensive guide will walk you through everything you need to know about Xpress Wellness, from their services and hours to directions and what to expect during your visit. We'll cover everything to help you make an informed decision about your healthcare needs.

Understanding Xpress Wellness Urgent Care Woodward OK

Xpress Wellness Urgent Care Woodward OK offers a convenient alternative to emergency rooms and scheduling appointments with your primary care physician for non-life-threatening illnesses and injuries. They provide a wide range of services designed to get you the care you need, fast. This is particularly beneficial when dealing with unexpected health issues outside of your doctor's regular office hours or when you need immediate attention without the lengthy wait times often associated with emergency rooms.

What Services Does Xpress Wellness Urgent Care Offer?

Xpress Wellness Urgent Care in Woodward, Oklahoma strives to provide comprehensive care for a wide spectrum of conditions. Their services typically include, but aren't limited to:

Treatment of minor injuries: Cuts, sprains, fractures, burns (minor), and lacerations.

Illness care: Colds, flu, sore throats, bronchitis, ear infections, urinary tract infections, and other common illnesses.

Diagnostics: X-ray services (check availability), lab testing, and other diagnostic tools to aid in accurate diagnosis. Always confirm specific diagnostic capabilities directly with the clinic.

Physical exams and vaccinations: Offering convenient options for routine checkups and vaccinations as needed. Confirm available vaccines by contacting the clinic directly.

Workers' compensation evaluations: Facilitating the process for employees injured on the job.

Drug testing: Providing comprehensive drug screening services.

Important Note: While Xpress Wellness Urgent Care provides a wide array of services, it's crucial to remember that they are not a replacement for a primary care physician. They are best suited for urgent care needs and should not be used for ongoing chronic conditions or preventative care. Always maintain regular check-ups with your primary care doctor.

Hours of Operation & Location: Finding Xpress Wellness in Woodward OK

Knowing the hours and location of Xpress Wellness Urgent Care is essential, especially when dealing with an urgent medical situation. Their hours are typically designed to accommodate various schedules, often extending beyond standard business hours. However, it is crucial to check their website or call them directly to confirm their current operating hours and ensure they are open before visiting. Changes can occur due to holidays or unforeseen circumstances.

You can easily find their exact address and location information by performing a simple online search for "Xpress Wellness Urgent Care Woodward OK" on Google Maps or your preferred mapping service. This will provide you with precise directions, driving times, and even potential traffic updates.

What to Expect During Your Visit to Xpress Wellness

To make your visit to Xpress Wellness Urgent Care as smooth as possible, understanding what to expect beforehand is beneficial. Typically, the process involves the following steps:

1. **Registration:** You'll likely be asked to provide your insurance information and personal details upon arrival.
2. **Triaging:** A medical professional will assess your condition to determine the priority of your care.
3. **Examination:** A doctor or nurse practitioner will examine you and conduct any necessary tests.
4. **Treatment:** Based on the diagnosis, you'll receive appropriate treatment, which may include medication, wound care, or other interventions.
5. **Discharge:** Once your treatment is complete, you'll be given instructions on follow-up care and any necessary prescriptions.

While the process is generally straightforward, be prepared to spend some time at the clinic, especially during peak hours. Bringing necessary documents, such as your insurance card and photo ID, will expedite the registration process.

Insurance and Payment Options at Xpress Wellness

Xpress Wellness Urgent Care Woodward OK typically accepts most major insurance plans. However, it is always advisable to verify your coverage directly with the clinic and your insurance provider before your visit to avoid unexpected costs. They may also offer payment options for those without insurance or with limited coverage. Contacting them directly to discuss your payment options is recommended to avoid any surprises.

The Benefits of Choosing Xpress Wellness Urgent Care

Choosing Xpress Wellness Urgent Care offers several key benefits:

Convenience: Avoid lengthy waits at emergency rooms and the hassle of scheduling appointments.

Accessibility: Extended hours often make it easier to access care when needed.

Comprehensive services: A wide range of services addresses various urgent care needs.

Faster treatment: Designed for prompt assessment and treatment of non-life-threatening conditions.

By choosing Xpress Wellness, you prioritize timely, convenient access to quality medical care in Woodward, Oklahoma.

Conclusion

Xpress Wellness Urgent Care Woodward OK provides a valuable resource for residents seeking prompt, reliable medical attention for non-life-threatening illnesses and injuries. Their convenient location, extended hours, and wide range of services make them an ideal choice for urgent care needs. Remember to always check their website or call ahead to confirm hours of operation and services before visiting.

FAQs

1. Does Xpress Wellness Urgent Care accept walk-ins? While they often accept walk-ins, it's always recommended to call ahead to inquire about wait times and availability, especially during peak hours.
1. What forms of payment does Xpress Wellness accept? Contact Xpress Wellness directly to get the most up-to-date information on accepted payment methods. Their website or a phone call will provide the most accurate details.
1. Do I need a referral to see a doctor at Xpress Wellness? Generally, no referral is needed for services at Xpress Wellness Urgent Care. However, it's always best to check with your insurance provider to ensure coverage.
1. What should I bring to my appointment at Xpress Wellness? Bring your insurance card, photo ID, and a list of current medications.

1. How can I find out more about the specific services offered at Xpress Wellness? The best way to find out about the specific services offered is to visit their website or call them directly. Their website may not be entirely up-to-date so contacting them directly is ideal.

xpress wellness urgent care woodward ok: Cloud Atlas (20th Anniversary Edition) David Mitchell, 2010-07-16 #1 INTERNATIONAL BESTSELLER • A timeless, structure-bending classic that explores how actions of individual lives impact the past, present and future—from a postmodern visionary and one of the leading voices in fiction Featuring a new afterword by David Mitchell and a new introduction by Gabrielle Zevin, author of *Tomorrow, and Tomorrow, and Tomorrow* One of the New York Times's 100 Best Books of the 21st Century • Shortlisted for the International Booker Prize *Cloud Atlas* begins in 1850 with Adam Ewing, an American notary voyaging from the Chatham Isles to his home in California. Ewing is befriended by a physician, Dr. Goose, who begins to treat him for a rare species of brain parasite. The novel careens, with dazzling virtuosity, to Belgium in 1931, to the West Coast in the 1970s, to an inglorious present-day England, to a Korean superstate of the near future where neocapitalism has run amok, and, finally, to a postapocalyptic Iron Age Hawaii in the last days of history. But the story doesn't end even there. The novel boomerangs back through centuries and space, returning by the same route, in reverse, to its starting point. Along the way, David Mitchell reveals how his disparate characters connect, how their fates intertwine, and how their souls drift across time like clouds across the sky. As wild as a video game, as mysterious as a Zen koan, *Cloud Atlas* is an unforgettable tour de force that, like its incomparable author, has transcended its cult classic status to become a worldwide phenomenon.

xpress wellness urgent care woodward ok: Delius as I Knew Him Eric Fenby, 1994-01-01 An intimate portrait of Delius by the man who notated many of the disabled composer's last works. Includes 33 musical examples.

xpress wellness urgent care woodward ok: A Big Heart Mike Papale , 2021-09-01 As a teen, Mike Papale had one dream: to play college basketball. He was laser-focused—training like an Olympic hopeful to make his dream reality. Out of nowhere, his world changed. August 24, 2006, while coaching a summer camp basketball game, he slumped over, unresponsive, turning blue within minutes. He was 17, and had gone into cardiac arrest. With no AED on site, he was given a one in a million chance to survive. He was soon diagnosed with Hypertrophic Cardiomyopathy, or HCM, which, left undiagnosed and untreated, can lead to sudden cardiac arrest. At the time, he was crushed—processing the life-altering news he would never be able to play competitive basketball again. He quickly realized he was fortunate to be alive, and redefined his life's purpose. *A Big Heart* brings the reader on Mike's story of reinvention, hope, and survival. It is guaranteed to inspire readers to battle adversity and attack their dreams!

xpress wellness urgent care woodward ok: The Beginning of the American Fall Stephanie McMillan, 2012-11-13 Can a cartoonist and millions of random strangers change the world? The initial stages of their attempt are chronicled in this book of comics-journalism and written observations. Stephanie McMillan, long-time activist and cartoonist, has waited her entire life for the American people to rise up. Sparked by uprisings around the world, a new movement bursts onto the national scene against a system that denies the people a decent life and puts the planet at risk. With delightful full-color drawings, interviews, dialogue, description, and insightful reflections, this book chronicles the first several months of the fragile and contradictory movement. It situates detailed personal experiences and representative narratives within the broad context of a truly unique and historical global conjuncture. This book will stand as a record of the emerging movement in accessible comics form.

xpress wellness urgent care woodward ok: Management in the Era of Big Data Joanna Paliszkiwicz, 2020-06-18 This book is a wonderful collection of chapters that posits how managers need to cope in the Big Data era. It highlights many of the emerging developments in technologies, applications, and trends related to management's needs in this Big Data era. —Dr. Jay Liebowitz, Harrisburg University of Science and Technology This book presents some meaningful work on Big Data analytics and its applications. Each chapter generates helpful guidance to the readers on Big Data analytics and its applications, challenges, and prospects that is necessary for organizational strategic direction. —Dr. Alex Koohang, Middle Georgia State University Big Data is a concept that has caught the attention of practitioners, academicians, and researchers. Big Data offers organizations the possibility of gaining a competitive advantage by managing, collecting, and analyzing massive amounts of data. As the promises and challenges posed by Big Data have increased over the past decade, significant issues have developed regarding how data can be used for improving management. Big Data can be understood as large amounts of data generated by the Internet and a variety of connected smart devices and sensors. This book discusses the main challenges posed by Big Data in a manner relevant to both practitioners and scholars. It examines how companies can leverage Big Data analytics to act and optimize the business. This book brings together the theory and practice of management in the era of Big Data. It offers a look at the current state of Big Data, including a comprehensive overview of both research and practical applications. By bringing together conceptual thinking and empirical research on the nature, meaning, and development of Big Data in management, this book unifies research on Big Data in management to stimulate new directions for academic investigation as well as practice.

xpress wellness urgent care woodward ok: The Royal Treatment Barbara Royal, Anastasia Royal, 2013-06-25 A natural health, holistic medicine guide for your pet written by an innovative veterinarian with a background in zoo and wildlife medicine.

xpress wellness urgent care woodward ok: The Sciences' Media Connection -Public Communication and its Repercussions Simone Rödder, Martina Franzen, Peter Weingart, 2011-12-02 The Yearbook addresses the overriding question: what are the effects of the 'opening up' of science to the media? Theoretical considerations and a host of empirical studies covering different configurations provide an in-depth analysis of the sciences' media connection and its repercussions on science itself. They help to form a sound judgement on this recent development.

xpress wellness urgent care woodward ok: *News of the Weird* Chuck Shepherd, John J. Kohut, Roland Sweet, 1989 For news junkies and fans of the bizarre-but-true, here is an outrageous collection of all-real, all-weird news stories culled from the nation's mainstream newspapers. Line art throughout.

xpress wellness urgent care woodward ok: Move On Up Aaron Cohen, 2019-09-25 A Chicago Tribune Book of 2019, Notable Chicago Reads A Booklist Top 10 Arts Book of 2019 A No Depression Top Music Book of 2019 Curtis Mayfield. The Chi-Lites. Chaka Khan. Chicago's place in the history of soul music is rock solid. But for Chicagoans, soul music in its heyday from the 1960s to the 1980s was more than just a series of hits: it was a marker and a source of black empowerment. In *Move On Up*, Aaron Cohen tells the remarkable story of the explosion of soul music in Chicago. Together, soul music and black-owned businesses thrived. Record producers and song-writers broadcast optimism for black America's future through their sophisticated, jazz-inspired productions for the Dells and many others. Curtis Mayfield boldly sang of uplift with unmistakable grooves like "We're a Winner" and "I Plan to Stay a Believer." Musicians like Phil Cohran and the Pharaohs used their music to voice Afrocentric philosophies that challenged racism and segregation, while Maurice White of Earth, Wind, and Fire and Chaka Khan created music that inspired black consciousness. Soul music also accompanied the rise of African American advertisers and the campaign of Chicago's first black mayor, Harold Washington, in 1983. This empowerment was set in stark relief by the social unrest roiling in Chicago and across the nation: as Chicago's homegrown record labels produced rising stars singing songs of progress and freedom, Chicago's black middle class faced limited economic opportunities and deep-seated segregation, all against a backdrop of nationwide

deindustrialization. Drawing on more than one hundred interviews and a music critic's passion for the unmistakable Chicago soul sound, Cohen shows us how soul music became the voice of inspiration and change for a city in turmoil.

xpress wellness urgent care woodward ok: Letters at 3am Michael Ventura, 1993 I'd rather have one or two of his whiplashing essays in my hands than almost any tome of philosophy. -- Thomas Moore

xpress wellness urgent care woodward ok: Spectrum Test Prep, Grade 1 Spectrum, 2015-01-05 Spectrum Test Prep Grade 1 includes strategy-based activities for language arts and math, test tips to help answer questions, and critical thinking and reasoning. The Spectrum Test Prep series for grades 1 to 8 was developed by experts in education and was created to help students improve and strengthen their test-taking skills. The activities in each book not only feature essential practice in reading, math, and language arts test areas, but also prepare students to take standardized tests. Students learn how to follow directions, understand different test formats, use effective strategies to avoid common mistakes, and budget their time wisely. Step-by-step solutions in the answer key are included. These comprehensive workbooks are an excellent resource for developing skills for assessment success. Spectrum, the best-selling workbook series, is proud to provide quality educational materials that support your students' learning achievement and success.

xpress wellness urgent care woodward ok: Symposium on Development of Upper Respiratory Anatomy and Function James F. Bosma, Jane Showacre, 1975 This Symposium resulted from a linkage of interests of the National Institute of Child Health and Human Development, the National Institute of Dental Research, and the Fogarty International Center. The Perinatal Biology and Infant Mortality Program of the NICHD sponsors investigations of pregnancy, maternal health, intrauterine growth and infant development. A major role is in the instigation and the support of research pertinent to the sudden infant death syndrome (SIDS). The NIDR Section on Oral and Pharyngeal Development studies the infant performances of feeding, vocalization, and positioning, relating these to changes in local sensory resources. The FIC, through its Conference and Seminar Program, furthers international research pertinent to medicine. This conference of developmental anatomists and physiologists with clinicians concerned with the developmentally calendared entity of SIDS resulted in a productive and provocative exchange. We learned from each other and with each other. This volume is composed of chapters which were prepared after the conference, based in varying degree on the typescript of the spoken presentations. The questions and comments of the discussions were edited by the contributors and the responses by the chapter authors.

xpress wellness urgent care woodward ok: A Land Apart Michael King, Robin Morrison, 1990

xpress wellness urgent care woodward ok: Writers' & Artists' Yearbook 2020 Bloomsbury Publishing, 2019-07-25 Packed with practical advice, guidance and inspiration about all aspects of the writing process, this Yearbook is the essential resource on how to get published. It will guide authors and illustrators across all genres and markets: those looking for a traditional, hybrid or self-publishing route to publication; writers of fiction and non-fiction, poets and playwrights, writers for TV and radio, newspapers and magazines. New articles for the 2020 edition include: - Raffaella Barker Writing romantic fiction - Chris Bateman Writing for video games: a guide for the curious - Dean Crawford Going solo: self-publishing in the digital age - Jill Dawson On mentoring - Melissa Harrison So you want to write about nature ... - Kerry Hudson Writing character-led novels - Mark Illis Changing lanes: writing across genres and forms - Maxim Jakubowski Defining genre fiction - Antony Johnston Breaking into comics - Suzanne O'Sullivan Writing about science for the general reader - Tim Pears Writing historical fiction: lessons learned - Di Redmond Ever wanted to write a saga? - Anna Symon Successful screenwriting - Nell Stevens Blurring facts with fiction: memoir and biography - Ed Wilson Are you ready to submit?

xpress wellness urgent care woodward ok: Pediatric and Adolescent Obstetrics and Gynecology J.P. Lavery, J.S. Sanfilippo, 2012-12-06 This book covers a broad area-the problems associated with female development-from the appearance of gender abnormalities in the delivery room, through the trials of pubescence, early maturation, and precocious child bearing. Experts

from many diverse fields of scholarship have contributed chapters covering a wide range of subjects. The contributors have concentrated on their areas of expertise. The broad range of this book is unique; no other textbook covers as many areas. The diversity of subjects covered will help the reader (gynecologist, pediatrician, nurse, health counselor, social worker, or psychologist) to understand both the physical and psychological problems which beset the female, from birth to adolescence. Because of the wealth of information presented, we hope that this volume will serve as a reference source and as a basis for further in-depth studies. The editors wish to express sincere thanks for the efforts above and beyond the call of duty on the part of many members of our staff. A special thank you to Carrie Marcell R.N., our research nurse and University of Louisville coordinator for this project, for her time and effort in putting up with the vagaries of the editors; and to Betty Jones and Linda Grear for their fine secretarial work. Special recognition is due Sue Koenig, whose patience with us in adapting the text to our word processor made our job a great deal easier.

xpress wellness urgent care woodward ok: Miles, Ornette, Cecil Howard Mandel, 2010-04-26 Miles Davis, Ornette Coleman, and Cecil Taylor revolutionized music from the end of the twentieth century into the twenty-first, expanding on jazz traditions with distinctly new concepts of composition, improvisation, instrumentation, and performance. Miles, Ornette, Cecil is the first book to connect these three icons of the avant-garde, examining why they are lionized by some critics and reviled by others, while influencing musicians across such divides as genre, geography, and racial and ethnic backgrounds.

xpress wellness urgent care woodward ok: Tihany Design Adam Tihany, Nina McCarthy, 1999 Resource added for the Business Management program 101023.

xpress wellness urgent care woodward ok: Ghostwritten David Mitchell, 2007-12-18 By the New York Times bestselling author of *The Bone Clocks* and *Cloud Atlas* A gallery attendant at the Hermitage. A young jazz buff in Tokyo. A crooked British lawyer in Hong Kong. A disc jockey in Manhattan. A physicist in Ireland. An elderly woman running a tea shack in rural China. A cult-controlled terrorist in Okinawa. A musician in London. A transmigrating spirit in Mongolia. What is the common thread of coincidence or destiny that connects the lives of these nine souls in nine far-flung countries, stretching across the globe from east to west? What pattern do their linked fates form through time and space? A writer of pyrotechnic virtuosity and profound compassion, a mind to which nothing human is alien, David Mitchell spins genres, cultures, and ideas like gossamer threads around and through these nine linked stories. Many forces bind these lives, but at root all involve the same universal longing for connection and transcendence, an axis of commonality that leads in two directions—to creation and to destruction. In the end, as lives converge with a fearful symmetry, *Ghostwritten* comes full circle, to a point at which a familiar idea—that whether the planet is vast or small is merely a matter of perspective—strikes home with the force of a new revelation. It marks the debut of a writer of astonishing gifts.

xpress wellness urgent care woodward ok: Progressive Class Piano Elmer Heerema, 2005-05-03 A successful keyboard text for both college non-music majors and majors with limited keyboard experience. Sight reading, playing by ear, repertoire pieces, harmonizing melodies, improvising, technical exercises and rhythm drills are all presented and reinforced in progressive order.

xpress wellness urgent care woodward ok: Advances in microbial ecology K. C. Marshall, 1988

xpress wellness urgent care woodward ok: Inside Kevin O'Malley, 2004 The year is 1961, the place, Ireland. Inside a monastery is Brendan O'Kane who, at thirteen years of age, has been recruited into the Irish Christian Brothers. Does he have a true vocation? The recurring doubt causes him sleepless nights. Furthermore, he is confused about his awakening sexuality, repressed totally as it is by the Catholic Church in Ireland of the sixties and by his vow of chastity. Years later, he is faced with a momentous decision: he must decide once and for all if the price he has paid has really been worth it . . . *INSIDE* will strike a chord with many who grew up in the fifties and sixties, who remember the smells of the classroom and dancehall in those pre-deodorant days, the taste of

fried bread and the sounds of the hymns and popular songs of the era - not to mention the swish of the leather strap. **INSIDE** is a must for those who have had their own experience of the Brothers - or who may have heard about them in recent news stories worldwide - and who would like to know what made them tick, what made them so successful in their heyday, and what made some of them, at least, dysfunctional. Other works on a similar theme: **THE BOYS OF ST VINCENT'S** (Canadian tv docudrama), **THE DEVIL'S PLAYGROUND** (Australian film), **THE CHRISTIAN BROTHERS** (Australian one-man-play), and from Ireland, **STATES OF FEAR** (tv documentary), **GIVE UP YER AULD SINS** (animation), **THE MAGDALENE SISTERS** (film) and **SONG FOR A RAGGY BOY** (novel and film).

xpress wellness urgent care woodward ok: Mental Health Law in Context Michael Cavadino, 1989 The author examines, within its proper social and philosophical context, British mental health law and how it operates. The law is examined in practice, most specifically as it relates to the admissions policies of psychiatric hospitals, weighing the relative merits of civil (forced) vs informal (voluntary) admission.

xpress wellness urgent care woodward ok: Pomegranates From the Punjab A. L. O. E., 2018-01-23 Excerpt from **Pomegranates From the Punjab**: Indian Stories Word into our stammering lips - to give us zeal, power, and success! And plead for the many here upon whom light is beginning to break, but who shrink from taking up the heavy heavy cross which confession of Christ must bring! We missionaries see something of their struggles and sufferings; perhaps through the medium of my little book you may also be able to form a somewhat better idea of the difficulties and darkness through which converts in Hindustan are now groping their way to the Saviour. About the Publisher Forgotten Books publishes hundreds of thousands of rare and classic books. Find more at www.forgottenbooks.com This book is a reproduction of an important historical work. Forgotten Books uses state-of-the-art technology to digitally reconstruct the work, preserving the original format whilst repairing imperfections present in the aged copy. In rare cases, an imperfection in the original, such as a blemish or missing page, may be replicated in our edition. We do, however, repair the vast majority of imperfections successfully; any imperfections that remain are intentionally left to preserve the state of such historical works.

xpress wellness urgent care woodward ok: Future State: The Next Batman (2021-2021)
#1 John Ridley, Paul Jenkins, Brandon Thomas, 2021-01-05 Gotham City has always been dangerous-but now, it's downright deadly! Following the tragedy of "A-Day," the mayor allowed the private law enforcement group known as the Magistrate to take over policing so-called mask crime-and that has given rise to a new Dark Knight! What is this mysterious crime fighter's connection to former Batman weaponeer Lucius Fox? The fight for justice has never been this dangerous! Then, in a new tale of the Outsiders, everything in Gotham City may be under the thumb of the Magistrate-but even members of that totalitarian force know that the outskirts of town are protected by the sword of Katana! Plus, ride with the Arkham Knights on their quest for freedom. Arkham Asylum has been decommissioned, and the Magistrate rules the land with an iron fist and zero tolerance. Now it's time for the lunatics to take back their town! Follow Croc, Two-Face, Phosphorus, Zsasz, Clayface, and Astrid Arkham as the Arkham Knights raise holy hell on the occupiers of Gotham!

xpress wellness urgent care woodward ok: I Got Magic in My Bow Keoki Cooper-Anderson, 2021-12-20

xpress wellness urgent care woodward ok: Uptime Elements Implementation Guide , 2021-11-22 Many public and private sector organizations around the world have initiated a reliability and asset management program to drive efficiencies, mitigate risks and manage the asset throughout the entire lifecycle. However, it's well known that more than seventy percent of those implementations fail to become a long-term sustainable solution, and some of them never get off the ground!The development and implementation of a reliability and asset management program most often focuses on the technical aspects of the journey and not the cultural journey itself. The journey is filled with challenges, barriers, difficult decisions, successes and failures. How does one

understand these items and how should they be approached in advance of the journey?The Uptime® Elements Implementation Virtual Special Interest Group (vSIG) was assembled to analyze the reliability and asset management program journey to glean and present the wisdom, advice and recommendations of those who have made the journey utilizing the five domains of the Uptime Elements. Contributors to this implementation guide have made the journey, and thus gained experience in developing, implementing and/or operating a reliability and asset management program. They've experienced the ups and downs, the successes and failures and the barriers and challenges, and have the change management experience required to create valuable and sustainable reliability and asset management solutions. The output of this vSIG has resulted in this Uptime Elements Implementation Guide. This guide is all about the cultural journey, not the technical details.

xpress wellness urgent care woodward ok: JD's Knight Angels Deb D. Donohue, 2020-11-30 Jerome Drake is a private investigator and also owns and operates JD's Knight Angels, a Denver, Colorado based trucking company. Jerome's team, which includes three X-police officers and five X-military men has recently joined an FBI task force to hunt and track down sex traffickers. They are strategically placed around the country searching for these heinous criminals. Jerome and his team of eighteen drivers deliver refrigerated food to large distribution centers nationwide which provides a way for the team to locate and track sex criminals. While the team tracks and takes down traffickers, they search for clues to the whereabouts of Jerome's twin sister, Jillian, who went missing from Evergreen, Colorado, forty-one years ago. Jerome has a suspicion that she was abducted by traffickers. With the help of the team, he finds clues to the mystery of Jillian's disappearance. Meanwhile, Jake Losato, a tremendously skilled tracker on the task force has been searching for his girlfriend, Grace Nadaeu, who went missing from a night club thirty-nine years ago. His story intertwines with other characters throughout the book. Sarah Beaulieu is a vigilante sort who conceals her identity. She helps the task force locate traffickers by calling them with anonymous leads and surprising gutsy, dangerous interaction. She and her hacker genius friend, Trevor, figure out how to locate and track sex criminals. Once the team gets close to the criminals, Sarah figures out how to rescue the young women and takes them to safe havens. Sarah has had a difficult life with tremendous sadness in her past. Sarah decided to work to rescue girls from traffickers when her best friend, Grace, went missing from a night club in Edmonton, Alberta, Canada, many years ago. She tells her story, which weaves in and out with other characters. My story is fictional, however, included in the book are references about actual arrests that have taken place all over the country and the rescue of many young women. Many of the characters and their stories are based on my own experiences and travels throughout the lower forty-eight United States, Alaska and Canada.

xpress wellness urgent care woodward ok: *Fresh from the Farm 6pk* Rigby, 2006

xpress wellness urgent care woodward ok: The Winter Men Brett Lewis, 2009 Kris Kalenov left the Russian army and his old unit behind, or so he thought. Now the Winter Men want Kris back to find a missing girl who also happens to be a stolen weapon.

xpress wellness urgent care woodward ok: Electric Line Construction , 1945

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