

can you do a wellness check on an inmate

Can You Do a Wellness Check on an Inmate? Understanding Inmate Welfare and Reporting Concerns

Worried about a loved one incarcerated? Want to ensure their well-being behind bars? Knowing how to initiate a wellness check on an inmate can be crucial for peace of mind. This comprehensive guide will explore the process of requesting a wellness check, the different avenues available, the challenges involved, and what to expect. We'll cut through the bureaucratic jargon to provide clear, actionable information, empowering you to advocate for your incarcerated loved one's health and safety. This isn't just about asking "Can you do a wellness check on an inmate?", but understanding the entire system and your role within it.

Understanding the System: Why Wellness Checks are Important

Before we delve into the specifics of requesting a wellness check, it's vital to understand the context. Prisons and jails have a responsibility to provide basic healthcare and ensure the safety and well-being of all inmates. However, the reality is often complex, with limited resources and varying standards across different facilities. A wellness check isn't just about ensuring someone is physically unharmed; it's about verifying their mental state, checking for signs of abuse or neglect, and confirming their access to essential services like medical care and legal assistance.

Regular wellness checks, or the ability to request one when concerns arise, are essential for maintaining a humane correctional system. They act as a safeguard against potential mistreatment and contribute to a more transparent and accountable environment.

How to Request a Wellness Check on an Inmate: A Step-by-Step Guide

Requesting a wellness check often involves navigating a complex system. Here's a breakdown of the typical process:

1. **Identify the Correct Facility:** First, determine the precise location of the inmate – the name and address of the correctional facility are crucial.

1. **Contact the Facility Directly:** Most correctional facilities have designated contact numbers for inquiries. This could be a general information line, a specific unit for inmate inquiries, or a dedicated line for reporting concerns. Be prepared to provide the inmate's full name, inmate number (if known), and your relationship to the inmate.
1. **Clearly State Your Concerns:** Explain your reasons for requesting a wellness check. Be specific and factual. Avoid emotional language and focus on observable details, such as a lack of communication, unusual behavior reported by other inmates (if known), or specific health concerns.
1. **Document Everything:** Keep a record of all communication – date, time, person you spoke with, and the response you received. This documentation is vital if you need to escalate your concerns later.
1. **Follow Up:** If you haven't received a satisfactory response or confirmation within a reasonable timeframe (this timeframe varies depending on the facility's policies), follow up with your initial contact point or a higher authority, such as the warden or a supervising officer.
1. **Consider Legal Assistance:** In extreme cases, or if you encounter significant obstacles in getting your concerns addressed, legal counsel can be invaluable. An attorney specializing in prison rights or inmate welfare can navigate the legal complexities and advocate on your behalf.

What to Expect After Requesting a Wellness Check

After requesting a wellness check, the facility may or may not provide you with specific details regarding the outcome. This is partly due to privacy concerns, but also because the investigation and the nature of the response might be confidential. They may simply confirm that a check has been conducted, or they may provide a general update on the inmate's condition without revealing specifics. This lack of detail can be frustrating, but it's important to understand that the system is designed to protect the privacy of all involved.

Challenges in Requesting Wellness Checks: Navigating

Bureaucracy and Systemic Issues

Obtaining information about an incarcerated individual and requesting a wellness check is not always straightforward. You may encounter challenges such as:

Limited Access to Information: Correctional facilities may be reluctant to disclose information about inmates due to privacy concerns.

Slow Response Times: Overburdened staff and bureaucratic processes can lead to significant delays in responding to requests.

Lack of Transparency: Some facilities may lack transparency in their processes, making it difficult to track the status of a wellness check.

Resistance from Correctional Staff: Staff may be unresponsive or dismissive of your concerns, especially if they perceive the request as unwarranted.

Beyond the Basic Wellness Check: Advocating for Your Loved One's Rights

While a wellness check is a crucial step, it's only one part of advocating for an incarcerated person's well-being. Consider these additional actions:

Regular Communication: Maintain consistent contact with your loved one whenever possible, through letters, phone calls, or visits.

Monitor their Healthcare: If your loved one has pre-existing health conditions, stay informed about their access to medical care and treatment.

Legal Representation: Ensure they have access to legal representation and are aware of their rights.

Connecting with Support Groups: Joining support groups for families of incarcerated individuals can provide emotional support and valuable information.

Conclusion

Requesting a wellness check on an inmate is a vital way to ensure their well-being behind bars. While the process can be challenging, understanding the system and utilizing the resources available can significantly increase your chances of success. Remember to be persistent, document your efforts, and consider seeking legal assistance if necessary. Your advocacy can make a tangible difference in the life of your incarcerated loved one.

FAQs

1. Can I request a wellness check anonymously? Generally, no. Most facilities require

some form of identification to verify your request and ensure accountability. However, you can explain your concern without revealing your full personal details if you feel unsafe.

1. What if the facility refuses to conduct a wellness check? You can escalate your concerns to higher authorities, such as the warden or the state Department of Corrections. Legal counsel might also be beneficial in such situations.
1. How often can I request a wellness check? There are no strict limitations, but excessively frequent requests might be viewed with skepticism. Focus on genuine concerns and provide specific reasons for each request.
1. What happens if a serious issue is discovered during the wellness check? The facility is obligated to address any serious issues discovered, such as medical emergencies or signs of abuse. They may also notify appropriate authorities.
1. Are there any specific forms I need to fill out to request a wellness check? This varies greatly depending on the facility. Some may have specific forms, while others may only require a phone call. Check the facility's website or contact them directly to inquire.

can you do a wellness check on an inmate: Suicide and Self-Harm in Prisons and Jails

Christine Tartaro, David Lester, 2010-07-12 A very much needed comprehensive and practical book. It will help in the hard work of preventing suicide in prisons. Highly recommended for anyone interested in suicide prevention and prison environment.--Maurizio Pompili, Sapienza University of Rome.

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can you do a wellness check on an inmate: *Embodiment* AJ Easterling, 2022-05-23 Dr. Myra Christie, a forensic psychologist, is contracted by the State of South Carolina to provide an evaluation and sentencing suggestions in a multi-murder case. When her expert testimony contributes to the suspect being found guilty and placed in prison, she feels she has done her part in keeping the streets safe for everyone. But soon after, he is found dead in his cell, and evidence points to a shoddy investigation and a serial killer that is still on the loose. Simultaneously, she is being pursued by a potentially unhinged, unknown stalker who knows too much about her. Questioning herself and her abilities, she begins looking over her shoulder and fearing the shadows. When the serial killer is caught and refuses to speak to anyone but her, a chain of events unfurls that

has her questioning herself, her beliefs, and her sanity.

can you do a wellness check on an inmate: Promoting Wellness and Resiliency in Correctional Officers Hayden P. Smith, 2022-12-26 Correctional officers face considerable stress, risk, and danger that lead to poor physical and mental health outcomes. In fact, their life expectancy is 15 years shorter than the national average. Public perception and media portrayals of correctional officers tend to reinforce stereotypes of brutish, improper, and uncontrolled behavior. Yet the reality is that correctional officers are operating a default public and mental health system for a sizeable portion of our society, a responsibility that exposes them to considerable risk. These negative effects have been compounded by an international staffing crisis that has made our jails and prisons far less safe for working officers. To address this situation, this book features an examination of a combined 11,313 correctional officers and 42 of their family members in the United States, Canada, and Europe. It explores proactive strategies that can reduce rates of posttraumatic stress disorder (PTSD) in correctional officers, which currently surpasses those found in returning military veterans who experienced combat. It then delves into the dynamics of correctional officer suicide, featuring the perspectives of their families. This book highlights innovative approaches that can build on existing strengths including the role of international exchange programs. It presents universal themes that impact the safety, wellbeing, and resiliency of correctional officers, along with positive outcomes related to evidence-based programs that maximize health in the correctional workplace. This book will be of interest to researchers and advanced students of criminology, mental health, public policy, social work, and sociology. The chapters in this book were originally published as a special issue of the journal Criminal Justice Studies.

can you do a wellness check on an inmate: Federal Prison Handbook Christopher Zoukis, 2017-03-14 Incarceration can be cruel for prisoners and their loved ones. Learn what to expect and make the best of this time by staying safe and building a life behind bars. The Federal Prison Handbook teaches everything you need to know to protect yourself and survive the system, compiled by a college-educated federal inmate turned corrections consultant. This insider's view of the unknown world will guide you through the mental stresses of confinement, and keep you physically safe by explaining how to avoid the near-constant conflicts found inside federal prisons in the United States today. The Federal Prison Handbook is the definitive guide to surviving incarceration in federal prison. This handbook teaches individuals facing incarceration, prisoners who are already inside, and their friends and families, everything they need to know. The thorough information was compiled by Christopher Zoukis, who has first-hand experience with the federal prison system, as Zoukis served 12 years in prison as a young man, and is now the Managing Director of the Zoukis Consulting Group, a boutique federal criminal justice consultancy which assists defense attorneys, defendants, prisoners, and their families understand life inside the Federal Bureau of Prisons. In detailed chapters broken down by topical area, readers discover:-What to expect on the day you're admitted to prison, and how to greet cellmates for the first time.-What to do about sexual harassment or assault.-The best ways to avoid fights, and the options that provide the greatest protection if a fight cannot be avoided.-How to access medical, psychological and religious services.-How to communicate with the outside world through telephones, computers, and mail.-What you can buy in the official commissary and the underground economy.-A comprehensive analysis of Federal Bureau of Prisons policy and regulatory guidelines.-And much more!

can you do a wellness check on an inmate: Humane Health Care for Prisoners Kenneth L. Faiver, 2017-05-05 A useful research resource and handy reference, this book discusses the many important ethical and legal issues that arise in the delivery of health care to prisoners at correctional facilities. It references national standards of professional practice as well as the advice of recognized experts. The mission of corrections is the care and custody of prisoners with a view to public safety within a place dedicated to punishment, while the mission of the medical and mental health professionals in a corrections facility is to care for the health and well-being of the prisoners. Both have a duty to provide care, but their differing roles and objectives give rise to ethical role conflict and disagreement regarding appropriate care strategies. Humane Health Care for Prisoners

considers important ethical and legal issues that arise in the delivery of health care to prisoners, covering topics such as privacy, confidentiality, informed consent, extended isolation and solitary confinement, use of mace, strip searches and body cavity searches, and medical experimentation on prisoners as human subjects. It also considers participation by health care professionals in capital punishment, coerced substance abuse treatment, how much health care to provide, organizational structure and hierarchy, cooperation between correctional and health care staff, and the importance of recognizing mental illness as a chronic condition. This book is informative for professionals working in corrections facilities, such as physicians, psychiatrists, psychologists, nurses, wardens, jail administrators, sheriffs, and corrections officials, as well as legislators and decision makers, attorneys involved in correctional healthcare lawsuits, students of criminal justice, and those seeking to work in the field of correctional health care or in corrections. Additionally, students and professors of medical ethics will find this book helpful in illustrating real-life topics for research and discussion.

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can you do a wellness check on an inmate: Federal Probation , 1992

can you do a wellness check on an inmate: Inmate Manipulation Decoded Anthony Gangi, 2020-12-26 Inmate manipulation is a slow and subtle game. It's a game that leaves many correctional staff without a job and possibly in prison. Understanding how the game works is essential to surviving a career in corrections. This book will take you down a path that will highlight how an inmate chooses their target, how the game is employed, and most importantly, how staff can defend themselves. The game of inmate manipulation has evolved and the strategies are more complex than ever before. Correctional staff must be made aware that at any moment they can be chosen as a target. They must remember that the game is real and so are the consequences.

can you do a wellness check on an inmate: Hard Time Shaun Attwood, 2011-05-10 Shaun Attwood was a millionaire day trader in Phoenix, Arizona, but his hedonistic lifestyle of drugs and parties came to an abrupt end in 2002 when a SWAT team broke down his door. Attwood found himself on remand in Maricopa Jail with a \$750,000 cash bond and all of his assets seized. The nightmare was only just beginning as he was submerged in a jail in which rival gangs vied for control, crystal meth was freely available, and where breaking rules could result in beatings or death. Sheriff Joe Arpaio's jails have the highest death rate in the U.S. Hard Time is the harrowing yet darkly humorous account of the time Attwood spent submerged in a nightmarish world of gang violence and insect infested cells, eating food unfit for animals. His remarkable story provides a revealing glimpse into the tragedy, brutality, comedy, and eccentricity of prison life.

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about the performance nature of many of the day-to-day interactions between officers and prisoners. Finally, the book follows the prison officer home after work, showing how the prison can spill over into their home lives and family relationships. Based on extensive ethnographic fieldwork in different types of prisons (including interviews with prison officers' wives and children as well as prison officers themselves), this book will be essential reading for all those with an interest in how prisons and organisations more generally operate in practice.

can you do a wellness check on an inmate: Directory of Federal Prisons Christopher Zoukis, 2019-10 The Directory of Federal Prisons is the most comprehensive guidebook to Federal Bureau of Prisons facilities on the market. Not simply a directory of information about each facility, this book delves into the shadowy world of American federal prisoners and their experiences at each prison, whether governmental or private. What sets the Directory of Federal Prisons apart from other prison guidebooks is the first-hand validation of information. Most prison directories provide basic information that is publicly available (e.g., security level, population number, location, etc.). This book is different. While basic data is included, hundreds of current federal inmates have been surveyed and interviewed in order to ascertain the culture of each institution. This enables the Directory of Federal Prisons to provide information such as the level of violence; whether sex offenders, informants, or LGBT inmates can walk the yard; the status of prison politics and organized gangs; and what prisoners believe is good and bad about each facility. This intelligence is much more important to understanding each prison and the experience therein than basic directory types of information. The Directory of Federal Prisons also includes a detailed discussion of the custody and classification system used by the Bureau of Prisons. This system determines how inmates are scored for security level and prison placement. Readers can use real Bureau of Prisons' case management forms to ascertain an actual security score, thereby taking the guesswork out of security levels, housing determinations, prison transfers, and how Public Safety Factors and Management Variables impact placement decisions. This is knowledge that only seasoned case managers tend to have. In each facility profile, you will learn: -Basic data such as the sex of the inmate population, security level, and medical and mental health care levels. -Physical location and inmate mailing address. -Educational, psychological, vocational, and recreation programs available. -Notable incidents reported by the media (e.g., arrests, riots, significant fights, escapes, etc.). -Reviews by inmates currently at each facility, including information about violence, prison politics, who can walk each yard, and more. -And much more! No one wants to spend time in a federal prison, but if you or a loved one must go, finding quality, reliable information about life on the inside is essential to a safe and productive stay. The Directory of Federal Prisons builds off the award-winning and bestselling Federal Prison Handbook's reputation as the leading federal prison survival guide. Not only will readers be able to understand all facets of prison life and how to remain safe, they will also be able to evaluate each federal prison and its offerings, know if it is safe to walk the yard, and better evaluate and understand transfer options so that they can make the right prison placement decisions the first time

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can you do a wellness check on an inmate: *The Restorative Prison* Byron R. Johnson, Michael Hallett, Sung Joon Jang, 2021-09-05 Drawing on work from inside some of America's largest and toughest prisons, this book documents an alternative model of restorative corrections utilizing the lived experience of successful inmates, fast disrupting traditional models of correctional programming. While research documents a strong desire among those serving time in prison to redeem themselves, inmates often confront a profound lack of opportunity for achieving redemption. In a system that has become obsessively and dysfunctionally punitive, often fewer than 10% of prisoners receive any programming. Incarcerated citizens emerge from prisons in the United States to reoffend at profoundly high rates, with the majority of released prisoners ending up back in prison within five years. In this book, the authors describe a transformative agenda for incentivizing and rewarding good behavior inside prisons, rapidly proving to be a disruptive alternative to mainstream corrections and offering hope for a positive future. The authors' expertise on the impact of

faith-based programs on recidivism reduction and prisoner reentry allows them to delve into the principles behind inmate-led religious services and other prosocial programs—to show how those incarcerated may come to consider their existence as meaningful despite their criminal past and current incarceration. Religious practice is shown to facilitate the kind of transformational identity work that leads to desistance that involves a change in worldview and self-concept, and which may lead a prisoner to see and interpret reality in a fundamentally different way. With participation in religion protected by the U.S. Constitution, these model programs are helping prison administrators weather financial challenges while also helping make prisons less punitive, more transparent, and emotionally restorative. This book is essential reading for scholars of corrections, offender reentry, community corrections, and religion and crime, as well as professionals and volunteers involved in correctional counseling and prison ministry.

can you do a wellness check on an inmate: *Savaged to Wellness* Melody Paul, 2020-05-14 This is a recovery story about a Micmac woman named Melody Paul. She is from the Canadian province of Nova Scotia in an island called Cape Breton, famously known for its beautiful trails. She was raised in Eskasoni. Eskasoni is one of the largest native Micmac tribe reservations in the world. Growing up in her native culture/community, she struggles to adapt and decides to adventure and explore new places. Melody finds her first job on the blueberry barrens of Down East Maine then discovers other ways to support herself. She soon learns to adapt to the American way of life. Unfortunately, her life choice leads her to poverty, abuse, discrimination, and substance abuse. Running becomes a behavior she cannot contain; dysfunctional behavior becomes her way of life; with the combination of her addiction issues it is the exact combination for a perfect storm. It is hustling her way to what she needs to fuel her substance use. Hurting others along the way doesn't matter to her whatsoever because she was sick with addiction, then finally one day something changes the course of her life path, that is when she gets charged with trafficking drugs that causes her friend to overdose. Melody finally owns up to what she has become and decides to face her demons in the cold brick wall of the Maine State Prison. This is when her healing starts. She prays daily and becomes more aware of her actions and behaviors. Melody starts to write and heals herself from the damages of addiction. This is a story of recovery.

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can you do a wellness check on an inmate: *The 48 Laws of Power* Robert Greene, 2023-10-31 Amoral, cunning, ruthless, and instructive, this multi-million-copy New York Times bestseller is the definitive manual for anyone interested in gaining, observing, or defending against ultimate control – from the author of *The Laws of Human Nature*. In the book that *People* magazine proclaimed “beguiling” and “fascinating,” Robert Greene and Joost Elffers have distilled three thousand years of the history of power into 48 essential laws by drawing from the philosophies of Machiavelli, Sun Tzu, and Carl Von Clausewitz and also from the lives of figures ranging from Henry Kissinger to P.T. Barnum. Some laws teach the need for prudence (“Law 1: Never Outshine the Master”), others teach the value of confidence (“Law 28: Enter Action with Boldness”), and many recommend absolute self-preservation (“Law 15: Crush Your Enemy Totally”). Every law, though, has one thing in common: an interest in total domination. In a bold and arresting two-color package, *The 48 Laws of Power* is ideal whether your aim is conquest, self-defense, or simply to understand the rules of the game.

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can you do a wellness check on an inmate: Civil Practice and Remedies Code Texas, 1986

can you do a wellness check on an inmate: The Gospel of Wellness Rina Raphael,

2022-09-20 "Next-level revelatory. —Sarah Knight, New York Times bestselling author of *The Life-Changing Magic of Not Giving a F*ck* "Excellent...Rina really knows her shit...I'm so thankful for this book." —Jameela Jamil, actress and host of *I Weigh* Journalist Rina Raphael looks at the explosion of the wellness industry: how it stems from legitimate complaints, how seductive marketing targets hopeful consumers—and why women are opening up their wallets like never before. Wellness promises women the one thing they desperately desire: control. Women are pursuing their health like never before. Whether it's juicing, biohacking, clutching crystals, or sipping collagen, today there is something for everyone, as the wellness industry has grown from modest roots into a \$4.4 trillion entity and a full-blown movement promising health and vitality in the most fashionable package. But why suddenly are we all feeling so unwell? The truth is that deep within the underbelly of self-care—hidden beneath layers of clever marketing—wellness beckons with a far stronger, more seductive message than health alone. It promises women the one thing they desperately desire: control. Vividly told and deeply reported, *The Gospel of Wellness* reveals how this obsession is a direct result of women feeling dismissed, mistreated, and overburdened. Women are told they can manage the chaos ruling their life by following a laid-out plan: eat right, exercise, meditate, then buy or do all this stuff. And while wellness may have sprung from good intentions, we are now relentlessly flooded with exploitative offerings, questionable ideas, and a mounting pressure to stay devoted to the divine doctrine of wellness. What happens when the cure becomes as bad as the disease? With a critical eye, humor, and empathy, wellness industry journalist Rina Raphael examines how women have been led down a kale-covered path promising nothing short of salvation. She knows: Raphael was once a disciple herself—trying everything from "clean eating" to electric shock workouts—until her own awakening to the troubling consequences. Balancing the good with the bad, *The Gospel of Wellness* is a clear-eyed exploration of what wellness can actually offer us, knocking down the false idols and commandments that have taken hold and ultimately showing how we might shape a better future for the movement—and for our well-being.

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Eka Meigalia, Kundharu Saddhono, Khairil Anwar , 2019-08-28 This book constitutes a through refereed proceedings of the International Conference on Local Wisdom - 2019, held on August, 29 - 30, 2019 at Universitas Andalas, Padang, Indonesia. The conference was organised by Fakultas Ilmu Budaya Universitas Andalas. The 95 full papers presented were carefully reviewed and selected from 135 submissions. The scope of the paper includes the followings: Local Wisdom in Science, Local Wisdom in Religion, Local Wisdom in Culture, Local Wisdom in Language, Local Wisdom in Literature, Local Wisdom in Health, Local Wisdom in Education, Local Wisdom in Law, Local Wisdom in Architecture, Local Wisdom in Nature, Local Wisdom in Oral Tradition, Local Wisdom in Art, Local Wisdom in Tourism, Local Wisdom in Environment, Local Wisdom in Communication, Local Wisdom in Agriculture.

can you do a wellness check on an inmate: ABA Standards for Criminal Justice , 2011

can you do a wellness check on an inmate: Jailcare Carolyn Sufrin, 2017-06-06

Thousands of pregnant women pass through our nation's jails every year. What happens to them as they gestate their pregnancies in a space of punishment? Using her ethnographic fieldwork and clinical work as an Ob/Gyn in a women's jail, Carolyn Sufrin explores how, in this time when the public safety net is frayed and incarceration has become a central and racialized strategy for managing the poor, jail has, paradoxically, become a place where women can find care. Focusing on the experiences of pregnant, incarcerated women as well as on the practices of the jail guards and health providers who care for them, *Jailcare* describes the contradictory ways that care and maternal identity emerge within a punitive space presumed to be devoid of care. Sufrin argues that jail is not simply a disciplinary institution that serves to punish. Rather, when understood in the context of the poverty, addiction, violence, and racial oppression that characterize these women's lives and their reproduction, jail can become a safety net for women on the margins of society.

can you do a wellness check on an inmate: Street-Level Bureaucracy Michael Lipsky, 1983-06-29 *Street-Level Bureaucracy* is an insightful study of how public service workers, in effect, function as policy decision makers, as they wield their considerable discretion in the day-to-day implementation of public programs.

can you do a wellness check on an inmate: Slumber Party from Hell Sue Ellen Allen, 2010-08 What happens to a successful woman when her world falls apart and she is faced with betrayal, breast cancer, and prison? What happens when her pain is unimaginable and her choices look bleak. When all this happened to Sue Ellen Allen, she chose to turn her pain into power. The death of Gina, her young roommate, coupled with an atmosphere of darkness and negativity, led her to find her passion and purpose behind the bars. Her experience of cancer, prison, and Gina's death is an inspirational story of courage, wisdom, and choices.

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can you do a wellness check on an inmate: On the Outside Melissa Munn, Chris Bruckert, 2013-05-29 From the passage of Bill C-10, with its punitive, tough-on-crime provisions, to sensationalist media accounts of dangerous ex-convicts, it is evident that Canada is a country that is taking an increasingly hard line on crime. In reality, however, the vast majority of prisoners who serve out their sentences do not re-offend but rather reintegrate into society and never see the inside of a prison cell again. The lack of discussion regarding those who "make good" perpetuates the illusion that most ex-prisoners pose a danger to the public and renders invisible the complex and sometimes treacherous path out of prison. *On the Outside* illuminates that journey, exploring the post-carcer lives of men who have successfully resettled into the community after serving at least a decade in Canada's penitentiaries. Discussing the transition from imprisonment, release, and re-entry through to the challenges of resettlement, this book will change the way you think about Canada's prisoners and open up the debate on the perils of tough-on-crime legislation.

can you do a wellness check on an inmate: Handbook of Police Psychology Jack Kitaeff, 2019-06-11 *The Handbook of Police Psychology* features contributions from over 30 leading experts on the core matters of police psychology. The collection surveys everything from the beginnings of police psychology and early influences on the profession; to pre-employment screening, assessment, and evaluation; to clinical interventions. Alongside original chapters first published in 2011, this edition features new content on deadly force encounters, officer resilience training, and police leadership enhancement. Influential figures in the field of police psychology are discussed, including America's first full-time police psychologist, who served in the Los Angeles Police Department, and the first full-time police officer to earn a doctorate in psychology while still in uniform, who served with the New York Police Department. *The Handbook of Police Psychology* is an invaluable resource for police legal advisors, policy writers, and police psychologists, as well as for graduates studying police or forensic psychology.

can you do a wellness check on an inmate: Jail Speak Ben Langston, 2020-06-12 "Call me what you want—corrections officer, C.O., guard, jailcop, turnkey—I helped keep people there against their will. For this, the jail rewarded me with food." When Ben Langston took a job at the State Correctional Institute at Rockview, it was because there were few other options. At his previous job—putting labels on water bottles—he did not have cups of human waste thrown in his face. He did not have to finger sweaty armpits in search of weapons. There were no threats against his life. But the jail paid better. *Jail Speak* is a memoir written from a guard's perspective. It's about the grind, about dehumanization, drama, punishment, and the cycles of harm perpetrated by the prison industry. It's about masculinity and conformity and emotional detachment. It's a look at the inside that you didn't want to know about, and it's for mature audiences only. Know your limits.

can you do a wellness check on an inmate: Tracking Offenders, 1988

can you do a wellness check on an inmate: Path of Freedom Kate Crisp, 2013-03-28 *Path of Freedom* is a mindfulness-based emotional intelligence (MBEI) curriculum originally developed for prisoners. In this book, anyone will find powerful tools for discovering and freeing yourself from the internal prison of mental conditioning, habitual emotional reactions, and impulsive behaviors. You

can use these tools to find the freedom to make new choices and create a new life—a life of courage, self-respect and possibility. Discovering peace within is the starting point for becoming a peacemaker, and our world sorely needs more peacemakers. It's up to you. This book is all about choice and the power of choosing. Prison Mindfulness Institute's Path of Freedom (PoF) program teaches self-transformation and personal development.

can you do a wellness check on an inmate: 2011 National Gang Threat Assessment Federal Bureau of Investigation, 2011-12-01 Gangs continue to commit criminal activity, recruit new members in urban, suburban, and rural regions across the United States, and develop criminal associations that expand their influence over criminal enterprises, particularly street-level drug sales. The most notable trends for 2011 have been the overall increase in gang membership, and the expansion of criminal street gangs' control of street-level drug sales and collaboration with rival gangs and other criminal organizations.

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can you do a wellness check on an inmate: **Good Cop, Bad Criminal** Gary Sahlin, 2020-08-20 Gary Sahlin was a good cop, but a bad criminal. His childhood dream was to become a police officer. He accomplished this dream after serving honorably in the United States Navy. Then, after a series of unfortunate events, and some very poor decisions, he ended up in the federal prison system serving a twenty-year sentence for a bank robbery. Instead of wallowing in depression with the way his life turned out he decided to turn a negative situation into a positive one. Navigating through the justice system as an ex-cop wasn't always easy, but he made it and he came out a much better person. He is now sharing his story about living on both sides of the law in an entertaining, informative and compelling new book titled: *Good Cop, Bad Criminal: Becoming a Cop, a Criminal and Life on Both Sides of the Law*.

can you do a wellness check on an inmate: **Addressing Correctional Officer Stress** Peter Finn, 2000

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