

carolina acute care and wellness

Carolina Acute Care and Wellness: Your Partner in Comprehensive Healthcare

Are you searching for a healthcare provider in the Carolinas that prioritizes both acute care and long-term wellness? Feeling overwhelmed by the complexities of the healthcare system and unsure where to turn for comprehensive, personalized care? This comprehensive guide explores Carolina Acute Care and Wellness, examining its services, commitment to patient well-being, and how it's shaping the future of healthcare in the region. We'll delve into the specifics of their approach, addressing common concerns and highlighting what sets them apart. Ready to discover how Carolina Acute Care and Wellness can be your partner in achieving optimal health? Let's dive in!

Understanding Carolina Acute Care and Wellness: A Holistic Approach

Carolina Acute Care and Wellness isn't just another clinic; it's a philosophy. They understand that true health isn't just the absence of disease; it's a dynamic state of physical, mental, and emotional well-being. This holistic approach sets them apart from traditional healthcare models that often focus solely on treating symptoms rather than addressing the root causes of illness. Their commitment extends beyond immediate treatment to encompass preventative care and long-term wellness strategies, empowering patients to take an active role in their health journey. This integrated model ensures comprehensive care that caters to individuals' unique needs and promotes overall well-being.

Acute Care Services: Rapid Response, Expert Treatment

When unexpected illness or injury strikes, timely and effective acute care is crucial. Carolina Acute Care and Wellness offers a range of acute care services designed to provide rapid assessment, diagnosis, and treatment. This may include:

Urgent Care: For non-life-threatening conditions requiring immediate medical attention, such as cuts, sprains, fevers, and respiratory infections.

Emergency Room Alternatives: For situations where a full emergency room visit isn't necessary, but prompt medical intervention is still needed.

On-site Diagnostics: Minimizing wait times and ensuring efficient diagnosis with readily available lab tests and imaging services.

Specialized Acute Care: Depending on location and resources, they may offer

specialized acute care services, potentially including certain types of minor surgical procedures or specialized treatments.

Their focus is on efficient, high-quality care that minimizes disruption to your daily life while ensuring you receive the best possible treatment.

Wellness Programs: Investing in Your Future Health

Carolina Acute Care and Wellness recognizes that proactive health management is key to preventing illness and maximizing longevity. Their comprehensive wellness programs are designed to empower individuals to take control of their health through:

Preventative screenings: Regular checkups and screenings to detect potential health issues early on.

Personalized wellness plans: Tailored health plans based on individual needs and goals, including nutrition counseling, exercise programs, and stress management techniques.

Chronic disease management: Support and guidance for individuals managing chronic conditions such as diabetes, hypertension, or heart disease.

Mental health services: Addressing mental health needs with counseling, therapy, and support groups, recognizing the integral link between mental and physical well-being.

Health education workshops: Providing valuable information and resources to promote healthy lifestyles and self-care.

By investing in preventative care and personalized wellness plans, Carolina Acute Care and Wellness helps patients avoid future health problems and live healthier, more fulfilling lives.

The Carolina Acute Care and Wellness Difference: Patient-Centric Care

What truly distinguishes Carolina Acute Care and Wellness is its unwavering commitment to patient-centric care. This means:

Accessibility and convenience: Offering convenient locations and extended hours to accommodate diverse schedules.

Personalized attention: Providing individualized care plans tailored to each patient's specific needs and preferences.

Open communication: Encouraging open and honest communication between patients and healthcare providers.

Compassionate care: Creating a warm and supportive environment where patients feel comfortable and respected.

Technological advancements: Utilizing the latest technology and medical advancements to deliver the highest quality care.

This patient-focused approach fosters trust and ensures that each individual receives the personalized attention they deserve.

Finding the Right Carolina Acute Care and Wellness Location

The specific services offered might vary slightly depending on the location of the Carolina Acute Care and Wellness facility. It's recommended to visit their website or contact them directly to find the nearest location and confirm the specific services available in that area. They are likely to have a robust online presence, making it easy to search for a facility close to you.

Conclusion

Carolina Acute Care and Wellness represents a significant advancement in healthcare delivery in the Carolinas. By seamlessly integrating acute care services with comprehensive wellness programs and placing a strong emphasis on patient-centric care, they are setting a new standard for holistic health management. If you're seeking a healthcare partner committed to your overall well-being, Carolina Acute Care and Wellness is worth considering.

FAQs

1. Does Carolina Acute Care and Wellness accept my insurance? Carolina Acute Care and Wellness likely accepts a range of insurance plans, but it's crucial to contact your specific location to verify your insurance coverage before your visit.
1. What are the typical wait times for appointments? Wait times can vary depending on the time of day and the specific service required. It's best to call ahead or book an appointment online to get an estimate.
1. Do they offer telehealth services? Some Carolina Acute Care and Wellness locations may offer telehealth services; check with your preferred location for availability.
1. What are the payment options available? Payment options typically include cash, credit cards, and potentially other methods depending on

the facility. Confirm payment options directly with the clinic.

1. How can I find a Carolina Acute Care and Wellness location near me? The easiest way is to visit their website (assuming they have one) and use their location finder tool, or perform a Google search for "Carolina Acute Care and Wellness [your city/region]".

carolina acute care and wellness: *North Carolina* D. Lawrence Bivins, 2004 Pictorial guide highlighting 19th-through-21st-century North Carolina economic and social history.

carolina acute care and wellness: *Emergency Medical Services* Jane H. Brice, Theodore R. Delbridge, J. Brent Myers, 2021-08-12 The two-volume *Emergency Medical Services: Clinical Practice and Systems Oversight* delivers a thorough foundation upon which to succeed as an EMS medical director and prepare for the NAEMSP National EMS Medical Directors Course and Practicum. Focusing on EMS in the 'real world', the book offers specific management tools that will be useful in the reader's own local EMS system and provides contextual understanding of how EMS functions within the broader emergency care system at a state, local, and national level. The two volumes offer the core knowledge trainees will need to successfully complete their training and begin their career as EMS physicians, regardless of the EMS systems in use in their areas. A companion website rounds out the book's offerings with audio and video clips of EMS best practice in action. Readers will also benefit from the inclusion of: A thorough introduction to the history of EMS An exploration of EMS airway management, including procedures and challenges, as well as how to manage ventilation, oxygenation, and breathing in patients, including cases of respiratory distress Practical discussions of medical problems, including the challenges posed by the undifferentiated patient, altered mental status, cardiac arrest and dysrhythmias, seizures, stroke, and allergic reactions An examination of EMS systems, structure, and leadership

carolina acute care and wellness: *Medical Imaging for the Health Care Provider* Theresa M. Campo, DNP, FNP-C, ENP-BC, FAANP, 2023-09-15 AJN award winner! This is a concise, easy-to-use reference, enabling health care providers to identify and understand how and when to use the full scope of medical imaging testing modalities-- radiographs, CTs, nuclear imaging, and ultrasound scans and images. The new second edition features a more in-depth discussion of each modality with a focus on the foundational concepts of radiography interpretation of the chest, abdomen, extremities, and spine. It expands coverage of imaging and increases the number of images provided for a total of 400. In addition, the Springer Connect website includes dozens of videos to greatly enhance the learning process. With clear descriptions of each modality—supported by figures, tables, and actual patient films—the text guides readers through the clinical decision-making process. It describes how to choose the best diagnostic test to assess a presenting condition, and examines interpretations of plain radiographs of the chest, abdomen, extremities, and spine. The book fosters an in-depth understanding of the differences between modalities, their attributes, and an appreciation for their parameters with age-appropriate considerations. To assist health care practitioners with the challenges of interpreting plain radiographs, the book simplifies this process with an incremental approach to correct interpretation of what appears on the radiograph and understanding the rationale behind the interpretation. New to the Second Edition: In-depth discussions of different medical imaging testing modality, with a focus on foundational concepts of radiology interpretation of the chest, abdomen, extremities, and spine Exploration of similarities and differences between modalities Over 400 images Accompanying videos Key Features: Addresses the

basics of radiology, CT scans, nuclear imaging, MRIs, and ultrasound and their characteristics and differences Provides a step-by-step approach to interpretation of radiographs Guides in the selection of the correct diagnostic test Supports information with figures, tables, images, and films Useful to a wide range of nurse practitioners, physician assistants, and other providers in multiple settings The reader may also access the images and drawings found in this text at springerpub.com/campo-medical-imaging.

carolina acute care and wellness: *Emergency Medicine* Phillip M. Stephens, Gina Stephens, Jeff Klein, 2018-09-28 Evidence based medicine (EBM) is the integration of the best known scientific evidence with clinical experience. Bridging the gap between the latest research and clinical application is always a challenge. This text is designed to bridge this gap--

carolina acute care and wellness: *Book Alone* Mary De Chesnay, Barbara Anderson, 2012 Within an expanding field of study in both undergraduate and graduate nursing curricula, this Third Edition explores vulnerability from the perspective of individuals, groups, communities, and populations while addressing how vulnerability affects nurses, nursing, and nursing care. This new edition presents a basic structure for caring for the vulnerable with the ultimate goal of providing culturally competent care. Theoretical and research chapters progress towards others offering meaningful learning experiences for both nursing students and practitioners. Further, since nurses are the crucial link between those who are vulnerable and those with access to solutions, this text provides ideas for how nurses might advocate for the vulnerable on a policy level. Written specifically for nurses by nurses, this Third Edition is a timely and necessary response to the culturally diverse, vulnerable populations for whom nurses must provide appropriate and precise care.

carolina acute care and wellness: *Roberts and Hedges' Clinical Procedures in Emergency Medicine and Acute Care E-Book* James R. Roberts, 2017-12-12 Comprehensive, detailed, and up to date, Roberts and Hedges' Clinical Procedures in Emergency Medicine and Acute Care, 7th Edition, provides highly visual coverage of both common and uncommon procedures encountered in emergency medicine and acute care practice. It clearly describes the ins and outs of every procedure you're likely to consider, such as how, why, when to, and when not to perform them, in addition to and recommends other emergency or acute care procedures that may be an option. Thoroughly revised and updated throughout, the 7th Edition remains the most well-known and trusted procedures manual in its field - Provides clear, detailed information for practitioners at all levels of experience, - from trainees who are unfamiliar with a specific procedure to those with experience in the technique. - Covers the latest equipment, devices, drug therapies, and techniques you need to know for the effective practice of emergency medicine and acute care. - Features new and updated information on ultrasound throughout the text, including Ultrasound Boxes that are expertly written and richly illustrated with photographs and clinical correlative images. - Includes more Procedure Boxes that allow you to see entire procedures at a glance, functioning as a mini-atlas that allows you to quickly grasp how to perform a procedure. - Contains more than 100 new figures—of more than 3,500 images total—including new color photographs, new Ultrasound Boxes, and new algorithms. - Features a new chapter on Procedures in the Setting of Anticoagulation. - Covers hot topics such as novel loop abscess drainage technique, ENT techniques, and ophthalmology techniques, as well as procedures performed by acute care practitioners such as sedation of the agitated patient, alternate methods of drug delivery, and common errors and complications in the acute care setting. - Expert Consult™ eBook version included with purchase. This enhanced eBook experience allows you to search all of the text, figures, and references from the book on a variety of devices. You'll also have access to nearly 250 procedural videos.

carolina acute care and wellness: *Book Alone: Caring for the Vulnerable* Mary de Chesnay, Barbara Anderson, 2011-07-19 Within an expanding field of study in both undergraduate and graduate nursing curricula, *Caring for the Vulnerable* explores vulnerability from the perspective of individuals, groups, communities and populations, and addresses the implication of that vulnerability for nurses, nursing, and nursing care. This new edition presents a basic structure for caring for the

vulnerable, and forms a theoretical perspective on caring for doing so within a cultural context, with the ultimate goal of providing culturally competent care. Theoretical and research chapters advance to chapters offering learning experiences for nursing students and practitioners. As nurses are the crucial link between those who are vulnerable, and those with access to solutions, it provides ideas for how nurses might advocate for the vulnerable on a policy level. Written specifically for nurses, by nurses, *Caring for the Vulnerable* is a timely and necessary response to the culturally diverse vulnerable populations for whom nurses must provide appropriate and precise care.

carolina acute care and wellness: Plunkett's Health Care Industry Almanac Jack W. Plunkett, 2008-10 This acclaimed and popular text is the only complete market research guide to the American health care industry--a tool for strategic planning, competitive intelligence, employment searches or financial research. Covers national health expenditures, technologies, patient populations, research, Medicare, Medicaid, managed care. Contains trends, statistical tables and an in-depth glossary. Features in-depth profiles of the 500 major firms in all health industry sectors.

carolina acute care and wellness: Nurse-Managed Wellness Centers Tine Hansen-Turton, MGA, JD, FCPP, FAAN, Philip A. Greiner, DNSc, RN, Mary Ellen T. Miller, PhD, RN, Ann C Deinhardt, 2009-03-16 Ö[M]eaningful, candid, honest, and visionary. This guide will get you started and keep you moving forwardÖ.[A]n excellent tool for any advanced practice nurse, faculty member, or student who wants to practice in the community. --Susan Sherman President, Independence Foundation (From the Foreword) Wellness centers continue to play a key role in enhancing access to health care and providing high-quality care for patients. Nurse-Managed Wellness Centers serves as a step-by-step guide to starting and sustaining an effective wellness center, whether non-profit or academic. Written for nurse and health care leaders, nurse educators, and students, this book demonstrates how to develop centers that provide important health promotion and disease prevention services to all populations. The contributors also share firsthand knowledge on how to address the challenges in developing wellness centers. Get step-by-step guidelines on how to: Begin and maintain a wellness center Assemble an advisory or governing board Write business plans and secure funding in an era of funding challenges Develop and maintain community partnerships Address mental health challenges in wellness centers Document and measure patient outcomes With this book, nurse and health care leaders will obtain the critical tools necessary to successfully develop, manage, and lead their wellness centers.

carolina acute care and wellness: Leadership and Nursing Care Management - E-Book Diane Huber, 2017-07-26 - Updated! Chapter on the Prevention of Workplace Violence emphasizes the AONE, Joint Commission's, and OSHA's leadership regarding ethical issues with disruptive behaviors of incivility, bullying, and other workplace violence. - Updated! Chapter on Workplace Diversity includes the latest information on how hospitals and other healthcare facilities address and enhance awareness of diversity. - Updated! Chapter on Data Management and Clinical Informatics covers how new technology helps patients be informed, connected, and activated through social networks; and how care providers access information through mobile devices, data dashboards, and virtual learning systems.

carolina acute care and wellness: A Design Thinking, Systems Approach to Well-Being Within Education and Practice National Academies of Sciences, Engineering, and Medicine, Health and Medicine Division, Board on Global Health, Global Forum on Innovation in Health Professional Education, 2019-04-04 The mental health and well-being of health professionals is a topic that is broad, exceptionally relevant, and urgent to address. It is both a local and a global issue, and affects professionals in all stages of their careers. To explore this topic, the Global Forum on Innovation in Health Professional Education held a 1.5 day workshop. This publication summarizes the presentations and discussions from the workshop.

carolina acute care and wellness: ASHP's Informatics Pearls Bonnie Levin, Michael Schlesselman, 2009-06-25 ASHP's Informatics Pearls is a compilation of expanded versions of original sessions from the 2006 and 2007 ASHP Midyear Clinical Meetings. The pearls presented will help identify how pharmacy informatics programs can be utilized in your hospital system to

improve patient care. It will also compare various pharmacy informatics programs and how they improve the medication-use system. Expanded topics from the Informatics Pearls sessions include topics on: The transition from paper to online forms Barcode uses Training on a new health care system technology And much more.

carolina acute care and wellness: Emergency Medical Services, 2 Volumes Jane H. Brice, Theodore R. Delbridge, J. Brent Myers, 2021-11-08 The two-volume Emergency Medical Services: Clinical Practice and Systems Oversight delivers a thorough foundation upon which to succeed as an EMS medical director and prepare for the NAEMSP National EMS Medical Directors Course and Practicum. Focusing on EMS in the 'real world', the book offers specific management tools that will be useful in the reader's own local EMS system and provides contextual understanding of how EMS functions within the broader emergency care system at a state, local, and national level. The two volumes offer the core knowledge trainees will need to successfully complete their training and begin their career as EMS physicians, regardless of the EMS systems in use in their areas. A companion website rounds out the book's offerings with audio and video clips of EMS best practice in action. Readers will also benefit from the inclusion of: A thorough introduction to the history of EMS An exploration of EMS airway management, including procedures and challenges, as well as how to manage ventilation, oxygenation, and breathing in patients, including cases of respiratory distress Practical discussions of medical problems, including the challenges posed by the undifferentiated patient, altered mental status, cardiac arrest and dysrhythmias, seizures, stroke, and allergic reactions An examination of EMS systems, structure, and leadership

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carolina acute care and wellness: Communities in Action National Academies of Sciences, Engineering, and Medicine, Health and Medicine Division, Board on Population Health and Public Health Practice, Committee on Community-Based Solutions to Promote Health Equity in the United States, 2017-04-27 In the United States, some populations suffer from far greater disparities in health than others. Those disparities are caused not only by fundamental differences in health status across segments of the population, but also because of inequities in factors that impact health status, so-called determinants of health. Only part of an individual's health status depends on his or her behavior and choice; community-wide problems like poverty, unemployment, poor education, inadequate housing, poor public transportation, interpersonal violence, and decaying neighborhoods also contribute to health inequities, as well as the historic and ongoing interplay of structures, policies, and norms that shape lives. When these factors are not optimal in a community, it does not mean they are intractable: such inequities can be mitigated by social policies that can shape health in powerful ways. Communities in Action: Pathways to Health Equity seeks to delineate the causes of and the solutions to health inequities in the United States. This report focuses on what communities can do to promote health equity, what actions are needed by the many and varied stakeholders that are part of communities or support them, as well as the root causes and structural barriers that need to be overcome.

carolina acute care and wellness: Women's Health, An Issue of Physician Assistant Clinics Heather P Adams, Aleece R Fosnight, 2018-06-30 This issue of Physician Assistant Clinics, guest edited by Heather P. Adams, MPAS, PA-C and Aleece R. Fosnight, PA-C, is devoted to Women's Health. Articles in this issue include: Female Athlete Triad; Sexual Health Counseling for the Gynecologic Provider; Overcoming Barriers to LARCS; PCOS; Benign Breast Disease; Menopause; Female Hypoactive Sexual Desire Disorder (HSDD); HIV and Pregnancy: Medication management, delivery options, and postpartum complications; Adolescent GYN and HPV: Oral, anal, and cervical;

Challenging Vaginitis; Infertility and Non-invasive Prenatal Testing; Pregnancy Centering: A Novel Approach to Prenatal Care; The Role of Pelvic Floor Physical Therapy for the Female Patient; and Diagnosis and Management of Recurrent Miscarriages.

carolina acute care and wellness: North Carolina's Outer Banks Karen Bachman,

carolina acute care and wellness: Chronic Illness Care Timothy P. Daaleman, Margaret R. Helton, 2023 The second edition of this popular textbook provides a comprehensive overview to chronic illness care, which is the coordinated, comprehensive and sustained response to chronic diseases and conditions by health care providers, formal and informal caregivers, healthcare systems, and community-based resources. This unique resource uses an ecological framework to frame chronic illness care at multiple levels, and includes sections on individual influences, the role of family and community networks, social and environmental determinants, and health policy. The book also orients how chronic care is provided across the spectrum of health care settings, from home to clinic, from the emergency department to the hospital and from hospitals to residential care facilities. The fully revised and expanded edition of *Chronic Illness Care* describes the operational frameworks and strategies that are needed to meet the care needs of chronically ill patients, including behavioral health, care management, transitions of care, and health information technology. It also addresses the changing workforce needs in health care and the fiscal models and policies that are associated with chronic care. Several new chapters are included in the second edition and reflect the significant changes that have occurred in health care due to the COVID-19 pandemic. Chapters covering vaccinations, virtual care, and care of COVID-19 associated chronic conditions have been added. The revised textbook builds on the first editions content that covered providing care to special population groups, such as children and adolescents, older adults, and adults with intellectual and developmental disabilities, by including care approaches to adults with severe and persistent mental health disorders, the LGBTQ+ community, incarcerated persons, immigrants and refugees, and military veterans. Finally, chapters on important and emerging topics, such as natural language processing and health inequities and structural racism have also been added.

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carolina acute care and wellness: *HKS* HKS Inc, 2001 Major international architects with many US and worldwide projects. One of the largest Texas-based firms with very strong corporate architecture.

carolina acute care and wellness: *What You Need to Know about Leukemia* , 1994

carolina acute care and wellness: Historic South Carolina Eric Dabney, Mike Coker, 2006 Contains historical pictures and business profiles.

carolina acute care and wellness: *A Doctor's Dozen* Catherine Florio Pipas, MD, MPH, 2018-09-04 Burnout affects a third of our population and over half of our health professionals. For the second group, the impact is magnified, as consequences play out not only on a personal level, but also on a societal level and lead to medical errors, suboptimal care, low levels of patient satisfaction, and poor clinical outcomes. Achieving wellbeing requires strategies for change. In this book, Dr. Pipas shares twelve lessons and strategies for improved health that she has learned from patients, students, and colleagues over her twenty years working as a family physician. Each lesson is based on observation and research, and begins with a story of an exemplary patient whose

challenges and successes reflect the theme of the lesson. Along with the lessons, the author offers plans for action, which taken together create the framework for a healthy life. Each lesson concludes with resources and a health challenge.

carolina acute care and wellness: Self-Care for New and Student Nurses, Second Edition Dorrie K. Fontaine, Tim Cunningham, Natalie May, 2024-08-20 "The authors have created a brilliant, reader-centric, practical, powerful, and evidence-based guide designed for new and student nurses, yet effective for preceptors and faculty alike. Imagine a resource so engaging and effective you turn to it time and time again to inform and support your whole-person well-being." -Teri Pipe, PhD, RN Richard E. Sinaiko Professor in Health Care Leadership School of Nursing Core Faculty, Center for Healthy Minds Distinguished Fellow, National Academies of Practice University of Wisconsin-Madison "This extraordinary book will be the voice in the ear of every young nurse who reads it throughout their career, sustaining them through the hard times and providing what it takes to be the skillful, compassionate nurses they dreamed of being." -Bonnie Barnes, FAAN Doctor of Humane Letters (h.c) Co-founder, The DAISY Foundation "This is an astonishingly rich and relevant text that truly should be required in every nursing program. If widely adopted, this text has the potential to transform the profession." -Mary Jo Kreitzer, PhD, RN, FAAN Director, Earl E. Bakken Center for Spirituality & Healing Professor, University of Minnesota School of Nursing As a nursing student, you're taught to expect a variety of challenges while caring for your patients and juggling competing priorities as you begin your career. And, though you may know better, your personal well-being can become the last thing you consider in your hectic student or new-nurse life. This second edition of Self-Care for New and Student Nurses equips you to confidently face stressors now and in the future. No matter where you are in your nursing career, this book offers you multiple strategies to prioritize your own mental, physical, and emotional health. Authors Dorrie K. Fontaine, Tim Cunningham, and Natalie May showcase a group of strong contributors whose valuable tips and exercises will help you:

- Find joy and a sense of mattering at work
- Manage anxiety, loneliness, and depression
- Address imposter syndrome, practice self-compassion, and thrive during clinicals
- Cope and seek help with racial tensions, substance abuse, suicide risks, and other traumas
- Spot the stressors that lead to burnout
- Prioritize sleep, exercise, and nutrition
- Build a toolkit of self-care techniques, including in-the-moment practices for an ideal workday
- Develop a resilient mindset
- Establish boundaries

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carolina acute care and wellness: Health Promotion Throughout the Life Span - E-Book Carole Lium Edelman, Elizabeth Connelly Kudzma, Carol Lynn Mandle, 2013-10-01 With the advent of health care reform and an emphasis on reducing health care costs, health promotion and disease prevention is a priority in nursing care. Be prepared with Health Promotion Throughout the Life Span, 8th Edition, your comprehensive guide to major health promotion concepts. Featuring

practical guidance – including boxes on diversity awareness, evidence-based practice, innovative practice, hot topics, and quality and safety as well as case studies and care plans – our experienced authors give you all the tools you need to stay current on the latest research and trends in health promotion. Extensive coverage of growth and development throughout the lifespan emphasizes the unique problems and health promotion needs of each age and stage of development. Separate chapters on each population – group, individual, family, and community – stress the unique issues faced when providing care to each group. Evidence-Based Practice boxes emphasize current research efforts and opportunities in health promotion. Hot Topics and Innovative Practice boxes engage students' interest by introducing significant issues, trends, and creative programs and projects in health promotion practice. Diversity Awareness boxes address various cultural perspectives and provide important information that needs to be considered in planning care. Case studies and care plans present realistic situations that challenge students to reflect upon important health promotion concepts. Think About It boxes dig deeper into the chapter topic and encourage critical thinking. Numerous pedagogical features such as objectives, key terms, and textual summaries highlight the most important concepts and terms in each chapter. Updated nutrition coverage includes MyPyramid from the FDA, as well as the latest information on food safety and fad diets. Expanded health policy coverage focuses on global health, historical perspectives, financing healthcare, concierge medical practices, and the hospitalist movement. Health Promotion for the Twenty-First Century explores current and future health promotion challenges and research initiatives. Updated Healthy People 2010 data includes midcourse review objectives and an introduction to Healthy People 2020. Case Studies and Care Plans summarize key concepts and show how they apply to real-life practice.

carolina acute care and wellness: *Geriatric Trauma and Critical Care* Jay A. Yelon, Fred A. Luchette, 2013-12-21 *Geriatric Trauma and Critical Care* provides a multidisciplinary overview of the assessment and management of the elderly patient presenting with surgical pathology. By utilizing current literature and evidence-based resources, the textbook elucidates the unique nature of caring for the elderly population. The structure of the volume provides the reader with an overview of the physiologic and psychological changes, as well as the impact on the healthcare system, associated with the aging process. Emphasis is placed on the impact of aging, pre-existing medical problems, effects of polypharmacy, advanced directives and end-of-life wishes on acute surgical problems, including trauma and surgical critical care. Special attention is given to the ethical implications of management of the aged. The multidisciplinary contributors provide a unique point of view not common to surgical texts. The textbook is the definitive resource for practicing surgeons, emergency medicine physicians, intensivists, anesthesiologists, hospitalists, geriatricians, as well as surgical residents, nurses and therapists, all who care for elderly patients with surgical emergencies.

carolina acute care and wellness: *Insiders' Guide to North Carolina's Outer Banks* Linda Lauby, Molly Perkins Harrison, E. M. Corsa, 2001 *Insiders' Guide to North Carolina's Outer Banks*, now in its twenty-third edition, offers travelers, newcomers, and locals the best, most comprehensive information on what's happening on North Carolina's windswept barrier islands. From remote wildlife refuges, sheltered inlets, and endless beaches to upscale resort communities, these strips of shifting sand offer both peaceful retreat and awesome adventure. Use this guide to discover the Outer Banks' rich seafaring history and its newest tourist attractions as well as limitless opportunities for fun, dining, shopping, and recreation. Book jacket.

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