

# **growing out season 1 growing in jesus growing out from disciples to disciplers**

## **Growing Out Season 1: Growing in Jesus, Growing Out from Disciples to Disciples**

Are you ready to move beyond simply being a disciple and step into the powerful role of a disciple-maker? This isn't about becoming holier-than-thou; it's about deepening your relationship with Jesus and empowering others to do the same. This post dives into "Growing Out Season 1," a crucial phase of spiritual maturity where we transition from passive learners to active participants in the Great Commission. We'll explore practical steps to nurture your faith, cultivate a discipling mindset, and equip you to mentor others in their journey with Christ.

### **Understanding the "Growing Out" Process**

The phrase "Growing Out Season 1" speaks to a deliberate, intentional process. It's not a sudden leap but a gradual unfolding of God's work in your life. It acknowledges that discipleship isn't a destination but a journey, a continuous process of growing in Jesus and growing out to share Him with others. This first season focuses on establishing a strong foundation for your own spiritual life before you actively mentor others. Think of it as building a sturdy tree trunk before branching out to create a wide canopy.

### **Deepening Your Roots: Growing in Jesus**

Before you can effectively disciple others, you must first cultivate a robust personal relationship with Jesus. This isn't just about attending church or reading the Bible; it's about genuine intimacy with God. This involves:

**Prayer:** Consistent, heartfelt communication with God. Don't just ask for things; pour out your heart, listen for His voice, and spend time simply basking in His presence.

**Bible Study:** Engage actively with Scripture, not just passively reading. Meditate on verses, ask questions, and allow God's Word to transform your thinking and actions. Consider using study Bibles, commentaries, or joining a Bible study group.

**Worship:** Immerse yourself in worship – both corporate and personal. Let praise and adoration flow from your heart as you express your gratitude and love for God.

**Spiritual Disciplines:** Practice spiritual disciplines like fasting, journaling, or serving others. These practices help to deepen your relationship with God and cultivate spiritual maturity.

### **Cultivating a Discipling Mindset: From Learner to Mentor**

Transitioning from a disciple to a discipler requires a shift in mindset. It's about moving from being solely a receiver of truth to becoming a transmitter. This involves:

**Humility:** Recognize that you're not perfect and that you're learning alongside those you mentor. Be open to feedback and willing to admit your own struggles.

**Servanthood:** See discipling as an act of service, putting the needs of others before your own. Be willing to invest your time, energy, and resources into the growth of others.

**Patience:** Discipleship takes time. Be patient with the process and with those you're mentoring.

Celebrate small victories and offer grace during setbacks.

**Obedience:** Be obedient to the Holy Spirit's leading in your discipling efforts. Trust His guidance and allow Him to direct your steps.

## **Practical Steps to Disciple Others**

Once you've established a strong foundation in your own spiritual life and cultivated a discipling mindset, you can begin to actively mentor others. Here are some practical steps:

**Identify Potential Disciples:** Look for individuals who are open to spiritual growth and eager to learn more about Jesus. This could be a family member, friend, coworker, or someone you meet through church or community involvement.

**Start Small:** Begin with one-on-one discipleship. This allows for a more focused and personalized approach.

**Develop a Plan:** Create a simple plan for your discipleship meetings. This might include prayer, Bible study, discussion, and accountability.

**Focus on Relationship:** Build a genuine relationship with the person you're discipling. Get to know them, listen to their stories, and offer support and encouragement.

**Be Accountable:** Find a mentor or accountability partner to help you stay focused and on track.

## **Overcoming Challenges in Discipling**

Discipling isn't always easy. You'll encounter challenges along the way. These might include:

**Time Constraints:** Finding the time to invest in discipleship can be challenging. Prioritize discipling and make it a non-negotiable part of your schedule.

**Lack of Confidence:** You may feel inadequate or unsure of your ability to disciple others. Remember that God equips those he calls. Trust in Him and rely on His strength.

**Disagreements:** Disagreements or conflicts may arise. Approach these with grace, patience, and a willingness to listen and understand.

**Burnout:** Discipling can be demanding. Make sure to take care of yourself, both spiritually and physically, to avoid burnout.

## **Conclusion: Embracing the Journey of Growing Out**

"Growing Out Season 1: Growing in Jesus, Growing Out from Disciples to Disciples" is a journey of continuous growth and transformation. It's about deepening your relationship with God and empowering others to do the same. Embrace the process, trust in God's guidance, and celebrate the incredible privilege of being a part of His kingdom-building work.

## **FAQs**

1. What if I don't feel ready to disciple someone? It's okay to feel hesitant. Focus on strengthening your own relationship with God first. Seek guidance from a mentor and pray for clarity.
1. How do I find someone to disciple? Pray for God to lead you to someone who is open to spiritual growth. Look for opportunities to connect with people in your church, community, or workplace.
1. What if the person I'm discipling struggles or backslides? Offer grace and encouragement. Remember that discipleship is a process, not a destination. Continue to pray for them and support them in their journey.
1. How much time should I dedicate to discipleship? Start small. Even 30 minutes a week can make a significant difference. Adjust the time commitment based on your availability and the needs of the person you're discipling.
1. What resources can help me in my discipleship journey? Numerous books, websites, and courses offer guidance and support in discipleship. Ask your pastor or spiritual mentor for recommendations.

## Additional Resources

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