

ascend wellness piqua ohio

Ascend Wellness Piqua Ohio: Your Guide to Holistic Wellbeing

Are you searching for a reliable and reputable wellness center in Piqua, Ohio? Feeling overwhelmed, stressed, or simply seeking a path to better physical and mental health? Then look no further! This comprehensive guide dives deep into Ascend Wellness Piqua Ohio, exploring its services, atmosphere, and the overall experience you can expect. We'll cover everything from the types of treatments offered to what sets Ascend Wellness apart from other wellness centers in the area. Prepare to discover your pathway to a healthier, happier you.

Understanding Ascend Wellness Piqua Ohio: More Than Just a Wellness Center

Ascend Wellness Piqua Ohio isn't just another spa; it's a holistic wellness destination designed to address the diverse needs of individuals seeking improved physical, mental, and emotional well-being. They take a comprehensive approach, understanding that true wellness is a multifaceted journey, not a quick fix. This philosophy underpins every service they provide, fostering a supportive and personalized experience for each client. Whether you're struggling with chronic pain, seeking stress reduction techniques, or simply aiming for a more balanced lifestyle, Ascend Wellness aims to empower you to reach your optimal health potential.

A Deep Dive into Ascend Wellness's Services

Ascend Wellness Piqua Ohio offers a wide range of services catering to a broad spectrum of wellness needs. Let's explore some of their key offerings:

1. **Massage Therapy:** From relaxing Swedish massages to deep tissue work targeting specific muscle groups, Ascend Wellness provides expertly administered massage therapy to alleviate pain, reduce tension, and promote relaxation. They employ licensed and experienced massage therapists who tailor their approach to your individual needs and preferences. This ensures you receive the most effective and comfortable treatment possible.

1. **Acupuncture:** Harnessing the principles of traditional Chinese medicine,

Ascend Wellness's acupuncture services can address a variety of health concerns. Acupuncture is known for its effectiveness in pain management, stress reduction, and boosting overall energy levels. Their practitioners are highly skilled and dedicated to providing safe and effective treatments.

1. **Chiropractic Care:** Experiencing back pain, neck stiffness, or other musculoskeletal issues? Ascend Wellness offers chiropractic care to address these problems through spinal adjustments and other techniques designed to restore proper spinal alignment and improve overall body function. Their chiropractors work collaboratively with other practitioners to ensure a holistic approach to your care.
1. **Physical Therapy:** Recovering from an injury or surgery? Ascend Wellness's physical therapy services can help you regain strength, mobility, and function. Their experienced physical therapists create personalized treatment plans designed to accelerate your recovery and prevent future injuries.
1. **Wellness Workshops & Classes:** Ascend Wellness goes beyond individual treatments by offering educational workshops and classes focused on various aspects of wellness. These might include yoga, meditation, nutrition guidance, and stress management techniques, empowering you to take an active role in your health journey.

What Sets Ascend Wellness Piqua Ohio Apart?

Several factors distinguish Ascend Wellness from other wellness centers in the Piqua, Ohio area:

Holistic Approach: Their commitment to holistic wellness ensures that all aspects of your well-being are considered, leading to more effective and sustainable results.

Experienced and Licensed Professionals: Ascend Wellness employs highly qualified and licensed practitioners in all areas of expertise, guaranteeing you receive the highest quality of care.

Personalized Treatment Plans: They don't believe in a one-size-fits-all approach. Instead, they work closely with each client to develop a customized treatment plan tailored to their specific needs and goals.

Relaxing and Serene Atmosphere: The center is designed to create a calming and peaceful environment conducive to relaxation and healing.

Community Focus: Ascend Wellness actively engages with the Piqua community, offering workshops and services designed to support overall community well-being.

Scheduling Your Appointment at Ascend Wellness Piqua Ohio

Ready to experience the Ascend Wellness difference? Scheduling your appointment is simple and straightforward. You can typically book online through their website, or contact them directly via phone to discuss your needs and schedule a consultation. Many offer online booking systems for convenience, making it easy to find a time that fits your busy schedule.

Conclusion

Ascend Wellness Piqua Ohio offers a comprehensive and personalized approach to wellness, catering to a wide range of needs and preferences. With their experienced professionals, holistic philosophy, and calming atmosphere, they provide a valuable resource for individuals seeking to improve their physical, mental, and emotional health. Take the first step towards a healthier, happier you – schedule your appointment at Ascend Wellness today.

Frequently Asked Questions (FAQs)

1. Does Ascend Wellness accept insurance? It's best to contact Ascend Wellness directly to inquire about their insurance coverage options, as this can vary.
1. What are the hours of operation? Their hours of operation are typically posted on their website or can be obtained by calling their office.
1. Do they offer gift certificates? Many wellness centers offer gift certificates, making them a perfect present. Check their website or call to confirm.
1. What forms of payment do they accept? Ascend Wellness likely accepts various payment methods, including credit cards and possibly others. Contact them to confirm accepted forms of payment.

1. What is their cancellation policy? It's crucial to review their cancellation policy to understand the implications of rescheduling or canceling appointments. This information is usually available on their website or by contacting them directly.

ascend wellness piqua ohio: American Indian Thought Anne Waters, 2003-12-02 This book brings together a diverse group of American Indian thinkers to discuss traditional and contemporary philosophies and philosophical issues. Covers American Indian thinking on issues concerning time, place, history, science, law, religion, nationhood, and art. Features newly commissioned essays by authors of American Indian descent. Includes a comprehensive bibliography to aid in research and inspire further reading.

ascend wellness piqua ohio: Stop, Thief! Peter Linebaugh, 2014-03-01 In this majestic tour de force, celebrated historian Peter Linebaugh takes aim at the thieves of land, the polluters of the seas, the ravagers of the forests, the despoilers of rivers, and the removers of mountaintops. Scarcely a society has existed on the face of the earth that has not had commoning at its heart. "Neither the state nor the market," say the planetary commoners. These essays kindle the embers of memory to ignite our future commons. From Thomas Paine to the Luddites, from Karl Marx—who concluded his great study of capitalism with the enclosure of commons—to the practical dreamer William Morris—who made communism into a verb and advocated communizing industry and agriculture—to the 20th-century communist historian E.P. Thompson, Linebaugh brings to life the vital commonist tradition. He traces the red thread from the great revolt of commoners in 1381 to the enclosures of Ireland, and the American commons, where European immigrants who had been expelled from their commons met the immense commons of the native peoples and the underground African-American urban commons. Illuminating these struggles in this indispensable collection, Linebaugh reignites the ancient cry, "STOP, THIEF!"

ascend wellness piqua ohio: True Crime: Michigan Tobin T. Buhk, 2011-06-07 Includes Jimmy Hoffa's disappearance, the Bath School Massacre, the Purple Gang of Detroit, and many more.

ascend wellness piqua ohio: Vietnam Helicopter Pilots Association Bill Greenhalgh, Ken Fritz, 2007

ascend wellness piqua ohio: Electric Line Construction , 1945

ascend wellness piqua ohio: Yvain Chretien de Troyes, 1987-09-10 The twelfth-century French poet Chrétien de Troyes is a major figure in European literature. His courtly romances fathered the Arthurian tradition and influenced countless other poets in England as well as on the continent. Yet because of the difficulty of capturing his swift-moving style in translation, English-speaking audiences are largely unfamiliar with the pleasures of reading his poems. Now, for the first time, an experienced translator of medieval verse who is himself a poet provides a translation of Chrétien's major poem, Yvain, in verse that fully and satisfyingly captures the movement, the sense, and the spirit of the Old French original. Yvain is a courtly romance with a moral tenor; it is ironic and sometimes bawdy; the poetry is crisp and vivid. In addition, the psychological and the socio-historical perceptions of the poem are of profound literary and historical importance, for it evokes the emotions and the values of a flourishing, vibrant medieval past.

ascend wellness piqua ohio: American Philosophies Leonard Harris, Scott L. Pratt, Anne S. Waters, 2001-12-21 This anthology promotes a new vision: American Philosophy as complex and constantly changing, enlivened by historically marginalized, yet never silent, voices.

ascend wellness piqua ohio: William Morris E. P. Thompson, 2011-03-28

ascend wellness piqua ohio: The Magna Carta Manifesto Peter Linebaugh, 2009-06 History.

ascend wellness piqua ohio: The Distinguished Flying Cross Society Randy W. Baumgardner, 2004

ascend wellness piqua ohio: Charles Pettigrew, First Bishop-elect of the North Carolina Episcopal Church Bennett H Wall, 2021-09-10 This work has been selected by scholars as being culturally important and is part of the knowledge base of civilization as we know it. This work is in the public domain in the United States of America, and possibly other nations. Within the United States, you may freely copy and distribute this work, as no entity (individual or corporate) has a copyright on the body of the work. Scholars believe, and we concur, that this work is important enough to be preserved, reproduced, and made generally available to the public. To ensure a quality reading experience, this work has been proofread and republished using a format that seamlessly blends the original graphical elements with text in an easy-to-read typeface. We appreciate your support of the preservation process, and thank you for being an important part of keeping this knowledge alive and relevant.

ascend wellness piqua ohio: Documents of American Indian Diplomacy Vine Deloria, Raymond J. DeMallie, 1999 Reproduced in this two-volume set are hundreds of treaties and agreements made by Indian nations--with, among others, the Continental Congress; England, Spain, and other foreign countries; the ephemeral Republic of Texas and the Confederate States; railroad companies seeking rights-of-way across Indian land; and other Indian nations. Many were made with the United States but either remained unratified by Congress or were rejected by the Indians themselves after the Senate amended them unacceptably. Many others are agreements made after the official--but hardly de facto--end of U.S. treaty making in 1871. With the help of chapter introductions that concisely set each type of treaty in its historical and political context, these documents effectively trace the evolution of American Indian diplomacy in the United States.

ascend wellness piqua ohio: *Capital and Its Discontents* Sasha Lilley, 2011-03-07 Capitalism is stumbling, empire is faltering, and the planet is thawing. Yet many people are still grasping to understand these multiple crises and to find a way forward to a just future. Into the breach come the essential insights of *Capital and Its Discontents*, which cut through the gristle to get to the heart of the matter about the nature of capitalism and imperialism, capitalism's vulnerabilities at this conjuncture—and what can we do to hasten its demise. Through a series of incisive conversations with some of the most eminent thinkers and political economists on the Left—including David Harvey, Ellen Meiksins Wood, Mike Davis, Leo Panitch, Tariq Ali, and Noam Chomsky—*Capital and Its Discontents* illuminates the dynamic contradictions undergirding capitalism and the potential for its dethroning. The book challenges conventional wisdom on the Left about the nature of globalization, neoliberalism, and imperialism, as well as the agrarian question in the Global South. It probes deeply into the roots of the global economic meltdown, the role of debt and privatization in dampening social revolt, and considers capitalism's dynamic ability to find ever new sources of accumulation—whether through imperial or ecological plunder or the commodification of previously unpaid female labor. The Left luminaries in *Capital and Its Discontents* look at potential avenues out of the mess—as well as wrong turns and needless detours—drawing lessons from the history of post-colonial states in the Global South, struggles against imperialism past and present, the eternal pendulum swing of radicalism, the corrosive legacy of postmodernism, and the potentialities of the radical humanist tradition. At a moment when capitalism as a system is more reviled than ever, here is an indispensable toolbox of ideas for action by some of the most brilliant thinkers of our times. Full list of Interviewees: Noam Chomsky is a laureate professor at the University of Arizona and professor emeritus in the MIT Department of Linguistics and Philosophy. His work is widely credited with having revolutionized the field of modern linguistics and Chomsky is one of the foremost critics of U.S. foreign policy. He has published numerous groundbreaking books, articles, and essays on global politics, history, and linguistics. His recent books include *Who Rules the World?* and *Hopes and Prospects*. Tariq Ali is a historian, novelist, and filmmaker, and the author of many books. He is

a member of the editorial committee of the New Left Review and a contributor to the Guardian and the London Review of Books. Mike Davis is an urban theorist, historian, and political activist, author of many works including *City of Quartz*. He is an editor of the New Left Review and received a MacArthur Fellowship Award and the Lannan Literary Award for Nonfiction. Ellen Meiksins Wood, for many years professor of political science at York University, Toronto, is the author of a number of books, including *The Origin of Capitalism* and *Citizens to Lords: A Social History of Western Political Thought from Antiquity to the Middle Ages*. David Harvey is the Distinguished Professor of Anthropology at the Graduate Center of the City University of New York and a pioneering radical geographer. He has written numerous books and is among the 20 most cited authors in the humanities. Leo Panitch teaches political economy at York University in Toronto and is coeditor of the *Socialist Register*. He is the author of numerous books, including *In and Out of Crisis: The Global Financial Meltdown and Left Alternatives*, published by PM Press. Doug Henwood is editor of *Left Business Observer*, author of *After the New Economy* and *Wall Street: How It Works and for Whom*, and a contributing editor to *The Nation* magazine. A South African native, Gillian Hart is professor of geography at UC Berkeley and the author of *Disabling Globalization: Places of Power in Post-Apartheid South Africa*. John Bellamy Foster is the editor of the independent socialist magazine *Monthly Review* and professor of sociology at the University of Oregon in Eugene. He is the coauthor, among other works, of *The Great Financial Crisis: Causes and Consequences*. Ursula Huws is the editor of the international interdisciplinary journal *Work Organisation, Labour and Globalisation*, and the author of *The Making of a Cybertariat: Virtual Work in a Real World*. David McNally is professor of political science at York University in Toronto and the author of many books, including *Global Slump: The Economics and Politics of Crisis and Resistance*, published by PM Press. Jason W. Moore is a research fellow at the Department of Human Geography at Lund University, Sweden. Vivek Chibber is professor of sociology at New York University and the author of *Locked in Place: State-Building and Late Industrialization in India*. John Sanbonmatsu teaches philosophy at Worcester Polytechnic Institute in Massachusetts. He is the author of *The Postmodern Prince: Critical Theory, Left Strategy, and the Making? of a New Political Subject*. Andrej Grubačić is a dissident from the Balkans. A radical historian and sociologist, he is the coauthor of *Wobblies and Zapatistas* and author of *Don't Mourn, Balkanize!* (both from PM Press).

ascend wellness piqua ohio: Men in Prison Victor Serge, 2014-04-01 "Everything in this book is fictional and everything is true," wrote Victor Serge in the epigraph to *Men in Prison*. "I have attempted, through literary creation, to bring out the general meaning and human content of a personal experience." The author of *Men in Prison* served five years in French penitentiaries (1912-1917) for the crime of "criminal association"—in fact for his courageous refusal to testify against his old comrades, the infamous "Tragic Bandits" of French anarchism. "While I was still in prison," Serge later recalled, "fighting off tuberculosis, insanity, depression, the spiritual poverty of the men, the brutality of the regulations, I already saw one kind of justification of that infernal voyage in the possibility of describing it. Among the thousands who suffer and are crushed in prison—and how few men really know that prison!—I was perhaps the only one who could try one day to tell all... There is no novelist's hero in this novel, unless that terrible machine, prison, is its real hero. It is not about 'me,' about a few men, but about men, all men crushed in that dark corner of society." Ironically, Serge returned to writing upon his release from a GPU prison in Soviet Russia, where he was arrested as an anti-Stalinist subversive in 1928. He completed *Men in Prison* (and two other novels) in "semi-captivity" before he was rearrested and deported to the Gulag in 1933. Serge's classic prison novel has been compared to Dostoyevsky's *House of the Dead*, Koestler's *Spanish Testament*, Genet's *Miracle of the Rose*, and Solzhenitsyn's *One Day in the Life of Ivan Denisovitch* both for its authenticity and its artistic achievement. This edition features a substantial new introduction by translator Richard Greeman, situating the work in Serge's life and times.

ascend wellness piqua ohio: Why the Middle Ages Matter Celia Chazelle, Simon Doubleday, Felice Lifshitz, Amy G. Remensnyder, 2012-02-20 The word medieval is often used in a negative way

when talking about contemporary issues; Why the Middle Ages Matter refreshes our thinking about this historical era, and our own, by looking at some pressing concerns from today's world, asking how these issues were really handled in the medieval period, and showing why the past matters now. The contributors here cover topics such as torture, animal rights, marriage, sexuality, imprisonment, refugees, poverty and end of life care. They shed light on relations between Christians and Muslims and on political leadership. This collection challenges many negative stereotypes of medieval people, revealing a world from which, for instance, much could be learned about looking after the spiritual needs of the dying, and about integrating prisoners into the wider community with the emphasis on reconciliation between victim and criminal. It represents a new level of engagement with issues of social justice by medievalists and provides a highly engaging way into studying the middle ages for students--

ascend wellness piqua ohio: Birth of Our Power Victor Serge, 2015-01-01 Birth of Our Power is an epic novel set in Spain, France, and Russia during the heady revolutionary years 1917-1919. Serge's tale begins in the spring of 1917, the third year of mass slaughter in the blood-and-rain-soaked trenches of World War I. When the flames of revolution suddenly erupt in Russia and Spain, Europe is "burning at both ends." Although the Spanish uprising eventually fizzles, in Russia the workers, peasants, and common soldiers are able to take power and hold it. Serge's "tale of two cities" is constructed from the opposition between Barcelona, the city "we" could not take, and Petrograd, the starving, beleaguered capital of the Russian Revolution besieged by counter-revolutionary Whites. Between the romanticism of radicalized workers awakening to their own power in a sun-drenched Spanish metropolis to the grim reality of workers clinging to power in Russia's dark, frozen revolutionary outpost. From "victory in defeat" to "defeat in victory." The novel was composed a decade after the revolution in Leningrad, where Serge was living in semicaptivity because of his declared opposition to Stalin's dictatorship over the revolution.

ascend wellness piqua ohio: Ned Ludd & Queen Mab Peter Linebaugh, 2012 Peter Linebaugh's great act of historical imagination ... takes the cliché of 'globalization' and makes it live--Cover.

ascend wellness piqua ohio: West of Eden Iain Boal, Janferie Stone, Michael Watts, Cal Winslow, 2012-04-01 In the shadow of the Vietnam War, a significant part of an entire generation refused their assigned roles in the American century. Some took their revolutionary politics to the streets, others decided simply to turn away, seeking to build another world together, outside the state and the market. West of Eden charts the remarkable flowering of communalism in the 1960s and '70s, fueled by a radical rejection of the Cold War corporate deal, utopian visions of a peaceful green planet, the new technologies of sound and light, and the ancient arts of ecstatic release. The book focuses on the San Francisco Bay Area and its hinterlands, which have long been creative spaces for social experiment. Haight-Ashbury's gift economy—its free clinic, concerts, and street theatre—and Berkeley's liberated zones—Sproul Plaza, Telegraph Avenue, and People's Park—were embedded in a wider network of producer and consumer co-ops, food conspiracies, and collective schemes. Using memoir and flashbacks, oral history and archival sources, West of Eden explores the deep historical roots and the enduring, though often disavowed, legacies of the extraordinary pulse of radical energies that generated forms of collective life beyond the nuclear family and the world of private consumption, including the contradictions evident in such figures as the guru/predator or the hippie/entrepreneur. There are vivid portraits of life on the rural communes of Mendocino and Sonoma, and essays on the Black Panther communal households in Oakland, the latter-day Diggers of San Francisco, the Native American occupation of Alcatraz, the pioneers of live/work space for artists, and the Bucky dome as the iconic architectural form of the sixties. Due to the prevailing amnesia—partly imposed by official narratives, partly self-imposed in the aftermath of defeat—West of Eden is not only a necessary act of reclamation, helping to record the unwritten stories of the motley generation of communards and antinomians now passing, but is also intended as an offering to the coming generation who will find here, in the rubble of the twentieth century, a past they can use—indeed one they will need—in the passage from the privations of commodity capitalism to an

ample life in common.

ascend wellness piqua ohio: *BMTCN Certification Review Manual* B. FAIMAN, 2016 The BMTCN Certification Review Manual is an essential resource for RNs preparing to take the blood and marrow transplant certified nurse (BMTCN) examination. As the only nationally accredited test of its kind, the BMTCN certification identifies nurses as being adept in the specialty of blood and marrow transplantation. This study manual is an essential learning resource for your certification preparation.

ascend wellness piqua ohio: *Red Round Globe Hot Burning* Peter Linebaugh, 2021-02-23 On February 21, 1803, Colonel Edward (Ned) Marcus Despard was publicly hanged and decapitated in London before a crowd of 20,000 for organizing a revolutionary conspiracy to overthrow King George III. His Black Caribbean wife, Catherine (Kate), helped to write his gallows speech in which he proclaimed that he was a friend to the poor and oppressed. He expressed trust that “the principles of freedom, of humanity, and of justice will triumph over falsehood, tyranny, and delusion.” And yet the world turned. From the connected events of the American, French, Haitian, and failed Irish Revolutions, to the Anthropocene’s birth amidst enclosures, war-making global capitalism, slave labor plantations, and factory machine production, *Red Round Globe Hot Burning* throws readers into the pivotal moment of the last two millennia. This monumental history, packed with a wealth of detail, presents a comprehensive chronicle of the resistance to the demise of communal regimes. Peter Linebaugh’s extraordinary narrative recovers the death-defying heroism of extended networks of underground resisters fighting against privatization of the commons accomplished by two new political entities, the U.S.A. and the U.K., that we now know would dispossess people around the world through today. *Red Round Globe Hot Burning* is the culmination of a lifetime of research—encapsulated through an epic tale of love.

ascend wellness piqua ohio: *In and Out of Crisis* Greg Albo Albo, 2010-07 In this groundbreaking study of the financial meltdown, renowned radical political economists lay bare the roots of the crisis in the inner logic of capitalism itself. Objective and detailed, this account provocatively challenges the call for a return to a largely mythical golden age of economic regulation as a check on finance capital. In addition, it deftly illuminates how the era of neoliberal free markets has been, in practice, under-girded by state intervention on a massive scale. Arguing for genuinely transformative alternatives to capitalism, and discussing how to build the collective capacity to realize these goals, this record is a critique of the crisis and an indispensable springboard for a renewed political left.

ascend wellness piqua ohio: *Catastrophism* Sasha Lilley, David McNally, Eddie Yuen, James Davis, 2012-10-10 Our world is reeling from dire economic crises and ecological disasters. Visions of the apocalypse and impending doom abound. Governments warn that no alternative exists to taking the bitter medicine they prescribe. *Catastrophism* explores the politics of apocalypse, on the left and right, in the environmental movement, and from capital and the state, and examines why the lens of catastrophe distorts our understanding of the dynamics at the heart of numerous disasters and fatally impedes our ability to transform the world. The authors challenge the belief that it is only out of the ashes that a better society may be born.

ascend wellness piqua ohio: *Global Slump* David McNally, 2010-12-09 *Global Slump* analyzes the global financial meltdown as the first systemic crisis of the neoliberal stage of capitalism. It argues that—far from having ended—the crisis has ushered in a whole period of worldwide economic and political turbulence. In developing an account of the crisis as rooted in fundamental features of capitalism, *Global Slump* challenges the view that its source lies in financial deregulation. The book locates the recent meltdown in the intense economic restructuring that marked the recessions of the mid-1970s and early 1980s. Through this lens, it highlights the emergence of new patterns of world inequality and new centers of accumulation, particularly in East Asia, and the profound economic instabilities these produced. *Global Slump* offers an original account of the “financialization” of the world economy during this period, and explores the intricate connections between international financial markets and new forms of debt and dispossession, particularly in the Global South.

Analyzing the massive intervention of the world's central banks to stave off another Great Depression, *Global Slump* shows that, while averting a complete meltdown, this intervention also laid the basis for recurring crises for poor and working class people: job loss, increased poverty and inequality, and deep cuts to social programs. The book takes a global view of these processes, exposing the damage inflicted on countries in the Global South, as well as the intensification of racism and attacks on migrant workers. At the same time, *Global Slump* also traces new patterns of social and political resistance—from housing activism and education struggles, to mass strikes and protests in Martinique, Guadeloupe, France and Puerto Rico—as indicators of the potential for building anti-capitalist opposition to the damage that neoliberal capitalism is inflicting on the lives of millions.

ascend wellness piqua ohio: Common As Air Lewis Hyde, 2012-03-01 In 1963, Martin Luther King, Jr. delivered his famous 'I Have a Dream' speech. Thirty years later his son registered the words 'I Have a Dream' as a trademark and successfully blocked attempts to reproduce these four words. Unlike the Gettysburg Address and other famous speeches, 'I Have a Dream' is now private property, even though some the speech is comprised of words written by Thomas Jefferson, a man who very much believed that the corporate land grab of knowledge was at odds with the development of civil society. Exploring the complex intersection between creativity and commerce, Hyde raises the question of how our shared store of art and knowledge might be made compatible with our desire to copyright everything, and questions whether the fruits of creative labour can - or should - be privately owned, especially in the digital age. 'In what sense,' he writes, 'can someone own, and therefore control other people's access to, a work of fiction or a public speech or the ideas behind a drug?' Moving deftly between literary analysis, history and biography (from Benjamin Franklin's reluctance to patent his inventions to Bob Dylan's admission that his early method of songwriting was largely comprised of 'rearranging verses to old blues ballads, adding an original line here or there... slapping a title on it'), *Common As Air* is a stirring call-to-arms about how we might concretely legislate for a cultural commons that would simultaneously allow for financial reward and protection from monopoly. Rigorous, informative and riveting, this is a book for anyone who is interested in the creative process.

ascend wellness piqua ohio: The Navy and German Power Politics, 1862-1914 I.N. Lambi, 2021-07 When originally published in 1984, this book was the first fully documented discussion of German naval strategy and planning from 1862-1914 against France, Russia, Great Britain, the United States and Japan.

ascend wellness piqua ohio: On Ambivalence Kenneth Weisbrode, 2012-02-24 A concise guide to ambivalence, from Adam and Eve (to eat the apple or not?) to Hamlet (to be or not?) to globalization (e pluribus unum or not?). Why is it so hard to make up our minds? Adam and Eve set the template: Do we or don't we eat the apple? They chose, half-heartedly, and nothing was ever the same again. With this book, Kenneth Weisbrode offers a crisp, literate, and provocative introduction to the age-old struggle with ambivalence. Ambivalence results from a basic desire to have it both ways. This is only natural—although insisting upon it against all reason often results not in both but in the disappointing neither. Ambivalence has insinuated itself into our culture as a kind of obligatory reflex, or default position, before practically every choice we make. It affects not only individuals; organizations, societies, and cultures can also be ambivalent. How often have we asked the scornful question, Are we the Hamlet of nations? How often have we demanded that our leaders appear decisive, judicious, and stalwart? And how eager have we been to censure them when they hesitate or waver? Weisbrode traces the concept of ambivalence, from the Garden of Eden to Freud and beyond. The Obama era, he says, may be America's own era of ambivalence: neither red nor blue but a multicolored kaleidoscope. Ambivalence, he argues, need not be destructive. We must learn to distinguish it from its symptoms—selfishness, ambiguity, and indecision—and accept that frustration, guilt, and paralysis felt by individuals need not lead automatically to a collective pathology. Drawing upon examples from philosophy, history, literature, and the social sciences, *On Ambivalence* is a pocket-sized portrait of a complex human condition. It should be read by anyone

who has ever grappled with making the right choice.

ascend wellness piqua ohio: *East Wind, Rain* Caroline Paul, 2008-12-24 From the New York Times bestselling author of *The Gutsy Girl* comes this provocative, compelling novel of irrevocable consequences for people thrust unwittingly into a devastating war of nations and American identity—based on a little-known true event. December 1941. The inhabitants of Niihau lead a simple life. Mostly Hawaiian natives, they work the ranch of Niihau's eccentric haole owner, who keeps his island totally isolated from the outside world, devoid of cars, phones, and electricity. But then a plane crash-lands there, and although the villagers rescue the pilot, they have no idea that he has just attacked Pearl Harbor. War has now come to Eden, slowly undoing its tranquillity, widening the cracks in the already troubled marriage of Irene and Yoshio Harada, the island's only Japanese-American couple. It will test everyone's loyalties and all they believe in . . . as Paradise, once within reach, slowly falls victim to its own isolated innocence.

ascend wellness piqua ohio: *The Science of Socialism* , 1916

ascend wellness piqua ohio: *Stealworks* John Yates, G. A. Matiasz, 1994 Notes on the Apocalypse

ascend wellness piqua ohio: *Tessa* Louis Becke, 2020-07-17 Reproduction of the original: Tessa by Louis Becke

ascend wellness piqua ohio: *The Subsistence Perspective* Maria Mies, Veronika Bennholdt-Thomsen, 1999 First published in Germany in 1997 as 'Eine Kuh für Hillary: Die Subsistenzperspektive'. Provides an alternative to the current global free market industrial system, by calling for a new economics and politics based on a subsistence perspective. Explains subsistence as empowerment based on people's strength and cooperation. Analyses recent feminist politics and argues that the fight for equality with men has failed to make an egalitarian society. Includes case studies from Africa, Latin America and Europe, references and an index. Mies is professor of sociology at the Fachhochschule, Cologne. Bennholdt-Thomsen is director of the institute of the theory and praxis of subsistence, Bielefeld, Germany.

ascend wellness piqua ohio: *Recovering the Commons* Herbert Reid, Betsy Taylor, 2010-02-05 This penetrating work culls key concepts from grassroots activism to hold critical social theory accountable to the needs, ideas, and organizational practices of the global justice movement. The resulting critique of neoliberalism hinges on place-based struggles of groups marginalized by globalization and represents a brave rethinking of politics, economy, culture, and professionalism. Providing new practical and conceptual tools for responding to human and environmental crises in Appalachia and beyond, *Recovering the Commons* radically revises the framework of critical social thought regarding our stewardship of the civic and ecological commons. Herbert Reid and Betsy Taylor ally social theory, field sciences, and local knowledge in search of healthy connections among body, place, and commons that form a basis for solidarity as well as a vital infrastructure for a reliable, durable world. Drawing particularly on the work of philosophers Maurice Merleau-Ponty, John Dewey, and Hannah Arendt, the authors reconfigure social theory by ridding it of the aspects that reduce place and community to sets of interchangeable components. Instead, they reconcile complementary pairs such as mind/body and society/nature in the reclamation of public space. With its analysis embedded in philosophical and material contexts, this penetrating work culls key concepts from grassroots activism to hold critical social theory accountable to the needs, ideas, and organizational practices of the global justice movement. The resulting critique of neoliberalism hinges on place-based struggles of groups marginalized by globalization and represents a brave rethinking of politics, economy, culture, and professionalism.

ascend wellness piqua ohio: *All that We Share* Jay Walljasper, On the Commons (Organization), 2010 A collection of essays that offers unique strategies for dealing with the economic, political, and cultural issues that are shaping the global community at the start of the twenty-first century.

ascend wellness piqua ohio: *The Value of Nothing* Raj Patel, 2010-01-04 A deeply though-provoking book about the dramatic changes we must make to save the planet from financial

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